



## **DBACT Return to Play COVID-safe Plan**

This plan is mandatory and is effective from 10 December 2020 until it is revised by DBACT Executive Committee.

There are four simple parts to our Return to Play COVID-Safe plan: distancing, number limits, hygiene, and illness. This plan is specific to our sport in the ACT. Other States and Territories will have their own specific restrictions and plans.

Dragon boat clubs in the ACT can train and race on water or land if we do the following to keep within the law (the ACT *Health Act*).

### **TRAINING**

#### **1. Distancing at Training**

**1.1** The boats can be filled to maximum seating capacity. In the boats, every bench can be filled, two persons to a bench.

On land, people must keep 1.5m apart when not moving boats, except where urgent assistance is required, and then only for people engaged in the assistance.

**1.2** In the paddle shed or regatta shed, 1.5m distancing between people must be maintained where possible and no more than 7 people in total in each shed. Co-operate with other groups, get in and out of the shed smartly. In the Erg shed, no more than 4 people in the shed.

A training group might on any day include paddlers who are not members of a single club, if Illness and Travellers provisions are followed (see 4. below).

**1.3** Each training group will stay distinctly separate where practical, to reduce risk of infection crossing from one group to another.

#### **2. Number limits at Training**

**2.1** The number of people in a group doing any kind of training on or off water must be no more than 200.

#### **3. Hygiene at Training**

**3.1** Every club must bring its own alcohol-based sanitiser and wipes/sponges, to training.

**3.2 Each Club** to ensure that all shared equipment (boat gunnels and seats, boat lifting grips, sweep oar handles, drum seat, boat roller handles, safety bags, any DBACT paddles used) are to be sanitised before use and after use.

**3.3** Try to sanitise hands after using shared equipment.

## **4. Illness and Travellers at Training**

**4.1** If anybody has felt cold or flu symptoms at any time in the past 14 days, or otherwise feels they are at risk of COVID-19, they must stay away from group training.

**4.2** If a group member at training becomes aware of being COVID-19 positive, this must be reported to admin@dbact.com.au in addition to any reporting required by ACT Health.

**4.3** Each Club shall keep a record of who is at the training session in its group/s, so that others can be contacted for health reasons if we find later that a training participant was COVID-19 positive.

**4.4** Clubs from outside DBACT clubs are invited to join us on the lake provided that nobody in their group has been in a COVID hotspot and every person in their group has obeyed the Territory laws relating to any COVID restrictions, including quarantine. This is to reduce risk of cross infections while recognising that DBACT members nearby in NSW belong to ACT training groups.

**4.5** People who have travelled from outside the ACT may train in DBACT Groups provided that they keep up to date with and follow the latest advice and Public Health Directions in the ACT, especially regarding quarantine and COVID-19 Hotspots – see ACT Public Health (COVID-19 Interstate Hotspots) Emergency Direction 2020 (No 5).

# **REGATTAS**

## **1. Distancing at Regattas**

**1.1** The boats can be filled to maximum seating capacity. In the boats, every bench can be filled, two persons to a bench.

**1.2** People must keep 1.5m apart when not moving boats. This includes all areas (including beach areas, marshalling, club marquees, admin areas and queues for coffee, food, merchandise, and toilets) except where urgent assistance is required, and then only for people engaged in the assistance.

## **2. Number limits at Regattas**

**2.1** The total number of people attending (including competitors, officials, volunteers, spectators, and vendors) will be no more than allowed by ACT Government. The total number allowed as of 14/11/2020 is 500 people. This number limit permitted by ACT Government may change up or down.

**2.2** DBACT officials will manage the total numbers before the regatta date through communication with clubs and limiting invitations to participate in each regatta. At the regatta, officials will manage by asking spectators, and some competitors if necessary, to

leave. The ultimate control will be suspending or cancelling the regatta if necessary, just as has been done in the past for other safety reasons.

**2.3** Visiting teams from regions outside the ACT may be invited to attend our ACT regattas provided that every person in the team is compliant with the laws relating to COVID-19 restrictions.

### **3. Hygiene at Regattas**

**3.1** Each club must bring its own alcohol-based sanitiser and wipes/sponges, to the regatta, and use regularly to maintain hygiene of their marquees and other shared club and shared personal equipment.

**3.2** Wranglers will clean gunnels, sweep oar handles, drums and drum sticks with sanitiser after each race.

**3.3** Each Club to sanitise any paddles before they are allocated to a paddler (club or DBACT paddles) after each use.

**3.4** Temporary toilets will be installed as usual, and sanitiser will be provided outside for all users. There will be no shared towels. Toilets will have appropriate wipes to allow individuals to sanitize high touch areas.

**3.5** After return of boats and equipment to storage, pack-up crew will sanitise gunnels, oar handles and all other shared equipment before putting away.

**3.6** The (separate) waste management plan will cover removal of waste from common areas and from club marquee areas.

### **4. Illness and Travellers at Regattas**

**4.1** If anybody has felt cold or flu symptoms at any time in the past 14 days, or otherwise feels they are at risk of COVID-19, they must stay away from the regatta

**4.2** If any competitor at the regatta becomes aware later of being COVID-19 positive, this must be reported to [admin@dbact.com.au](mailto:admin@dbact.com.au) with participant identified, in addition to complying with any ACT Laws about reporting.

**4.3** Each Club shall keep a record of who is at the regatta in its group, so that others can be contacted for health reasons if we find later that a training participant was COVID-19 positive.

**4.4** Visitors from outside DBACT clubs are invited to join us at a regatta provided that no individual or group has been in a COVID hotspot in the past 14 days and every person in their group has obeyed the Territory laws relating to any COVID restrictions, including quarantine. This is to reduce risk of cross infections while recognising that some DBACT members nearby in NSW belong to ACT clubs.

**4.5** A list of all attendees must be provided, by all attending Clubs, to the Chief Official or Admin Tent on the day of the Event. *If there are visitors, carers or other supporters with the club, these names must be included with their contact details.*

This list will be kept distinctly separate from any race draws and is solely for submission to the ACT Government as required by our permits allowing us to hold an event during a National Health pandemic.