

**Parents, Athletes and Technical Officials are advised to read the following very carefully.**

**1. START OF EVENTS**

Events will commence at 4pm Saturday 26<sup>th</sup> May and will finish at approximately 8.00pm

**2. RULES**

The festival will be conducted according to the rules of World Athletics, World Para Athletics, World Athletics Australia, and Athletics North Queensland.

**3. COMPETITION FEES**

- 4-9 Years – \$30 for unlimited events available for the age
- 10 and above – \$15 Per Event

**4. AGE RULING**

Age is actual age in years as of 31st December 2023. Masters Athletes (athletes over the age of 30) will compete in their age based on the day of competition.

**5. TECHNICAL INFORMATION CENTRE**

The Technical Information Centre (TIC) will be open from 2:00pm Saturday. The TIC is the located in the small conference room next to the canteen.

**6. CLOTHING**

Athletes can wear any apparel/clothing they wish if it is not offensive or discriminatory in nature.

**7. TIMETABLE**

The Final timetable will be available on the ANQ website and will be sent out to all competitors 4 days out from the start of competition.

**8. PARA ATHLETES**

Para-Athletes that supply a classification, who are 10 years and older enter in their own age division. Athletes that require assistance can fill out the request forms in the TIC as per the WPA Rules.

**9. SCRATCHINGS**

If an athlete fails to scratch (remove themselves) from an event after confirmation or does not compete in all rounds of an event for which s/he has nominated for (doesn't include passing a round in a field event), s/he may not be permitted to compete further as outlined in World Athletics Rule TR4.4. This ruling will be applied to all athletes above the age of 14.

**10. MARSHELLING PROCEDURES**

Athletes must report to their **event site/start line** no less than **15 minutes before the scheduled starting time of the event.**

**Field Athletes can be at the event site 30-60 minutes before the event start time for warm up,** only if a technical official is in place at the event site and if site is free.

Failure to comply with this Rule may result in the athlete being scratched from that event.

## 11. PROGRESSIONS

AGE	INDIVIDUAL FIELD EVENTS	TRACK
4 – 9 Years	3 trials each	Timed Finals
10 - Masters	3 trials each with top 8 going into 1 extra round (4 in total)	Timed Finals

## 12. CROUCH STARTS AND BLOCKS

Athletes aged 14 to opens must crouch start in all events up to and including 400m. Starting blocks are optional and athletes use blocks provided by the competition. Athletes in the masters age categories have the choice of doing crouch starts, three point starts and standing starts.

## 13. START RULE

World Athletics Rule TR16.7 will apply in full for all competitions conducted under the jurisdictions of ANQ, with the following dispensation: In the case of any competition (or part thereof) conducted exclusively for athletes competing in the under 14 age group and younger, the rule of one false start for the race will be applied.

## 14. PRIVATE IMPLEMENTS

Athletes who wish to include their own throwing implements in the equipment pool (private implements may be used by any athlete in the competition), must lodge them with the Technical Manager at the Technical Equipment Room, no later than 90 Minutes before the scheduled starting time of the event on the day of competition. The implements will be impounded until after the competition when athletes may collect them from the Technical Equipment Room.

## 15. SPIKES

Spikes may be worn by athletes 10 and up. Athletes aged 10 to 11 can only wear spikes in laned events. Athletes 12 plus can wear spikes in any event other than discus, hammer and shot put. Please refer to the chart and image below for more information.

EVENTS	MAXIMUM SPIKE SIZE	TYPE
Track Events	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid
Long & Triple Jumps	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid, Jump

## 16. PROTESTS AND APPEALS TO THE JURY

Protests should be given verbally to the event referee within 30 minutes of the event being conducted. Appeals against the referee's decision should be lodged in writing, accompanied by the nominated sum of \$50, within 30 minutes of the decision being announced. Necessary paperwork may be obtained from the Technical Information Centre. If the appeal is unsuccessful the money is forfeited.

## **17. HEAT ALLOCATION / LANE DRAW**

Thirty (30) minutes before the scheduled starting time for an event, heat allocation and lane draws will be conducted for track events and will be available online via the live results.

Seeding for track events will be based off the seed times the athletes use when nominating. It is highly recommended that athletes go off their seasonal best time. This will allow for the best conditions for the athletes.

## **18. START RULE**

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