

Memorandum



To: Athletics Australia Member Associations, Athletics New Zealand

From: Annie Gallacher, National Competitions Coordinator

Date: Friday 07 June 2019

Subject: 2019 Cross Country Entry Procedures

Athletics Australia and School Sport Australia are very pleased to confirm that the Australian Cross-Country Championships will be staged at Kembla Joggers Cross Country Running Park, Kembla Grange, NSW on Saturday August 24, 2019.

School Sport Australia & Athletics Australia Cross Country events to be contested are as follows:

Age Group	Distance	School Sport Australia / Athletics Australia
Women Open (incorporating Under 23)	10000m	Athletics Australia
Women Under 20	6000m	Athletics Australia
Girls 18/19 Years (Under 20)	6000m	School Sport Australia & Athletics Australia
Girls 16/17 Years (Under 18)	4000m	School Sport Australia & Athletics Australia
Girls 14/15 Years (Under 16)	4000m	School Sport Australia & Athletics Australia
Girls 13 Years (Under 14)	3000m	School Sport Australia & Athletics Australia
Girls 13-19 Para (U14, U16 & U20)	3000m	School Sport Australia & Athletics Australia
Girls 12 Years ***	3000m	School Sport Australia
Girls 11 Years ***	3000m	School Sport Australia
Girls 10 Years ***	2000m	School Sport Australia
*** Incorporating Para Athletes (AWD)		
Men Open (incorporating Under 23)	10000m	Athletics Australia
Men Under 20	8000m	Athletics Australia
Boys 18/19 Years (Under 20)	8000m	School Sport Australia & Athletics Australia
Boys 16/17 Years (Under 18)	6000m	School Sport Australia & Athletics Australia
Boys 14/15 Years (Under 16)	4000m	School Sport Australia & Athletics Australia
Boys 13 Years (Under 14)	3000m	School Sport Australia & Athletics Australia
Boys 13-19 Para (U14, U16 & U20)	3000m	School Sport Australia & Athletics Australia
Boys 12 Years ***	3000m	School Sport Australia
Boys 11 Years ***	3000m	School Sport Australia
Boys 10 Years ***	2000m	School Sport Australia
*** Incorporating Para Athletes (AWD)		

School Sport Australia team relay events to be contested on **Monday 26th August** are as follows:

Girls 10 Years	4 x 1000m Relay	
Girls 11 Years	4 x 1500m Relay	
Girls 12 Years	4 x 1500m Relay	
Girls 13 Years	5 x 1500m Relay	
Boys 10 Years	4 x 1000m Relay	
Boys 11 Years	4 x 1500m Relay	
Boys 12 Years	4 x 1500m Relay	
Boys 13 Years	5 x 1500m Relay	
Composite Team	6 x 1500m Relay	(1 athlete from each age/gender division)
Girls 14/15 Years	5 x 2000m Relay	
Girls 16/17 Years	5 x 2000m Relay	* Not in Relay
Girls 18/19 Years	5 x 2000m Relay	
Boys 14/15, Girls*	2000m Time Trial	
Boys 14/15 Years	5 x 2000m Relay	
Boys 16/17 Years	5 x 3000m Relay	
Boys 18/19 Years	5 x 3000m Relay	
Boys 16/17, 18/19*	3000m Time Trial	
SWD Composite Relays	6 x 1000m Relay	

NB. Relay events are only for those athletes selected in the School Sport Australia teams.

1. Overview of the joint School Sport Australia & Athletics Australia Australian Cross Country

AA Under 14 & SSA 13 years (all athletes will be competing for a combined medal)

AA Under 16 & SSA 14/15 years (all athletes will be competing for a combined medal)

AA Under 18 & SSA 16/17 years (all athletes will be competing for a combined medal)

AA Australian Championships Under 20 (all athletes will be competing for a combined medal)

***Member Associations, if they choose, may select up to a maximum of ten (10) competitors (with the exception of Athletics Tasmania and Athletics Victoria who may select up to a maximum of sixteen (16)**, in the U14, U16 and U18 age groups. There is no limit on the number of U20 and Open entrants.**

** This in lieu of a School sport body in Tasmania and the AV & SSV agreement within Victoria

The Athletics Australia Open Men and Open Women Cross Country events are staged by Athletics Australia and run under the rules of Athletics Australia and the IAAF.

2. Teams

There is no restriction on the numbers of competitors that any association can enter in Open and Under 20. For the Open and Under 20 age group, the nominated team (maximum of 6) should be entered as Official Representative **(OR)**. All other athletes should be entered as Additional Competitors **(AC)**. **There are no qualifying standards. In the case of the Under 20, the nominated team will be combined with the SSA team from the same state, to form athlete eligible to win the combined team medal**

For the Under 14, Under 16, Under 18 & Under 20 age groups, there will be one State Team Event. All athletes, either selected by School Sport or Member Associations, will be eligible to score points for

their State Team. This team will be decided as the first 4 across the line from the respective State. Please read the separate team scoring document relevant to this competition.

****Note** - There is no longer a separate AA and SSA Team medal for this Championship. All athletes, whether selected by a SSA or MA team, will be eligible for this combined team medal.

The School Sport Australia Australian Primary Schools Cross Country Exchange and School Sport Australia Team Relays (held on Monday 26th August) will be staged and conducted solely under the rules of School Sport Australia.

3. Para Athletes

In addition to the athletes selected by School Sport Australia, MA's now have the opportunity to enter Para Athletes directly with Athletics Australia. The following regulations apply;

- 3.1. All athletes must have a provisional classification to compete in these championships
- 3.2. Athletes must obtain the standards indicated below to compete
- 3.3. All athletes will compete in the 3000 metre event, and medals will be awarded in the Under 14, Under 16 & Under 20 age groups. All athletes will be assigned their age group automatically based on their date of birth.

4. The following entry arrangements will apply:

- 4.1 Entries for the Athletics Australia Cross Country Championships - Men & Women Open and Under 20, Under 18, Under 16 and Under 14 (Those athletes selected by a Member Association), **should be submitted through the relevant Athletics Australia Member Association to Athletics Australia.**

Entries for the School Sport Australia Cross Country Championships - 18/19 years, 16/17 years, 14/15 years and 13 years (those athletes selected by School Sport) **and School Sport Primary Exchange, will be forwarded from the relevant State School Sport Office.**

All entries will close at Athletics Australia on Friday 2nd August 2019 at 5pm

Late entries will be automatically accepted up until **Friday 9th August 2019** but will incur a late fee. After this date, late entries will be accepted only at the discretion of the AA GM Sport Delivery or the Technical Delegate.

An entry fee of \$30 (includes GST) per athlete per event will apply (this includes a meet program). The late fee will be \$60 (includes GST) per athlete per event.

Foreign athletes not registered with an Australian club should enquire how to enter through Athletics Australia via their National Federation.

*Member Association as

- 4.2 For the Under 23 age groups, individual medals will be awarded to the first three Under 23 athletes (who must be born in 97,98 or 99 and are eligible to win Australian Championships) to finish in the men's and women's open events. No additional entry fee will apply nor is it necessary to specifically enter for the Under 23 – all eligible athletes will be automatically considered. There will not be any teams' medal competitions in the Under 23 category.
- 4.3 Age Groupings – please carefully note that for each Athletics Australia Championship Event the age of the competitor is determined as at **31st December 2019.**

- 4.4 Member Associations are responsible for such matters as accommodation, travel, ground transport and team management, as would normally be the case.

Athletics Australia, together with the local organising committee, will further distribute information bulletins regarding the championships.

We wish all teams well and look forward to seeing an excellent representation from all States and Territories and thank you for your cooperation with School Sport in your State in working towards making this event a continued success.

Annie Gallacher
National Competition Coordinator
Athletics Australia

Cross Country - PARA QUALIFYING STANDARDS - GIRLS

CLASS	2km			3km		
	10 YEARS	11 YEARS	12 YEARS	13 YEARS	14-15 YEARS	16-19 YEARS
T01	12:38.30	12:06.71	11:35.11	17:54.3	17:22.7	16:51.1
T11	17:11.76	16:28.77	15:45.78	24:21.7	23:38.7	22:55.7
T12	14:56.40	14:19.05	13:41.70	21:09.9	20:32.5	19:55.2
T13	13:26.18	12:52.59	12:19.00	19:02.1	18:28.5	17:54.9
T20	12:35.83	12:04.34	11:32.85	17:50.8	17:19.3	16:47.8
T35 - 36	17:30.82	16:47.03	16:03.25	24:48.7	24:04.9	23:21.1
T37	15:46.06	15:06.64	14:27.22	22:20.2	21:40.8	21:01.4
T38	15:22.58	14:44.14	14:05.70	21:47.0	21:08.6	20:30.1
T44	17:46.25	17:01.82	16:17.39	25:10.5	24:26.1	23:41.7
T45 - 46	14:57.34	14:19.95	13:42.56	21:11.2	20:33.8	19:56.4
T40 - T41	28:14.11	27:03.52	25:52.94	40:00.0	38:49.9	37:38.8

Cross Country – PARA QUALIFYING STANDARDS - BOYS

CLASS	2km			3km		
	10 YEARS	11 YEARS	12 YEARS	13 YEARS	14-15 YEARS	16-19 YEARS
T01	11:56.22	11:27.58	10:58.93	17:40.0	17:11.4	16:42.7
T11	14:30.05	13:55.25	13:20.45	21:27.7	20:52.9	20:18.1
T12	11:00.12	10:33.72	10:07.31	16:17.0	15:50.6	15:24.2
T13	11:20.28	10:53.06	10:25.85	16:46.8	16:19.6	15:52.4
T20	11:05.80	10:39.17	10:12.54	16:25.4	15:58.8	15:32.1
T35 - 36	14:45.68	14:10.25	13:34.82	21:50.8	21:15.4	20:39.9
T37	11:57.53	11:28.82	11:00.12	17:41.9	17:13.2	16:44.5
T38	11:16.65	10:49.58	10:22.52	16:41.4	16:14.4	15:47.3
T44	17:20.10	16:38.50	15:56.89	25:39.3	24:57.7	24:16.1
T45 - 46	10:39.90	10:14.30	09:48.71	15:47.1	15:21.5	14:55.9
T40 - T41	27:21.77	26:16.10	25:10.43	40:29.8	39:24.2	38:18.5