

98th AUSTRALIAN TRACK & FIELD CHAMPIONSHIPS

April 12-19, 2021

Sydney Olympic Park Athletics Centre

TECHNICAL REGULATIONS

On behalf of Athletes Australia, we look forward to welcoming you to the Australian Track & Field Championships at Sydney Olympic Park on the 12th to the 19th of April 2021. Please make sure you take the time to read and adhere to the rules and regulations below, it is important that you follow the regulations to allow a smooth process across the week.

These Championships will be conducted according to the rules of World Athletics, World Para Athletics, and Athletics Australia.

1. Uniforms

Under-Age – All athletes entered in the Championships must wear their approved Member Association uniform

Open – Athletes are encouraged to wear their Member Association, Institute/Academy of Sport, or First Claim Club uniform. All uniform must comply with the amended Athletics Australia advertising regulations as of 2016.

2. Athlete Check In

All athletes are required to Check in for their event. Check in will be via an online portal. Athletes will be sent a link to their mobile on the day of competition. **Athletes are required to check in one (1) hour (90 minutes for Pole Vault)**, prior to the advertised start time of their event. If you have trouble with the online check in, please report to Competition Management located at the top of the main grandstand immediately.

3. Competition Bibs

Collection of the bibs is from the **Bib Collection Station (BCS)**. All athletes must report to the BCS, which is located at the marquee on your left as you enter through the gate.

The competition bibs issued to athletes for their Championships must be worn on the front and back (except for jumping events where athletes may choose to wear the bib on either the front or the back) of your competition uniform firmly attached with no less than four (4) pins. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform.

ATHLETICS AUSTRALIA WILL ENFORCE WORLD ATHLETICS RULE TR 5.9 & TR 5.11, WHICH RENDER AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY THE COMPETITION BIB.

4. Accreditation

Accreditation must be collected from the accredited entry point outside the main gate. Athletes must always wear their accreditation.



Accredited AA coaches have been sent a link to get their tickets.

Accreditations are not transferable. Athletes will not be granted entry to the stadium without an accreditation for any reason.

5. Gate Entry Prices

Due to COVID restrictions, this is a Fully Ticketed event with strictly limited capacity. Tickets are only available online with NO TICKETS AVAILABLE AT THE GATE.

Cost of tickets

Adult	\$12
Concession	\$8
Accompanied Child	\$0

**Concession applies to 12 – 15yrs and concession card holders.*

6. Scratchings

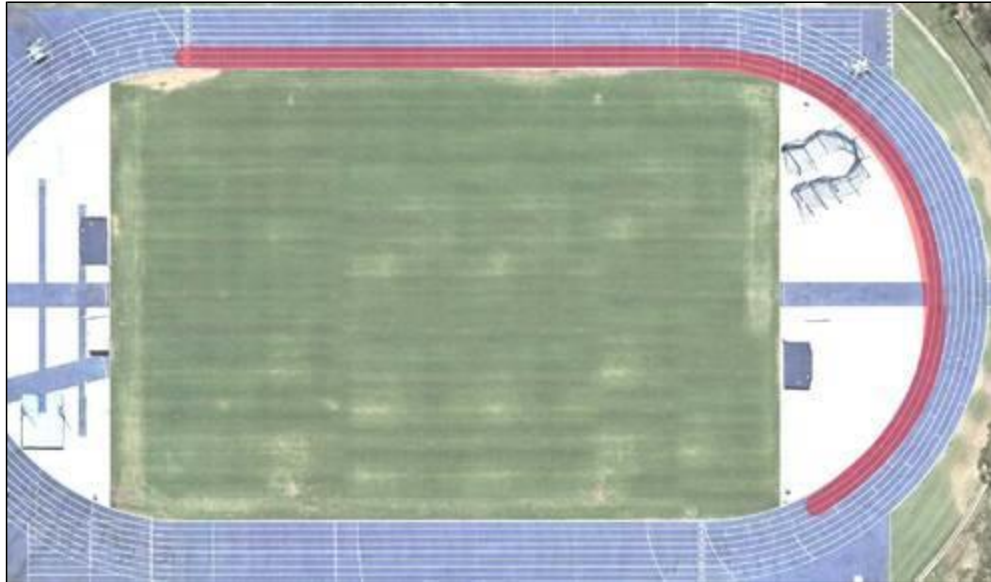
If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete further as outlined in World Athletics Rule TR 4.4

7. Warm-up & Training

Warm-ups can only be conducted on the Warm-up Track. Please note the venue will be available (free of charge for competing athletes) for training during competition hours, however will be dependant on venue COVID capacity limits

SOPAC accessible Training times [General Training Timetable - Sydney Olympic Park Athletic Centre](#)

Please note that due to the size of the Championships, the Throwing cage and Javelin sectors at the warm-up track will be utilised for competition throughout the Championships. Lanes 1-3 on the warm-up track as highlighted in the map below will be closed during competition times. **Please follow all directions from officials and stadium staff to ensure the safety of all athletes and others involved.**



Warm-up infield closures as follows.

Wednesday 14th April				
2.45pm	Javelin (WUT)	U14 Girls	Final	Infield closed from 2.00pm

Thursday 15th April				
8.30am	Javelin (WUT)	U15 Girls	Final	Infield closed from 7.45am – 10.00am
11.30am	Discus (WUT)	U16 Boys	Final	Infield closed from 10.45am – 3.00pm
1.30pm	Discus (WUT)	U15 Boys	Final	Infield closed from 10.45am – 3.00pm
4.45pm	Javelin (WUT)	U16 Girls	Final	Infield closed from 4.00pm – 6.15pm

Friday 16th April				
10.10am	Discus (WUT)	U20 Men	Decathlon	Infield closed from 9.15am – 11.00am
3.00pm	Discus (WUT)	U17 Men	Final	Infield closed from 2.15pm – 6.00pm
4.40pm	Javelin (WUT)	U20 Men	Decathlon	Infield closed from 2.15pm – 6.00pm

Saturday 17th April				
10.30am	Javelin (WUT)	U18 Women	Final	Infield closed from 9.45am – 3.45pm

12.30pm	Discus (WUT)	Para U15, U17, U20 Men	Final	Infield closed from 9.45am – 3.45pm
2.00pm	Javelin (WUT)	U17 Women	Final	Infield closed from 9.45am – 3.45pm

Sunday 18th April				
10.30am	Javelin (WUT)	Para U15, U17, U20 Women	Final	Infield closed from 9.45am – 12.00pm

General warm up will not be permitted elsewhere in the arena, except for field events once the previous event has finished and you have passed through the Call Room. Athletes will not have access to the main track other than when they are led out from the Call Room prior to their event. At the conclusion of your event, all athletes **must** leave the track immediately via Post Event Control.

8. Call Room Procedures

There will be a call room in operation. This is in the white tent at the red rock section of the south side of the stadium. All athletes are required to report to the Call Room before all events.

Having previously checked in, all athletes must report to the call room on time with their competition bibs attached with no less than four (4) pins on the front and back of their competition uniform (except for jumping events where athletes may choose to wear the bib on either the front or the back).

In the Call Room, athletes will be expected to demonstrate that their competition uniform, singlet and numbers, shoes and other equipment comply with the competition rules. Athletes will leave the Call Room ready to run.

Athletes will proceed to the start of their event from the Call Room accompanied by a Call Room Judge or Field Event Official. Athletes who proceed to the event not accompanied by a judge or an official may not be allowed to start.

The final entry time to the Call Room are as follows (times are prior to the scheduled start time)

Pole Vault	70 minutes
Discus, Javelin, Hammer, High Jump	45 minutes
Long & Triple Jump, Shot Put	35 minutes
Hurdles, Wheelchair Track, Seated Throws	20 minutes
All other track events	15 minutes

This time allows for marshalling and movement to the competition site. The remainder of the time may be used to complete the warm-up at the competition site (where the competition site is not in use). Warm-ups are only to be conducted under the supervision of officials.

If an athlete is already or likely to be competing in another event at the designated call time the athlete or someone on his/her behalf must notify the Call Room prior to the designated call time.

Please note that Para Wheelchair athletes will not be able to take their day chairs into the Call Room (except for those in seated throws).

9. Start Rule Dispensation - World Athletics Rule TR 16.7 & TR 16.8

Any competition (or part thereof) conducted exclusively for athletes competing in the under 14 age group and younger, only one false start per race shall be allowed without disqualification of the athlete making the false start. Any athlete(s), making further false starts shall be disqualified from the race. Where an athlete eligible for such an age group competes in an older age group, he/she will be subject to the rules applied to the older age group.

The effect of this dispensation for these Championships is that:

- a) For the Under 15 to Open events inclusive, the World Athletics Rule will be applied.
- b) For the Under 14 age group the above dispensation will apply
- c) For the U15, U17 and U20 Para events, the start rule will be applied as per individual classification standards.

10. Progression to Finals (Track)

Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checked-in and over-ride the World Athletics Rules and remain subject to changes directed by the Competition Director or Competition Manager of Athletics Australia.

100m/400m/Sprint Hurdles & 400m Hurdles	1-9	Final only
	10-27*	Two rounds only
	Over 27	Three rounds
200m & 800m	1-9	Final only
	Over 9	Two rounds
	Over 33	Three Semi Finals
1500m	1-15	Final only
	Over 15	Two rounds
Steeplechase, 5000m & 10000m Race Walk		Final only

*At the discretion of the Administration Delegate, up to 10 athletes may be included in the first round of the 100m or Sprint Hurdles, and up to 11 athletes may be included in the heats of the 800m.

**If the confirmed number of athletes is too large in the Steeplechase, 5000m and 10000m Race Walk, the race may be divided, and timed finals conducted.

Progressions

For the 100m, 400m and 400m Hurdles (Men)

6 heats	First 3 per heat plus the next 6 fastest times to the semi-finals
5 heats	First 4 per heat plus next 4 fastest times to the semi-finals
4 heats	First 3 per heat plus the next 4 fastest times to the semi-finals

For the 200m, Sprint Hurdles, 400m Hurdles (Women) and 800m

6 heats	First in each heat plus the next 2 fastest to the final
5 heats	First in each heat plus the next 3 fastest to the final
4 heats	First in each heat plus the next 4 fastest to the final
3 heats	First 2 in each heat plus the next 2 fastest to the final
2 heats	First 3 in each heat plus the next 2 fastest to the final

For the 100m, 400m and 400m Hurdles

3 semi-finals	First 2 per semi-final plus next 2 fastest to the final
2 semi-finals	First 3 per semi-final plus next 2 fastest times to the final

For the 1500m

4 heats	First 3 per heat plus the next 3 fastest to the final
3 heats	First 3 per heat plus next 3 fastest times to the final
2 heats	First 4 per heat plus the next 4 fastest times to the final

The 'next fastest' will be decided on times to 0.01 second. If the times are equal, then the highest placing in the round will determine who will progress to the next round, if there is no spare lane available. If athletes are still equal and no spare lane is available, the photo finish will be re-read to 0.001 second if possible. If further ties remain then there will be a coin toss.

The draw shall be made **one hour** before the advertised start time of the event. Where all scheduled rounds of a competition are not required then the first round will be cancelled, unless otherwise advised.

In the absence of extraordinary circumstances, World Athletics Rule TR20.3 and TR20.4 will be used.

Where more than three heats are held for any Open event, but no semi-finals, a B final will be conducted as per the published program.

B finals may be held in the 100m and 400m for Australian relay selection purposes if the A final has insufficient Australian representatives. The decision will be made by the Competition Director upon the published results of the preliminary round.

B finals may also be held in other events at the discretion of the Competition Director.

11. Penalty Zone

The Penalty Zone will be in place for the following race-walking events at the Championships.

- Open (Male & Female)
- Under 20 (Male & Female)
- U18 (Male & Female)
- U17 (Male & Female)

12. Field Events

In throwing events and the horizontal jumps in the **U14, U15, U16 and U17** age groups, all athletes will have three (3) trials. At the conclusion of the **three (3) trials**, the best eight (8) athletes will have **one (1)** further trial. The competition order will be changed after round 3.

In the **U18, U20 and Open** age groups, all athletes will have three (3) trials. At the conclusion of the **3 trials**, the best eight (8) athletes will have **three (3)**, further trials. The competition order will be changed after round 3.

Progressions to Finals (Field)

If qualifying rounds are required in field events then a qualifying mark shall be set and all athletes who better the performance shall proceed to the final or the top **10** athletes, which ever is the greater number. Qualifying marks will be made available on the Athletics Australia website: [Events | Athletics Australia](#)

13. Start Heights

Age Group	Pole Vault	High Jump
Open Men	4.60m	1.85m
Open Women	3.40m	1.65m
U20 Men	3.40m	1.75m
U20 Women	2.80m	1.50m
U18 Men	2.80m	1.70m
U18 Women	2.30m	1.45m
U17 Men	2.60m	1.65m
U17 Women	2.10m	1.45m
U16 Men	2.00m	1.60m
U16 Women	1.90m	1.40m
U15 Men	1.80m	1.60m
U15 Women	1.80m	1.40m
U14 Men	1.60m	1.40m
U14 Women	1.60m	1.35m

Progressions are listed below and will be finalised at the Technical Meeting. Final Progressions will then be posted on the Athletics Australia website. [Events | Athletics Australia](#)

Girls U14 High Jump – 1.40, 1.45, 1.50, 1.54, 1.58, 1.62, 1.65

Girls U14 Pole Vault - 1.70, 1.90, 2.10, 2.30, 2.45, 2.60, 2.75, 2.90, 3.00, 3.10

Girls U15 High Jump - 1.45, 1.50, 1.55, 1.60, 1.64, 1.68, 1.71

Girls U15 Pole Vault - 1.90, 2.10, 2.30, 2.50, 2.65, 2.80, 2.95, 3.10, 3.20

Girls U16 High Jump – 1.45, 1.50, 1.54, 1.58, 1.62, 1.65, 1.68, 1.71, 1.74

Girls U16 Pole Vault - 2.00, 2.20, 2.40, 2.55, 2.70, 2.85, 3.00, 3.10, 3.20

Women U17 High Jump - 1.50, 1.55, 1.60, 1.63, 1.66, 1.69, 1.72, 1.75

Women U17 Pole Vault - 2.20, 2.40, 2.60, 2.80, 2.95, 3.10, 3.25, 3.40, 3.55, 3.65

Women U18 High Jump - 1.50, 1.55, 1.60, 1.64, 1.68, 1.71, 1.74, 1.77

Women U18 Pole Vault - 2.40, 2.60, 2.80, 3.00, 3.15, 3.25, 3.35, 3.45, 3.55

Women U20 High Jump – 1.50, 1.55, 1.60, 1.64, 1.68, 1.72, 1.76, 1.79, 1.82(WJ)

Women U20 Pole Vault - 2.90, 3.10, 3.30, 3.45, 3.55, 3.65, 3.75, 3.83, 3.91, 3.99, 4.07(WJ)

Women Open High Jump Final - 1.65, 1.70, 1.74, 1.78, 1.82, 1.86, 1.90, 1.93, 1.96(OG)

Women Open Pole Vault Qualifying - 3.40, 3.60, 3.75, 3.90, 4.00, 4.10(Q)

Final - 3.60, 3.80, 3.95, 4.10, 4.25, 4.40, 4.50, 4.60, 4.70(OG)

Boys U14 High Jump - 1.45, 1.50, 1.55, 1.60, 1.64, 1.68, 1.72, 1.76, 1.80, 1.83

Boys U14 Pole Vault - 1.70, 1.90, 2.10, 2.25, 2.40, 2.55, 2.70, 2.80

Boys U15 High Jump - 1.60, 1.65, 1.70, 1.75, 1.78, 1.81, 1.84, 1.87, 1.90

Boys U15 Pole Vault - 1.90, 2.10, 2.30, 2.50, 2.70, 2.95, 3.10, 3.25, 3.40, 3.50

Boys U16 High Jump - 1.65, 1.70, 1.75, 1.79, 1.82, 1.85, 1.88, 1.91, 1.94

Boys U16 Pole Vault - 2.10, 2.30, 2.50, 2.70, 2.90, 3.10, 3.30, 3.45, 3.60, 3.75, 3.85

Men U17 High Jump - 1.70, 1.75, 1.80, 1.84, 1.87, 1.90, 1.93, 1.96, 1.99, 2.02, 2.04

Men U17 Pole Vault - 2.70, 2.90, 3.10, 3.30, 3.50, 3.70, 3.90, 4.05, 4.20, 4.35, 4.45

Men U18 High Jump - 1.70, 1.75, 1.80, 1.85, 1.90, 1.95, 1.99, 2.03, 2.06, 2.09, 2.12

Men U18 Pole Vault - 2.90, 3.10, 3.30, 3.50, 3.70, 3.90, 4.05, 4.20, 4.35, 4.45

Men U20 High Jump - 1.75, 1.80, 1.85, 1.90, 1.95, 2.00, 2.04, 2.08, 2.11, 2.14, 2.16(WJ)

Men U20 Pole Vault- 3.50, 3.70, 3.90, 4.10, 4.25, 4.40, 4.50, 4.60, 4.70, 4.80, 4.90, 5.00, 5.10(WJ)

Men Open High Jump Final – 1.85, 1.90, 1.95, 2.00, 2.05, 2.10, 2.15, 2.20, 2.24, 2.27, 2.30, 2.33(OG)

Men Open Pole Vault - Final – 4.60, 4.80, 4.95, 5.10, 5.25, 5.40, 5.50, 5.60, 5.70, 5.80(OG)

Please note: Heptathlon and Decathlon athletes should submit their preferred start heights to the Combined Events Referee after the first event each day.

14. Triple Jump: The following boards will be used for these Championships.

Age Group	Board
Open Men	13m
Open Women	11m
U20 Men	11m or 13m
U20 Women	9m or 11 m
U18 Men	11m or 13m
U18 Women	9m or 11m
U17 Men	11m or 13m
U17 Women	9m or 11m
U16 Men	9m or 11m
U16 Women	9m or 11m
U15 Men	9m or 11m
U15 Women	9m or 11m
U14 Men	9m or 11m
U14 Women	9m or 11m

15. Pole Vault Rule Dispensation

For the Under 18 age group and lower for Women and the U16 age group and lower for Men, this rule at the discretion of the Chief Judge at the event, may be applied to a particular trial, where in the opinion of the Chief Judge, an athlete made a reasonable attempt to push the pole back in the direction of the runway, but the wind then caused the bar to be dislodged by the pole.

This dispensation shall apply for the relevant age groups at all meetings held in Australia.

16. Vertical Jumps

Jump offs for the Championships will be conducted under World Athletics Rule TR26.9. The Technical Delegate can terminate the jump-off if the prevailing weather or light conditions justify the termination of the competition at that point.

17. Personal Implements

Athletes who wish to include their own throwing implements in the Championships equipment pool (which may be used by any athlete in the same competition), must lodge them with the Technical Manager at the **Technical/Equipment Room**, no later than **three (3) hours**, before the scheduled start time of their event on the day of competition or on a previous day.

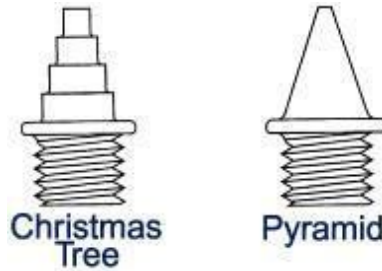
The implements will be impounded until after the competition when athletes may collect them from the Technical/Equipment Room. **Athletes are to provide their own vaulting poles.** Athletics Australia will no provide poles. Poles must be lodged at the Technical/Equipment Room no later than **three (3) hours**, prior to the event.

18. Starting Blocks

Starting Blocks must be used for all events up to and including the 400m and only those supplied by Athletics Australia can be used. Private blocks will not be permitted. The use of blocks for Para athletes are in accordance with World Para Athletics Rules for each individual classification.

19. Shoes and Spikes

All athletes should be familiar with World Athletics Rules TR5.2-TR5.6. Only Christmas Tree or Pyramid spikes are permitted. Needle spikes should not be used under any circumstances.



Number of Spikes (TR5.3) – The sole and heel of the shoes may be constructed as to provide for the use of up to 11 spikes. Any number of spikes up to 11 may be used but the number of spike positions shall not exceed 11.

Dimensions of Spikes (TR5.4) – That part of each spike which projects from the sole or the heel shall not exceed 9mm except in the High Jump and Javelin, where it shall not exceed 12mm. The spike must be so constructed that it will, at least for the half of its length closest to the tip, fit through a square sided 4mm gauge.

The Sole and the Heel (TR5.6) – The sole/and or heel may have grooves, ridges, indentations, or protuberances, provided these features are constructed of the same or similar material to the basic sole itself. In the High Jump and Long Jump, the sole shall have a maximum thickness of 13mm and the heel in the High Jumps shall have a maximum thickness of 19mm. Subject to Rule TR5.13, in all other events the sole and/or heel may be of any thickness.

Inserts and Additions to the Shoe (TR5.6) - Athletes may not use any appliance, either inside or outside the shoe, which will have the effect of increasing the thickness of the sole above the permitted maximum, or which can give the wearer any advantage.

20. Post Event Procedures

At the conclusion of each event (including field events, heats, and semi-finals) athletes must report immediately to **Post Event Control** located at the finish line end of the track. Doping control may be carried out. If athletes have other events or duties (such as interviews or presentations) they should sign the acknowledgement and ask the chaperone to wait.

21. Medal Presentations

After finals, medal presentations will be made as soon as possible after the event. All placegetters are asked to assist with this procedure by going with an official at the completion of the event. Each athlete must wear either their competition singlet or tracksuit top for the presentation.

Medals will not be awarded to non-championship events, i.e., events with only 1 or 2 athletes at the close of entries as per the conditions of entry outlined in the waiver of the online entry process.

22. Protests

These must be lodged initially with the Referee as per World Athletics Rules. Appeals to the Jury are to be made in writing on the appropriate form and lodged with the \$50 fee. Appeals can be made by either the athlete or Team Manager and are to be lodged in the TIC.

23. Para Classification

An athlete intending to compete in a para event must have a formally recognised National Level Classification.

24. Para Athletics using Baseline Performance.

Baseline provides a simplified way for athletes, administrators, and coaches to compare performances in multi-class events across all athletes with an eligible classification. Baseline uses a base time/distance/height in each class for each contestable event and measures this as a percentage against the individual athletes' performance to generate a percentage score.

Athletics Australia (AA) may change or amend the Baseline guidelines and associated resources (including base performance) at any time. Baseline has replaced MDS for scoring for all events.

For further information on Baseline performance and the Baseline performance template please head to the Athletics Australia website [Multi-Class Scoring | Athletics Australia](#)

25. Deaf Athletes

Starting lights systems are regarded as personal equipment, however, Athletics Australia will have access to a system supplied by Deaf Sports Australia. Athletes must notify TIC officials if they require starting lights.

26. Guides

T11-12 Guide Runners "All athletes in the T11 classification run with a guide and are blindfolded. F31-33 and F51-54 can have one guide per athlete per event.

F11 – Can have two (2) guides for jumping events.

F11-12 – Can have one (1) guide for throwing events.

27. Secured Throws

All athletes in the secured (seated) throws will do their throws consecutively (four for U15 and U17, six for U20 and Open).

Athletes will be allowed the allocated time to set their frame prior to their first throw.

- 4 minutes for F32-34 and F54-57
- 5 minutes for F31 and F51-53

All athletes will be allowed a re-adjustment time of 2 minutes after the completion of three (3) throws.

28. Additional rules for Combined Events

The Combined Events competition will be conducted under the World Athletics false start rule TR39.8.3. *In Track Events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified.*

Start heights and progressions will be determined by the Combined Events Referee in consultation with the athletes. These will be posted in the Combined Events Rest Area.

The Combined Event Rest Area will be in the change rooms on the bottom level of the stadium.

29. Physiotherapy and Massage

SOPAC have asked that teams and individuals refrain from setting up physiotherapy and massage tables in areas other than the concourse or warm-up area. Please make sure you abide by these procedures.

30. Timetable Changes

The timetable is available on the Athletics Australia website [Events | Athletics Australia](#)