AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS



RELAY TEAM Substitution

	MEN:		U/18	U/16	U/14	
	WOMEN:		U/18	U/16	U/14	
EVENT NO:	EVENT TIME:					
	EVENT:	4 x 100	4x200	4 x 400		
	STATE:					
SUBSTITUTION						
OUT: Competitor Number / Competitor			1	IN: Competito	or Number / Competitor	
COMPETITOR NUMBER	COMPETITOR (Same running order with substitution)					
1						
2						
3						
4						
Team Manager Signature:						
Date:	Time:		am / pm			
TIC Manager Signature: Date: Time:						