

CHERRYBROOK SENIOR ATHLETICS NEWSLETTER

12th October 2021

WE'RE ALMOST BACK

Hi everyone after months of lockdown, **Cherrybrook Senior Athletics** will be back in action soon. So to get you in the mood here's a newsletter with some details on registration and a few other updates you may have missed!

2021/22 Registrations

Cherrybrook Little Athletics Registrations open 10am Thursday 14th October. More details are on the Cherrybrook website. The Cherrybrook Little Athletics Registrar is **Jenny Koot (0414 530 792)**.

Cherrybrook Registration sessions will be held at Greenway Oval on the following days:

Date	Registration Times
Friday 29th October	5:30pm-7:30pm
Sunday 31st October	12:00pm-2:00pm

Cherrybrook Senior Athletics Registrations open Thursday 14th October. Senior Athlete fees for 2021/22 are as follows:

ATHLETE CATEGORY (Age as at 31 December)	Fees for 2021-22
Open Member (+20)	185
Concession Member (<19) or Govt Concession Card	155
LAANSW Dual <u>& NOT registered with Cherrybrook Little A's</u>	50
LAANSW Dual <u>& registered with Cherrybrook Little As'</u>	FREE
Community Member -Club meets and Community events only, insurance -no ANSW comps	25
Winter (1/4/22 – 30/9/22 only). Eligible for Team NSW selection for National XC and National Road walks. Discounted entry to Sydney10, Sydney Half and Fernleigh 15	115
Club Volunteer Member (Officials, Admin, Volunteers, Accred Coaches)	FREE

Dual Athletes are advised that they **SHOULD REGISTER FOR LITTLE ATHLETICS FIRST**.

We have a new Senior Registrar this year, **Denise Dewar (0411 446 955)** – Welcome and thank you! Again more details are on the Cherrybrook website.

NSW Masters Athletics Registrations are already open (and are offering a 20% discount on the NSWMA component during October). NSW Masters competitions will be kicking off in a few weeks with the NSW Masters Indoors Throwing Championships and other NSW Masters events (for example online coaching seminars have already occurred).

More details on the NSWMA website <https://www.nswmastersathletics.org.au/>

Cherrybrook Community Coaching

The return of coaching at Greenway is imminent. We are just awaiting council confirmation.

Coaching will return under NSW Public Health Orders restrictions which must be adhered to. Full details are on the NSW Health and ANSW websites.

These include a 20 person limit which includes everyone (spectators, coaches, parents, etc). No Group can exceed 20 persons.

Training is only allowed for >16 who are double vaccinated (unless a medical certificate for valid medical exemption is held) or for <16 with a double vaccinated guardian.

Signing in must be by Club QR code or if this isn't available be complete written records maintained by coach.

2020/21 Red Book

The 2020/2021 Red Book (season annual report) can be viewed online or printed by clicking on the link on the following website page:

<https://www.cherrybrookathletics.org.au/index.php/club-red-book-annual-reports/>

ANSW Calendar

At this stage an ANSW calendar has not been released for the season. School students will be eagerly awaiting details for NSW All Schools which looks at this stage as though it will be on from 9-12 December so get the training in and pencil the date in your diaries!

CONGRATULATIONS

CONGRATULATIONS to all Award Winners from last year's AGM:

3Monkeez Sprints Awards

The inaugural Sprints Awards, proudly sponsored by 3Monkeez, recognise both participation and performance across all sprint events 50m to 400m. Award winners this year:

Dual Athlete	Joseph Ayoade
Senior Athlete	Francesca Sugiaman
Masters Athlete	Chandra Rajapaksha Mudiyansele

Dual Athlete Participation Awards

Awarded to the male and female Dual athletes who represented the Club in the most number of Seniors meets throughout the season. Award winners this year:

Division	Female	Male
Dual Athlete	Sarah-anne Koot & Tara Webb	Xavier Hennessey

Club Athlete & Most Consistent Awards

Club Athlete....The Senior Club's highest award for an athlete with the highest achievement for their division and gender (U18, U20, Open, Masters & Para)

Most ConsistentAwarded to an athlete in each age group (U18, U20, Open, Masters) and gender. The award is calculated on a point score system based on the number of times an athlete competes for the Club, either at club level or representatively (only athletes who have competed at least five times will be eligible for this award).

Award Winners this year were:

	Club Athlete	Most Consistent
Para Male	James Gladman	
Para Female	Kailyn Joseph	Sara Kely & Julie Charlton
U18 Male	Donovan Bradshaw	Robbie Cullen & Daniel de Sacadura
U18 Female	Brianna Worsfold	Anna Kely
U20 Male	Jonathan Reid	
U20 Female	Julia Baxter	Francesca Sugiaman
Open Male	Nick Andrews	Ryan Jones
Open Female	Samantha Dale	Alysha Burnett
Masters Male	Robert Clark	Matthew Joyce
Masters Female	Jill Taylor	Jenny Bishop

DANIEL BERRY AWARD WINNER

The Senior Club's perpetual trophy awarded in memory of former athlete Daniel Berry, recognising a Club member who has demonstrated the sort of team spirit, good sportsmanship, and passion for athletics and our Club that Daniel had.

CONGRATULATIONS to our **DANIEL BERRY** Award winner **ANNA KELY**

2021/2022 COMMITTEE

At the AGM the following committee was elected for the 2021/2022 season. There are still some roles available so please do not hesitate to contact any committee member if you are interested in volunteering for a role. Your support will be much appreciated and can be quite rewarding.

President	Martin Lubrano	0404 486 493
Vice President	Amanda Kely	0490 735 242
Secretary	Julie-Ann Wigham	0400 144 721
Treasurer	Sandra Moore	0402 099 206
Little Athletics Registrar (Juniors)	Jenny Koot	0414 530 792
Senior Club Athletics Registrar	Denise Dewar	0411 446 955
Assistant Junior Registrar	VACANT	
Age Manager Coordinator	Justine Wallis	0439 515 315
Junior Records & Rankings	Jun Liu	0421 725 099
Senior Records & Rankings	Robert Clark	0411 013 146
Assistant Junior Records & Rankings	Braden Timms	0421 647 546
Uniforms	Julie Semaganda	0421 002 991
Coaching	Valme Kruger	0402 126 060
Club Competition Coordinator	Martin Lubrano	0404 486 493
	Amanda Kely	0490 735 242
Junior Championships Coordinator	Angela MacLaine	0408 365 065
Assistant Junior Championships Coordinator	Kylie Bickerstaff	0402 366 162
Seniors Championship	Matt Joyce	0402 485 998
Senior Competition Coordinator	Jen Bishop	0411 356 755

Junior & Senior Club Officials	VACANT	
Health & Safety Officer	Jane Wegener	0488 024 626
Para Athlete Coordinator & Junior Club Officials Coordinator	Amanda Kely	0490 735 242
Equipment Officer	Michael Hampton	0401 997 300
Sponsorship	Michelle Penn	0418 426 843
Grants	Kate Tong	0404 531 606
Publicity & Publications	Gail Barnsley	0411 548 217
Website	Jill Ingram	0420 589 148
Health & Safety Officer	Jane Wegener	0488 024 626
Canteen	VACANT	
Social Media	Sarah Boccoletti	0402 361 387
General Committee	Hayley Brown	0404 867 049
General Committee	Andrew Russell	0418 210 536
Assistant General Committee	Cate Grace	0411 347 363
Assistant General Committee	Virginia Moresi	0409 743 244

More details can be found on the Club's website:

<https://www.cherrybrookathletics.org.au/index.php/2021-2022-committee/>

CHERRYBROOK RECORDS AND RESULTS

Cherrybrook Senior Athletics Records were updated at the end of last season and an up to date list is on the website and in the Red Book. In addition a list of Cherrybrook Bests for Masters in 10 year age group is also on the website.

As always, please let me (Robert Clark robclark307@gmail.com) know if there are any errors or omissions in the records.

Hopefully we will all get the opportunity to compete lots this year and I'll have lots of new records to document!!!