

Athletics SA 2024 State Track and Field Championships

Final Timetable - As at 07/03/2024

Para Athletes - Field events are held with the relevant age group except seated events.

Sunday 10th March 2024

Track

Field

Time	Event	Age Group	Round	Time	Long Jump	Triple Jump	High Jump	Pole Vault	Shot Put	Discus	Javelin	Hammer	Time
8:00:00 AM	2000 metres Steeplechase	U15/16/17/18/O35 & O50 Women	FINAL	8:00:00 AM	U15 Women LJ					U13 & U14 Women & Men DT	O35/50 Women JT		8:00:00 AM
8:00:00 AM	3000 metres Steeplechase	U20 & Open Women	FINAL	8:00:00 AM		U17 & Open Women TJ							8:00:00 AM
8:00:00 AM	2000 metres Steeplechase	U15, U16, O35 & O50 Men	FINAL	8:00:00 AM									8:00:00 AM
8:15:00 AM	2000 metres Steeplechase	U17 & U18 Men	FINAL	8:15:00 AM									8:15:00 AM
8:20:00 AM				8:20:00 AM									8:20:00 AM
8:25:00 AM				8:25:00 AM									8:25:00 AM
8:30:00 AM	3000 metres Steeplechase	Open & U20 Men	FINAL	8:30:00 AM									8:30:00 AM
8:35:00 AM				8:35:00 AM									8:35:00 AM
8:40:00 AM				8:40:00 AM									8:40:00 AM
8:45:00 AM				8:45:00 AM									8:45:00 AM
8:50:00 AM				8:50:00 AM									8:50:00 AM
8:55:00 AM				8:55:00 AM									8:55:00 AM
9:00:00 AM	600 metres	Open Men	Heats	9:00:00 AM				All Ages Women & O35/50 Men	Seated All Ages Men & Women SP				9:00:00 AM
9:05:00 AM				9:05:00 AM									9:05:00 AM
9:10:00 AM	200 metres	U16 Women	Heats	9:10:00 AM	U16 Women LJ								9:10:00 AM
9:15:00 AM				9:15:00 AM									9:15:00 AM
9:20:00 AM	200 metres	U16 Men	Heats	9:20:00 AM						U17 Men DT			9:20:00 AM
9:25:00 AM				9:25:00 AM									9:25:00 AM
9:30:00 AM	200 metres	U17 Women	Heats	9:30:00 AM									9:30:00 AM
9:35:00 AM				9:35:00 AM									9:35:00 AM
9:40:00 AM	200 metres	U17 Men	Heats	9:40:00 AM									9:40:00 AM
9:45:00 AM				9:45:00 AM									9:45:00 AM
9:50:00 AM	200 metres	U18 Men	Heats	9:50:00 AM									9:50:00 AM
9:55:00 AM				9:55:00 AM									9:55:00 AM
10:00:00 AM	200 metres	U20 Men	Heats	10:00:00 AM									10:00:00 AM
10:05:00 AM				10:05:00 AM									10:05:00 AM
10:10:00 AM	200 metres	Open Women	Heats	10:10:00 AM	U15 Men LJ						U18 Men DT		10:10:00 AM
10:15:00 AM				10:15:00 AM									10:15:00 AM
10:20:00 AM	200 metres	Open Men	Heats	10:20:00 AM								O35/50 Men JT	10:20:00 AM
10:25:00 AM				10:25:00 AM									10:25:00 AM
10:30:00 AM				10:30:00 AM									10:30:00 AM
10:35:00 AM				10:35:00 AM									10:35:00 AM
10:40:00 AM				10:40:00 AM									10:40:00 AM
10:45:00 AM	110 metres Hurdle	Open Men	FINAL	10:45:00 AM									10:45:00 AM
10:50:00 AM	110 metres Hurdle	U20 Men	FINAL	10:50:00 AM									10:50:00 AM
10:55:00 AM	110 metres Hurdle	U18 Men	FINAL	10:55:00 AM									10:55:00 AM
11:00:00 AM	110 metres Hurdle	U17 Men	FINAL	11:00:00 AM									11:00:00 AM
11:05:00 AM	100 metres Hurdle	Open & U20 Women	FINAL	11:05:00 AM									11:05:00 AM
11:10:00 AM				11:10:00 AM									11:10:00 AM
11:15:00 AM	100 metres Hurdle	U15, U16, O35 & O50 Men	FINAL	11:15:00 AM									11:15:00 AM
11:20:00 AM				11:20:00 AM									11:20:00 AM
11:25:00 AM	100 metres Hurdle	U17 & U18 Women	FINAL	11:25:00 AM									11:25:00 AM
11:30:00 AM	90 metres Hurdle	U15, U16 & O35 Women	FINAL	11:30:00 AM									11:30:00 AM
11:35:00 AM	90 metres Hurdle	U13 & U14 Men	FINAL	11:35:00 AM									11:35:00 AM
11:40:00 AM	80 metres Hurdle	U13, U14 & O50 Women	FINAL	11:40:00 AM									11:40:00 AM
11:45:00 AM				11:45:00 AM									11:45:00 AM
11:50:00 AM				11:50:00 AM	U16 Men LJ								11:50:00 AM
11:55:00 AM				11:55:00 AM									11:55:00 AM
12:00:00 PM				12:00:00 PM									12:00:00 PM
12:05:00 PM				12:05:00 PM									12:05:00 PM
12:10:00 PM				12:10:00 PM									12:10:00 PM
12:15:00 PM				12:15:00 PM									12:15:00 PM
12:20:00 PM				12:20:00 PM									12:20:00 PM
12:25:00 PM				12:25:00 PM									12:25:00 PM
12:30:00 PM	200 metres	O35 & O50 Women	FINAL	12:30:00 PM									12:30:00 PM
12:35:00 PM	200 metres	O35 & O50 Men	FINAL	12:35:00 PM									12:35:00 PM
12:40:00 PM	200 metres	Para Women	FINAL	12:40:00 PM									12:40:00 PM
12:45:00 PM	200 metres	Para Men	FINAL	12:45:00 PM									12:45:00 PM
12:50:00 PM	200 metres	U13 & 14 Men	FINAL	12:50:00 PM									12:50:00 PM
12:55:00 PM	200 metres	U13 & U14 Women	FINAL	12:55:00 PM									12:55:00 PM
1:00:00 PM	200 metres	U15 Women	FINAL	1:00:00 PM									1:00:00 PM
1:05:00 PM	200 metres	U15 Men	FINAL	1:05:00 PM									1:05:00 PM
1:10:00 PM	200 metres	U16 Women	FINAL	1:10:00 PM	U20 Women LJ								1:10:00 PM
1:15:00 PM	200 metres	U16 Men	FINAL	1:15:00 PM									1:15:00 PM
1:20:00 PM	200 metres	U17 Women	FINAL	1:20:00 PM									1:20:00 PM
1:25:00 PM	200 metres	U17 Men	FINAL	1:25:00 PM									1:25:00 PM
1:30:00 PM	200 metres	U18 Women	FINAL	1:30:00 PM									1:30:00 PM
1:35:00 PM	200 metres	U18 Men	FINAL	1:35:00 PM									1:35:00 PM
1:40:00 PM	200 metres	U20 Women	FINAL	1:40:00 PM									1:40:00 PM
1:45:00 PM	200 metres	U20 Men	FINAL	1:45:00 PM									1:45:00 PM
1:50:00 PM	200 metres	Open Women	FINAL	1:50:00 PM									1:50:00 PM
1:55:00 PM	200 metres	Open Men	FINAL	1:55:00 PM									1:55:00 PM
2:00:00 PM				2:00:00 PM									2:00:00 PM
2:05:00 PM				2:05:00 PM									2:05:00 PM
2:10:00 PM				2:10:00 PM									2:10:00 PM
2:15:00 PM				2:15:00 PM									2:15:00 PM
2:20:00 PM				2:20:00 PM	U20 Men LJ								2:20:00 PM
2:25:00 PM				2:25:00 PM									2:25:00 PM
2:30:00 PM				2:30:00 PM									2:30:00 PM
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2:45:00 PM				2:45:00 PM									2:45:00 PM
2:50:00 PM				2:50:00 PM									2:50:00 PM

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Final Timetable - As at 07/03/2024

Para Athletes - Field events are held with the relevant age group except seated events.

Monday 11th March 2024

Track

Field

Time	Event	Age Group	Round	Time	Long Jump	Triple Jump	High Jump	Pole Vault	Shot Put	Discus	Javelin	Hammer	Time
8:00:00 AM	Walk	U20, O35, O50 & Open M & W	FINAL	8:00:00 AM	O35/O50 Women	U15 & U18			U15 & U16		Open		8:00:00 AM
8:05:00 AM				8:05:00 AM	Women	Women			Men		Women		8:05:00 AM
8:10:00 AM				8:10:00 AM	LJ	TJ			SP		JT		8:10:00 AM
8:15:00 AM				8:15:00 AM									8:15:00 AM
8:20:00 AM				8:20:00 AM									8:20:00 AM
8:25:00 AM				8:25:00 AM									8:25:00 AM
8:30:00 AM				8:30:00 AM									8:30:00 AM
8:35:00 AM				8:35:00 AM									8:35:00 AM
8:40:00 AM				8:40:00 AM									8:40:00 AM
8:45:00 AM				8:45:00 AM									8:45:00 AM
8:50:00 AM				8:50:00 AM									8:50:00 AM
8:55:00 AM				8:55:00 AM	O35/50 Men								8:55:00 AM
9:00:00 AM				9:00:00 AM	LJ								9:00:00 AM
9:05:00 AM				9:05:00 AM							U17 & U18		9:05:00 AM
9:10:00 AM				9:10:00 AM							Women		9:10:00 AM
9:15:00 AM				9:15:00 AM							JT		9:15:00 AM
9:20:00 AM				9:20:00 AM		U16	U13 & U14		U20 & U15				9:20:00 AM
9:25:00 AM				9:25:00 AM		Women	U17 & U18		Women				9:25:00 AM
9:30:00 AM	400 metres Hurd	Open & U20 Men	FINAL	9:30:00 AM		TJ	Open						9:30:00 AM
9:35:00 AM				9:35:00 AM			Men						9:35:00 AM
9:40:00 AM	400 metres Hurd	U18 & U17 Men	FINAL	9:40:00 AM			HJ						9:40:00 AM
9:45:00 AM				9:45:00 AM									9:45:00 AM
9:50:00 AM	400 metres Hurd	Open, U20, U18 & U17 Women	FINAL	9:50:00 AM								U14	9:50:00 AM
9:55:00 AM				9:55:00 AM								Women	9:55:00 AM
10:00:00 AM				10:00:00 AM								& Men	10:00:00 AM
10:05:00 AM	200 metres Hurd	U16 & U15 Women	FINAL	10:05:00 AM								HT	10:05:00 AM
10:10:00 AM	200 metres Hurd	U16 & U15 Men	FINAL	10:10:00 AM									10:10:00 AM
10:15:00 AM	200 metres Hurd	O35 & O50 Women & Men	FINAL	10:15:00 AM									10:15:00 AM
10:20:00 AM				10:20:00 AM									10:20:00 AM
10:25:00 AM				10:25:00 AM									10:25:00 AM
10:30:00 AM				10:30:00 AM									10:30:00 AM
10:35:00 AM				10:35:00 AM									10:35:00 AM
10:40:00 AM				10:40:00 AM									10:40:00 AM
10:45:00 AM				10:45:00 AM									10:45:00 AM
10:50:00 AM				10:50:00 AM									10:50:00 AM
10:55:00 AM				10:55:00 AM					U20 Men				10:55:00 AM
11:00:00 AM	800 metres	O35, O50 & Para Women	FINAL	11:00:00 AM					SP		U13 & U14	U18 & U17	11:00:00 AM
11:05:00 AM	800 metres	O35, O50 & Para Men	FINAL	11:05:00 AM							Men & Women	Men	11:05:00 AM
11:10:00 AM	800 metres	U13 & U14 Women	FINAL	11:10:00 AM							JT	HT	11:10:00 AM
11:15:00 AM	800 metres	U13 & U14 Men	FINAL	11:15:00 AM									11:15:00 AM
11:20:00 AM	800 metres	U15 Women	FINAL	11:20:00 AM									11:20:00 AM
11:25:00 AM	800 metres	U15 Men	FINAL	11:25:00 AM									11:25:00 AM
11:30:00 AM	800 metres	U16 Women	FINAL	11:30:00 AM		U15 & U20							11:30:00 AM
11:35:00 AM	800 metres	U16 Men	FINAL	11:35:00 AM		Men	U13 & U14						11:35:00 AM
11:40:00 AM	800 metres	U17 Women	FINAL	11:40:00 AM		TJ	Open						11:40:00 AM
11:45:00 AM	800 metres	U17 Men	FINAL	11:45:00 AM			Women						11:45:00 AM
11:50:00 AM	800 metres	U18 Women	FINAL	11:50:00 AM			HJ						11:50:00 AM
11:55:00 AM	800 metres	U18 Men	FINAL	11:55:00 AM									11:55:00 AM
12:00:00 PM	800 metres	U20 Women	FINAL	12:00:00 PM									12:00:00 PM
12:05:00 PM	800 metres	U20 Men	FINAL	12:05:00 PM									12:05:00 PM
12:10:00 PM	800 metres	Open Women	FINAL	12:10:00 PM									12:10:00 PM
12:15:00 PM	800 metres	Open Men	FINAL	12:15:00 PM									12:15:00 PM
12:20:00 PM				12:20:00 PM									12:20:00 PM
12:25:00 PM				12:25:00 PM									12:25:00 PM
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12:35:00 PM				12:35:00 PM									12:35:00 PM
12:40:00 PM				12:40:00 PM		U20							12:40:00 PM
12:45:00 PM				12:45:00 PM		Women							12:45:00 PM
12:50:00 PM				12:50:00 PM		TJ							12:50:00 PM
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1:20:00 PM				1:20:00 PM		U16 Men							1:20:00 PM
1:25:00 PM				1:25:00 PM		TJ							1:25:00 PM
1:30:00 PM				1:30:00 PM									1:30:00 PM
1:35:00 PM				1:35:00 PM									1:35:00 PM
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Athletics SA 2024 State Track and Field Championships

Final Timetable - As at 07/03/2024

Para Athletes - Field events are held with the relevant age group except seated events.

Saturday 16th March 2024

Track

Field

Time	Event	Age Group	Round	Time	Long Jump	Triple Jump	High Jump	Pole Vault	Shot Put	Discus	Javelin	Hammer	Time
10:00:00 AM	3000 metres Walk	U13, U14, U15 & U16 Men & Women	FINAL	10:00:00 AM	U14 Women & U13, U14 Men U				U17 Women SP			O35/O50 Women HT	10:00:00 AM
10:00:00 AM	5000 metres Walk		FINAL	10:00:00 AM						U15 Men DT			10:00:00 AM
10:10:00 AM		U17, U18, O35 & O50 Men & Women		10:10:00 AM									10:10:00 AM
10:15:00 AM				10:15:00 AM									10:15:00 AM
10:20:00 AM				10:20:00 AM									10:20:00 AM
10:25:00 AM				10:25:00 AM									10:25:00 AM
10:30:00 AM				10:30:00 AM									10:30:00 AM
10:35:00 AM				10:35:00 AM									10:35:00 AM
10:40:00 AM				10:40:00 AM									10:40:00 AM
10:45:00 AM				10:45:00 AM									10:45:00 AM
10:50:00 AM				10:50:00 AM									10:50:00 AM
10:55:00 AM				10:55:00 AM					U18 Women SP				10:55:00 AM
11:00:00 AM	1500 metres	O35 & O50 Men & Women & Para	FINAL	11:00:00 AM			U15 & U16 U20 & O35/50 HJ Women						11:00:00 AM
11:05:00 AM				11:05:00 AM									11:05:00 AM
11:10:00 AM	1500 metres	U13 & U14 Women	FINAL	11:10:00 AM									11:10:00 AM
11:15:00 AM				11:15:00 AM									11:15:00 AM
11:20:00 AM	1500 metres	U13 & U14 Men	FINAL	11:20:00 AM	U17 Women U								11:20:00 AM
11:25:00 AM				11:25:00 AM									11:25:00 AM
11:30:00 AM	1500 metres	U15 & U16 Women	FINAL	11:30:00 AM									11:30:00 AM
11:35:00 AM				11:35:00 AM									11:35:00 AM
11:40:00 AM	1500 metres	U17, U18 & U20 Women	FINAL	11:40:00 AM									11:40:00 AM
11:45:00 AM				11:45:00 AM									11:45:00 AM
11:50:00 AM	1500 metres	U15 & U16 Men	FINAL	11:50:00 AM									11:50:00 AM
11:55:00 AM				11:55:00 AM									11:55:00 AM
12:00:00 PM	1500 metres	U17, U18 & U20 Men	FINAL	12:00:00 PM									12:00:00 PM
12:05:00 PM				12:05:00 PM									12:05:00 PM
12:10:00 PM				12:10:00 PM									12:10:00 PM
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12:20:00 PM				12:20:00 PM									12:20:00 PM
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12:35:00 PM				12:35:00 PM									12:35:00 PM
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12:50:00 PM				12:50:00 PM									12:50:00 PM
12:55:00 PM				12:55:00 PM									12:55:00 PM
1:00:00 PM	100 metres	U16 Women & Men	Heats	1:00:00 PM									1:00:00 PM
1:05:00 PM				1:05:00 PM									1:05:00 PM
1:10:00 PM	100 metres	U17 Men	Heats	1:10:00 PM									1:10:00 PM
1:15:00 PM				1:15:00 PM									1:15:00 PM
1:20:00 PM	100 metres	U18 Men	Heats	1:20:00 PM	U18 Women U								1:20:00 PM
1:25:00 PM				1:25:00 PM									1:25:00 PM
1:30:00 PM	100 metres	U20 Men	Heats	1:30:00 PM									1:30:00 PM
1:35:00 PM				1:35:00 PM									1:35:00 PM
1:40:00 PM	100 metres	Open Women	Heats	1:40:00 PM									1:40:00 PM
1:45:00 PM				1:45:00 PM									1:45:00 PM
1:50:00 PM	100 metres	Open Men	Heats	1:50:00 PM									1:50:00 PM
1:55:00 PM				1:55:00 PM									1:55:00 PM
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2:35:00 PM				2:35:00 PM									2:35:00 PM
2:40:00 PM	400 metres	U16 Women	Heats	2:40:00 PM									2:40:00 PM
2:45:00 PM				2:45:00 PM									2:45:00 PM
2:50:00 PM	400 metres	U16 Men	Heats	2:50:00 PM									2:50:00 PM
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3:00:00 PM				3:00:00 PM									3:00:00 PM
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3:10:00 PM	400 metres	U17 Men	Heats	3:10:00 PM									3:10:00 PM
3:15:00 PM				3:15:00 PM									3:15:00 PM
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3:30:00 PM	400 metres	U18 Men	Heats	3:30:00 PM									3:30:00 PM
3:35:00 PM				3:35:00 PM									3:35:00 PM
3:40:00 PM	400 metres			3:40:00 PM									3:40:00 PM
3:45:00 PM				3:45:00 PM									3:45:00 PM
3:50:00 PM	400 metres	U20 Men	Heats	3:50:00 PM									3:50:00 PM
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4:00:00 PM	400 metres			4:00:00 PM									4:00:00 PM
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4:10:00 PM	400 metres	Open Men	Heats	4:10:00 PM									4:10:00 PM
4:15:00 PM				4:15:00 PM									4:15:00 PM
4:20:00 PM	100 metres	O35 & O50 Women	FINAL	4:20:00 PM									4:20:00 PM
4:25:00 PM	100 metres	O35 & O50 Men	FINAL	4:25:00 PM									4:25:00 PM
4:30:00 PM	100 metres	Para Women	FINAL	4:30:00 PM									4:30:00 PM
4:35:00 PM	100 metres	Para Men	FINAL	4:35:00 PM									4:35:00 PM
4:40:00 PM	100 metres	U13 & U14 Women	FINAL	4:40:00 PM									4:40:00 PM
4:45:00 PM	100 metres	U13 & U14 Men	FINAL	4:45:00 PM									4:45:00 PM
4:50:00 PM	100 metres	U15 Women	FINAL	4:50:00 PM									4:50:00 PM

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Field

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4:55:00 PM	100 metres	U15 Men	FINAL	4:55:00 PM			HJ Men						4:55:00 PM
5:00:00 PM	100 metres	U16 Women	FINAL	5:00:00 PM									5:00:00 PM
5:05:00 PM	100 metres	U16 Men	FINAL	5:05:00 PM									5:05:00 PM
5:10:00 PM	100 metres	U17 Women	FINAL	5:10:00 PM									5:10:00 PM
5:15:00 PM	100 metres	U17 Men	FINAL	5:15:00 PM									5:15:00 PM
5:20:00 PM	100 metres	U18 Women	FINAL	5:20:00 PM		O35/O50 W & M TJ					U17 & U20 Women DT		5:20:00 PM
5:25:00 PM	100 metres	U18 Men	FINAL	5:25:00 PM									5:25:00 PM
5:30:00 PM	100 metres	U20 Women	FINAL	5:30:00 PM					Open Men SP				5:30:00 PM
5:35:00 PM	100 metres	U20 Men	FINAL	5:35:00 PM									5:35:00 PM
5:40:00 PM	100 metres	Open Women	FINAL	5:40:00 PM									5:40:00 PM
5:45:00 PM	100 metres	Open Men	FINAL	5:45:00 PM									5:45:00 PM
5:50:00 PM				5:50:00 PM									5:50:00 PM
5:55:00 PM				5:55:00 PM									5:55:00 PM
6:00:00 PM				6:00:00 PM									6:00:00 PM
6:05:00 PM				6:05:00 PM									6:05:00 PM
6:10:00 PM				6:10:00 PM									6:10:00 PM
6:15:00 PM				6:15:00 PM									6:15:00 PM
6:20:00 PM	400 metres	O35 & O50 Women	FINAL	6:20:00 PM									6:20:00 PM
6:25:00 PM	400 metres	O35 & O50 Men	FINAL	6:25:00 PM									6:25:00 PM
6:30:00 PM	400 metres	Para Women	FINAL	6:30:00 PM	Open Women U			U18 Men PV	O35/50 Women SP		U20 Men DT		6:30:00 PM
6:35:00 PM	400 metres	Para Men	FINAL	6:35:00 PM									6:35:00 PM
6:40:00 PM	400 metres	U13 & U14 Women	FINAL	6:40:00 PM									6:40:00 PM
6:45:00 PM	400 metres	U13 & U14 Men	FINAL	6:45:00 PM									6:45:00 PM
6:50:00 PM	400 metres	U15 Women	FINAL	6:50:00 PM									6:50:00 PM
6:55:00 PM	400 metres	U15 Men	FINAL	6:55:00 PM									6:55:00 PM
7:00:00 PM	400 metres	U16 Women	FINAL	7:00:00 PM									7:00:00 PM
7:05:00 PM	400 metres	U16 Men	FINAL	7:05:00 PM									7:05:00 PM
7:10:00 PM	400 metres	U17 Women	FINAL	7:10:00 PM									7:10:00 PM
7:15:00 PM	400 metres	U17 Men	FINAL	7:15:00 PM									7:15:00 PM
7:20:00 PM	400 metres	U18 Women	FINAL	7:20:00 PM									7:20:00 PM
7:25:00 PM	400 metres	U18 Men	FINAL	7:25:00 PM									7:25:00 PM
7:30:00 PM	400 metres	U20 Women	FINAL	7:30:00 PM	Open Men U								7:30:00 PM
7:35:00 PM	400 metres	U20 Men	FINAL	7:35:00 PM									7:35:00 PM
7:40:00 PM	400 metres	Open Women	FINAL	7:40:00 PM									7:40:00 PM
7:45:00 PM	400 metres	Open Men	FINAL	7:45:00 PM					O35/O50 Men SP		U16 Women DT		7:45:00 PM
7:50:00 PM				7:50:00 PM									7:50:00 PM
7:55:00 PM	1500 metres	Open Women	FINAL	7:55:00 PM									7:55:00 PM
8:00:00 PM				8:00:00 PM									8:00:00 PM
8:05:00 PM	1500 metres	Open Men	FINAL 'B'	8:05:00 PM									8:05:00 PM
8:10:00 PM				8:10:00 PM									8:10:00 PM
8:15:00 PM	1500 metres	Open Men	FINAL 'A'	8:15:00 PM									8:15:00 PM
8:20:00 PM				8:20:00 PM									8:20:00 PM