



RACE WALKING  
AUSTRALIA

AUSTRALIAN FEDERATION  
OF RACE WALKING CLUBS



## A.A. / R.W.A. ROADWALK CHAMPIONSHIPS LOC HANDBOOK

### History

The A.A. Winter Roadwalk Championships and the RWA Winter Roadwalk Championships (known as the Second Federation Carnival) used to be held as two separate meets, held close to each other towards the end of the winter season. This resulted in two small carnivals, each lacking critical mass.

Meetings were held in 2008 with a view to combine the two carnivals into one, to be designated the A.A./R.W.A. Roadwalk Championships. This joint carnival has now been held each year since 2008.

This joint carnival involves a Local Organizing Committee (LOC) which involves

- Officials from the A.A. Competition Committee (LOC/AA)
- Officials from the designated R.W.A. Member Club (LOC/RWA)

Details of these carnivals can be summarised as follows

Year	Venue	LOC/RWA
2008	Melbourne	VRWC
2009	Sydney	NSWRWC / Regal Racewalkers
2010	Brisbane	QRWC
2011	Canberra	ACTRWC
2012	Adelaide	SARWC/Bob Cruise & Peter Crump
2013	Launceston	TRWC / Tim Erickson
2014	Albany	WARWC
2015	Melbourne	VRWC
2016	Canberra	ACTRWC / Renee Cassell
2017	Wollongong	NSWRWC/Heather Mitchell/Bob Cruise
2018	Sunshine Coast	QRWC/Shane Pearson/Peter Bennett

### Entry procedure and Costs

Entry for all A.A. and R.W.A. events to be via an Athletics Australia Online Entry Panel. Entry fees to be set by A.A. For walkers who choose to enter more than one event, the maximum fee payable is to be capped. The online entry form should contain a clause in which entrants can nominate their R.W.A. Walking Club (if applicable). These walkers automatically become eligible for any associated R.W.A. events.

Race Day booklet are normally given to each competitor free of additional charge.

### Events and Medals

The timetable must cater for 13 separate event groupings. These events and their associated medals are as follows:

1	A.A.	Open Men	20 km Championship	3 medals	
	R.W.A.	Master Men	20 km Championship	3 medals	
	R.W.A.	Open Men	20 km Teams Race	9 medals	
2	A.A.	Open Women	20 km Championship	3 medals	
3	R.W.A.	Open Women	10 km Championship	3 medals	
	R.W.A.	Open Women	10 km Teams Race	9 medals	
	R.W.A.	Masters Women	10 km Championship	3 medals	
4	A.A.	Under20 Men	10 km Championship	3 medals	
	R.W.A.	Under20 Men	10 km Teams Event	9 medals	
5	A.A.	Under20 Women	10 km Championship	3 medals	
	R.W.A.	Under 20 Women	10 km Teams Race	9 medals	
6	A.A.	Under18 Men	10 km Championship	3 medals	
	R.W.A.	Under18 Men	10 km Teams Event	9 medals	
7	A.A.	Under18 Women	5 km Championship	3 medals	
	R.W.A.	Under18 Women	5 km Teams Event	9 medals	
8	A.A.	Under16 Boys	5 km Championship	3 medals	
	R.W.A.	Under16 Boys	5 km Teams Event	9 medals	
9	A.A.	Under16 Girls	5 km Championship	3 medals	
	R.W.A.	Under16 Girls	5 km Teams Event	9 medals	
10	A.A.	Under14 Boys	3 km Championship	3 medals	
	R.W.A.	Under14 Boys	3 km Teams Event	9 medals	
11	A.A.	Under14 Girls	3 km Championship	3 medals	
	R.W.A.	Under14 Girls	3 km Teams Event	9 medals	
12	R.W.A.	Under12 Boys	2 km Championship	3 medals	
	R.W.A.	Under12 Boys	2 km Teams Event	9 medals	
13	R.W.A.	Under12 Girls	2 km Championship	3 medals	
	R.W.A.	Under12 Girls	2 km Teams Event	9 medals	

Overall if **all** medals were presented, this would come to:

A.A. 10 Individual Championships – 1 x Gold, 1 x Silver, 1 x Bronze

**Total:** 10 x Gold, 10 x Silver, 10 x Bronze

R.W.A. 12 Teams Events – 3 x Gold, 3 x Silver, 3 x Bronze

5 Individual Championships – 1 x Gold, 1 x Silver, 1 x Bronze

**Total:** 41 x Gold, 41 x Silver, 41 x Bronze

RWA medals are held by Heather Mitchell NSWRC.

If the local R.W.A. club wishes to include additional non-championship events, it may do so, provided these events are organized and run by LOC/RWA. This would probably involve entries on the day and manual timing by the LOC/RWA. A.A. should not be expected to become involved in any way with such events. A nominal entry fee of \$5 is recommended. Such events could include Open 5km, U10 Boys 1km and/or U10 Girls 1km

#### Further Notes on the Events

- Open Women can enter either the A.A. 20 km event OR the R.W.A. 10 km event but not both. However, all women, whether in the A.A. 20 km event or the R.W.A. 10 km event, are automatically eligible to score points in the R.W.A. 10 km Teams Championship provided they are members of one of our R.W.A. clubs. 10 km split times will be used for this purpose. These two events may be started at the same time but this is not essential. What is essential is getting the 10km split in a timely manner.
- Masters Men and Women do not need to enter separately. Simply enter the 20 km Open Men or the 10 km Open Women. Your age (M35+ or W35+) will automatically put you in the 10 km Masters category as well, just like for the Canberra Carnival.
- Because of the close scheduling of events and because of the longer distances being raced by our younger

walkers, **only walkers 12 years and older on the day may enter multiple events.** This is a duty of care consideration. By way of example, we do not want to see very young walkers racing the Under 12 2 km event and then following up with a second race over either the 3 km or 5 km distance with little or no break.

- If events are held concurrently, walkers may only enter ONE of the events on offer. For instance, if the Under 20 Men 10km and Under 18 Men 10km are held concurrently, walkers may only enter ONE of the events.

### **Closing Date for Online Entries**

The closing time for online entries will be set by A.A. Once entries have closed, the LOC will forward State based listings to the various R.W.A. Walking Clubs so that the Clubs can confirm current membership status and forward R.W.A. Handicaps to the LOC/RWA.

### **State Representation and Uniforms**

Walkers in Athletics Australia Championship events may be nominated to represent their State as official representatives provided that they are current members of Athletics Australia affiliated clubs. These walkers should wear State uniforms. State Institute of Sport walkers may wear their official Institute competition uniform. The remaining Race Walking Australia club athletes must wear their official Walking Club uniform. Other walkers should wear a uniform that conforms to IA.A.F standards.

### **Age Designation**

Age for all A.A. and R.W.A. events is age as at 31 December of the current year.

### **Athletics Australia Affiliation**

It is recognized that for the Carnival, there may be R.W.A. competitors who are not current members of affiliated A.A. clubs. Permission is given for these athletes to compete in the Australian championship events.

### **Race Numbers and Chips**

All race numbers and race chips will be provided by A.A.

### **Electronic Timing**

LOC/AA will normally use an electronic timing system that records all finishers in all events. *LOC/RWA needs to massage the finishing lists for additional processing*

- R.W.A. Teams Results
- R.W.A. Brennen Shield Points
- R.W.A. Handicap Placings
- R.W.A. Medals (in R.W.A. events only)

There have been various methods used to perform the additional R.W.A. processing. These include

- A manual excel spreadsheet
- An excel spreadsheet with additional automated logic
- The LBG Carnival event software

The method to be used must be decided well in advance so that a proper plan can be put into place.

### **Awards**

- Athletics Australia Championship medals will be presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placegetters in the Australian Championship events.
- Racewalking Australia medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placegetters in the Racewalking Australia Masters and Under 12 events.

- Handicap Trophies will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placegetters in all Racewalking Australia events.
- Racewalking Australia medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placed teams in Racewalking Australia Teams Events.
- Racewalking Australia Perpetual trophies will be awarded to the winning teams in Racewalking Australia events.
- Racewalking Victoria medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in the Under 10 events.

Note that placegetters in individual events cannot win a handicap trophy.

### **Perpetual Trophies**

- Glover Shield Open Men 20km Teams
- Carrington Cup Open Women 10km Teams
- Troy Sundstrom Trophy U/20 Men 10km Teams
- Jane Saville Trophy U/20 Women 10km Teams
- Nathan Deakes Trophy U/18 Men 10km Teams
- Jacobson Trophy U/18 Women 5km Teams
- Goble Trophy U/16 Boys 5km Teams
- Knight Trophy U/16 Girls 5km Teams
- Ron Crawford Trophy U/14 Boys 3km Teams
- Deanna Rahill Trophy U/14 Girls 3km Teams
- Under 12 Boys Team Trophy U/12 Boys 2km Teams
- Under 12 Girls Team Trophy U/12 Girls 2km Teams

Current perpetual trophy holders are asked to return the engraved trophies to the organizers on or before the day of the carnival.

### **Food**

The LOC may decide to provide canteen facilities on the race day. In the past, this has normally been done by the LOC/RWA rather than the LOC/AA.

In past carnivals, there has sometimes been Post-Race Refreshments in conjunction with Presentations. If this is to be done, it must be budgeted and agreed by both LOC parties.

### **Carnival Budget**

All entry monies are taken by A.A. A.A in turn will pay/reimburse for all pre-arranged and pre-agreed carnival costs.

The LOC costs will be in two parts, namely LOC/AA and LOC/RWA.

#### **LOC/AA Expenditure**

- A.A. Medals
- First Aid Coverage
- Competition Numbers
- Chip Timing
- ASADA testing
- Water for Refreshment Tables
- Post-Race Refreshments in conjunction with Presentations
- Course or Council facility fees, etc

#### **LOC/RWA Expenditure**

R.W.A. Medals – Individual Championships (15 @ \$7)	\$ 105
R.W.A. Medals – Teams Events (108 @ \$7)	\$ 756
R.W.A. Handicap Trophies (42 @ \$20)	\$ 840
Event Management Costs	\$ TBA

LOC/RWA should submit a budget to LOC/AA. All expected expenditures must be included. There should not be any surprises post event!

## R.W.A. Handicap Trophies

42 R.W.A. handicap trophies are required for the following races (14 x 1<sup>st</sup>, 14 x 2<sup>nd</sup> and 14 x 3<sup>rd</sup>)

- 20 km Open Men
- 20 km Masters Men
- 10 km Open Women
- 10 km Masters Women
- 10 km Under 20 Men
- 10 km Under 20 Women
- 10 km Under 18 Men
- 5 km Under 18 Women
- 5 km Under 16 Boys
- 5 km Under 16 Girls
- 3 km Under 14 Boys
- 3 km Under 14 Girls
- 2 km Under 12 Boys
- 2 km Under 12 Girls

## Handicaps

Handicaps for R.W.A. Competitors should be based on the following base times.

Event	Type	Category	Distance	Base Time
	R.W.A.	Open / Masters Men	20 km	1:20:00
	R.W.A.	Open / Masters Women	10 km	42:00
	R.W.A.	Under 20 Men	10 km	42:00
	R.W.A.	Under 20 Women	10 km	44:00
	R.W.A.	Under 18 Men	10 km	44:00
	R.W.A.	Under 18 Women	5 km	22:30
	R.W.A.	Under 16 Boys	5 km	22:30
	R.W.A.	Under 16 Girls	5 km	23:00
	R.W.A.	Under 14 Girls	3 km	13:30
	R.W.A.	Under 14 Boys	3 km	13:30
	R.W.A.	Under 12 Boys	2 km	9:20
	R.W.A.	Under 12 Girls	2 km	9:20

Once the entry period has closed, each R.W.A. club will be forwarded an entry list by the LOC. R.W.A. Clubs are asked to complete handicap information for each of their walkers and return the completed information to the LOC/RWA by a set date (normally 1 week before the carnival is to be held).

## Appendix: Sample R.W.A. Points Processing

### • R.W.A. Teams Competition

Team points for Federation events are scored as follows:

- The winner receives points equal to 3 times the number of teams competing plus 1 point
- Second place receives 2 fewer points than the winner
- Third receives 3 fewer points, etc.

To be allocated team points a team must have 3 finishers. Retired and disqualified walkers do not receive any points.

If 2 teams finish with the same number of points, the team to finish first is deemed to finish before the other team.

- **R.W.A. Brennen Shield Competition**

The Brennen Shield is contested by the Number 1 team from each RWA Club in each event.

To allocate Brennen points a team must have 3 finishers.

- The winner is always awarded 3 points for each RWA club plus 1 additional point. We have 7 RWA Clubs eligible to compete (ACTRWC, NSWRWC, QRWC, SARWC, RWV, TRWC and WARWC). Hence the winner will always be awarded 22 points:  $(3 \times 7) + 1$ .
- Second place is always awarded 20 points, third place is always awarded 19, and so on.

Here is an example from the 2017 LBG Carnival:

EVENT 15: GIRLS U12 2 KM			TIME	TEAMS
1	Izabella Dunne	NSWRWC1	10:20	13
2	Milly Boughton	NSWRWC1	10:31	11
3	Elli Pusionjic	SARWC1	11:10	10
4	Hannah Wilks	SARWC1	11:16	9
5	Chloe Krklinski	NSWRWC1	11:38	8
6	Isabelle Nilon	NSWRWC2	11:47	7
7	April Billington	NSWRWC2	11:52	6
8	Rhianni Deegan	NSWRWC2	12:19	5
9	Ella Baker	ACTW	12:19	
10	Sienna Pitcher	NSWRWC3	12:42	4
11	Cassandra Hill	RWQ	12:45	
12	Maddison Vaughan	RWV	12:45	
13	Katie DeRuvo	SARWC1	13:07	3
14	Sarah Challinor	NSWRWC3	14:56	2
15	Amelia Crocker	NSWRWC3	15:09	1

**Teams Competition**

1	NSWRWC1	13,11,8 =32
2	SARWC	10,9,3=22
3	NSWRWC2	7,6,5=18
4	NSWRWC3	4,2,1=7

**Brennen Shield**

1	NSWRWC1	22
2	SARWC1	20

Tim Erickson  
 Saturday 15 July 2017  
 Endorsed without change by Bob Cruise,  
 President RWA 30<sup>th</sup> May 2018

