

## 2019 Golden North Schools Nitro Challenge - 10/09/2019 to 12/09/2019

## SA Athletics Stadium

## Results

## Event 1 Girls 1000 Metre Senior Girls

Name	Team	Finals
<b>Section 1</b>		
1 Immanuel, Athlete 1	Immanuel College	J3:11.51 100
2 Glenunga, Athlete 1	Glenunga	3:17.89 30
3 Trinity, Athlete 1	Trinity	3:43.81 20

## Event 2 Girls 1000 Metre Intermediate Girls

Name	Team	Finals
<b>Section 1</b>		
1 Immanuel, Athlete 1	Immanuel College	J3:11.60 120
2 Mercedes, Athlete 1	Mercedes	J3:12.34 80
3 Trinity, Athlete 1	Trinity	3:24.08 30

## Event 3 Boys 1000 Metre Senior Boys

Name	Team	Finals
<b>Section 1</b>		
1 Immanuel, Athlete 1	Immanuel College	2:49.91 40
2 Trinity, Athlete 1	Trinity	2:56.95 20

## Event 4 Boys 1000 Metre Intermediate Boys

Name	Team	Finals
<b>Section 1</b>		
1 Immanuel, Athlete 1	Immanuel College	2:46.59 70
2 Henley, Athlete 1	Henley	J2:52.65 100
3 Trinity, Athlete 1	Trinity	2:54.43 40
4 P.A.C, Athlete 1	Prince Alfred Co	2:57.39 30
5 Mercedes, Athlete 1	Mercedes	3:15.91 20

## Event 5 Girls 90 Metre Hurdles 76.2cms Intermediate Girls

Name	Team	Finals
<b>Section 1 Wind: NWI</b>		
1 Trinity, Athlete 1	Trinity	J15.01 120
2 Henley, Athlete 1	Henley	J15.65 80
3 Immanuel, Athlete 1	Immanuel College	17.41 30

## Event 6 Girls 100 Metre Hurdles 76cms Senior Girls

Name	Team	Finals
<b>Section 1 Wind: NWI</b>		
1 Immanuel, Athlete 1	Immanuel College	16.85 50
2 Glenunga, Athlete 1	Glenunga	19.20 30
3 Trinity, Athlete 1	Trinity	20.32 20

## Event 7 Boys 100 Metre Hurdles 84cms Intermediate Boys

Name	Team	Finals
<b>Section 1 Wind: NWI</b>		
1 Immanuel, Athlete 1	Immanuel College	15.03 70
2 Trinity, Athlete 1	Trinity	15.89 50
3 Mercedes, Athlete 1	Mercedes	16.01 40
4 P.A.C, Athlete 1	Prince Alfred Co	16.64 30
5 Henley, Athlete 1	Henley	17.67 20

## Event 8 Boys 110 Metre Hurdles 91cms Senior Boys

Name	Team	Finals
<b>Section 1 Wind: NWI</b>		
1 Immanuel, Athlete 1	Immanuel College	J14.97 80

2	Trinity, Athlete 1	Trinity	20.64	20
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## Event 9 Girls 2x800 Metre Relay 2x2x400 Junior Girls

Team	Relay	Finals
<b>Section 1</b>		
1	Henley High School	5:05.64 70
2	Immanuel College	5:07.40 50
3	Mercedes	5:12.58 40
4	Trinity	5:34.63 30
5	Endavour College	6:09.53 20

## Event 10 Boys 2x800 Metre Relay 2x2x400 Junior Boys

Team	Relay	Finals
<b>Section 1</b>		
1	Mercedes	4:19.36 80
2	Trinity	4:27.32 60
3	Henley High School	4:35.48 50
4	Immanuel College	4:42.77 40
5	Endavour College	5:08.23 30

## Event 11 Girls 2x800 Metre Relay 2x2x400 Intermediate Girls

Team	Relay	Finals
<b>Section 1</b>		
1	Trinity	4:59.59 60
2	Immanuel College	5:09.22 40
3	Henley High School	5:42.54 30
4	Mercedes	5:43.57 20

## Event 12 Girls 2x800 Metre Relay 2x2x400 Senior Girls

Team	Relay	Finals
<b>Section 1</b>		
1	Glenunga	J4:44.45 100
2	Immanuel College	J4:57.94 30
3	Trinity	J5:28.43 20

## Event 13 Boys 2x800 Metre Relay 2x2x400 Intermediate Boys

Team	Relay	Finals
<b>Section 1</b>		
1	Henley High School	4:14.20 70
2	Trinity	4:23.79 50
3	Immanuel College	4:24.87 40
4	Prince Alfred College	4:28.11 30
5	Mercedes	4:43.39 20

## Event 14 Boys 2x800 Metre Relay 2x2x400 Senior Boys

Team	Relay	Finals
<b>Section 1</b>		
1	Immanuel College	4:17.08 40
2	Trinity	4:19.72 20

## Event 15 Girls 60 Metre Junior Girls

Name	Team	Finals
<b>Section 1 Wind: NWI</b>		
1	Immanuel, Athlete 1	Immanuel College 8.80 70
2	Mercedes, Athlete 1	Mercedes 8.89 50
3	Henley, Athlete 1	Henley 9.03 40
4	Trinity, Athlete 1	Trinity 9.39 30

## 2019 Golden North Schools Nitro Challenge - 10/09/2019 to 12/09/2019

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## Results

## Section 1 Wind: NWI ... (Event 15 Girls 60 Metre Junior Girls)

Name	Team	Finals
5 Endeavour, Athlete 1	Endeavour	9.65 20

## Event 16 Boys 60 Metre Junior Boys

Name	Team	Finals
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## Section 1 Wind: NWI

1 Henley, Athlete 1	Henley	J7.80 140
2 Immanuel, Athlete 1	Immanuel College	8.25 50
3 Mercedes, Athlete 1	Mercedes	8.26 40
4 Endeavour, Athlete 1	Endeavour	8.30 30
5 Trinity, Athlete 1	Trinity	8.33 20

## Event 17 Girls 60 Metre Intermediate Girls

Name	Team	Finals
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## Section 1 Wind: NWI

1 Trinity, Athlete 1	Trinity	8.69 60
2 Immanuel, Athlete 1	Immanuel College	8.70 40
3 Henley, Athlete 1	Henley	8.73 30
4 Mercedes, Athlete 1	Mercedes	10.21 20

## Event 18 Girls 60 Metre Senior Girls

Name	Team	Finals
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## Section 1 Wind: NWI

1 Immanuel, Athlete 1	Immanuel College	8.34 50
2 Trinity, Athlete 1	Trinity	8.78 30
3 Glenunga, Athlete 1	Glenunga	8.91 20

## Event 19 Boys 60 Metre Intermediate Boys

Name	Team	Finals
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## Section 1 Wind: NWI

1 P.A.C, Athlete 1	Prince Alfred Co	J7.50 140
2 Henley, Athlete 1	Henley	7.62 50
3 Immanuel, Athlete 1	Immanuel College	7.75 40
4 Trinity, Athlete 1	Trinity	7.92 30
5 Mercedes, Athlete 1	Mercedes	7.99 20

## Event 20 Boys 60 Metre Senior Boys

Name	Team	Finals
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## Section 1 Wind: NWI

1 Trinity, Athlete 1	Trinity	7.61 40
2 Immanuel, Athlete 1	Immanuel College	7.68 20

## Event 21 Girls 800 Metre Junior Girls

Name	Team	Finals
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## Section 1

1 Immanuel, Athlete 1	Immanuel College	2:36.49 70
2 Henley, Athlete 1	Henley	2:57.15 50
3 Trinity, Athlete 1	Trinity	3:00.69 40
4 Mercedes, Athlete 1	Mercedes	3:03.67 30
5 Endeavour, Athlete 1	Endeavour	3:04.97 20

## Event 22 Boys 800 Metre Junior Boys

Name	Team	Finals
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## Section 1

1 Mercedes, Athlete 1	Mercedes	2:18.00 70
2 Trinity, Athlete 1	Trinity	2:22.34 50

3 Henley, Athlete 1	Henley	2:27.79 40
4 Endeavour, Athlete 1	Endeavour	2:34.95 30
5 Immanuel, Athlete 1	Immanuel College	2:36.99 20

## Event 23 Girls 400 Metre Senior Girls

Name	Team	Finals
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## Section 1

1 Immanuel, Athlete 1	Immanuel College	61.65 50
2 Glenunga, Athlete 1	Glenunga	63.56 30
3 Trinity, Athlete 1	Trinity	69.17 20

## Event 24 Boys 400 Metre Senior Boys

Name	Team	Finals
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## Section 1

1 Trinity, Athlete 1	Trinity	57.98 40
2 Immanuel, Athlete 1	Immanuel College	58.88 20

## Event 25 Girls 200 Metre Intermediate Girls

Name	Team	Finals
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## Section 1 Wind: NWI

1 Trinity, Athlete 1	Trinity	26.99 60
2 Henley, Athlete 1	Henley	27.46 40
3 Immanuel, Athlete 1	Immanuel College	29.39 30
4 Mercedes, Athlete 1	Mercedes	32.99 20

## Event 26 Boys 200 Metre Intermediate Boys

Name	Team	Finals
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## Section 1 Wind: NWI

1 Immanuel, Athlete 1	Immanuel College	23.77 70
2 Trinity, Athlete 1	Trinity	24.27 50
3 Henley, Athlete 1	Henley	24.36 40
4 P.A.C, Athlete 1	Prince Alfred Co	24.49 30
5 Mercedes, Athlete 1	Mercedes	25.43 20

## Event 27 Girls 150 Metre Junior Girls

Name	Team	Finals
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## Section 1 Wind: NWI

1 Immanuel, Athlete 1	Immanuel College	21.00 60
1 Endeavour, Athlete 1	Endeavour	21.00 60
3 Henley, Athlete 1	Henley	21.01 40
4 Mercedes, Athlete 1	Mercedes	22.06 30
5 Trinity, Athlete 1	Trinity	22.81 20

## Event 28 Boys 150 Metre Junior Boys

Name	Team	Finals
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## Section 1 Wind: NWI

1 Henley, Athlete 1	Henley	18.50 70
2 Trinity, Athlete 1	Trinity	19.39 50
3 Immanuel, Athlete 1	Immanuel College	J19.53 80
4 Endeavour, Athlete 1	Endeavour	19.84 30
5 Mercedes, Athlete 1	Mercedes	20.82 20

## Event 29 Girls Distance Medley Senior Girls

Team	Relay	Finals
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## Section 1

1 Immanuel College	2:37.73 50
2 Glenunga	2:43.21 30

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**Section 1 ... (Event 29 Girls Distance Medley Senior Girls)**

Team	Relay	Finals
3 Trinity		2:49.38 20

**Event 30 Girls Distance Medley Intermediate Girls**

Team	Relay	Finals
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**Section 1**

1 Trinity		2:33.74 60
2 Henley High School		2:40.16 40
3 Immanuel College		2:44.67 30
4 Mercedes		2:45.11 20

**Event 31 Boys Distance Medley Senior Boys**

Team	Relay	Finals
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**Section 1**

1 Trinity		2:14.58 40
2 Immanuel College		2:17.97 20

**Event 32 Boys Distance Medley Intermediate Boys**

Team	Relay	Finals
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**Section 1**

1 Immanuel College		2:13.04 70
2 Trinity		2:13.24 50
3 Prince Alfred College		2:14.07 40
4 Henley High School		2:19.66 30
5 Mercedes		2:23.40 20

**Event 33 Girls 4x100 Metre Relay Junior Girls**

Team	Relay	Finals
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**Section 1**

1 Immanuel College		54.95 70
2 Mercedes		55.80 50
3 Henley High School		57.36 40
4 Endeavour College		60.44 30
5 Trinity		61.30 20

**Event 34 Boys 4x100 Metre Relay Junior Boys**

Team	Relay	Finals
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**Section 1**

1 Henley High School		51.13 80
2 Mercedes		51.85 50
3 Immanuel College		51.88 40
4 Trinity		52.81 30
5 Endeavour College		53.47 20

**Event 35 Girls Long Jump Intermediate Girls**

Name	Team	Finals
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**Flight 1**

1 Henley, Athlete 1	Henley	4.68m 60
2 Immanuel, Athlete 1	Immanuel College	4.23m 40
3 Mercedes, Athlete 1	Mercedes	3.72m 30
4 Trinity, Athlete 1	Trinity	3.67m 20

**Event 36 Girls Long Jump Senior Girls**

Name	Team	Finals
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**Flight 1**

1 Immanuel, Athlete 1	Immanuel College	J5.20m 50
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2 Trinity, Athlete 1	Trinity	J4.29m 60
3 Glenunga, Athlete 1	Glenunga	J4.14m 20

**Event 37 Girls Javelin Throw 500g Junior Girls**

Name	Team	Finals
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**Flight 1**

1 Trinity, Athlete 1	Trinity	J34.34m 140
2 Henley, Athlete 1	Henley	27.20m 50
3 Mercedes, Athlete 1	Mercedes	22.60m 40
4 Endeavour, Athlete 1	Endeavour	16.34m 30
5 Immanuel, Athlete 1	Immanuel College	15.74m 20

**Event 38 Girls Javelin Throw 500g Intermediate Girls**

Name	Team	Finals
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**Flight 1**

1 Trinity, Athlete 1	Trinity	28.04m 60
2 Henley, Athlete 1	Henley	27.59m 40
3 Immanuel, Athlete 1	Immanuel College	24.11m 30
4 Mercedes, Athlete 1	Mercedes	16.20m 20

**Event 39 Girls Javelin Throw 500g Senior Girls**

Name	Team	Finals
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**Flight 1**

1 Glenunga, Athlete 1	Glenunga	J21.76m 50
2 Immanuel, Athlete 1	Immanuel College	J21.44m 30
3 Trinity, Athlete 1	Trinity	J21.23m 20

**Event 40 Girls Long Jump Junior Girls**

Name	Team	Finals
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**Flight 1**

1 Endeavour, Athlete 1	Endeavour	J5.13m 140
2 Trinity, Athlete 1	Trinity	4.41m 50
3 Immanuel, Athlete 1	Immanuel College	4.26m 40
4 Mercedes, Athlete 1	Mercedes	3.62m 30
5 Henley, Athlete 1	Henley	J3.59m 40

**Event 41 Boys High Jump Intermediate Boys**

Name	Team	Finals
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**Flight 1**

1 Immanuel, Athlete 1	Immanuel College	J1.80m 140
2 Trinity, Athlete 1	Trinity	1.70m 50
3 Henley, Athlete 1	Henley	1.65m 40
4 P.A.C, Athlete 1	Prince Alfred Co	1.60m 30
5 Mercedes, Athlete 1	Mercedes	1.50m 20

**Event 42 Boys High Jump Senior Boys**

Name	Team	Finals
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**Flight 1**

1 Immanuel, Athlete 1	Immanuel College	1.92m 40
2 Trinity, Athlete 1	Trinity	1.70m 20

**Event 43 Boys Shot Put 4kg Junior Boys**

Name	Team	Finals
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**Flight 1**

1 Trinity, Athlete 1	Trinity	J12.62m 160
2 Endeavour, Athlete 1	Endeavour	8.79m 60
3 Immanuel, Athlete 1	Immanuel College	8.30m 50

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## SA Athletics Stadium

## Results

**Flight 1 ... (Event 43 Boys Shot Put 4kg Junior Boys)**

	Name	Team	Finals
4	Mercedes, Athlete 1	Mercedes	7.69m 40
5	Henley, Athlete 1	Henley	5.75m 30

**Event 44 Boys Shot Put 4kg Intermediate Boys**

	Name	Team	Finals
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**Flight 1**

1	Trinity, Athlete 1	Trinity	J15.19m 140
2	Immanuel, Athlete 1	Immanuel College	12.99m 50
3	P.A.C, Athlete 1	Prince Alfred Co	11.71m 40
4	Mercedes, Athlete 1	Mercedes	10.75m 30
5	Henley, Athlete 1	Henley	9.84m 20

**Event 45 Boys Shot Put 5kg Senior Boys**

	Name	Team	Finals
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**Flight 1**

1	Trinity, Athlete 1	Trinity	11.37m 40
2	Immanuel, Athlete 1	Immanuel College	10.37m 20

**Event 46 Girls High Jump Intermediate Girls**

	Name	Team	Finals
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**Flight 1**

1	Trinity, Athlete 1	Trinity	1.50m 60
2	Immanuel, Athlete 1	Immanuel College	1.40m 40
3	Henley, Athlete 1	Henley	1.35m 30
4	Mercedes, Athlete 1	Mercedes	1.30m 20

**Event 47 Boys Long Jump Intermediate Boys**

	Name	Team	Finals
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**Flight 1**

1	Immanuel, Athlete 1	Immanuel College	J5.93m 85
2	Henley, Athlete 1	Henley	5.87m 50
3	Trinity, Athlete 1	Trinity	5.81m 40
4	Mercedes, Athlete 1	Mercedes	5.36m 30
5	P.A.C, Athlete 1	Prince Alfred Co	4.98m 20

**Event 48 Boys Long Jump Senior Boys**

	Name	Team	Finals
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**Flight 1**

1	Immanuel, Athlete 1	Immanuel College	5.73m 40
2	Trinity, Athlete 1	Trinity	4.94m 20

**Event 49 Girls High Jump Senior Girls**

	Name	Team	Finals
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**Flight 1**

1	Trinity, Athlete 1	Trinity	J1.40m 50
1	Glenunga, Athlete 1	Glenunga	J1.40m 30
3	Immanuel, Athlete 1	Immanuel College	J1.30m 20

**Event 50 Boys Javelin Throw 700g Junior Boys**

	Name	Team	Finals
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**Flight 1**

1	Immanuel, Athlete 1	Immanuel College	30.12m 80
2	Mercedes, Athlete 1	Mercedes	J29.90m 120
3	Trinity, Athlete 1	Trinity	27.41m 50
4	Henley, Athlete 1	Henley	24.35m 40

5	Endavour, Athlete 1	Endavour	J20.12m 60
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**Event 51 Boys Javelin Throw 700g Intermediate Boys**

	Name	Team	Finals
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**Flight 1**

1	Mercedes, Athlete 1	Mercedes	J40.87m 140
2	Trinity, Athlete 1	Trinity	36.56m 50
3	P.A.C, Athlete 1	Prince Alfred Co	34.72m 40
4	Immanuel, Athlete 1	Immanuel College	22.69m 30
---	Henley, Athlete 1	Henley	ND

**Event 52 Boys Javelin Throw 700g Senior Boys**

	Name	Team	Finals
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**Flight 1**

1	Trinity, Athlete 1	Trinity	J37.25m 80
---	Immanuel, Athlete 1	Immanuel College	ND

**Event 53 Boys Long Jump Junior Boys**

	Name	Team	Finals
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**Flight 1**

1	Trinity, Athlete 1	Trinity	5.18m 70
2	Henley, Athlete 1	Henley	5.13m 50
3	Mercedes, Athlete 1	Mercedes	4.80m 40
4	Immanuel, Athlete 1	Immanuel College	4.66m 30
5	Endavour, Athlete 1	Endavour	4.55m 20

**Event 54 Girls Shot Put 3kg Junior Girls**

	Name	Team	Finals
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**Flight 1**

1	Mercedes, Athlete 1	Mercedes	J10.50m 140
2	Immanuel, Athlete 1	Immanuel College	J9.71m 100
3	Trinity, Athlete 1	Trinity	7.82m 40
4	Endavour, Athlete 1	Endavour	6.90m 30
5	Henley, Athlete 1	Henley	6.00m 20

**Event 55 Girls Shot Put 3kg Intermediate Girls**

	Name	Team	Finals
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**Flight 1**

1	Trinity, Athlete 1	Trinity	10.26m 60
2	Immanuel, Athlete 1	Immanuel College	8.14m 40
3	Mercedes, Athlete 1	Mercedes	7.88m 30
4	Henley, Athlete 1	Henley	7.80m 20

**Event 56 Girls Shot Put 3kg Senior Girls**

	Name	Team	Finals
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**Flight 1**

1	Immanuel, Athlete 1	Immanuel College	9.13m 50
2	Trinity, Athlete 1	Trinity	9.09m 30
3	Glenunga, Athlete 1	Glenunga	7.00m 20