

# Australian Cross-Country Championships

Saturday 24th August 2019



## Technical Regulations



1. The Championships will be conducted according to the rules of the IAAF, Athletics Australia and School Sport Australia.
2. **UNIFORMS:**  
Each registered athlete shall wear the uniform of his/her first claim club, unless his/her Association has chosen a representative team of athletes who shall wear the uniform of that Association. Associations shall only choose first claim-registered athletes. Depending on the arrangement reached between the AIS or a State Institute or Academy with the athlete's Member Association, an athlete may wear the uniform of the Institute or Academy, instead of the Association uniform. Competitors from a School Sport Australia Member body team representing their school for selection at the ISF World Schools Championships WILL wear the uniform of their school ONLY.

All athletes entered in the All Schools events by an Athletics Australia Member Association must wear either the correct Association uniform.

### 3. COMPETITION NUMBERS/TIMING TAGS

Each set of competition numbers will have a timing tag attached. Competition numbers will be given to the Team Managers at the Technical Meeting, who will be responsible for issuing to all athletes from their State/Territory. The competition bib numbers issued to competitors for these championships must be worn on the front and back of the competition uniform firmly attached with not less than four (4) pins, so the entire number and sponsorship information can be easily read. No part of the number shall be folded under the uniform.

ATHLETICS AUSTRALIA WILL ENFORCE IAAF RULES 143.9 – 143.11, WHICH RENDERS AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY WITH THE COMPETITION NUMBER.

#### ATTACH TO FRONT

**2019 AUSTRALIAN  
CROSS COUNTRY CHAMPIONSHIPS**

#### ATTACH TO BACK

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### 4. OFFICIAL REPRESENTATIVES (ORs):

The ORs in each Open team must be declared at the Technical Meeting but may be altered up until call time for each race. If no changes are made prior to or at call room, then the athletes declared as ORs at the Technical Meeting will remain the team.

All Additional Competitors (ACs) are deemed entered unless their status is changed to OR.

### 5. WARM UP AREA:

There will be a designated warm up area for this event. Athletes, coaches and team managers will be permitted in the warmup area however no other spectators are permitted. Athletes are reminded that no warmup is permitted on the course or in any other area that has been signed and/or marked as 'no warmup'. Athletes are asked to comply with all instructions and directions given by Officials.

## **6. CALL TIMES:**

There will be Call Times via the announcer starting 30 minutes prior to each event.

Athletes must report to the Call Room no later than 20 minutes prior to the starting time of their event to confirm their entry. Basic uniform checks, including for non-conforming advertising will be made.

Athletes must then be taken to the assembly area adjacent to the start line 5 minutes prior to the official start time for the event. There will be 5, 3 and 1-minute warning announcements for athletes in the assembly area. If a Team Manager is unable to make contact with an athlete prior to competition, he or she should deliver the athlete's numbers to the Call Room so that the athlete may collect upon check in.

No goods will be collected or stored in the Call Room. Athletes wishing to wear tracksuits or other garments after they leave the Call Room should make arrangements with team managers to collect them from them at the start line.

Para/Multiclass athletes who have hearing aids can have them collected by their team managers at the start line after the starter's briefing.

## **7. SUMMARY OF TEAM SCORING:**

### **TEAM EVENTS (except Open)**

A state teams' event will be conducted in all events (with the exception of Para events for Open and U23). All athletes will be eligible to score points for their state, based on the following rules;

- Para/Multiclass athletes will have their team events only in the All Schools section of the competition from 10 years to U20 years. A scoring team must have 2 scoring members and includes the first 3 athletes from each state but NO blockers.
- 'Scoring team' means a state having at least four athletes completing the race.
- 'Scoring members' includes up to the first six athletes from each state completing the race. i.e., there can be up to two blockers
- In determining the finishing positions of scoring members of scoring teams, the race result will be adjusted so that the finishing positions of non-scoring members of scoring team (i.e.. more than six from any state) and members of non-scoring teams (i.e.. less than four from any state) shall be eliminated.
- If two or more competitors tie for any place, the points for the places concerned shall be aggregated and divided equally amongst the competitors involved in the tie.
- The winning team will be the state which scores the least number of points by aggregating the positions in which its first four scoring members finish.
- In the case of a tie on points, the team whose fourth scoring member finished nearer to first place shall be declared the winner. If placings remain equal this principle applies to the third scoring member, and so on, until a winner is obtained.
- Athletes representing overseas teams will also be eliminated from the team scoring process.

Note- Athletics Australia MA's must advise, by the Technical meeting, which athletes are competing as OR's (in other words, who forms the official team in the Under 20 Male and female events). The remaining athletes will be designated as Additional competitors (AC's) and eligible for individual medals only. Note 2- In the Under 14, Under 16, Under 18 and Under 20 age groups, all athletes from their state, will be eligible to score points for their State Team.

### **OPEN / U20 TEAM EVENT**

To be eligible for selection in a **State Team**, athletes must be registered with the Athletics Australia Member Association for that State or Territory.

The following rules apply in terms of the number of Official Representatives (**OR**) competitors in each event:

Event	Min Nos in Team	Max Nos in Team	Nos to count for points
Men Open 10km	4	6	4
Women Open 10km	4	6	4

All other competitors can be entered as Additional Competitors (**AC**) and there are no qualifying standards. There is no restriction on the numbers of additional competitors that any association can enter in **Open** and **Under 20** age group

**For the Open & Under 20 teams, the ORs in each team must be declared at the Technical Meeting** but may be altered up until call time for each race. If no changes are made prior to or at call, then the athletes declared as ORs at the Technical Meeting will remain the team.

For the Open teams' events in these championships (but not the schools championships) the method of scoring is as follows:

- By scoring the least number of points according to the positions in which the scoring members (see numbers to count for points above) of a team finish. The finishing positions of the non-scoring members of a team and the members of a team which fails to finish the minimum number to score shall be eliminated in the teams point scoring. In other words, in the Australian Open Championships there are no "blockers".
- If two or more competitors tie for any place, the points for the places concerned shall be aggregated and divided equally between the tying competitors.
- In case of a tie in points, the team whose last scoring member finished nearest to first place will be the winning team.

#### **CLUB CHAMPIONSHIPS- OPENS**

- 1 There will be two Club Championships - Open Men and Open Women.
- 2 In the Open Men and Open Women Club Championships, the first three athletes from any club will score.
- 3 The method of scoring shall be by scoring the least number of points according to the positions in which athletes finish. The finishing positions of the non-scoring members of a club, the members of a club which fails to finish the requisite number to score, and non-registered athletes, will not be eliminated from the results prior to scoring.

If two or more competitors tie for any place, the points for the places concerned shall be aggregated and divided equally among the competitors so tying. In case of a tie-on points, the team whose last scoring member finishes nearest to first place shall be the winning team.

#### **8. STATE TEAMS COMPETITION:**

Team Championships will be held in accordance with the teams scoring document. The following Team Championships will be held:

##### **Men:**

Open, Under 20, Under 18, Under 16, Under 14, 12 years, 11 years, 10 years, **para 10, 11,12 and para 13, 14/15 and 16-19**

##### **Women:**

Open, Under 20, Under 18, Under 16, Under 14, 12 years, 11 years, 10 years, para 10-12 and para 13-19

Please refer to the official teams scoring rules for this championship

## 9. MEDALS

Medals will be presented for all events where championships are being decided. Individual and team medals will be presented as soon as is practicable after the conclusion of the event and results have been finalised. Each athlete must wear either their competition singlet or team tracksuit top for the victory ceremony. Team Managers are requested to assist in ensuring athletes are readily available and are correctly dressed.

For the Under 23 age groups, individual medals will be awarded to the first three Under 23 athletes (who are eligible to win Australian Championships and are born in 1997, 1998 or 1999) to finish in the men and women's open events. No additional entry fee will apply nor is it necessary to specifically enter for the Under 23 – all eligible athletes will be automatically considered. There will not be a team medal competition in the Under 23 category.

Team medals will be presented in accordance with the rules described in the team scoring documents. The stipulation as to how many teams and therefore how many medals will be presented will be followed.

All para-athlete results will be calculated under the MDS Scoring Tables for 1500m MDS tables. Annie can you please check with Steve in that OPENS are determined by their classification and then across the line placings

## 10. MEDAL PRESENTATIONS:

The individual first three official place getters in each race will receive medals and are required to be at the designated presentation area at the following times. Team presentations will take place following the determination of results and will be asked to the presentation area by the Ground Announcer.

Event	Age Group	Distance	Pres
1	11 years Boys	3000m	9.45am
2	11 years Girls	3000m	10.00am
3--8	10-12 years Multiclass Boys & Girls	2000m	10.55am
9	10 years Boys	2000m	10.30am
10	10 years Girls	2000m	10.40am
11	12 years Boys	3000m	11.00am
12	12 years Girls	3000m	11.10am
13-16	13-19 years Multiclass Boys & Para Open Men	3000m	11.30am
17	13 Years Girls (U14 AA)	3000m	11.50am
18	13 Years Boys (U14 AA)	3000m	12.05pm
19-22	13-19 years Multiclass Girls & Para Open Women	3000m	12.30pm

23	16/17 Years Boys (U18 AA) & 16/17 Years SSA School Team Boys ISF World Schools Cross Country Selection Trial for SSA 16/17 Boys	6000m	1.05pm
24	16/17 Years Girls (U18 AA) & 16/17 Years SSA School Team Girls ISF World Schools Cross Country Selection Trial for SSA 16/17 Girls	4000m	1.15pm
25	Open Men	10000m	1.45pm
26	Open Women	10000m	2.40pm
27	14/15 Years Boys (U16 AA)	4000m	3.05pm
28	14/15 Years Girls (U16 AA)	4000m	3.30pm
29	18/19 Years & U20 Boys AA	8000m	4.00pm
30	18/19 Years & U20 Girls AA	6000m	ASAP

#### 11. PROTESTS:

Protests must be lodged initially with the Out of Stadia Referee as per IAAF rules. Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$50 fee. Appeals can be made by either the athlete or Team Manager and should be lodged in the TIC area where forms will be available.

#### 12. WATER:

Water will be available for athletes at the call room, the finish line area and two refreshment stations for competitors on the course

#### 13. FIRST AID:

First Aid will be set up for anyone requiring treatment at the finish line area. There will be space in the medical area at the finish line for team medical personnel.

#### 14. ASTHMA MEDICATION:

Team Managers are advised that those athletes (all age groups except Open and U20) who have been medically prescribed with asthma medication will be permitted to take their medication with them to the Call Room and subsequently onto the course. They must, however, advise the Call Room Manager/ Officials with their bib number prior to leaving the Call Room for their event.

#### 15. AMENITIES:

Toilet facilities for athletes, officials and spectators will be available at the venue. Food trucks and coffee vans will be onsite.

#### 16. LIVE STREAM BROADCAST:

The event will be broadcast via livestream on AthsTV and Athletics Australia facebook page. There will be designated areas around the venue solely for the use of the broadcaster including a designated track for a manned gator. Athletes and Spectators are not permitted within these areas.

#### 17. TECHNICAL MEETING:

The Technical Meeting will be held on **Friday 23rd August at 5:30pm** at the **Sage Hotel Wollongong (Grand Pacific Room 1)**.