

CHEMIST WAREHOUSE AUSTRALIAN JUNIOR TRACK AND FIELD CHAMPIONSHIPS

13 APRIL TO 16 APRIL 2023

QUEENSLAND SPORT AND ATHLETICS CENTRE, BRISBANE

TECHNICAL REGULATIONS

Athletics Australia welcomes all participants to the 2023 Chemist Warehouse Australian Junior Track and Field Championships. It is important that all participating athletes and where relevant coaches and para-guides/support personnel take the time to read and adhere to the rules and regulations below, to allow smooth conduct of the Championships.

These Championships will be conducted according to the rules of World Athletics, World Para Athletics, and Athletics Australia.

1. Uniforms

Junior Athletes - All athletes entered in the Championships must wear their approved Member Association uniform – and any variations or transition arrangements agreed between the Athletics Australia Competition Manager and each MA. Where MA uniform is unavailable, junior athletes should wear the uniform of their First Claim Club.

Particular attention is drawn to the Nike Pro and similar instances with other manufacturers, where oversize branding around the top bands of lower body garments is prevalent. Athletes will not be permitted to compete in these items which do not comply with the advertising regulations. Taping or the turning down of such non-compliant items will not be allowed. To avoid stress on arrival at the Call Room athletes are asked to ensure that they are not wearing these garments for on-field warm-up or competition purposes.

2. Athlete Check In

All athletes are required to check in for their event. Check in will be via an online portal. Athletes will be sent a link to their mobile phone on the day prior to the first day of competition for that event.

Athletes are required to check-in no later than 90 minutes prior to the advertised start time of their event. Check-in is only required for the first round of each individual event (not any subsequent rounds).

The portal will be available for check in from 5:00pm on the day prior to the first round of each event and athletes are encouraged to check in at their earliest convenience. **International athletes may have trouble checking in. If you do, please make sure you check in at the Technical Information Centre (located in the foyer of the Western Grandstand) before the cut-off time.**

Any competitors who have difficulty with the check in, please report to notify the Technical Information Centre (TIC) / Competition Management as soon as possible to assure your participation in the competition.

Teams in relays must be confirmed in writing by team managers 120 minutes before the competition using the appropriate form provided by TIC.

3. Scratching from an event

If an athlete fails to participate in an event after confirmation or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete further as outlined in World Athletics Rule TR 4.4. This rule does not apply to an athlete who having confirmed, then withdraws before the closure of the confirmation time for the first round of that event.

4. Competition Bibs

Collection of the bibs is from **your Team Manager. If an athlete loses their bibs, they must see their team manager, who then can go to the TIC. Overseas athletes will collect their bibs from TIC.**

The competition bibs issued to athletes for the Championships must be worn on the front and back (except for jumping events where athletes may choose to wear the bib on either the front or the back) of their competition uniform firmly attached with no less than four (4) pins. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform.

Para athletes competing in wheelchair/seated throw events must have a bib attached to the back of their racing chair/throwing frame.

ATHLETICS AUSTRALIA WILL ENFORCE WORLD ATHLETICS RULE TR 5.9 & TR 5.11, WHICH RENDER AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY THE COMPETITION BIB.

5. Entries

Athletes are permitted to enter up to two underage divisions in the same or similar event. In the case of underage athletes, other than Under 13 and Under 14, these must be separated by at least **two (2)** years, meaning Under 15 and Under 17 or Under 16 and Under 18 are permitted but not Under 16 and Under 17.

Para Entries – Where there are less than three athletes entered in any Under 15 or Under 17 Para event, the age groups will be combined. If there are more than three or more athletes in an age group, then separate events will be conducted. The same principle will apply on confirmation – if the confirmed number is below three then the age groups will be combined.

For the Under 13 age group – if heats are not required then the final will be run at heat time. Where there are heats scheduled and then on confirmation of entries, the number reduces to a final only, the final will be held at heat time.

6. Warm-up & Training

All Warm-up and training must be conducted at the adjacent Warm-up Track at QSAC. There are some long throwing and pole vault events to be conducted on this track during the championships – care must be taken during these times. Competition will take priority. Athletes and Coaches will need to follow instructions from the Technical Officials.

Warm up track opening and closing times

Wednesday 12th April – 3.30pm – 5.00pm

Thursday 13th April – 7.15am – 8.00pm

Friday 14th April – 7.15am – 8.30pm

Saturday 15th April – 7.15am – 8.00pm

Sunday 16th April – 7.00am – 3.30pm

7. Accreditation

Accreditation must be collected from the accredited entry point outside the main gate. Athletes must always wear their accreditation.

Accreditation passes are not transferable. Athletes will not be granted entry to the stadium without an accreditation pass for any reason.

Accredited Athletics Australia coaches who have at least one athlete competing in the championships may

apply for and will be provided with Accreditation. Accreditation gives access to the venue. Only athletes' technical officials, staff and media will have access to the competition area (which includes post event and the medal staging area).

8. Gate Entry – Please refer to the event website for relevant information. Public gates will open 1hr prior to competition commencing.

9. Call Room Procedures

There will be a call room in operation. All athletes are required to report to the Call Room before all rounds of all events except the second and subsequent events of the day within the combined events competition.

The call room is located in the Field Room which is located under the grandstand and accessible via the North Road.

Having previously checked in, all athletes must report to the call room on time with their competition bibs attached with no less than four (4) pins on the front and back of their competition uniform (except for jumping events where athletes may choose to wear the bib on either the front or the back).

In the Call Room, athletes will be expected to demonstrate that their competition uniform and bibs, shoes, and other equipment (including racing chairs and frame runners) comply with the competition rules. Throwing frames will be checked in the technical shed by a Call Room Judge prior to each event. Track athletes will leave the Call Room ready to run.

In exceptional circumstances competition management may allow track athletes to take warm clothing to the start line. If this is allowed, it will be advised at the Call Room and the athletes will be responsible for retrieving their own clothing from the start line.

Athletes will proceed to the start of their event from the Call Room accompanied by a Call Room Judge, Starter's Assistant or Field Event Official. Athletes who proceed to the event not accompanied by a judge or an official may not be allowed to start.

The final entry time to the Call Room are as follows (times are prior to the scheduled start time).

Event	Entry time to call room
Pole Vault	70 minutes
Discus, Javelin, Hammer, High Jump	45 minutes
Long & Triple Jump, Shot Put	35 minutes
Hurdles, Wheelchair Track, Seated Throws	20 minutes
All other track events	15 minutes

This time allows for marshalling and movement to the competition site. The remainder of the time may be used to complete the warm-up at the competition site (where the competition site is not in use). Warm-ups are only to be conducted under the supervision of officials.

If an athlete is already or likely to be competing in another event at the designated call time the athlete or someone on his/her behalf must notify the Call Room prior to the designated call time by submitting a clash form available from the TIC.

Please note that Para Wheelchair athletes will not usually be able to take their day chairs into the Call Room (except for those in seated throws).

10. Start Rule - World Athletics Rule TR 16.7 & TR 16.8

Any competition (or part thereof), conducted exclusively for athletes competing in the Under 14 age group and younger, one false start per race (not each athlete), shall be allowed without disqualification for the athlete making the first false start. Any athlete (s), making further false starts shall be disqualified from the race. Where an athlete eligible to compete in an older age group, he/she will be subject to the rules applied for the older age group.



The effect of this dispensation for the Championships is that:

- For the Under 15 to Under 18 events inclusive, the World Athletics Rule will be applied
- For the U14 and Under events inclusive, the above Athletics Australia dispensation will be applied
- For the U15 and U17 Para events inclusive, the start rule will be applied as per individual classification standards

11. Progression Rules

Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checked-in and over-ride the World Athletics Rules and remain subject to change by competition management.

Event	Confirmed athletes	Rounds
Open 100m* & Sprint hurdles	1-10	Final only
	11-30	Two rounds
	Over 30	Three rounds
Underage and Para 100m	1-10	Final only
	Over 10	Two rounds
200m*	1-8 (8 lane track) 1-9 (9 lane track)	Final only
	9-24 (8 lane track) 10-27 (9 lane track)	Two rounds
	Over 24 (8 lane track) Over 27 (9 lane track)	Two rounds + B Final
400m and 400mH	1-8 (8 lane track) 1-9 (9 lane track)	Final only
	9-24 (8 lane track) 10-27 (9 lane track)	Two rounds
	Over 24 (8 lane track) Over 27 (9 lane track)	Three rounds
800m	1-10 (8 lane track) 1-11 (9 lane track)	Final only
	11-30 (8 lane track) 12-33 (9 lane track)	Two rounds
	Over 30 (8 lane track) Over 33 (9 lane track)	Three rounds
1500m	1-15	Final only
	Over 15	Two rounds
Over 1500m		Final only (May be divided into timed finals if the confirmed field is too large)
Field events		Single round

At the discretion of the competition management and the Technical Delegate Draws and Results, the above regulations may be modified to suit the local requirements. Please note these are a guide.

12. Track Progressions

For events up to and including 800 metres with semifinals.

- 7 heats: First 3 per heat plus the next 3 fastest time to the semi-finals
- 6 heats: First 3 per heat plus the next 6 fastest times to the semi-finals
- 5 heats: First 4 per heat plus next 4 fastest times to the semi-finals
- 4 heats: First 3 per heat plus the next 4 fastest times to the semi-finals

For events up to and including 800 metres without semifinals - and where there are semifinals.

- 6 heats: First in each heat plus the next 2 fastest to the final
- 5 heats: First in each heat plus the next 3 fastest to the final
- 4 heats: First in each heat plus the next 4 fastest to the final
- 3 heats/semifinals: First 2 in each heat plus the next 2 fastest to the final
- 2 heats/semifinals: First 3 in each heat plus the next 2 fastest to the final

For the 1500m

- 4 heats: First 3 per heat plus the next 3 fastest to the final
- 3 heats: First 3 per heat plus next 3 fastest times to the final
- 2 heats: First 5 per heat plus the next 2 fastest times to the final

13. Field Progressions

Not applicable for the Junior Championships

14. Preferred lanes

The preferred lanes for events from 100m to 800m inclusive (including hurdles) are:

- 8 lane tracks: as per World Athletics rules, TR20.4.2
- 9 lane tracks: 4, 5, 6, 7 for the highest ranked, 8, 9 for the fifth and sixth ranked and 2 and 3 for the lowest ranked athletes (where 8 athletes progress).

15. Foreign entries

B finals may be held in the 100m and 400m for Australian relay selection purposes if the A final has insufficient Australian representatives. The decision will be made by competition management upon the publication of results of the earlier rounds. Foreign entries will only be accepted from World Athletics Member Federations through the Athletics Australia online entry portal.

16. Field Events

For the Junior Championships, all athletes will have three (3) trials. At the conclusion of the **3 trials**, the top eight (8) athletes will have **one (1)**, further trial. The competition order will be changed after round 3 only. In Para events, the competition order **will not** be changed. The take-off boards to be used for triple jumping events are set out in Appendix 1.

17. Vertical Jumps

The starting heights (as per the Entry Standards listing at Appendix 5) and progression for vertical jumping events are set out in Appendix 2.

Pole Vault Dispensation

For the Under 18 age group and lower for Women and the Under 16 age group and lower for Men, at the discretion of the Chief Judge at the event, a trial may be deemed valid where the athlete made a reasonable attempt to push back the pole in the direction of the runway, but the wind then caused the bar to be dislodged by the pole. This dispensation shall apply for all the relevant age groups at all meetings held in Australia.

Jump offs for the Championships will be conducted under World Athletics TR26.9. The Technical Delegate can terminate the jump-off if the prevailing weather or light conditions justify the termination of the competition at that point.

18. Race Walking - Penalty Zone

The Penalty Zone will be in place for the race walking events 5000 metres and over. Therefore, the penalty zone will apply to only the Under 17 and Under 18 race walking events.

19. Personal Implements

Athletes who wish to include their own throwing implements in the Championships equipment pool (which may be used by any athlete in the same competition), must lodge them with the Technical Manager at the **Technical Room**, no later than **three (3) hours**, before the scheduled start time of their event on the day of competition or on a previous day (for events that are held prior to 10.00am). Para athlete throwing frames are also required to be lodged no later than one (1) hour before the scheduled start time. Throwing frames, racing chairs and frame runners can be stored in the Technical Shed during the

Championships. Technical will open on Wednesday 12 April between 3.00pm and 5.00pm and then at 7.00am each day.

They will then close immediately following the last event finishing. The implements will be impounded until after the competition when athletes may collect them from the Technical Room.

Please note that World Athletics TR32.2 limits the number personal implements added to the pool per person to a maximum of 2. There should be no stickers on the discus. ***The ends of the hammer wire shall be covered by "clear plastic tubing to prevent the wire unravelling during competition."***

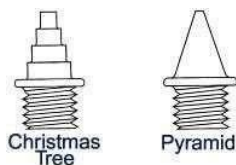
Athletes are to provide their own vaulting poles. Athletics Australia will not provide poles. Poles must be lodged at the Technical Room no later than **three (3) hours** prior to the event.

20. Starting Blocks

For able bodied events, starting blocks must be used for all events up to and including the 400m and only those supplied by Athletics Australia can be used. Private blocks will not be permitted. The use of blocks for Para athletes are in accordance with World Para Rules for each individual classification.

21. Shoes and Spikes

All athletes should be familiar with World Athletics Rules TR5.2-TR5.6. Only Christmas Tree, Half Christmas Tree or Pyramid spikes are permitted. Needle spikes should not be used under any circumstances.



10. Technical Requirements for Athletic Shoes (excerpts from World Athletics Shoe Regulations)

10.1 Unless specifically agreed by the Chief Executive Officer (or their nominee) in writing, any Athletic Shoe worn in Applicable Competitions must, at the points set out in Regulations 10.3 and 10.4, have a sole with a maximum thickness as set out in the table in Appendix 3 of the Regulations. For the avoidance of doubt, the maximum thickness of the soles excludes the thickness of an additional inner sole, other insertion or addition that are inserted in accordance with Regulation 7.

10.2 The sole of the shoe (including the part beneath the heel of the Athletic Shoe) may have grooves, ridges, indentations, or protuberances, provided these features are constructed of the same or similar material to the basic sole itself.

11. Athletic Shoes: Spikes

11.1 The sole of the shoe (including the part beneath the heel of the Athletic Shoe) may be so constructed as to provide for the use of up to 11 spikes.

11.2 Any number of spikes up to 11 may be used, but the number of spike positions must not exceed 11.

11.3 For the purpose of the Championships at QSAC, Spike length can only be 7mm for Track events and 9mm for Throws and Jumping events (as set by the manufacturer and operator of the venue).

*The spike must be so constructed that it will, at least for the half of its length closest to the tip, fit through a square sided 4mm gauge. **If the track manufacturer or the stadium operator mandates a lesser maximum, or prohibits the use of certain shaped spikes, this will be applied, and the Athletes notified accordingly.** The surface (outdoor or indoor) must be suitable for accepting the spikes permitted under Reg 11.*

Inserts and Additions to the Shoe - Athletes may not use any appliance, either inside or outside the shoe, which will have the effect of increasing the thickness of the sole above the permitted maximum, or which can give the wearer any advantage. For clarity, adding inner soles, other insertions and additions to an Athletic

Shoe is allowed but only in the following circumstances:

- (a) the additional inner sole or insertion is a removable Orthotic (i.e. it cannot be permanently fixed inside the shoe); or*
- (b) the addition is a heel raise or heel cap (e.g. to jumping shoes) or a brace or strap (e.g. to thrower shoes). For the avoidance of doubt, the use of an Orthotic, a heel raise or heel cap as above does not fall within the maximum thickness for soles set out in the table in Appendix 3 of the World Athletics Shoe Regulations, with the intent that any other type of additional inner soles, insertions or additions are not permitted.*

The full World Athletics Shoe Regulations can be accessed here:

<https://www.worldathletics.org/about-iaaf/documents/book-of-rules>

22. Combined Events

The Combined Events competition will be conducted under the World Athletics false start rule TR39.8.3. In Track Events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified.

Starting heights will be determined by the Combined Events Referee in consultation with the athletes. These will be posted in the Combined Events Rest Area.

The Combined Event Rest Area will be an area in the Track Room under the Grandstand.

23. Physiotherapy and Massage

QSAC has asked that teams and individuals refrain from setting up physiotherapy and massage tables in areas that block access and egress from the venue. ***These should be set up at the warmup track. Member Associations are responsible for any services. Member Associations need to supply their own tents and ensure they are weighted down correctly.***

24. Timetable Changes

The timetable and any changes in the timetable or these regulations are available on the Athletics Australia website.

25. Post Event Procedures

At the conclusion of each event (including field events, heats, and semi-finals) athletes must report immediately to **Post Event Control** located near the finish line end of the track. Doping control may be conducted. If athletes have other events or duties (such as interviews or presentations) they should sign the acknowledgement and ask the chaperone to wait.

26. Medal Presentations

After finals, medal presentations will be made as soon as possible after the event. All placegetters are asked to assist with this procedure by going with an official at the completion of the event. Each athlete must wear either their competition singlet or tracksuit top for the presentation.

All medals, including para, (gold, silver, bronze) will only be awarded if three (3) or more athletes/teams participate in the event. Where two athletes/teams participate then only the gold medal will be awarded. There will be no medal awarded where only one athlete participates.

For Para – results from both Ambulant, Wheelchair/Seated and Frame Running will be combined to produce the final result.

27. Protests & Appeals

These must be lodged initially with the relevant Referee as per World Athletics Rules (WA TR8).

Appeals to the Jury can be made after a Protest to the Referee is dismissed, are to be made in writing on the appropriate form and lodged with the \$50 fee. Appeals may be lodged by either the athlete or athlete's representative (usually the Team Manager) and are to be lodged in the TIC.

28. Para Athletics - Classification

An athlete intending to compete in a Para Athletics event must have a formally recognised National or International Level Classification.

29. Para Athletics - Baseline Performances

Baseline provides a simplified way for athletes, administrators, and coaches to compare performances in multi-class events across all athletes with an eligible classification. Baseline uses a base time/distance/height in each class for each contestable event and measures this as a percentage against the individual athletes' performance to generate a percentage score.

Athletics Australia (AA) may change or amend the Baseline guidelines and associated resources (including base performance) at any time. For further information on Baseline performance and the Baseline performance template please head to the Athletics Australia website.

30. Deaf Athletes

Starting lights systems are regarded as personal equipment, however, Athletics Australia may have access to a system. Team Management must notify Athletics Australia via email at the time entries close (competitions@athletics.org.au) if lights are required.

31. Para Athletics – Guides and Assistants

T11-12 Guide Runners, all athletes in the T11 classification run with a guide and are blindfolded, T12 athletes have the option to use a guide. F31-33 and F51-54 can have one assistant per athlete per event. Assistants will be seated separately from the athletes at field events and will leave the start line prior to track events.

T11/12 – Can have two (2) guides for jumping events. F11/12 – Can have one (1) guide for throwing events.

If any additional support is required, e.g. setting up blocks/run ups, then the appropriate form should be obtained from the TIC giving a request for this support and be approved by the Technical Delegate at least one hour prior to the event.

32. Para Athletics – Seated Throw

All athletes in seated throws will do their throws consecutively. A reasonable amount of time will be permitted for an athlete's throwing frame to be secured in the circle before the athlete attains a seated position on the throwing frame. The maximum time allowed for athletes to secure themselves to the chair and have as many warm up throws as time permits is:

- 4 minutes for F32-34 and 54-57
- 5 minutes for F31 and F51-53

Athletes will be allowed a one minute break between their third and fourth throws.



Appendix 1 - Take-off Boards for Triple Jumping Events

The following boards will be used for these Championships and will not be changed.

Age Group	Board
U18 Women	9m or 11m
U17 Women	9m or 11m
U16 Women	9m or 11m
U15 Women	9m or 11m
U14 Women	9m or 11m
U13 Women	7m or 9m
U18 Men	11m or 13m
U17 Men	11m or 13m
U16 Men	9m or 11m
U15 Men	9m or 11m
U14 Men	9m or 11m
U13 Men	7m or 9m

Appendix 2 - Starting heights and progressions for vertical jumping events

Age Group	Pole Vault	High Jump
U18 Men	2.90m	1.70m
U17 Men	2.70m	1.70m
U16 Men	2.10m	1.65m
U15 Men	1.90m	1.60m
U14 Men	1.70m	1.45m
U13 Men	1.70m	1.30m
U18 Women	2.40m	1.50m
U17 Women	2.20m	1.50m
U16 Women	2.00m	1.45m
U15 Women	1.90m	1.45m
U14 Women	1.70m	1.40m
U13 Women	1.70m	1.30m

Pole Vault - Women – Progressions

U18– 2.40m, 2.60m, 2.80m, 3.00m, 3.15m, 3.25m, 3.35m, 3.45m, 3.55m
U17 – 2.20m, 2.40m, 2.60m, 2.80m, 2.95m, 3.10m, 3.25m, 3.40m, 3.55m, 3.65m
U16 – 2.00m, 2.20m, 2.40m, 2.55m, 2.70m, 2.85m, 3.00m, 3.10m, 3.20m
U15 – 1.90m, 2.10m, 2.30m, 2.50m, 2.65m, 2.80m, 2.95m, 3.10m, 3.20m
U14 – 1.70m, 1.90m, 2.10m, 2.30m, 2.45m, 2.60m, 2.75m, 2.90m, 3.00m, 3.10m
U13 - 1.70m, 1.90m, 2.10m, 2.30m, 2.45m, 2.60m, 2.75m, 2.90m, 3.00m, 3.10m

Pole Vault – Men – Progressions

U18– 2.90m, 3.10m, 3.30m, 3.50m, 3.70m, 3.90m, 4.05m, 4.20m, 4.35m, 4.45m
U17 – 2.70m, 2.90m, 3.10m, 3.30m, 3.50m, 3.70m, 3.90m, 4.05m, 4.20m, 4.35m, 4.45m
U16 – 2.10m, 2.30m, 2.50m, 2.70m, 2.90m, 3.10m, 3.30m, 3.45m, 3.60m, 3.75m, 3.85m
U15 – 1.90m, 2.10m, 2.30m, 2.50m, 2.70m, 2.90m, 3.10m, 3.25m, 3.40m, 3.50m
U14 – 1.70m, 1.90m, 2.10m, 2.30m, 2.45m, 2.60m, 2.75m, 2.90m, 3.00m, 3.10m
U13 - 1.70m, 1.90m, 2.10m, 2.30m, 2.45m, 2.60m, 2.75m, 2.90m, 3.00m, 3.10m

High Jump - Women – Progressions

U18– 1.50m, 1.55m, 1.60m, 1.64m, 1.67m, 1.70m, 1.73m, 1.76m (CYG), 1.78m, 1.80m, 1.82m
U17 – 1.45m, 1.50m, 1.55m, 1.60m, 1.63m, 1.66m, 1.69m, 1.72m, 1.75m
U16 – 1.45m, 1.50m, 1.54m, 1.58m, 1.62m, 1.65m, 1.68m, 1.71m, 1.74m
U15 – 1.45m, 1.50m, 1.55m, 1.60m, 1.64m, 1.68m, 1.71m
U14 – 1.40m, 1.45m, 1.50m, 1.54m, 1.58m, 1.62m, 1.65m
U13 – 1.30m, 1.35m, 1.40m, 1.45m, 1.50m, 1.54m, 1.58m, 1.62m, 1.65m

High Jump – Men – Progressions

U18– 1.70m, 1.75m, 1.80m, 1.85m, 1.90m, 1.95m, 1.99m, 2.03m, 2.06m, 2.08m (CYG), 2.10m

U17 – 1.70m, 1.75m, 1.80m, 1.84m, 1.87m, 1.90m, 1.93m, 1.96m, 1.99m, 2.02m, 2.04m

U16 – 1.65m, 1.70m, 1.75m, 1.79m, 1.82m, 1.85m, 1.88m, 1.91m, 1.94m

U15 – 1.60m, 1.65m, 1.70m, 1.75m, 1.78m, 1.81m, 1.84m, 1.87m, 1.90m

U14 – 1.45m, 1.50m, 1.55m, 1.60m, 1.64m, 1.68m, 1.72m, 1.76m, 1.80m, 1.83m

U13 - 1.30m, 1.35m, 1.40m, 1.45m, 1.50m, 1.55m, 1.60m, 1.64m, 1.68m, 1.72m, 1.76m, 1.80m, 1.83m

*Please note: Combined Event Athletes should submit their preferred starting heights to the Combined Events Referee after the first event each day.

Appendix 4 – Entry Guidelines

- 1) Entry via achieving Entry Standard
 - a) Any athlete who achieves the entry standard(s) as set out in the Athletics Australia Entry Standards Document (Appendix 4) within the qualifying period is automatically qualified for the Championships.
 - b) An athlete must achieve the standard with the correct implement weight or hurdle/steeple height/distance.
 - c) Only athletes born in 2001, 2002 and 2003 are eligible to qualify under the Under 23 qualifying standard. Athletes who qualify through U23 will compete in the Open age-group.
 - d) Performances can be achieved at a wide range of events, including those organised by Member Associations, athletics clubs, and school sport competitions. However, a Member Association must endorse the competitions at which an entry standard may be achieved. A list of recognised competitions should be available on each Member Association website. Entry standards may not be achieved at Little Athletics competitions.
 - e) Hand times, with appropriate correction (details included with entry standards,) are accepted. Wind readings may be up to 4m/s for Under-Age events and 3m/s for Open events.
 - f) Beam (or Gate) times are considered hand times.
- 2) Entry via Place at Championships
 - a) Any athlete who places in the first three at their home State/Territory Championships is automatically qualified for the Australian Track & Field Championships:
 - i) Underage
 - (1) 2022 State All Schools Athletics Championships
 - (2) 2023 State Underage Athletics Championships
 - ii) Open
 - (1) 2023 State Athletics Championships
 - b) The age group an athlete places in, will be the age group they have qualified for. With the exception outlined in 2.2.6 below. For example, if an athlete turning 16 years places third in U20 100m they have qualified for the U20 100m not the U17 100m.
 - c) In the application of this regulation, it will apply to the first three athletes from the home state/territory.
 - d) For All Schools, the home state will be defined by the school attended.
 - e) For State/Territory Under-Age/Open Championships the home state will be defined by the first claim registration status of the athlete.
 - f) In the case of the State All School Championships (pre-Christmas) athletes will automatically qualify up; that is to say, the first three in the 2022 State All Schools U15 100metres would be qualified for the 2022 U16 100metres. For athletes in events where the implement weight or hurdle height changes post 1 January, the “Entry by Place” regulation still applies.
 - g) Athletes must be registered members of a Member Association of Athletics Australia or be eligible under World Athletics rules to represent a member country of World Athletics before entry into the event.
 - h) All athletes must have competed at least once in a competition sanctioned and conducted by a Member Association. (As selectors, Member Associations may apply discretion to this regulation – based on injury, illness, or geographical isolation. A list of qualifying competitions available for athletes should be made available by State Associations on their web site.
 - i) The Member Associations are the team selectors and may, at their discretion, and after due consultation with Athletics Australia, impose additional criteria if required to support local strategies.
 - j) Athletes may only enter an individual event in a maximum of two age groups. No athlete may enter the same or similar events within (U15 and U16) or (U17 and U18) age groups.
 - k) All athletes will be representing their State/Territory (of first claim registration) or Country (for international entries)

- l) A Member Association must not select athletes that fall outside the qualification guidelines; however, they may choose not to select individuals or to impose additional requirements on an athlete in order to best support local objectives.

Some examples:

- i) A Member Association must not select an athlete that has not met the requirements of either regulation 2.1 Entry via Achieving Entry Standard or by regulation 2.2 Entry via Place at a relevant Championship.
- ii) A Member Association may choose to not select an athlete who has qualified via place
- iii) (On the grounds that the athlete is currently well below an appropriate standard)
- iv) A Member Association may choose to impose additional qualification requirements.

3) AGE QUALIFICATIONS

Please ensure that the following is applied when selecting your team and nominating athletes for these championships - always subject to all other age restrictions contained herein:

- a) Under 13 – athletes must not have their thirteenth birthday on or before 31 December 2023 (i.e. must be born in 2011)
- b) Under 14 - athletes must not have their fourteenth birthday on or before 31 December 2023 (i.e. must be born in 2010 or later)
- c) Under 15 - athletes must not have their fifteenth birthday on or before 31 December 2023 (i.e. must be born in 2009 or later)
- d) Under 16 - athletes must not have their sixteenth birthday on or before 31 December 2023 (i.e. must be born in 2008 or later)
- e) Under 17 -athletes must not have their seventeenth birthday on or before 31 December 2023 (i.e. must be born in 2007 or later)
- f) Under 18 - athletes must not have their eighteenth birthday on or before 31 December 2023 (i.e. must be born in 2006 or later)
- g) Under 20 - athletes must not have their twentieth birthday on or before 31 December 2023 (i.e. must be born in 2004 or later)
- h) Open - athletes must be born no later than 2011 – and always subject to all other age restrictions contained herein
- i) Para - age groups will be Under 15 (minimum age 12 in year of competition – 2009 or later), Under 17 (2007 or later), Under 20 (2004 or later) and Open

Under 23 athletes born in 2001, 2002 or 2003, can use the U23 entry standard to qualify, however they will compete the Open age division, using Open specifications.

Athletes MUST turn 12 in the year of competition to compete in these Championships always subject to all other age restrictions contained herein

4) EVENT GROUPS

- a) Athletes may enter in multiple event age groups if an athlete has bettered the relevant entry standard. This regulation is subject to the following criteria as set out under the following regulations:
- b) Provided an athlete has bettered the relevant entry standard for a higher age group than their own, the athlete may be entered in an individual event for such age group, subject to the following:
 - i) Athletes may only enter events in a maximum of two age groups and with the exception of under 14 athletes who may enter the same events in both the under 14 and under 15 age group, there must be at least two years between the age groups entered in the same event.
 - ii) No athlete may enter the same or similar events** within the U15 and U16 age groups.
 - iii) No athlete may enter the same or similar events** within the U17 and U18 age groups.
 - (1) Entries must be separated by at least **two (2) years**, meaning Under 15 and Under 17 or Under 16 and Under 18 are permitted but not Under 16 and Under 17
 - iv) Para-athletes may compete the same or similar events** in one under under-age group only but may also enter the same or other events in Open. Entries for para-athletes in under-age events will be accepted in a universal age group. Where there are at least three athletes confirmed for an age group in any event a separate championship event will be conducted. Where this means an athlete would be competing out of their age group, throwing implement weights will be based on their age.

** Same or Similar event means 80/90/100/110m hurdles; 200/400m hurdles; 3000/5000metres and 1500/3000/5000m walk and each of the throwing events (regardless of change in weight of implements).
- c) Athletes may also only enter events always subject to the following regulations:
 - i) Athletes must be turning 14 years of age in the year of competition in order to enter any steeplechase event.
 - ii) Athletes must be turning 16 years of age in the year of competition in order to enter any event in excess of 5000 metres or any men's open throwing, hurdles, or steeplechase event.
 - iii) As the championships will be conducted using the vertical jumps starting heights and triple jump take-off boards set out in the Entry Standards, this should be taken into account when athletes are considering using the method of entry qualification under regulation 2.2 above.

5) REPRESENTATION

- a) As per the current Athletics Australia by-laws, athletes will represent the Member Association in which they currently reside or with which they have an established first claim registration relationship.
- b) Any uncertainty on what state/territory an athlete represents under the by-laws is to be adjudicated by AA General Manager – Sport Delivery.
- c) As these Championships are for members of AA's Member Associations, athletes who do not have Australian citizenship will be considered as eligible to represent the Member Association with which they are registered if they have been registered with that (or another AA member Association for at least the two registration seasons (including the current season) prior to the Championships. Otherwise, they will represent their country of nationality. This regulation applies to the open and under 20 age groups only. For all other age groups athletes will be deemed to the eligible to represent the MA with which they are currently registered.

Appendix 5

ATHLETICS AUSTRALIA

2022-23 AUSTRALIAN CHAMPIONSHIP ENTRY STANDARDS

Men	Open	Under 23	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14
100 metres	10.84 (10.6)	10.84 (10.6)	10.94 (10.7)	11.24 (11.0)	11.34 (11.1)	11.74 (11.5)	11.84 (11.6)	12.84 (12.6)
200 metres	21.54 (21.3)	22.04 (21.8)	22.04 (21.8)	22.84 (22.6)	23.04 (22.8)	23.64 (23.4)	24.24 (24.0)	26.44 (26.2)
400 metres	48.34 (48.2)	48.84 (48.7)	49.84 (49.7)	51.14 (51.0)	52.14 (52.0)	54.14 (54.0)	55.64 (55.5)	60.94 (60.8)
800 metres	1:51.5	1:54.0	1:56.0	1:59.0	2:01.0	2:04.0	2:12.0	2:15.0
1500 metres	3:50.0	3:55.0	3:56.0	4:00.0	4:06.0	4:15.0	4:22.0	4:35.0
3000 metres	8:20.0		8:45.0	9:00.0	9:10.0	9:20.0	9:40.0	
5000 metres	14:25.0	15:30.0	15:35.0					
10000 metres	29:45.0	29:45.0						
90 m Hurdles								15.44 (15.2)
100 m Hurdles						15.44 (15.2)	16.44 (16.2)	
110 m Hurdles	15.54 (15.3)	16.94 (16.7)	17.24 (17.0)	16.74 (16.5)	17.24 (17.0)			
200 m Hurdles						30.24 (30.0)	31.54 (31.3)	
400 m Hurdles	54.34 (54.2)	58.14 (58.0)	60.14 (60.0)	61.64 (61.5)	62.64 (62.5)			
2000 m Steeple				6:40.0	6:45.0	6:50.0	7:05.0	
3000 m Steeple	9:05.0	9:30.0	10:20.0					
1500 m Walk								
3000 m Walk						16:30.0	17:00.0	17:30.0
5000 m Walk				29:30.0	30:30.0			
10,000 m Walk	52:00.0	52:00.0	58:00.0					
20km Walk	1:50:00	2:00:00						
High Jump	2.06	1.95	1.95	1.90	1.87	1.82	1.78	1.60
starting height	1.85	1.85	1.75	1.70	1.70	1.65	1.60	1.45
Pole Vault	4.80	4.60	3.80	3.20	3.00	2.40	2.20	2.00
starting height	4.60	4.60	3.50	2.90	2.70	2.10	1.90	1.70
Long Jump	7.30	7.20	7.00	6.70	6.60	6.20	5.90	5.30
Triple Jump	14.50	14.50	13.50	13.20	12.80	12.30	12.00	11.00
take-off board(s)	13m	13m	11/13m	11/13m	11/13m	9/11m	9/11m	9/11m
Shot Put	14.50	11.80	12.40	14.40	14.00	14.40	14.00	13.20
weight	7.26kg	7.26kg	6kg	5kg	5kg	4kg	4kg	3kg
Discus Throw	47.00	37.00	39.00	46.00	43.50	47.00	44.00	36.50
weight	2kg	2kg	1.75kg	1.5kg	1.5kg	1kg	1kg	1kg
Hammer Throw	50.00	35.00	36.50	40.00	37.00	32.00	28.00	28.00
weight	7.26kg	7.26kg	6kg	5kg	5kg	4kg	4kg	3kg
Javelin Throw	64.00	53.00	51.00	54.00	52.00	48.00	42.00	36.00
weight	800g	800g	800g	700g	700g	700g	700g	600g
Heptathlon						3200	3000	
Decathlon	6100	5800	4600	4800	4800			

The qualifying period for the Combined Events, 10,000m and 10,000mW began on 1 October 2021. 10,000m and 10,000mW may qualify on track or road. The qualifying period for all other events began on 1 January 2022

Hand times appear in brackets under the electronic times. Beam (or Gate) times are not valid and are not accepted for qualifying performances.

Wind readings of qualifying performances may be up to 4m/s for Under-Age events and 3m/s for Open events.

An athlete must achieve the standard with the correct implement weight or hurdle/steeple height/distance for the applicable age group. Under 23 standards are for athletes to qualify in open events and only apply to athletes born in 2001, 2002 and 2003

There must be three (3) or more entries at the time of close of entries for an event to be contested in its own right Athletes must be turning 14 years of age in the year of competition in order to enter any steeplechase event.

Athletes must be turning 16 years of age in the year of competition in order to enter any event in excess of 5000 metres or any men's open throwing, hurdles, or steeplechase event.

The first three placegetters in their own State/Territory Championships may also enter without meeting the standards above – but as the championships will be conducted using the vertical jumps starting heights and triple jump take-off boards indicated above this should be taken into account when athletes are considering using that method of entry qualification.

Note: In Under 13/14/15/16/17/18 events of 1500 metres or longer, if more entries are received than can be accommodated in one race, those athletes who qualified by State/Territory Championship place and those with the slower entry times (only if not sufficient by previous criteria) may be placed in a "B" division and the results of the event determined on a timed finals basis.

ATHLETICS AUSTRALIA

2022-23 AUSTRALIAN CHAMPIONSHIP ENTRY STANDARDS

Women	Open	Under 23	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14
100 metres	12.44 (12.2)	12.44 (12.2)	12.44 (12.2)	12.54 (12.3)	12.64 (12.4)	12.74 (12.5)	12.84 (12.6)	13.24 (13.0)
200 metres	25.14 (24.9)	25.44 (25.2)	25.44 (25.2)	25.74 (25.5)	25.84 (25.6)	26.04 (25.8)	26.24 (26.0)	27.44 (27.2)
400 metres	56.64 (56.5)	57.94 (57.8)	58.34 (58.2)	59.14 (59.0)	59.54 (59.4)	59.94 (59.8)	61.14 (61.0)	63.44 (63.3)
800 metres	2:10.0	2:15.0	2:16.0	2:19.0	2:20.0	2:22.0	2:24.0	2:26.0
1500 metres	4:40.0	4:42.0	4:40.0	4:42.0	4:44.0	4:46.0	4:50.0	4:58.0
3000 metres	9:55.0		10:40.0	10:45.0	10:45.0	10:50.0	10:50.0	
5000 metres	17:10.0	17:40.0	18:30.0					
10000 metres	35:30.0	35:30.0						
80 m Hurdles								13.84 (13.6)
90 m Hurdles						14.64 (14.4)	15.04 (14.8)	
100 m Hurdles	15.84 (15.6)	16.04 (15.8)	16.24 (16.0)	16.24 (16.0)	16.34 (16.1)			
200 m Hurdles						31.24 (31.0)	32.24 (32.0)	
400 m Hurdles	64.14 (64.0)	67.14 (67.0)	71.14 (71.0)	72.14 (72.0)	73.14 (73.0)			
2000 m Steeple				7:50.0	7:50.0	7:55.0	8:15.0	
3000 m Steeple	12:10.0	12:45.0	12:55.0					
1500 m Walk								
3000 m Walk						16:40.0	17:00.0	17:30.0
5000 m Walk				32:00.0	32:00.0			
10,000 m Walk	58:00.0	58:00.0	62:00.0					
20km Walk	2:00:00	2:10:00						
High Jump	1.73	1.66	1.65	1.63	1.63	1.62	1.60	1.55
starting height	1.65	1.65	1.50	1.50	1.50	1.45	1.45	1.40
Pole Vault	3.70	3.50	3.20	2.70	2.50	2.30	2.20	2.00
starting height	3.40	3.40	2.90	2.40	2.20	2.00	1.90	1.70
Long Jump	5.85	5.80	5.80	5.60	5.50	5.30	5.20	5.00
Triple Jump	11.60	11.50	11.50	11.30	11.30	11.00	10.80	10.50
take-off board(s)	11m	11m	9/11m	9/11m	9/11m	9/11m	9/11m	9/11m
Shot Put	12.50	11.50	11.20	12.65	12.40	12.00	11.50	10.50
weight	4kg	4kg	4kg	3kg	3kg	3kg	3kg	3kg
Discus Throw	44.00	40.00	39.00	39.00	37.00	36.00	34.00	30.00
weight	1kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
Hammer Throw	42.00	35.00	33.00	36.00	33.00	31.00	28.50	26.00
weight	4kg	4kg	4kg	3kg	3kg	3kg	3kg	3kg
Javelin Throw	42.00	40.00	40.00	42.00	40.00	38.00	33.00	30.00
weight	600g	600g	600g	500g	500g	500g	500g	400g
Heptathlon	4100	4100	3600	3400	3200	3200	3200	

The qualifying period for the Combined Events, 10,000m and 10,000mW began on 1 October 2021. 10,000m and 10,000mW may qualify on track or road. The qualifying period for all other events began on 1 January 2022

Hand times appear in brackets under the electronic times. Beam (or Gate) times are not valid and are not accepted for qualifying performances.

Wind readings of qualifying performances may be up to 4m/s for Under-Age events and 3m/s for Open events.

An athlete must achieve the standard with the correct implement weight or hurdle/steeple height/distance for the applicable age group. Under 23 standards are for athletes to qualify in open events and only apply to athletes born in 2001, 2002 and 2003

There must be three (3) or more entries at the time of close of entries for an event to be contested in its own right Athletes must be turning 14 years of age in the year of competition in order to enter any steeplechase event.

Athletes must be turning 16 years of age in the year of competition in order to enter any event in excess of 5000 metres or any men's open throwing, hurdles, or steeplechase event.

The first three placegetters in their own State/Territory Championships may also enter without meeting the standards above – but as the championships will be conducted using the vertical jumps starting heights and triple jump take-off boards indicated above this should be taken into account when athletes are considering using that method of entry qualification.

Note: In Under 13/14/15/16/17/18 events of 1500 metres or longer, if more entries are received than can be accommodated in one race, those athletes who qualified by State/Territory Championship place and those with the slower entry times (only if not sufficient by previous criteria) may be placed in a "B" division and the results of the event determined on a timed finals basis.