

Boxing ACT Headguard Policy

In October 2014 the Committee of Boxing ACT approved the following policy regarding the wearing of headguards:

- (i) Head-guards will NOT be worn by elite males (19-40 yrs) competing in ACT Selection bouts for national events (noting that only boxers with at least 5 bouts experience are eligible for same).**
- (ii) Elite males with at least 5 bouts experience may agree to compete without head-guards in non-selection bouts.**
- (iii) Elite males with less than 5 bouts experience shall always wear headguards.**