



ATHLETICS NORTH QUEENSLAND

RETURN TO PLAY - STAGE 2



This information is for clubs and members who wish to return to athletics activities during stage 2. Before commencing any activity, members should have a sound understanding of this document that follows the Queensland Government and health expert advise as of the **5 June 2020**

We, as athletics bodies and individual members, all have a responsibility to:

- 1) Keep our volunteers and staff healthy and safe
- 2) Keep members and participants healthy and safe
- 3) Reduce the chances of COVID-19 recurring in the community, and
- 4) To ensure that we can continue to operate without the possibility of another lockdown period being required.

The COVID-19 pandemic is an evolving situation. We will continue to update this document as new information comes to hand during stage 2.

PREPARATION

	Obtain hand sanitisers and located suitable tables or stands to place these on.
	Download and print the supplied ANQ Stage 2 Signage to use a group and club activities.
	Clubs to apply for the Queensland Government Restart Grants
	All Committee members must complete the online " Infection Control Training – COVID19 " prior to commencing return to sport. It is highly suggested that group leaders / coaches also complete this training before commencing activities.
	Abide by the Outdoor Team Sports Industry COVID19 Safe Plan
	Have a copy of the COVID19 Statement of Compliance

VENUE

	Contact venue seeking advice for requirement of use
	Ensure ability to erect required COVID19 Signage or confirm existing COVID19 signage at the venue
	Ensure toilet facilities will be cleaned with antiviral cleaning products
	Limited equipment shed access to 1 or 2 committee members

COMMUNICATION WITH MEMBERS

	Training attendance register must keep for 56 days. Read the Industry COVID19 Safe Plan for more details. For our sport participants pre-register to attend an activity must occur. Use an online form where storage of information and waiver options are utilised. Free registrations forms can be created through RevSport (clubs) or EventBride (groups)
	Participants should agree to a waiver saying that they are not feeling unwell and that their registration details may be handed to venue owners and health experts. Click here for a waiver template
	Athletes 16 years and below should only have 1 guardian present at the venue when activities are held. Pre-register is suggested to assist with collecting of information and group management/ communication. Clubs/Groups that wish to reduce the age requirement of this must have

	additional conditions and/or waivers in place for liability and safety purposes.
	Athletes 17 years and over are suggested not to have a parent at the venue – if possible.
	Strict social distancing guidelines enforced for parents.
	Clear instructions on meeting place at venue, structure of training, rules etc.

ON THE DAY

	Coaches must record attendance, including arrival and departure time - (use preregistration printouts to make things easier). To control group sizes, on the day registrations should not be allowed.
	There must be no commingling or contact between groups, before, during or after activity. Social distancing must be applied, and 4 square metres be available for each individual. A minimum of 5 metres, preferably more, must be maintained between groups at all times
	Group training for athletes 9 years and younger should only occur if clubs have a coach designated to these age groups. Recommend having smaller athlete numbers to assist controlling the group with social distancing and other rules that need to followed.
	Clubs/groups are recommended to implement training for 10 years and above first and/or 1 group before multiple groups until confident the extra COVID19 procedures are working.
	No use of High Jump or Pole Vault mats
	Long Jump pits may be used in a limited way. Athletes must land on and stay on their feet. Hand sanitiser must be available near the pit for use after jumps
	Individual implements only: <ul style="list-style-type: none"> • Athletes to collect their own implement • Individual use of hurdles and steeple • Equipment must be cleaned after use before another person can use it
	Athletes to use only every second lane unless a staggering process is in place to ensure social distancing of at least 1.5m.
	Throwing cages should not be physically touched by participants. The coach only should move the cage gates, when required.
	Distance running to be spaced out, not in a pack. Suggest time trials or well-planned staggering
	Continuous Runners should be more than 3m away from the person in front of them and 1.5m away from people to the side of them.
	Less time at the venue the better. Athletes to come and go, all warmups to be fully social distancing.
	Where possible, athletes should do a quick warm or complete their warm down once they leave the venue.
	Athletes to bring own water, towel and arrive in training attire
	No physical contact between Coach, Official, Parent and Athlete
	Social distancing always maintained