

STATE 3,000m CHAMPIONSHIPS

START LISTS – as at 2/2/2022

Women's O/35 & O/50

Davis, Lisa	Women's 3000m O35	Hills Districts Athletics Club
Manhire, Louise	Women's 3000m O35	Flinders Athletic Club
Hobbs, Rachel	Women's 3000m O35	Flinders Athletic Club
Sorell, Alison	Women's 3000m O35	Flinders Athletic Club
Robertson, Jennifer	Women's 3000m O50	Flinders Athletic Club
Paul, Nola	Women's 3000m O50	Adelaide Harriers Athletic Club
Alexander, Felicity	Women's 3000m O50	Hills Districts Athletics Club

Men's O/35 & O/50

Nitschke, Michael	Men's 3000m O35	Adelaide Harriers Athletic Club
Killmier, Robert	Men's 3000m O35	Flinders Athletic Club
Mulholland, Paul	Men's 3000m O35	Adelaide Harriers Athletic Club
Tilbrook, Reece	Men's 3000m O35	Flinders Athletic Club
Riessen, Adrian	Men's 3000m O35	Flinders Athletic Club
Maxwell, Bennett	Men's 3000m O50	Hills Districts Athletics Club
Hartwig, Chris	Men's 3000m O50	Northern Districts Athletics Club
Heathershaw, Andrew	Men's 3000m O50	Flinders Athletic Club
Mottrom, Kim	Men's 3000m O35	SA Masters Athletics
Sideris, Paul	Men's 3000m O50	Hills Districts Athletics Club
McKenzie, Craig	Men's 3000m O35	Tea Tree Gully Athletics Club
Storer, Timothy	Men's 3000m O50	SA Masters Athletics
Harvey, Jordan	Men's 3000m O35	Flinders Athletic Club

Men's U/20 & Open – C Race

Bloomfield, Oscar	Men's 3000m Open	Flinders Athletic Club
Braithwaite, Henry	Men's 3000m U20	Saints Athletics Club
Hogarth, James	Men's 3000m Open	Adelaide Harriers Athletic Club
Plaice, Samuel	Men's 3000m U20	Flinders Athletic Club
Rendall, Jackson	Men's 3000m U20	Adelaide Harriers Athletic Club
Stewart, Josiah	Men's 3000m Open	Flinders Athletic Club
White, Bradley	Men's 3000m Open	Adelaide Harriers Athletic Club
Thorpe, Alex	Men's 3000m Open	Flinders Athletic Club
Heidari, Mohammad	Men's 3000m Open	Saints Athletics Club
Warden-Flood, Clayton	Men's 3000m Open	Flinders Athletic Club
Grace, Jonathan	Men's 3000m Open	Adelaide Harriers Athletic Club
Sideris T20, Timon	Men's 3000m Open	Hills Districts Athletics Club
White T/F20, Jack	Men's 3000m Open	Enfield Harriers

Men's U/20 & Open – B Race

Giles, Cooper	Men's 3000m U20	Adelaide Harriers Athletic Club
Cross, Joe	Men's 3000m Open	Pembroke Athletic Club
Krenczeck, Dylan	Men's 3000m Open	Hills Districts Athletics Club
Hunter, Jack	Men's 3000m Open	Adelaide Harriers Athletic Club
Clohesy, Cam	Men's 3000m Open	Flinders Athletic Club
Sharkey, Mitch	Men's 3000m Open	Adelaide Harriers Athletic Club
Johnson, Finn	Men's 3000m Open	Hills Districts Athletics Club
Inwood, James	Men's 3000m Open	Northern Districts Athletics Club
Connell, Zac	Men's 3000m U20	Saints Athletics Club
Hennig, Lachlan	Men's 3000m Open	Flinders Athletic Club
Hall, Lachlan	Men's 3000m Open	Adelaide Harriers Athletic Club
Cartwright, Ben	Men's 3000m Open	Adelaide Harriers Athletic Club
Murphy, Jack	Men's 3000m Open	Adelaide Harriers Athletic Club
Gore, Deacon	Men's 3000m U20	Saints Athletics Club
Deegan, Christopher	Men's 3000m Open	United Collegians Athletics Club
Green, Sean	Men's 3000m Open	Flinders Athletic Club
Giles, Bailey	Men's 3000m U20	Adelaide Harriers Athletic Club
Kay, James	Men's 3000m Open	Flinders Athletic Club

Women's U/20 & Open

Batt-Doyle, Isobel	Women's 3000m Open	Flinders Athletic Club
Pascoe, Jessica	Women's 3000m Open	Hills Districts Athletics Club
Hines, Brooke	Women's 3000m Open	Saints Athletics Club
Kitto, Annabel	Women's 3000m Open	Adelaide Harriers Athletic Club
Hlipala, Sophie	Women's 3000m Open	Flinders Athletic Club
Hume, Isobel	Women's 3000m Open	Flinders Athletic Club
Toland, Zoe	Women's 3000m Open	Flinders Athletic Club
Lawson, Asha	Women's 3000m U20	Flinders Athletic Club
Cetta, Tiana	Women's 3000m U20	United Collegians Athletics Club
Ebert, Tessa	Women's 3000m U20	Port Adelaide Athletics Club
Kelly, Madeline	Women's 3000m Open	Flinders Athletic Club
Slobedman, Caitlin	Women's 3000m U20	Hills Districts Athletics Club
de Wit, Elodie	Women's 3000m U20	Adelaide Harriers Athletic Club
Lovegrove, Rhiannon	Women's 3000m Open	Port Adelaide Athletics Club
Tangey, Tsigereda	Women's 3000m Open	Adelaide Harriers Athletic Club
White T/F20, Stephanie	Women's 3000m Open	Enfield Harriers

Men's U/20 & Open – A Race

Heyne, Isaac	Men's 3000m Open	Hills Districts Athletics Club
Canala, Daniel	Men's 3000m Open	Hills Districts Athletics Club
Gluyas, Matthew	Men's 3000m Open	Adelaide Harriers Athletic Club
Stevens, Max	Men's 3000m Open	Hills Districts Athletics Club
Goddard, Adam	Men's 3000m Open	Saints Athletics Club
Clifford, Jaryd	Men's 3000m Open	VIC
Cocks, Riley	Men's 3000m Open	Flinders Athletic Club
Bowers, Tom	Men's 3000m Open	VIC
Scott, Lachlan	Men's 3000m Open	Flinders Athletic Club
Bosch, Dylan	Men's 3000m Open	Flinders Athletic Club
Bagley, Harrison	Men's 3000m Open	Adelaide Harriers Athletic Club
Mitchell, Luke	Men's 3000m Open	Flinders Athletic Club
Dowd, Thomas	Men's 3000m Open	Adelaide Harriers Athletic Club
Dyer, Bailey	Men's 3000m Open	Flinders Athletic Club
Lancaster, Tom	Men's 3000m Open	Flinders Athletic Club
Whitford, Harry	Men's 3000m Open	United Collegians Athletics Club
Mulholland, Cael	Men's 3000m U20	Adelaide Harriers Athletic Club
Spurling, Max	Men's 3000m Open	Hills Districts Athletics Club
Nitschke, Arron	Men's 3000m Open	Adelaide Harriers Athletic Club