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VISION

Diving... A united sport that works for its People. Innovative, Growing, Committed and Successful

MISSION

To provide leadership and management of Diving Australia through the establishment of a national structure, developing a culture and environment giving athletes, coaches and officials the opportunity to be the best in the world!

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MEMBER ASSOCIATIONS

New South Wales Springboard and Platform Diving Association Queensland Diving Association Tasmanian Diving Association Diving South Australia Victorian Diving Association Western Australian Diving Association

OFFICE BEARERS

BOARD OF MANAGEMENT

Chairman Board Members (elected) Philip Pullar Ashley Wilson Robyn Arlow Julie Kent Michael Murphy David Lyons

Independent Director

HIGH PERFORMANCE MANAGEMENT COMMITTEE

Chairman Committee Members Bob Crudgington Philip Pullar Hui Tong Salvador Sobrino Don Cameron

SELECTION COMMITTEE

Chairman Committee Members Bob Crudgington Michael Murphy Valerie Beddoe Hui Tong

COACHING COMMITTEE

Chairman Committee Members Margaret Pierce Ashley Wilson Matthew Adamson

OFFICIATING COMMITTEE

Chairman Committee Members

NATIONAL OFFICE

Executive Director High Performance Manager National Coach

AFFILIATIONS

Australian Swimming Inc. Federation Internationale Natation (FINA) Confederation of Australian Sport Robyn Arlow Eric Brooker

Wendy Pullar

Mary Godden Bob Crudgington Hui Tong

CHAIRMAN & EXECUTIVE DIRECTOR'S REPORT

As we reflect on the four years following the medal winning performances at the 2000 Olympic Games, the focus for Diving Australia has been to strengthen the AIS Residential Program and continue to build its National Training Centre network to support our elite athletes to achieve international results and ensure a constant stream of talented athletes through the HPP.

As a critical element of this process the AIS was seen as the vehicle to drive a national training program establishing national standards and protocols. With the establishment of a National Training Program which included benchmarks and monitoring of all athletes in the National Squad the support they received through the high performance program was world class with the result that they have consistently won benchmark medals at World Championships and World Cup events.

Sustaining these excellent results was seen as a challenge as the lack of talent within the HP was an ongoing concern. Expanding the National Training Program to include development divers was the next step and a National Junior Development Squad was established which followed a similar monitoring process as the National Squad athletes. With limited resources to service these athletes, the program was struggling to achieve its desired outcomes.

A further weakness to success in this area though was the lack of skilled coaches to prepare or "fast track" the athletes to a standard where they were internationally competitive. A lack of understanding of the high performance environment was also an obstacle. Without the necessary financial resources it was going to be a slow process to bring about change.

Results in Athens are critical for our future success, and the target set at four medals! With the continuing excellent results from 2000 onwards by the National Team, it was with great optimism that Diving looked to the last thirteen months before Athens 2004 ensuring its focus was on the National Team and its preparation for Athens. It was exciting as the realization spread that achieving Australia's first individual medal since 1924 was a real possibility.

While the focus was on the Olympic Squad, also a high priority was the development squads as we looked forward to Melbourne 2006 and Beijing in 2008. The long term goal of the Board to have an effective and strong national network to produce the required athletes meant a lot of work. The message from the Head Coach concerning the daily training environment was they we were still a long way off.

In 2003 the Australian Commonwealth Games Association provided Diving Australia with an opportunity in make real progress in the development area by allocating \$250,000 as part of the Target 2006 program to fund a National Development Co-ordinator to oversee development.

In October 2003 the National Elite Sports Council and the ASC jointly conducted a quadrennial planning exercise to collectively look at individual sports, to agree on future directions and work together to prepare for impacts and challenges.

Two key challenges were identified for Diving one of which was the lack of talented athletes in the elite pathway and the other the limited national network. As an agreed action to these challenges Diving Australia was to create an underpinning structure that could effectively identify and develop talented athletes and feed them into the SIS/SAS network and AIS program.

With the extra funding from the Australian Commonwealth Games Association as well as from the Australian Sports Commission, although still under funded, Diving Australia was more in a position to address its underpinning programs and set itself up for some sustainability in performance at international level. This funding also gave us the opportunity to work with the coaches in the development area by providing more regular coaching clinics to improve dryland and basic coaching skills.

Clearly the level of funding provided to Diving Australia through the Quadrennial Planning Forum by the ASC will be crucial in maintaining our High Performance Program and developing our state based training centres. In the meantime, the High Performance Program will continue to work through its National Squads and provide talented athletes with some level of support to reach their goals.

As the major sponsor of Diving Australia, we thank the Australian Sports Commission for their support and direction. Our thanks also to the Australian Olympic Committee, the Australian Commonwealth Games Association and the State Institutes and Academies of Sport. Our recent successes would not have been possible without their financial assistance and support.

LEADERSHIP, GOVERNANCE AND MANAGEMENT

"To develop governance and management structures to provide effective and innovative leadership and direction for DA"

As a major objective of the organization, governance has continued to steadily improve across the organization through the gradual implementation of state association constitutions in line with the DA Constitution. Western Australia, Tasmania and Victoria have all adopted new constitutions with other states still working to finalise theirs.

DA now has a retainer with Lander and Rogers and one of the first tasks we have agreed on is to review the DA constitution.

The DA Board has also sought the assistance of Steven Bowman from Life Mastery Pty Ltd to prepare draft charters for three new Board Committees:

- Finance and Audit Committee
- o Board and Executive Director Appraisal Committee
- Internal Audit/Compliance Committee

These committees have the task of ensuring the organization is managed with due diligence and care.

Work or updating has continued on policies:

- DA Selection Policy & Criteria
- Anti-doping Policy
- High Performance Program Policy
- Coaching Policy
- Officiating Policy
- Member Protection Policy
- Risk Management Policy

Two changes were made to the DA Board following the 2003 AGM – John Hillard was elected to the Board and Michael Murphy was appointed to the Board bringing the total number of Board Members to seven. There is a wide range of knowledge and expertise within the Board and a spirit of co-operation to introduce policies to further the growth and success of the organization.

The DA Board continues to lobby to have an Australian representative appointed to the FINA Technical Committee. This decision will be made during the 2005 FINA World Championships in July 2005.

COMMUNICATION & PROMOTION

"To develop a culture based on communication, integrity, shared vision and common goals amongst stakeholders"

Hanson Sports Media and Diving Australia joined forces prior to the 2003 FINA World Championships with the aim of formulating and developing media strategies and raising the profile of the organization. Hanson Sports Media became the official media relations agency for Diving Australia. The agreement with Hanson Sports was for a fourteen month period up until the completion of the 2004 Olympic Games.

Ian Hanson and a small team attended the 2004 Australian Open Championships in Hobart sending footage of the championships around Australia following the completion of each day's competition. Hanson Sports was also with the teams at both the 2003 FINA World Championships in Barcelona and the 2004 FINA World Cup in Athens where media interest was very strong.

DA/State Association Workshop, Melbourne, 30 August 2003

With a view to discussing policy and operational issues that affect the whole of the sport a DA/State Association Workshop was conducted in Melbourne on 30 August 2003. There was agreement that a similar workshop should be conducted annually to allow effective communication to develop and for states to share information and ideas.

DA/State Association HPP Forums, Perth, Adelaide, Melbourne, Sydney, Brisbane, 11-19 August 2003

Forums were conducted in Perth, Adelaide, Melbourne, Sydney and Brisbane on the Diving Australia High Performance Program.

A presentation entitled "Bridging the Gap" was made by Bob Crudgington and Mary Godden to:

- Explain how high performance programs operate in Australia
- Clarify the role and pathways for all Diving Australia members
- To collect feedback from HPP stakeholders including State Diving Associations and relevant State Institutes of Sport

DA Board Members in the relevant states also attended the meetings.

Work is continuing on the new DA Website with plans for a national database and intranet for members to ensure information is available to all members.

SPORT DEVELOPMENT

COACH EDUCATION

"Nationally drive effective coach education program supported by a National Network to develop quality coaches at all levels"

With the departure of Mike Martens to America, Margaret Pierce was appointed as the DA National Coaching Director. Margaret has worked closely with the two members of the National Coaching Committee, Ashley Wilson and Matthew Adamson, to oversee all coach policy matters. Margaret and the Committee have worked on:

- reviewing and standardizing the Level 1 course
- reviewing the structure of the Diving Coaching Accreditation Scheme
- finalising the dryland training certificate course
- conducting a Level II NCAS Coach Accreditation course
- co-ordinating the FINA development clinic using USA Coach Ron O'Brien
- conducting Coaching Clinics at National Competitions
- conducting a Level III NCAS Coach Accreditation course
- conducting Coaching Clinics in Queensland utilizing coach Chen Xiangning

Education is a large part of the objectives in the coach area and the following courses and clinics have been conducted during 2003-2004:

FINA Development Program Coaching Clinic, 19-21 September 2003 in Melbourne and 26-28 September in Adelaide

World renowned coach and long time US Olympic Team's Head Diving Coach, Ron O'Brien, facilitated two coaching courses in Australia during September 2003. As part of the FINA Development Programme 2003 Ron captivated coaches with his knowledge and expertise in Diving.

Forty one coaches attended the course in Melbourne and fourteen in Adelaide to learn more about the fundamental aspects of diving – dives as a series of linked skills, correct sequence of movement, core stability, rotational forces, take-offs, twisting dives and how to effectively use video as a coaching aid.

Level II NCAS Coach Accreditation Course, Melbourne, 19-23 September 2003

In conjunction with the FINA Development Clinic, fifteen coaches from around Australia attended a further two day course to commence the process of gaining their Level II NCAS Coach Accreditation. Ten coaches were successful in achieving their Level II Coach Accreditation.

Level III NCAS Coach Accreditation Course, Brisbane, 12-16 June 2004

After a ten year hiatus a level III NCAS Coach Accreditation Course was conducted for six coaches from around Australia. The five day course was a great success. Co-ordinated by Margaret Pierce and utilizing the expertise and knowledge of coaches Hui Tong, Wang Tong Xiang and Chava Sobrino the course was conducted under the revised DA coaching policy. Assessments are continuing with successful participants to be advised later in the year.

2003 National Coaching Scholarship Program

Shannon Roy was awarded a scholarship under the ASC National Coaching Scholarship Program in 2003. In partnership with the South Australian Sports Institute Shannon will work with Fiasz Marikar to manage the diving program in SA.

OFFICIATING

"A nationally driven and effective education and training program for officials at all levels of the sport to provide the highest quality officials to best support the athletes"

National Technical Officials Co-ordinator, Wendy Pullar, worked closely with Committee Members Robyn Arlow and Eric Brooker to create the DA National Officiating Policy which was adopted by the Board in August.

The Committee had worked very hard to:

- complete the DA National Officiating Policy
- continue to improve the process for selection and evaluation of judges at national events
- establish a feedback system for officials during and at the completion of competitions
- conduct education workshops at all national events

The compulsory workshop for officials at all national events is a valuable addition to the state run education programs for officials.

Judges selected by the DA Board to officiate at international events in 2003-2004 included:

- Wendy Pullar 2003 FINA World Championships, Barcelona
- Eric Brooker 2003 World University Games, Daegu
- Madeleine Barnett 2004 FINA World Cup, Athens
- Wendy Pullar 2004 FINA World Cup, Athens
- Peter Panayi 2004 FINA Diving Grand Prix Super Final, Mexico
- Madeleine Barnett 2003 FINA Canada & USA Grand Prix

Helen Wellins was upgraded from a FINA B to a FINA A judge and Robyn Arlow was upgraded from a FINA G to a FINA B judge.

PARTICIPATION

"Strong participation program providing opportunities for everyone to enjoy the sport of Diving"

With strong support from Daryl Hocking, National Development Officer, the DA Board approved the conduct of the inaugural Australian Country Championships which were conducted in Mildura. The enthusiasm of the Waves Diving Club ensured the event was a big success.

The Australian Age Championships has continued to grow following the change of dates for the Australian Elite Junior competition. Figures for the event include:

Work is continuing on the Dive Active booklet which is nearing completion. A national membership database has been set up and is being managed in the DA Office.

SPORTS EXCELLENCE

"To create a High Performance Program that effectively services all stakeholders in the elite area to ensure everyone is given the best possible opportunity to achieve international success"

The emphasis by the High Performance Management Committee in the High Performance Program continues to be on the:

- National Network
- Daily Training Environment
- Underpinning Programs
- International Competition & Camps Program
- NTC Program

Quadrennial Planning (2005 – 2009)

The Australian Sports Commission and the National Elite Sports Council (NESC) jointly conducted a quadrennial planning exercise for all Olympic sports. Diving Australia made a presentation which was based on upgrading our management and resources to the NTC network and the DA "Centre of Excellence".

Australian Institute of Sport

The AIS Residential Program in Brisbane has continued to flourish under the leadership of Hui Tong. The quality of this program has been recognised by the AIS in Canberra with diving being awarded the "AIS Program of the Year" for 2003.

The program continues to develop into one of the world's best elite diving programs. National Coach, Hui Tong, places strong emphasis on the daily training environment stressing the balance between dryland and pool training, the support of SS/M personnel and appropriate competition.

Hui has lobbied to increase the size of the AIS dryland centre. Approval by the AIS has been given to double the current size of the facility with completion expected mid-2005. The improvements will allow for synchronised diving training in the dryland.

Evaluation of the program is carried out twice yearly through the Performance Enhancement Program process.

NSW Institute of Sport

NSWIS has conducted a review of the diving program for 2005 to 2009 with the NSWIS Board approving a full time Tier 1 Program for Diving with a dual role of developing elite international divers for DA as well as providing a "fast track" talent program for NSW. This approval was conditional on DA contributing \$50,000 and acknowledgement and further resources to cover any expenses targeted towards the DA Development Program (*e.g.* Contribution to costs relating to training camps o coaching for DA).

SA Sports Institute

SASI has also conducted a review of all their programs with a decision regarding the future of the SASI Diving Program to be made in August 2004. At a recent meeting attended by representatives from SASI, DSA and DA there was some concern regarding the performance of the program. The SASI Director stated that performances over the past couple of years indicated that the program was developmental rather than providing a training environment for international standard divers. This downgrading of status may well affect the level of funding provided by SASI to the program. SASI accepted that DA was committed to the program, although our contribution of \$20,000 was acknowledged as well short of the appropriate level and if the 2005 – 2009 Quadrennial Planning Program for diving was accepted it would help in the decision to maintain the program.

SASI has made a real effort to assist this program, supporting and providing funds for a talent development coach and establishing a recruiting program through SA Gymnastics.

Western Australia HPP

WADA has again been very proactive in ensuring an effective and successful HPP program was running in WA. Steven Zhu, former New Zealand Head Coach, was appointed as the WADA coach in May 2004.

Strong management support from WADA and the excellent ground work conducted by the WADA Board continues to strengthen the case for a full time program in Western Australia.

Through the Quadrennial Planning Forum, representatives from WAIS have indicated they would support a full WAIS program if DA provided the \$50,000 funding for a coach.

Queensland

A comprehensive application had been lodged with the QAS Board and we have received support from the QAS Director and the AIS Director for the inclusion of diving in the QAS. However, the Board will still base its decision on a "Queensland" focus with a decision to be made after the presentation by Diving Australia following the Olympic Games.

In the meantime, QDA have become proactive in setting up a Development Squad, with one component driven by a QDA coaching panel utilizing Chen Xiangning to assist with a group of up to four athletes focusing on fundamentals. Chen also coaches Queensland resident divers of the Target 2006 Program on a daily basis. This process can only strengthen the current application to the QAS.

Victoria

Victoria continues to have internal problems particularly in relation to the coaching and management of its High Performance Program. Few members within the program are DA squad athletes and consequently do not receive any direct assistance from the VIS (Tier 2 - low level (in-kind) funded program). The VDA Board has attempted to address the issues with the appointment of a steering committee to look at the future of the program.

The DA HPPMC has recommended a different model for Victoria to service DA Squad athletes particularly in the area of performance enhancement. Rather than providing funds for an NTC Coach funds will be directed towards the employment of a Co-ordinator for the program. This is only a short term solution and clearly if DA receives adequate funding under the Quadrennial Planning application a complete review will be needed to ensure an NTC program can operate in Victoria with access to the best athletes and facilities.

Olympic Team Preparation

A review of the preparation of our Olympic Team had been conducted with the following initiatives implemented to ensure our athletes were ready to perform at their best:

- Extensive and ongoing "mental skills" program focused on individual performance plans. Also team work sessions conducted for each synchronized team.
- The engagement of a new Strength and Conditioning consultant to provide a more comprehensive recovery and strength and conditioning program.
- Provision of synchronized training camps allowing Irina Lashko and Chantelle Newbery to enhance their competition list. Irina has attended the AIS on three occasions and Chantelle will be going to Melbourne.
- Upgrading of visual feedback system (new and larger plasma screen set up on a vertical mode).

The AIS Diving Unit has continued to integrate all performance enhancement components into the daily training environment.

Summary of Results for 2004

EVENT	MEDALS
10 th FINA World Championships	2 Gold
	2 Silver
2004 FINA World Cup	2 Silver
2004 FINA Grand Prix, China	4 Silver
	1 Bronze
2004 FINA Grand Prix, Canada	3 Silver
	3 Bronze
2004 FINA Grand Prix, USA	2 Silver
	3 Bronze
2004 FINA Super Grand Prix	1 Gold
	2 Silver
	2 Bronze

The performance target for Diving at the 2004 Olympic Games is four medals. Overall, our synchronized teams have consistently gained medals throughout the year – a total of 11 medals - indicating all four teams are Olympic medal chances. There are a number of opportunities in the individual events to add to the Olympic medal count although results have not been as consistent as the synchronized teams.

TARGET 2006 PROGRAM

Following the allocation of the \$250,000 from the Australian Commonwealth Games Association in the lead up to the 2006 Commonwealth Games, Chen Xiangning was appointed to the position of Target 2006 Coach. Lawrie Fabian was appointed as the Target 2006 Program Co-ordinator. Since their appointment Xiangining and Lawrie have conducted two visitation camps for DA Squad athletes and other talented divers identified by the NTC coaches.

On a daily basis Xiangning has been coaching the AIS athletes when the Olympic team has been overseas competing, as well as coaching Matthew Mitcham and Sharleen Stratton on a daily basis (these athletes have completed AIS scholarships and now fall back under the Target and Queensland Programs). Apart from conducting camps and assisting the AIS coaches, Xiangning had also been conducting clinics with Queensland junior divers and coaches. This not only benefits the divers and coaches but also gives an idea of the level of divers underpinning the National Program.

Daily Training Environment

With the success of the National Team the importance of the daily training environment in state programs is becoming increasingly significant to DA as we expand our program to include all athletes in national squads. DA now has three squads operating:

- o National Squad
- Development Squad
- o Beijing Squad

One of the keys to success in achieving international success is the quality of the daily training environment. The HPPMC has worked to:

- provide NTCs with a template that includes all the elements of a HPP including skill development, performance enhancement and feedback mechanisms
- clarify the roles of the National Coach and NTC coaches
- set performance targets for coaches and divers in the National Squad

establish national standards, protocols and trends in coaching methodology, sports science and sports medicine

National Training Centre Coaches Meeting, Brisbane, 24 September 2004

Head Coaches from all programs with the exception of SASI attended a meeting in Brisbane to discuss a range of topics to bring coaches up to date on planning for this year and the next quadrennium. Topics included:

- DA Squad Pathways
- DA Annual Plan
- National Coordinated Approach 2005 2009
- o International Competition Review
- Fitness Testing Protocols and Results
- Defining dryland in terms of skill acquisition and increasing DD (diving specific) as opposed to functional training to improve fitness.
- Diving Training: Training Log Overview Coaching methodology combining and developing: -Volume, Intensity and Concentration
- Monitoring training and tracking the relationship between volume intensity and concentration.
- Profiling and tracking development of athletes (skill pathways versus age, strength and fitness and gender)
- Beijing 2008 Squad Program Competition for Junior and Development divers: Periodisation, Coordination and endorsement of annual plan
- Overview of Development program including junior (Beijing Squad) and development (Target 2006 Squad) with endorsement for HPMC.

INTERNATIONAL COMPETITION

The benchmark event for 2003-2004 was the 10th FINA World Championships held in Barcelona, Spain.

10th FINA World Championships, Barcelona, Spain, 13-20 July 2003

Forty countries participated in the 10th FINA World Championships in Barcelona with Australia finishing as third nation overall. Seven athletes and seven support staff attended the event. Highlights included:

- Gold Medal Women's 1 Metre Irina Lashko
- Gold Medal Men's Platform Synchro Robert Newbery & Mathew Helm
 - Silver Medal Men's Platform Mathew Helm
- Silver Medal Women's Platform Loudy Tourky & Lynda Dackiw

14th FINA Diving World Cup, Athens, 18-22 February 2004

As the test event for the 2004 Olympic Games and with a record number of competitors, Australia finished in fourth place overall behind China, Canada and Russia. A team of eight athletes and six support staff attended. Highlights included:

•	Silver Medal	Women's Platform
•	Silver Medal	Men's 3 Metre Synchro

Loudy Tourky Robert Newbery & Steven Barnett

2004 FINA "Spring Swallows" Diving Grand Prix, Electrostal, Russia, 11-14 March

A development team participated in these two events. The highlight was:

Women's Platform Synchro Anna McIlwaine & Carlie Gidman Bronze Medal

2004 FINA China Grand Prix, Zhuhai, China, 2-4 April

Thirteen countries competed in the 2004 FINA China Grand Prix. Highlights included:

- Silver Medal Men's Platform
- Silver Medal Men's 3 Metre Synchro **Robert Newbery & Steven Barnett** Robert Newbery & Mathew Helm
- Silver Medal Men's Platform Synchro •
- Women's 3 Metre Synchro Chantelle Michell & Lynda Dackiw Silver Medal
- Silver Medal Women's Platform Synchro Loudy Tourky & Chantelle Michell Lynda Dackiw
- Women's 3 Metre Bronze Medal
- Bronze Medal Women's Platform

2004 FINA Canadian Grand Prix, Victoria, Canada

Eighty three athletes from twelve countries competed in Canada with Australia finishing with six medals behind China with eight medals. Highlights included:

Mathew Helm

Chantelle Michell

Mathew Helm

Robert Newbery & Steven Barnett

- Silver Medal Women's Platform Synchro Lynda Dackiw & Loudy Tourky
- Men's 3 Metre Synchro Silver Medal
- Robert Newbery & Mathew Helm Silver Medal Men's Platform Synchro
- Men's Platform Bronze Medal
- Bronze Medal Women's Platform
- Loudy Tourky Bronze Medal Women's 3 Metre Synchro Chantelle Michell & Irina Lashko

2004 USA Grand Prix, The Woodlands, Texas, USA

Fourteen countries competed in the Woodlands with Australia finishing as No. 3 nation with five medals behind China and USA. Highlights included:

Silver Medal Irina Lashko Women's 3 Metre Silver Medal Women's 3 Metre Synchro Chantelle Michell & Irina Lashko Women's Platform Bronze Medal Loudy Tourky **Bronze Medal** Men's 3 Metre Synchro Robert Newbery & Steven Barnett **Bronze Medal** Women's Platform Synchro Loudy Tourky & Lynda Dackiw

2004 FINA Italian Grand Prix, Rome, Italy, 28-30 May

A development team competed at this event and no medals were achieved.

7th FINA Diving Grand Prix Super Final, Mexico City, Mexico, 19-20 June 2004

Six athletes were invited to compete in the 7th FINA Diving Grand Prix Super Final in Mexico City. Highlights included:

•	Gold Medal	Men's Platform Synchro	Mathew Helm & Robert Newbery
•	Silver Medal	Women's Platform	Loudy Tourky
•	Silver Medal	Men's 3 Metre Synchro	Robert Newbery & Steven Barnett
•	Bronze Medal	Women's Platform	Chantelle Michell
•	Bronze Medal	Women's 3 Metre Synchro	Chantelle Michell & Irina Lashko

CAMPS PROGRAM

2003 National Squad Camp, Brisbane, 24-27 September

All members of the 2003 National Squad attended the National Camp at the DA Centre of Excellence in Brisbane. Objectives set for the camp included:

- Planning and goal setting for 2003/2004 year for NTP
- Specific planning for 2003/2004 National Squad
- Review of 2002/2003 Year and World Championships
- AOC Team processing for Shadow Team
- Olympic Selection Policy
- Evaluation of "off the deck" processes in competition
- Individual Performance Review and Fitness Testing
- Team building processes

2003 Beijing Squad Camp, 5-10 October, Runaway Bay, QLD

As a strategy to strengthen the talent base in our underpinning programs, the 2003 Beijing Squad Camp hosted by the AIS Program in Brisbane and under the direction of the AIS/National Head Coach had as its objectives:

- To foster a sense of team at national level amongst junior athletes with a focus on international standards
- To identify the strengths and weaknesses of talented junior athletes and provide technical feedback to athletes and coaches
- To expose talented junior athletes to the daily training environment practices of the National Program
- To expose talented junior athletes to the performance enhancement practices of the National Program
- To create opportunities for junior elite coaches to work closely with the National Coach and National Program

Coaches Matthew Adamson (VIC), Shannon Roy (SASI) and Vyninka Arlow (NSWIS) also attended the camp.

EVENTS, COMPETITIONS AND FACILITIES

"Successful events and competitions delivered in FINA standard pools which encompasses divers at all levels, in particular the world's best, and attracts media coverage and sponsorship"

INTERNATIONAL COMPETITIONS IN AUSTRALIA

2003 Western Pacific Rim Championships, Perth, 10-12 December

A competition was conducted in Perth from 10-12 December with the aim of providing a strong, quality junior competition for athletes from China, Australia and New Zealand and other countries in the Western Pacific rim as a lead in to open international competition. It was also seen as a tool to strengthen relationships in the Western Pacific rim and establish an Asia/Oceania presence in the international diving community.

While the competition was a success, it was unfortunate that China was the only country to participate with Australia.

NATIONAL COMPETITIONS

2004 was the first year for the new format for the National Competition Structure and the feedback to date has been very positive about the change in the timing of events.

- o Australian Open Diving Championships, Hobart, 9-11 January 2004
- Australian Country Championships, Mildura, 6-7 March 2004
- o Australian Age Diving Championships, Sydney, 12-15 April 2004
- Australian Masters Diving Championships, Sydney, 12-15 April 2004
- Australian Elite Junior Diving Championships, Sydney, 9-11 July 2004

ACKNOWLEDGEMENTS

2003-2004 was a very successful year for Diving in Australia. With limited funds we have managed to achieve some excellent results, to educate and give opportunities to our coaches and officials and to provide our divers with the opportunity to compete and enjoy the sport of Diving.

There are many people to thank for their valuable contribution to the Association over the past year.

- Hui Tong AIS / National Head Coach After nearly four years as the AIS /National Head Coach Hui's contribution to Diving in Australia has been invaluable. His vision and enthusiasm in creating a great diving nation never wanes.
- National Team Coaches Chava Sobrino, Wang Tong Xiang and Peter Panayi These three coaches make up a very committed, valuable team.
- The HPP Management Committee The ongoing drive and commitment of this committee has been a major factor in the success of our National Teams.
- Bob Crudgington He has brought a new dimension to diving which is evident in the success of the AIS program and the National Team.
- Margaret Pierce, DA Coaching Co-ordinator. With a small number of hours to work in, Margaret has ploughed ahead with coach education and achieved some excellent outcomes.
- The DA Selection Committee Michael Murphy, Valerie Beddoe and Hui Tong. The experience and success of these three ex divers has been of great value in the selection of teams and squads over the past year.
- The National Technical Officials Co-ordinator, Wendy Pullar, whose passion for officiating has created some major improvements in the officiating program.
- The divers' representative, Loudy Tourky, for presenting the views and ideas of the divers.

- The ongoing work of the State Diving Associations in providing the ongoing grassroots work for Diving.
- Sue Lewis and Daryl Hocking who continued to provide enormous assistance to the DA Office in the conduct of national events.
- The support and assistance of management from the Sydney Aquatic Centre, the Melbourne Sports and Aquatic Centre, the Chandler Aquatic Centre, Challenge Stadium, Adelaide Aquatic Centre, Tattersall's Hobart Pool and the many smaller complexes around the country.
- All the divers, coaches and technical officials who have participated in our national and international competitions.

Finally, the members of the Board for their strong leadership and in taking the Association to what will be the greatest Games ever for Australia.

Philip Pullar Chairman Mary Godden Executive Director

MEMBER ASSOCIATION REPORTS

QUEENSLAND DIVING ASSOCIATION

2003/2004 was an amazing growth year for the Queensland Diving Association. Focussing on governance and committee roles the priority was the review of the QDA constitution to bring it into line with the DA constitution. Creating pathways for our young divers was also a major development.

COMMITTEE

The Committee members for 2003/04 were:

Barbi Donnet Carver
Christine Kimlin
Dale Armstrong
Dianne Smith
Alan Smith

The committee worked very well together to achieve the best outcomes for the Qld Diving Association and its members. We are well on the way to adopting our new constitution which will be along the DA guidelines and should be finalised by December 2004. Board members also attended Chairmanship and Governance courses throughout the year.

HIGHLIGHTS

The results at the 2004 Australian Age Championships were a highlight for QDA in 2004: Queensland divers came home with a total of 25 medals - 6 gold, 9 silver and 9 bronze. A total of twenty Qld divers attended the event in Sydney.

Qld as a State came in 3rd best State for the year, with Charlie Dicello diver of the year for 16/18yrs, Barbi Carver 2nd coach of the year, Jack Taylor 3rd coach of the year, Donnet Club 3rd Club of the Year and Paradise Club 5th Club of the year.

The National School Sport Championships were held in Brisbane, with Qld also doing well in this event winning 20 medals - 8 Gold, 5 Silver and 7 bronze. It was a wonderful event and Queensland was proud to be the host State.

QDA State Awards for 2003 were:

11& under boys 1mtr, 3mtr & platform 11& under girls 1mtr, 3mtr & platform 12/13 boys 1mtr, 3mtr & platform 14/15 boys 1mtr, platform 14/15 girls 1mtr, 3mtr & platform 16/18 girls 1mtr, 3mtr Open men's 1mtr, 3mtr & platform Open women's 1mtr, 3mtr Senior male diver 2003 Junior Female diver 2003 Junior Female diver 2003 Encouragement award male Encouragement award female Synchro Junior boys Synchro Junior girls Jesse Carver Melanie Russell Rodger Lilleyman Matthew Mitcham Kirsten Slapp Sharleen Stratton Gene Kimlin Sharleen Stratton Gene Kimlin Sharleen Stratton Matthew Mitcham Luke Seal Kirsten Slapp Jesse Carver & Julian Wu Emily Robinson & Kirsten Slapp Qld divers also did well in the first Western Pacific Rim Championships in Perth. Matthew Mitcham, Rodger Lilleyman and Sharleen Stratton all came home with medals to be proud of. Matthew Mitcham and Sharleen Stratton also did very well in the 2004 Olympic Trials.

The exciting commencement of the DA/QDA Talent Training squad has opened up the eyes of many divers and parents to the world of elite diving. Ten talented divers were chosen to receive expert coaching from Target 2006 coach Chen Xiang Ning. This has enabled the divers to learn about up to date techniques, imitation, as well as biomechanics and nutrition etc. The DA Centre of Excellence was also formed with six divers from Queensland being chosen:

Matthew Mitcham Sharleen Stratton Rodger Lilleyman Jesse Carver Amana Rolland Melissa Wu

All divers are excelling rapidly and are continuing to respond very well to the intense training program. Queensland Diving Association is very eager to support and contribute to this much needed program which provides an excellent pathway for Qld divers to progress from grass roots diving through to elite level.

COACHING AND OFFICIATING

QDA's coaching panel consists of 20 fully qualified diving coaches.

Level 1: 8 Level 2: 9 Level 3: 3

Two level two coaches attended the level three course held in Brisbane. When fully accredited, this will bring QDA's level three coaches to a total of 5.

Qld Diving Association has 149 Officials .

The Association ran several courses throughout the year to increase the number of Officials:

First Aid course	May 2003
Judges course	July 2003
Drugs in sport course	October 2003
Strapping course	October 2003
Psychology workshop	October 2003

QDA will continue to conduct coaching and officiating courses throughout the year.

COMPETITIONS

QDA held 10 qualifying competitions throughout 2004. The December competition was held at Southport pool with the Firbank club from Victoria attending. The competition had around fifty divers, including some from Japan. It was a wonderful opportunity to have interstate divers attending our competition, and we will be holding this event again in 2004, but making it a two day event.

FACILITIES

The upgrade of facilities on the Sunshine Coast at Kawana Waters has been a welcome addition to Qld Diving. As well as obtaining the new boards, the Council are also heating the pool to ensure year round training for divers. This now ensures three facilities in the State which can provide our divers the opportunity to excel in their chosen sport.

Sponsorship in 2003/04 was obtained from Carindale Hotel, and also in kind from Konica.

FUTURE PLANS

Qld Diving Association looks forward to a positive and productive year ahead. With plans for working alongside Diving Australia and AIS, as well as constitutional implementation and updates, success in all areas will be achieved. QDA will endeavour to adopt the best practices in managing the sport of diving in Queensland, therefore, providing our divers the best outcomes possible.

Barbi Donnet Carver President Queensland Diving Association

DIVING SOUTH AUSTRALIA

COMMITTEE

The DSA Committee included:

Alan Naylor	President
Annabel Brebner	Secretary
Sandy King	Treasurer
Stephen McDonnell	

During the year, Annabel Brebner, took over as Secretary following the resignation of Debbie Gabrovsek. Annabel also took on the role of Grants Coordinator, following which, under the new SA Office for Recreation and Sport grants system, DSA was ensured TI coach funding for the next three years, and also obtained funding to establish a DSA web site.

Sandy King continued for the third consecutive year as accountant, and has dedicated many hours service over that period. Meredith Cameron, a professional accountant, took on the role of Treasurer, when Sandy left.

Stephen McDonnell continued to liaise with our Health Partners, "Positive Minds Attract," and "We're Smoke Free," and his efforts ensured DSA met all KPI's in this area.

COACHING

Fiasz Marikar was appointed SASI squad coach, and Shannon Roy was appointed DSA TI squad coach as replacements for the departed Mike Martens and Tania Patterson respectively. Understandably, both took a while to settle in their new roles, and become accustomed to their squads.

During the initial period with the new coaching staff, DSA worked very closely with SASI, especially Val Beddoe, and Georgina Stewart, in helping the coaches to settle in, assisting the athletes to become accustomed to the changes, and establishing a program best suited to all. It was a difficult time, not helped by a number of divers retiring from the sport for various reasons.

As time progressed, Fiasz became more accustomed to his new role, and he and Shannon began reassessing their roles in order to take advantage of their respective strengths. This included Fiasz taking an interest in recruitment, and Come and Try, and Shannon becoming more involved in the Gym Dive Program.

Amanda and Fiasz planned to attend the level 3 coaching course in Brisbane in July and along with Shannon, also planned a level 1 coaching course for Adelaide later in the year.

Amanda Johnson, (nee Webster) continues to be a major contributor to the DSA cause in all aspects. Amanda is involved in everything from competitions to sausage sizzles.

DSA is very pleased to see recently retired divers emerging as young coaches, and Nicole Boukaram and Alana Naylor personify the positive effect this has on all the divers, particularly the younger ones.

HIGHLIGHTS OF THE YEAR

In the 2004 Open Nationals in Hobart Robert Newbery came 1st in 10 metre, 3 metre, and 3 metre, synchro, and 2nd on platform.

At the Elite Junior Nationals in Sydney, SA had a small squad, but in spite of the difficulties of having a new coaching team, was very successful. There were outstanding performances by Rachel Bugg, 1st on both 1 metre and platform, and 2nd on 3 metre, and Cody Caldwell, 1st on both 3 metre and platform, and 3rd on 1 meter. Both were selected for the Australian Team to compete at the 2004 FINA World Junior Diving Championships in Brazil, and joined Louise Gabrovsek in being selected for the Beijing Squad. Fiasz Marikar was selected as a member of the coaching team for the World Juniors.

Another magic moment was at the SASI Annual Awards, at which the only award to a non-athlete, was the SASI Services to Sport award, which was presented to Ashley Wilson. This recognised the tremendous contributions made, as the President of the Coalition of Aquatic Sports, representing 10,000 members of all Aquatics sports in SA, and also acknowledged the Coalition Members efforts at working to secure a new international aquatic centre for Adelaide, from which all aquatic sports would benefit, including Diving Australia and Diving SA.

FACILITIES

As previously mentioned, The South Australian State Government is continuing in its efforts to establish a FINA standard Aquatic Centre at the southern suburb of Marion, and as Chair of the Aquatic Centre Coalition, Ashley Wilson has been highly involved in suggestions for the specifications of the Diving aspect of the proposed facility. DSA hopes in time to continue programmes at the current North Adelaide Aquatic Centre, and then expand to the new Marion centre, (when completed) in the southern suburbs. The Marion pool has a full AIS style dry land centre included in the current plans. This would give Adelaide the unique apportunity to grow diving via two indeer FINA diving facilities. In addition some

Adelaide the unique opportunity to grow diving via two indoor FINA diving facilities. In addition some programmes are being conducted at the new St Peters School indoor pool, with 3m & 1m boards.

Due to Health and Safety issues raised by the Adelaide Aquatic Centre, and thanks to the financial support of SASI, DSA now has a larger dry land training area, which is fenced off for privacy, and in a better location, adjacent to the diving spectator stands. Further improvements to these facilities are under discussion and planning.

OFFICIATING

South Australia has always had a high standard of officials. Judge's courses facilitated by SA coach Bob Harrison-Barker and Darryl Hocking, have seen a welcome increase in numbers of qualified judges. Not only have we had our numbers increased by the qualification of new young coaches as judges, but also had an increase in the number of parents being willing to be involved as both judges and table officials.

Sue Lewis also ran a course to ensure DSA is well versed in the National Policy on Table, and DSA constantly updates the training during local competitions.

COMPETITIONS

DSA held six competitions during the year, including, Summer, Winter and State Levels in the new format, and State opens, juniors and age in the national format. Chris Kinsman continues her excellent work in the organisation of DSA comps.

FUTURE PLANS

DSA made a number of plans for the future, which included the adoption of a new constitution, more based on the Diving Australia model, to which commitment was given during the 2001, Future Directions Workshop, and a lot of work went in to this during the year. The efforts were justified, as DSA membership adopted the new constitution just two weeks ago.

DSA also planned to improve its methods of communication to members, and this emerged by way of a number of initiatives, including, continuing with the DSA newsletter, *The High Flyer*, the introduction of the *Boardroom Bulletin*, which is issued to update members on the plans, objectives and achievements of the Board of Management, and the establishment of an information folder for all divers, providing details of just about everything they need to know about DSA and diving. All of these ideas are now in place, with the introductory folder now comprising over 40 pages. DSA plans to continue in improving protocols for all occasions, and sees this as ongoing exercise.

Finally, DSA plans to continue to work in close relationship with both Diving Australia, and SASI, particularly as recent experiences have proved, the closer the relationship with both our State Sports Association, and the National Body of our own sport, the better the bigger picture is for Diving South Australia, and its members, especially divers and coaches.

Alan Naylor President Diving South Australia

VICTORIAN DIVING ASSOCIATION

COMMITTEE

The current committee of the VDA will reduce to seven when the new Constitution, passed at the AGM in June 2004 comes into effect on 1 December 2004

Hillard	President
Cameron	Vice President
Gelai	Secretary
Wilson	Treasurer
Ambrosius	General Committee
Carey	General Committee
Nel	General Committee
Oughtred	General Committee
Panayi	General Committee
Rae	General Committee
	Cameron Gelai Wilson Ambrosius Carey Nel Oughtred Panayi

EMPLOYEES

Helen	Wellins	Executive Officer
Pavel	Plotnikov	Coaching Director
Svetlana	Mickhalchek	Development Coach
Georgina	Abdilla	Development Officer

HIGHLIGHTS OF THE YEAR

Irina Lashko achieved outstanding results at several international competitions culminating in a GOLD Medal for 1M at the FINA World Championships and further success at National Open Championships in Hobart in January 2004.

Chantelle Newbery has had outstanding success throughout the year and has excelled at 10M Platform and in partnership with Irina Lashko in 3M Synchro and with Loudy Tourky in Platform Synchro. Liesl Ischia won the gold medal at National Open on 1 M with Kylie Thomas receiving the bronze medal. Irina, Liesl, Chantelle, Amey Moors-Chantry, Bree Cole and Scott Robertson all competed in the Olympic trials in Sydney after their success at Open Nationals, with Irina and Chantelle both selected for the Athens Olympic team.

HIGH PERFORMANCE PROGRAM

The HPP has had 5 divers in Gold programme and 8 divers in the green programme with 6 divers in the development programme. The current programme finishes in November with a new structure proposed from January 1st 2005.

A series of workshops were held with divers undertaking workshops on Pilates and core stability, ballet and stretching, visualisation skills, nutrition and hydration and sports psychology. Training diaries with dive record sheets were also introduced for daily training.

COACHING

A level 1 Coach Accreditation Course was held in June with 11 participants. These new coaches are currently doing the required hours to be accredited.

A very successful Level 2 course was held in Victoria by Diving Australia in conjunction with the FINA workshop run by Ron O'Brien. This provided an ideal opportunity for Victorian coaches to upgrade their accreditation. Two coaches attended the level 3 coaching course run by DA.

Coaching is still an ongoing issue within the state with many coaches doing a level one course but not many going on to coach at club level for more than a few years. We have several very experienced coaches at the top level, but a lack of experienced coaches for developing divers through the diving pathway to get to Junior or Open level from the Age stream. With the implementation of ongoing workshops with the AIS Coaches this should be alleviated over the coming year.

OFFICIATING

Judges workshops have been conducted on various aspects of judging and informal discussion workshops. A level 1 and 2 Judges course was held with 17 participants in February 2004. These judges have all shadow judged and judged at state events and some have shadow judged at National Junior Championships.

A computer workshop was conducted to train officials on the Ares computer system at MSAC. This was attended by 15 with many participants then officiating on the computer at Victorian competitions including State Championships

COMPETITIONS

The VDA ran State Junior and Age Championships separately for the first time - Age in February and Junior in May. This was not successful and proved financially unviable with the result that for 2005 the State Junior and Age Championships will be held on the one weekend as separate events.

Pennant competitions were all qualifying events throughout the season at the request of the coaches. The number of divers competing was however reduced, though many of the novice divers competed at specific events for novice divers held by the clubs. These proved very popular and successful for the clubs that ran them.

Some 48 School carnivals requested judges this year, significantly up on the previous year. This has been an amazing effort from the VDA in making officials available to the schools over the last few years and education within the school sporting organisations on the benefits to their competitions of qualified officials.

MARKETING & PROMOTION

Ongoing problems with the website have limited the communication ability of the association; this was rectified in early August in time for the Olympic Games. Efforts to secure ongoing sponsorship and event sponsorship have been largely unsuccessful. Major sponsors remain Vic Health and Sport and Recreation with grants for Sport Development and Risk Management.

FUTURE PLANS

The VDA has passed a new Constitution which takes effect from the 1st December 2004. The board will now work on the continued implementation of the 2002/2006 strategic plan with a focus on further policy development and meeting the needs of the members.

Continued development of the website and electronic communication is a short term aim of the VDA as we work towards running competitions fully electronically from entry information, submitting entries and dive sheets electronically.

With Victoria hosting the Pacific School Games in 2005, the Commonwealth Games in 2006 and World Championships in 2007 opportunities will arise for increased exposure for our sport in Victoria. In addition many challenges and opportunities will arise for our members to assist in not only ensuring the success of these events but ensuring improved facilities is a legacy for the Victorian diving community

Helen Hillard President Victorian Diving Association

WESTERN AUSTRALIA DIVING ASSOCIATION

The Western Australian Diving Association has this year consolidated its position following the significant changes to the WADA constitution and board structure last year. The new structure is effective with the Board addressing strategic and policy issues, while the Executive Director conducts day-to-day administration of the association and reports directly to the Board. Voluntary committees continue to form the backbone of the association, particularly in the areas of events and fundraising. The Coaches Network provides significant feedback regarding the conduct of programs, events and educational needs.

HIGHLIGHTS

Highlights of the year include the official appointment of Yan Jun Zhu (Steven) in April, as Head Coach of the Elite Program, following the resignation of Raelene Lyon in February. Bruce Prance continued as Coach of the Development Squad and Lisa Tucker as Executive Director of the association. Other highlights included the selection of seven WA divers to compete in the first Western Pacific Rim Junior Championships in December 2003 and the successful hosting of the event by WA, and the selection of Elise Ntoumenopoulos and Sarah Simmonds in the Beijing Squad.

A further highlight occurred when the WADA was extremely lucky to be offered the services or world renowned concert pianist David Helfgott for a fundraising event. This event was a highlight of the year and assisted the association to raise considerable funds for the high performance program.

The club programs continue to grow and add depth to the association. The enthusiasm of the coaches and their willingness to become involved in association activities and events is also seen as a highlight of the year.

HIGH PERFORMANCE

Under the guidance of Raelene Lyon and Bruce Prance and more recently Steven Zhu the success of this program has seen the divers grow from strength to strength. Results from the Age and Junior National Championships certainly reflected the hard work that the coaches and divers have put in over the past year. Highlights of the year included:

Seven WA divers were selected to compete in the Western Pacific Rim Championships in December 2003. They were: Junior 'A' divers Lisa Fievez (injured & unable to compete), Sarah Simmonds, Natalie Burford and Elise Ntoumenopoulos; Junior 'B' Divers Lucy Johnston and Olivia Meagher and Junior 'C' Diver Nicole Bender. The following medals were obtained by the girls: Elise Ntoumenopoulos – Gold Platform, Bronze 3M, Natalie Burford – Silver Platform, Sarah Simmonds – Bronze 3M, Olivia Meagher – Bronze 1M, Bronze Platform, Lucy Johnston – Gold Platform, Nicole Bender – Silver Platform.

Congratulations to Lisa Fievez and Elise Ntoumenopoulos for being awarded WAIS scholarships for the 2004 – 2005 season. Elise has also been named in the Australian Beijing 2008 Squad.

It is at this time that we must sadly say goodbye to Sarah Simmonds, Natalie Burford, Andrew Mancini and Nicole Bender who have decided to retire from the Elite Squad. We wish them all the best in their future endeavours. Sarah and Natalie can already be seen in the pool coaching. We look forward to their continued efforts in this area.

Elite Squad Members 2003 – 2004 included: Lisa Fievez, Sarah Simmonds, Natalie Burford, Elise Ntoumenopoulos, Lucy Johnston, Olivia Meagher, Natasha Cocker, Nicole Bender, Annabel Hall and Andrew Mancini. We welcome Alice Broun, Samantha Sullivan, Madelene Mulholland and Kerri Doggett to the 2004-2005 squad.

PARTICIPATION

Through funding received from Healthway and the Department of Sport and Recreation the WADA has been able to successfully complete several participation programs.

The Drugfree! Learn to Dive program continues to grow. This program introduces the sport of diving to new comers and gives them a skill base to build on when they join a club. This year classes were included at Beatty Park during the summer months. The Drugfree! Holiday Dive Clinics also once again proved to be very popular, with beginners and divers wishing to compete for their schools in 2004 taking part. The above programs are conducted by our junior coaches who must be thanked for their enormous contribution to the growth of our sport.

The Drugfree! School program continued this year with diving lessons being conducted at schools or Beatty Park and Challenge Stadium during school hours. These students were then encouraged to enter the All Schools State Championships.

Once again a highlight of the participation program was the visit to Port Hedland. This year Jordanna Ripp and Kim Hynynen-Furler made the trip. A successful program was conducted with community groups and schools in the region. This year special clinics were conducted for members of the gymnastic club. The programs once again proved to be very popular with all participants.

<u>EVENTS</u>

Once again the WADA calendar was extremely full. Interclubs, State Championships, School events, trials and other regular annual competitions filled the calendar and gave all our divers many opportunities to compete.

WA was represented by 4 divers at the Open National Championships in Hobart in January – Elise Ntoumenopoulos, Olivia Meagher, Lucy Johnston and Andrew Mancini. The following divers represented WA at the Age National Championships in Sydney in April – Arrows - Kim Hynynen-Furler (Coach) – Sanche Weinstein (dev squad) (Bronze Platform), Kerri Doggett (dev squad), Joanne Dower (dev squad), Samantha Sullivan (Bronze Platform), Jamie Bradley (Bronze Synchro), Alice Broun (Bronze Synchro), RippWise - Jordanna Ripp (Coach) – Morgan Doty (Silver 11/U 1M), Rowan Ashwin, Danella Ashwin, Chelsea Patterson, Hannah Flynne. Development Coach Bruce Prance also attended. Owen Davis represented WA in the Masters event (Silver 3M). It should be noted that as a result of Diving Australia holding a new and separate event for the Junior Elite divers in July 2004 no results were obtained in this reporting year.

As a result of the changes to the National calendar of events WA held separate State Championships for the Age and Junior Elite divers. This allows divers not participating in elite programs the opportunity to achieve success in their own rite and proved a successful change to the calendar. This will continue in future years.

Following the pilot of the new event the Drugfree! Dive Challenge last year the event was again included in this year's calendar. Participants in this event completed a circuit of activities which included trampoline, all diving Boards, activities on the edge of the pool and even the big blow up slide. Music accompanied the program and no judging was done! Participants were presented with a certificate that was stamped at each activity and also received many prizes. Parents were encouraged to stay and observe their children. Thanks must go to the coaches and elite divers who assisted with this event. The Drugfree! Dive Challenge will certainly continue to feature on the WADA calendar.

In December 2003 the WADA hosted the first Western Pacific Rim Championships. Divers from Australia and China attended. The event was designed to give junior divers some vital international experience and increased competition. The inaugural event proved to be successful and will now rotate around various Pacific Rim countries on an annual basis. Thanks should go to Diving Australia, Sue Lewis and the WA volunteers for contributing to the success of this event. Thanks also to Healthway for their support and sponsorship of this inaugural event.

Thanks must go to the many volunteer officials for their assistance in the conduct of all WADA events throughout the year.

The annual trophy night took on a new format in 2003 which proved to be highly successful. Thanks must go to Carolyn Meagher and Sandie Furler for their assistance with this event.

COACHING

The Coach's Network established last year continued to provide valuable communication between coaches, clubs and the association. Regular meetings established the education agenda and needs of the coaches and clubs. Issues to do with administration were also raised at these meetings and resulted in some positive changes and policy development.

It is hoped that through the continued education process and the Coaches Network that a strong partnership between the clubs and the association will be maintained. Practical skills workshops were also conducted throughout the year.

It was with sadness that we said goodbye to Raelene Lyon as our high performance coach in April this year. We thank Raelene for her contribution to the elite program and wish her well in future endeavours. Raelene is not lost to the sport completely as she now takes on the voluntary role of judging coordinator, a vital area for our sport. We look forward to continuing to see Raelene's face at the pool.

As a result of Raelene's resignation we welcome Yan Jun Zhu (Steven) to the sport of diving in Western Australia, as our new high performance coach. Steven has coached in China, Malaysia and New Zealand and brings a wealth of knowledge to our program. Thanks should go to the Department of Sport and Recreation and the Alcoa Coach in Residence Program for their assistance in bringing Steven to Perth. We look forward to achieving success as Steven enthusiastically implements many new ideas and challenges into our elite and development programs and provides valuable education to the club coaches.

OFFICIATING

The WADA is always looking to recruit new officials to take on roles at events. Informal training is conducted at all events and a formal judge's course conducted every 2 years or on demand. Our new judges are encouraged to work with more experienced judges in a mentoring program where they can discuss their thoughts either during training or at events.

As mentioned above we look forward to Raelene Lyon taking on the role of Officials Coordinator in the coming year.

FACILITIES

With major upgrades completed last year in this area no major changes were made in 2003-2004. Thanks must go to Bruce Prance for his many tireless hours spent on the general maintenance of all WADA facilities and equipment.

We thank the staff at both Beatty Park and Challenge Stadium for providing excellent facilities and for their assistance with maintenance throughout the year.

FUNDRAISING AND SPONSORSHIP

This year two major fundraising events were tackled by the WADA. The sale of Entertainment books once again proved to be a fruitful exercise and will be continued annually. The second event the David Helfgott Fundraising Concert was a wonderful evening for all who attended. David's genuine love of music and people proved highly infectious to all who attended. Thanks must go to David and Gillian for their generosity and to Michael Scott and Sue Scrutton from Ogden IFC for their support and efforts with the venue and ticket sales.

Thanks should go to Carolyn Meagher for her invaluable assistance with both of these fundraising activities. I urge all members to support the fundraising activities in the coming year.

Our many achievements throughout the year could not have been made without the assistance of our sponsors. Our thanks go to the Department of Sport and Recreation and the Alcoa Coach in Residence Program and our consultant Alistair Edwards, Healthway supported by Sports Medicine Australia and its associated message Drugfree!, Kings Hotel, and Challenge Stadium for their continued financial support. I'd like to welcome 360ID as our newest sponsor and thank them for their assistance with the development of the WADA corporate image and promotional material. Thanks also to Diving Australia for their contributions and support of the association. In addition I'd like to thank the staff at Beatty Park, under Dale Morrissey, and Challenge Stadium, under Robert Verboon, for their ongoing friendly assistance with all programs and events at their venues.

FINANCIAL

Despite the increase in activities during the year our financial position remains strong with retained earnings at the end of the year amounting to \$49533 compared to \$52440 at the 30 June 2003.

BOARD

Finally I would like to thank my co-directors Bruce Prance, Philip Meagher, Leo Ntoumenopoulos, and Mark Ellis for their personal support and contribution to the sport of diving in Western Australia over the past 12 months. Thanks also to Karen Burford who took on the enormous role of Treasurer in a changing organisation.

The past 12 months has been one of great change and growth for the association and without the professionalism of the Board this would not have been possible. My sincere thanks to you all.

Particular thanks and appreciation should also be given to our Executive Director Lisa Barrow (Tucker) who has done a magnificent job in a changing environment. Lisa has strengthened the important relationship with Diving Australia and has been appointed to the DA Development Policy Committee. As well she was Australian Team Manager for the Western Pacific Rim Championships in Perth and will occupy the same position at the World Junior Championships in Brazil later this year. Her relationship with the various organisations on whom we depend for ongoing support is first class.

FINALLY

Diving in Western Australia has embraced change in recent times. We must continue to do so, while also consolidating our position. The high performance program will continue to evolve over the coming year under the guidance of Steven. We must also continue to encourage participation because through participation will come the next champion. We have a group of extremely enthusiastic coaches, we have some very talented divers and we have excellent facilities and we therefore look forward to excellent times for diving in Western Australia.

Harry Morgan AM Chairman of Directors

NEW SOUTH WALES SPRINGBOARD AND PLATFORM DIVING ASSOCIATION

BOARD MEMBERS

Geoff Montgomery	President	
Gillian Brooker	CEO	
David Holloway	Treasurer	
Norma Holland	Registrar	
Madeleine Barnett	Director	
Sue McIlwaine	Director	
Bruce Blackshaw	Director	
Sylvia Blackshaw	Director	
Eric Brooker (Peter Curtis & John Crocker 3 months)		

Director

HIGHLIGHTS OF THE YEAR

- Introduction of State Development Program
- Hosting Age/Masters National Championships
- Hosting 2004 Olympic Trials
- o Preparation in Hosting Junior Elite National Championships
- o Talented Athlete Camp, Sydney Academy of Sport
- NSW Representation in National Teams Loudy Tourky, Steven Barnett, Mathew Helm, Carlie Gidman, Adele Meagher, Anna McIlwaine, Nikki Ng, Kathryn Blackshaw and Peter Hill, Coaches – Chava Sobrino and Vyninka Arlow
- World University Games Christian Brooker, Eric Brooker (official)
- 2003 World Championships July 2003 Mathew Helm 10M Silver, 10M Synchro Gold, Loudy Tourky 10M synchro Sliver.
- Mathew Helm, Steven Barnett and Loudy Tourky selection 2004 Olympic Games
- o Eric Brooker awarded NSW Diving Life Membership
- Sadly, the passing of our President, Mr Geoff Montgomery

HIGH PERFORMANCE PROGRAM

NSWIS Scholarship holders 2003/04: Loudy Tourky (AIS combined), Adele Meagher, Carlie Gidman, Kathryn Blackshaw, Peter Hill, Keryn Milford, Christian Brooker, Luke Jones, Anna McIlwaine - Head Coach, Chava Sobrino and Assistant Coach, Vyninka Arlow.

2004 NSW DEVELOPMENT SQUAD

Dylan Crowther, Ben Reardon, Olivia Wright, Maddie Meagher, Jasmine Considine (Perfect 10) Angus Colloff (Canberra) Thomas Rickards, Jack Rickards (HUDA) Coach Rebecca Manuel

Training for Development Squad commenced in February 2004 with extended training sessions to enhance current training programs and a wide range of activities planned throughout the year. Thanks to the NSWIS for their assistance and expertise in coaching, psychology and biomechanics.

2004 REGIONAL DEVELOPMENT SQUAD

Lauren Cooper, (Canberra), Rhiannan Iffland, Katrina Punton (HUDA), Angel James (Wauchope) Coach Eric Brooker

The Regional Squad gained extra tuition throughout the regional area off season to assist with preparations for the 2004 -05 competition season.

<u>COACHING</u>

Level 1 Coaching courses were conducted in Parkes, Grafton and Knox College, Sydney. Rebecca Manuel and Ben Punton attended the Ron O'Brien Level 2 Coaching Clinic in Melbourne. There have been 8 new accreditations, 5 updates and 25 pending this season.

OFFICIATING

A record number of officials/volunteers from NSW assisted with the Age/Masters Australian Championships in April 2004. Regular judging assessments and official/recording education workshops are conducted throughout the season.

COMPETITIONS

Five Interclubs, State Age/Masters and Junior 1M, 3M and Platform Championships (Summer and Winter), Metropolitan and Country Championships and Parkes Open, Schools Programs.

2003/04 STATE TEAMS

<u>Open</u> Loudy Tourky, Mathew Helm, Steven Barnett, Anna McIlwaine, Carlie Gidman, Christian Brooker, Kathryn Blackshaw, Keryn Milford and Nicole Ng.

<u>Age</u> Dylan Crowther, Adam Payne, Bianca Bratton, Nicole Laird, Jasmine Considine, Annika Whitford, Rhiannon Iffland, Giley Aley, David Elliott, Maddie Meagher, Olivia Wright, Katrina Punton, Jonathon Meagher, Todd Allen, Laura Fletcher

<u>Junior</u> Kathryn Blackshaw (Captain), Thomas Rickards, Peter Hill, Keryn Milford, Giles Aley, James Bryan, Olivia Wright, Jonathon Meagher, Ben Reardon, Jasmine Considine, Jack Rickards, Angus Colloff

DIVING AUSTRALIA AWARDS

Open Female Diver of the Year - Loudy Tourky **Open Male Diver** of the Year - Mathew Helm.

DIVING AUSTRALIA AGE AWARDS

Divers of the Year 16/18 yrs Female - Laura Fletcher 14/15 yrs Male - Johnathon Meagher 14/15 yrs Female - Olivia Wright 12/13 yrs Female - Jasmine Considine 11 yrs & under Male - Dylan Crowther Coach of the Year Age Championships - Chava Sobrino Club of the Year – Perfect 10

2004 AUSTRALIAN MASTERS CHAMPIONSHIPS

Outstanding Masters Diver of the Year Male - Ken Grove, Outstanding Masters Diver of the Year Female - Tiffany Cripps Coach of the Year Masters Championships – Eric Brooker <u>State of the Year Australian Age/Masters Championships</u> - NSW <u>State Team Challenge</u> – NSW

FACILITIES

A number of facilities were used in the Metropolitan and Country regions: Wagga Wagga, Newcastle, Parkes, Grafton, Parramatta, Abbotsleigh, Sydney Olympic Park Aquatic Centre and Warringah.

MARKETING AND PROMOTION

In September, 2003 our Association was involved in the "Sydney Olympic Park Alive" activities promoting diving. Free diving lessons were provided for 60 new participants. Our newsletter Board Talk is disseminated throughout Australia and friends around the world. Press Officer recently appointed to monitor, review and develop publicity received.

FUTURE PLANS

The development of a new four year 2005 - 2009 Strategic Business Plan will be proceeding in the near future. One of our output areas will be Respect and Responsibility in Sport – Fair play on and off the field. Plans for a new website and logo are well under way. We also hope to adopt a new constitution at a Special General Meeting in December, 2004 and change the Association name to Diving NSW Incorporated at our Half Yearly meeting in November, 2004. We also look forward to being involved with the Australian Olympic Youth Festival to be held at Homebush in January, 2005.

Gillian Brooker CEO New South Wales Springboard and Platform Diving Association

TASMANIAN DIVING ASSOCIATION

INTRODUCTION

The Association has worked hard on establishing a more appropriate governance framework throughout the past year. The TDA now has a Strategic Plan for 2003-2006 against which we will be able to assess progress for the past year. Importantly, establishing this firm foundation will allow the Association to access more easily Government funding for a range of developmental needs. Our 'library' is growing and now includes many of the documents needed to run the Association including information for new divers and parents on what to expect when entering the sport, forms and information on our competitions, the Association By-Laws, various codes and policies coving such areas as OH and S, and Code of Conduct for Athletes and Coaches to name a few.

Current Board Members

President: Vice President:	Alex Brownlie
Director of Sport Development:	Lisa Verrier
Director of Competitions:	Max Swain
Chairman of Selectors:	Tiana Phillips
Delegate: Southern area	Barbara Webb
Delegate: Northern area	Julie Coldicott
Officers of the Association	
Secretary:	Sue Clifford
Treasurer:	Sue Clifford
Public Officer:	Alex Brownlie
Coordinator of Coaching:	Max Swain
Coordinator of Junior Development:	Rebecca Castle
Selector 2:	Tiana Phillips
Selector 3:	Anna Smith
DA Delegate:	Sue Clifford
Registrar:	Barbara Fleming
Chief Referee:	Max Swain

LEADERSHIP AND MANAGEMENT PLAN

Objective- Highly developed management plan to allow continuity and effective administration of the Tasmanian Diving Association.

- Sue attended the AGM in Adelaide November 2003 and also participated in a workshop on Corporate Governance. This was very informative and provided Sue with the direction required to develop and implement procedures for TDA.
- > Financial records have been maintained on MYOB and this is a continued expectation of TDA.
- Strategic Plan is running to plan and performance indicators will be reviewed again in 2005 to ensure completion of plan before preparation for the following three years.
- The yearbook has been reviewed and now incorporates the By-Laws of the Association, which includes job descriptions for all board members.
- A Policy and Procedures manual has been formulated to allow for continuity of governing this Association. This manual is accessible via the secretary and will be available on the web site shortly. Amendments will be made to this manual as required.
- An integral part of our strategic plan was to review and amend as required the Constitution to bring it in to line with the DA Model. The new constitution was adopted on May 1st and will be reviewed as required.

SPORTS EXCELLENCE

Objective- To continue development of State Development Squad and State Elite Athlete program, and provide the opportunity for each individual to achieve their personal best.

- National Pathways are now clearly evident with the provision of the DA document received in February of this year.
- The State Elite Athlete program is still undergoing review and the Director of Coaching will make a report in relation to this.

PARTICIPATION PROGRAM

Objective- To provide the opportunity for all athletes of various abilities to be able to participate in a positive and friendly environment and allow them to increase their individual personal performance plus increase the number of registered participants.

Membership has grown substantially over the last 12 months. Membership as at:

	HSDC	LSDC	TOTAL
September 2003	40	38	78
May 2004	69	47	116

HSDC continues to gain members at a steady pace. These figures do not include Life Members (7)

COMPETITIONS

State Comps 2003-2	004				
Levels Comp	July	2003	#19	Comps	#15
TDA SQ	August	2003	#12	Comps	#
State Winters	November	2003	#14T/12F	Comps	#36
National Open	January	2004	#	Comps	
SQT	March	2004	#18	Comps	#16
State Summers	March	2004	#23	Comps	#20

National Age	April	2004	#6	Comps	#11
All Schools	April	2004	#62	Comps	#67
National Junior	July	2004	#1	Comps	#1

COACH EDUCATION AND OFFICIATING POLICY

Objective- Provide ongoing Professional development to all coaches and introduce a State Officiating Policy for all officials.

- Objectives have been more than met. TDA is required to accredit 2 Level 1 coaches per annum but this year has accredited 7.
- > With many thanks to Mr Max Swain officials now have access to a very professional training resource.
- > TDA has increased the number of Officials this year.
- > The Secretary currently maintains a Judges database.
- A judge's course was conducted in Hobart that resulted in Lisa Verrier with a Level 3 accreditation and 3 new Judges, Mick Verrier, Ken Webb and Chris Hass who attained their Level 2.
- Sue, Julie and Lisa gained a lot of experience judging at the National Age Championships in Sydney. Denis also seized the opportunity to partake in some shadow judging.
- Max and Sue attended the Ron O'Brien coaching course that was conducted at MSAC. The weekend for Sue meant a whole new level of understanding the technique and skill components of diving.

COACHES COURSE MAY/JUNE 2004

Ashlee Webb/Mel Kateros Tanya Saville/Bec Thomson, Claire Helen Nibbs, Grant Nell, Rochelle Sue Clifford, Tegan Radin, Huston.

SPORT AND RECREATION GRANT

Funding received of \$5255.80. Sport and Rec have provided \$2366.00 for TDA Coaches Course and \$2412.00 for TDA Officials Course \$477.80 was GST component but we are no longer registered.

SPONSORSHIP

Williams Electrical very kindly donated State tracksuits to the Association. These tracksuits will be retained by divers and returned upon retirement for use by other competitors.

FINANCES

The financial position of the Association is at a healthy \$4 316.21 (includes payment of outstanding accounts to the 27 August.), and Sue is to be commended for the hard work that has gone into developing our new accounting practices. It was one of my aims last year to see a measure of financial stability for TDA and with the results achieved for 2002-2003 I believe we are well on the way to achieving it.

Alex Brownlie President Tasmanian Diving Association

FINANCIAL REPORT



DIVING AUSTRALIA Independent Audit Report For Year Ending 30th June 2004

To the members of Diving Australia Incorporated

SCOPE

We have audited the attached financial report, being a special purpose financial report of Diving Australia Inc, for the year ended 30th June 2004, as set out in the Statement by Members of the Board, Profit and Loss Statement, Balance Sheet, Notes to Financial Statements. The Board is responsible for the financial report and has determined the accounting policies used and described in Note 1 to the financial statements which form part of the financial report are consistent with the financial reporting requirements of the Associations Incorporation Act and are appropriate to meet the needs of the members. We have conducted an independent audit of this financial report in order to express an opinion on them to the members of the association. No opinion is expressed as to whether the accounting policies used are appropriate to the needs of the members.

The financial reports have been prepared for distribution to members for the purpose of fulfilling the financial reporting requirements under the constitution and the reporting requirements under the constitution and the reporting requirements under the Associations Incorporation Act. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

Our audit has been conducted in accordance with Australia Auditing Standards. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with accounting policies described in Note 1, so as to present a view which is consistent with our understanding of the association's financial position, and performance as represented by the results of its operation. These policies do not require the application of all Accounting Standards and other mandatory professional reporting requirements in Australia.

The audit opinion expressed in this report has been formed on the above basis.

AUDIT OPINION

In our opinion, the financial report presents fairly, in accordance with the accounting policies described in Note 1 to the financial statements, the financial position of Diving Australia Inc. as at 30th June 2004 and the results of its operations for the year then ended.

ALLENS AUSTRALIA PTY LTD CHARTERED ACCOUNTANTS A.B.N. 78 902 493 703

Name of Partner: Terence James Smith

- Address: BRISBANE
- Dated: 8 November 2004

DIVING AUSTRALIA INCORPORATED STATEMENT BY MEMBERS OF BOARD

The board has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

The members of the board declare that:

- 1. the financial statements and notes, presents fairly the association's financial position as at 30th June 2004 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements;
- 2. in the opinion of the members of the board there are reasonable grounds to believe that the association will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

.....

Board Member

A Wilson

.....

Board Member

J Hillard

Dated: 8 November 2004

.....

DIVING AUSTRALIA INC PROFIT AND LOSS STATEMENT FOR THE YEAR ENDED 30TH JUNE 2004

	Note	2004 \$	2003 \$
OPERATING PROFIT (LOSS) BEFORE INCOME TAX Income tax expense attributable to operating profit		(81)	(24,433)
OPERATING PROFIT (LOSS) AFTER INCOME TAX		(81)	(24,433)
Retained profits at the beginning of the financial year		107,476	131,909
TOTAL AVAILABLE FOR APPROPRIATION		107,395	107,476
RETAINED PROFITS (ACCUMULATED LOSSES) AT THE END OF THE FINANCIAL YEAR		107,395	107,476

DIVING AUSTRALIA INC BALANCE SHEET AS AT 30TH JUNE 2004

	Note	2004 \$	2003 \$
CURRENT ASSETS			
Cash		173,766	97,798
Receivables	2	87,973	9,029
Other	3	13,649	57,275
TOTAL CURRENT ASSETS		275,388	164,102
NON-CURRENT ASSETS			
Property, plant, equipment	4	8,727	5,523
TOTAL NON-CURRENT ASSETS		8,727	5,523
TOTAL ASSETS		284,115	169,625
CURRENT LIABILITES			
Creditors and borrowings	5	153,510	38,627
Provisions	6	23,210	23,522
TOTAL CURRENT LIABILITIES		176,720	62,149
TOTAL LIABILITIES		176,720	62,149
NET ASSETS		107,395	107,476
EQUITY Retained profits		107,395	107,476

DIVING AUSTRALIA INC NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2004

1 STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act 1991 (ACT). The board has determined that the association is not a reporting entity.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Act 1991 (ACT) and the following Australian Accounting Standards:

AAS 4 : Depreciation of Non-Current Assets AAS 5 : Materiality AAS 8 : Events Occurring after Reporting Date

No other Australian Accounting Standards, Urgent Issues Group Consensus View or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report is prepared on an accruals basis and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report:

Income Tax

Non-Member income of the association only is assessable for income tax, as member income is excluded under the principle of mutuality.

Property, Plant and Equipment

Property, plant and equipment are carried at cost, independent or director's valuation.

Employee Entitlements

Provision is made for the association's liability for employee entitlements arising from services rendered by employees to balance date. All employee entitlements arising from annual leave and long service leave, calculated on a proportional basis after eight years even though no legal liability exists until after ten years of service, have been measured at their nominal amount.

Contributions are made to employee superannuation funds and are charged as expenses when incurred.

Revenue Recognition

Membership Fees

Revenue from membership fees are recognised progressively over the period the membership relates. Membership fees are based on a financial year basis.

Grants Income

Revenue from Grants is brought to account as income as expenditure relating to the grants is incurred. Where Grants are received in advance they are brought to account at balance date as Income in Advance.

DIVING AUSTRALIA INC NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2004

		2004 \$	2003 \$
2	RECEIVABLES		
	CURRENT Trade Debtors	87,748	6,118 2,665
	Sundry Debtors	225	246
		87,973	9,029
3	OTHER ASSETS		
	CURRENT		
	Prepayments	13,649	57,275
4	PROPERTY, PLANT & EQUIPMENT		
	Office Furniture & Equipment	51,085	45,591
	Less: Accumulated Depreciation	42,358	40,068
		8,727	5,523
	Total property, plant & equipment	8,727	5,523
5	CREDITORS & BORROWINGS		
	CURRENT		
	Income in Advance	70,500	-
	Trade Creditors	75,697	36,659
	Other Creditors Commonwealth Bank Mastercard – Godden	-	480 429
	Commonwealth Bank Mastercard – Godden	-	429
	GST Payable	7,313	1,030
		7,313	1,030
		153,510	38,627
6	PROVISIONS		
	CURRENT		
	Provision for Annual Leave	12,684	12,684
	Provision for Long Service Leave	10,526	9,538
	Superannuation Payable		1,300
		23,210	23,522

DIVING AUSTRALIA INC NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH JUNE 2004

2004 2003 \$ \$

7 RELATED PARTIES

Board members

The names of persons who were board members of the Association during the financial year are:

Philip Pullar Robyn Arlow Ashley Wilson Julie Kent Michael Murphy David Lyons John Hillard

8 ASSOCIATION DETAILS

(a) Association Details

The Association is incorporated under the Associations Incorporation Act 1991 (ACT)

(b) Locations

The registered office and principal place of business of the Association is:

Chandler QLD 4155

(c) Principal Activity

The principal activity of the Association during the financial year was the administration of the sport of diving in Australia.

MEMBERSHIP

2003-2004 REGISTERED MEMBERS

			Compe	titors			Non-Competitors				
State	Jun	ior	Ор	en	Fun D	Dive	Offic	ials	Coa	ches	TOTAL
	F	М	F	Μ	F	Μ	F	Μ	F	Μ	
NSW	84	56	13	12	205	151	16	16	23	17	593
VIC	147	62	5	2	210	156	41	12	38	18	691
SA	74	31	6	4	280	155	6	2	11	5	574
WA	50	14	0	0	205	122	8	3	14	5	421
QLD	110	49	1	0	211	159	88	28	10	9	665
TAS	82	35	0	2	52	49	32	15	7	5	279
Total	547	247	25	20	1,163	792	191	76	103	59	3,223

LIFE MEMBERS

Jack Barnett Clive Morton Frank Murphy, AM Shirley Panayi Bill Richards John Sherry Valerie Beddoe Dot Gamble Robyn Arlow Peter Panayi Bruce Prance Jack Sanders Steve Foley Madeleine Barnett

NATIONAL SQUADS

2003-2004 AIS SCHOLARSHIP HOLDERS

Robert Newbery	SA	Chantelle Michell	VIC
Mathew Helm	NSW	Loudy Tourky	NSW
Steven Barnett	NSW	Lynda Dackiw	SA
Gene Kimlin	QLD	Nicole Ng	NSW
Matthew Mitcham	QLD	Sharleen Stratton	QLD

2003-2004 NATIONAL SQUAD ATHLETES

Robert Newbery	SA	Chantelle Michell	VIC
Mathew Helm	NSW	Loudy Tourky	NSW
Steven Barnett	NSW	Irina Lashko	VIC
Matthew Cooper	QLD	Lynda Dackiw	SA
Luke Jones	NSW	Nicole Ng	NSW
		Anna McIlwaine	NSW

2003-2004 DEVELOPMENT SQUAD ATHLETES

Gene Kimlin	QLD
Matthew Mitcham	QLD

Adele Meagher	NSW
Liesl Ischia	VIC
Carlie Gidman	NSW

2003-2004 "BEIJING" SQUAD ATHLETES

Peter Hill	NSW
Grant Nel	VIC
Scott Robertson	VIC

Kathryn Blackshaw	NSW
Louise Gabrovsek	SA
Elise Ntoumenopoulos	WA
Yasmin Roos	VIC
Sharleen Stratton	QLD
Josie Wilson	VIC

INTERNATIONAL COMPETITIONS

10th FINA World Championships, Barcelona, Spain

Athletes

Irina Lashko	1 Metre				
Loudy Tourky		3 Metre	10 Metre		10 Metre Syn
Lynda Dackiw			10 Metre	3 Metre Syn	10 Metre Syn
Chantelle Michell	1 Metre	3 Metre		3 Metre Syn	
Robert Newbery		3 Metre	10 Metre	3 Metre Syn	10 Metre Syn
Steven Barnett	1 Metre	3 Metre		3 Metre Syn	
Mathew Helm			10 Metre		10 Metre Syn
Coaches:	Hui Tong,	Wang Tong	Xiang, Salva	dor Sobrino, Pete	er Panayi
Team Manager:	Julie Kent				
Massage Therapist:	Song Xu H	Hua (Dr Song	g)		

Biomechanist:	Lee N	icholson
Judge:	Wend	y Pullar

14th FINA Diving World Cup, Athens, Greece

Andrew Heath

Athletes

Video:

Robert Newbery (SA) Steven Barnett (NSW)	3 Metre 3 Metre	Platform	3 M Synchro 3 M Synchro	Platform Synchro
Mathew Helm (NSW) Irina Lashko (VIC)	3 Metre	Platform		Platform Synchro
Loudy Tourky (NSW) Nicole Ng (NSW)	3 Metre	Platform Platform		Platform Synchro
Chantelle Michell (VIC) Lynda Dackiw (SA)			3 M Synchro 3 M Synchro	Platform Synchro
Coaches <i>:</i> Team Manager:	Hui Tong, Wang Tong Xiang, Peter Panayi Julie Kent			
Massage Therapist: Judges:	Song Xu Hua Madeleine Bar	· · · · · · · · · · · · · · · · · · ·	ullar	

2004 FINA China Grand Prix, Zhuhai, China

Athletes

Athlataa

Steven Barnett	3 Metre	
Robert Newbery	3 Metre	10 Metre
Mathew Helm		10 Metre
Lynda Dackiw		10 Metre
Sharleen Stratton	3 Metre	
Kathryn Blackshaw	3 Metre	
		. <i></i>
Coach:	Wang Tong	
Team Manager:	Mary Godd	en
R	o v u	

3 Metre Synchro 3 Metre Synchro 10 Metre Synchro 10 Metre Synchro

Massage Therapist: Song Xu Hua (Dr. Song)

2004 FINA Canada Grand Prix, Victoria, Canada 2004 FINA USA Grand Prix, The Woodlands, Texas

3 Metre		3 Metre Synchro	
3 Metre	10 Metre		10 Metre Synchro
			10 Metre Synchro
	10 Metre	3 Metre Synchro	•
3 Metre	10 Metre	3 Metre Synchro	10 Metre Synchro
	10 Metre	·	10 metre Synchro
3 Metre		3 Metre Synchro	
Hui Tong, W	ang Tong Xiar	ng, Peter Panayi	
Julie Kent			
Song Xu Hua	a (Dr. Song)		
Madeleine B	arnett		
	3 Metre 3 Metre 3 Metre Hui Tong, W Julie Kent Song Xu Hua	3 Metre 10 Metre 10 Metre 3 Metre 10 Metre 10 Metre 3 Metre Hui Tong, Wang Tong Xiar	3 Metre10 Metre3 Metre10 Metre3 Metre Synchro3 Metre10 Metre3 Metre Synchro10 Metre3 Metre Synchro3 Metre3 Metre SynchroHui Tong, Wang Tong Xiang, Peter PanayiJulie KentSong Xu Hua (Dr. Song)

7th FINA Diving Grand Prix Super Final, Mexico City, Mexico, 19-20 June 2004

Athletes				
Loudy Tourky		10 Metre		10 Metre Synchro
Chantelle Newbery		10 Metre	3 Metre Synchro	10 Metre Synchro
Irina Lashko	3 Metre		3 Metre Synchro	
Robert Newbery	3 Metre	10 Metre	3 Metre Synchro	10 Metre Synchro
Mathew Helm		10 Metre		10 Metre Synchro
Steven Barnett	3 Metre		3 Metre Synchro	
Coaches:	Hui Tong, V	Vang Tong Xia	ng, Peter Panayi	
Team Manager:	Lawrie Fabi	an		

NATIONAL COMPETITIONS

2004 AUSTRALIAN OPEN CHAMPIONSHIPS, HOBART, 9-11 JANUARY GOLD MEDALLISTS

EVENT	ATHLETE	STATE
Men's 1 Metre	Steven Barnett	NSW
Women's 1 Metre	Liesl Ischia	VIC
Men's 3 Metre	Robert Newbery	SA
Women's 3 Metre	Irina Lashko	VIC
Men's Platform	Mathew Helm	NSW
Women's Platform	Loudy Tourky	NSW
Men's 3 Metre Synchro	Robert Newbery	SA
-	Steven Barnett	NSW
Women's 3 Metre Synchro	Lynda Dackiw	SA
	Chantelle Michell	VIC
Men's Platform Synchro	Robert Newbery	SA
	Mathew Helm	NSW
Women's Platform Synchro	Loudy Tourky	NSW
	Chantelle Michell	VIC

2004 AUSTRALIAN ELITE JUNIOR CHAMPIONSHIPS, SYDNEY, 9-11 JULY GOLD MEDALLISTS

EVENT	ATHLETE	STATE
Boy's A 1 Metre	Matthew Mitcham	QLD
Boy's A 3 Metre	Matthew Mitcham	QLD
Boy's A Platform	Matthew Mitcham	QLD
Girl's A 1 Metre	Sharleen Stratton	QLD
Girl's A 3 Metre	Sharleen Stratton	QLD
Girl's A Platform	Kathryn Blackshaw	NSW
Boy's B 1 Metre	Lockhart Brownlie	TAS
Boy's B 3 Metre	Cody Caldwell	SA
Boy's B Platform	Cody Caldwell	SA
Girl's B 1 Metre	Rachel Bugg	SA
Girl's B 3 Metre	Natasha Cocker	WA
Girl's B Platform	Rachel Bugg	SA
Boy's C 1 Metre	Jesse Carver	QLD
Boy's C 3 Metre	Jesse Carver	QLD
Boy's C Platform	Jack Rickards	NSW
Girl's C 1 Metre	Julienne O'Rourke	VIC
Girl's C 3 Metre	Amana Rolland	QLD
Girl's C Platform	Amana Rolland	QLD
Boy's 3 Metre Synchro	Matthew Mitcham	QLD
	Scott Robertson	VIC
Girl's 3 Metre Synchro	Sharleen Stratton	QLD
-	Elise Ntoumenopoulos	WA

2004 AUSTRALIAN AGE CHAMPIONSHIPS, SYDNEY, 12-15 APRIL GOLD MEDALLISTS

EVENT	ATHLETE	STATE
Boy's 16/18 Yrs 1 Metre	Todd Allen	NSW
Boy's 16/18 Yrs 3 Metre	Todd Allen	NSW
Boy's 16/18 Yrs Platform	Charlie Dicello	QLD
Girl's 16/18 Yrs 1 Metre	Laura Fletcher	NSW
Girl's 16/18 Yrs 3 Metre	Laura Fletcher	NSW
Girl's 16/18 Yrs Platform	Laura Fletcher	NSW
Boy's 14/15 Yrs 1 Metre	Johnathon Meagher	NSW
Boy's 14/15 Yrs 3 Metre	Johnathon Meagher	NSW
Boy's 14/15 Yrs Platform	Giles Aley	NSW
Girl's 14/15 Yrs 1 Metre	Kirsten Slapp	QLD
Girl's 14/15 Yrs 3 Metre	Olivia Wright	NSW
Girl's 14/15 Yrs Platform	Olivia Wright	NSW
Boy's 12/13 Yrs 1 Metre	Lachlan Hopgood	SA
Boy's 12/13 Yrs 3 Metre	Lachlan Hopgood	SA
Boy's 12/13 Yrs Platform	Lachlan Hopgood	SA
Girl's 12/13 Yrs 1 Metre	Jasmine Considine	NSW
Girl's 12/13 Yrs 3 Metre	Jasmine Considine	NSW
Girl's 12/13 Yrs Platform	Jasmine Considine	NSW
Boy's 11/U 1 Metre	Dylan Crowther	NSW
Boy's 11/U 3 Metre	Dylan Crowther	NSW
Boy's 11/U Platform	Dylan Crowther	NSW
Girl's 11/U 1 Metre	Amber Cameron	SA
Girl's 11/U 3 Metre	Amber Cameron	SA
Girl's 11/U Platform	Grace Gibbons	QLD
Boy's & Girls 3 Metre Synchro	Kirsten Slapp	QLD
	Emily Robinson	QLD

2004 AUSTRALIAN MASTER'S CHAMPIONSHIPS, SYDNEY, 12-15 APRIL GOLD MEDALLISTS

EVENT	ATHLETE	STATE
Men's 19-29 Yrs 1 Metre	Colin Short	QLD
Men's 19-29 Yrs 3 Metre	Owen Davis	WA
Men's 19-29 Yrs Platform	John Galiatsatos	NSW
Men's 30-39 Yrs 1 Metre	Stephen Shaw	NSW
Men's 30-39 Yrs 3 Metre	Rohan Blake	VIC
Men's 30-39 Yrs Platform	Stephen Shaw	NSW
Men's 40-49 Yrs 1 Metre	Brett Austine	NSW
Men's 40-49 Yrs 3 Metre	Brett Austine	NSW
Men's 40-49 Yrs Platform	Brett Austine	NSW
Men's 50-59 Yrs 1 Metre	Ken Grove	NSW
Men's 50-59 Yrs 3 Metre	Ken Grove	NSW
Men's 50-59 Yrs Platform	Ken Grove	NSW
Men's 60-69 Yrs 1 Metre	Jon Nicholls	VIC
Men's 60-69 Yrs 3 Metre	Jon Nicholls	VIC
Women's 19-29 Yrs 1 Metre	Sally Fairbairn	VIC
Women's 19-29 Yrs 3 Metre	Tiffany Cripps	NSW
Women's 19-29 Yrs Platform	Tiffany Cripps	NSW
Women's 30-39 Yrs 1 Metre	Barbie Donnett-Carver	VIC
Women's 40-49 Yrs 1 Metre	Elizabet Mironowicz	NSW
Women's 40-49 Yrs Platform	Elizabet Mironowicz	NSW
Women's 70+ Yrs 1 Metre	Pearl Heenan	VIC

ANNUAL AWARDS

The following members were recognized for their achievements during 2003-2004 as part of the 2004 Annual Awards Ceremony:

OPEN AWARDS

- Open Male Diver of the Year
- Open Female Diver of the Year

ELITE JUNIOR AWARDS

- Diver of the Year Group A Male
- Diver of the Year Group A Female
- Diver of the Year Group B Male
- Diver of the Year Group B Female
- Diver of the Year Group C Male
- Diver of the Year Group C Female
- Coach of the Year Elite Junior
- State of the Year Elite Junior

AGE GROUP AWARDS

- Diver of the Year 16/18 Yrs Male
- Diver of the Year 16/18 Yrs Female
- Diver of the Year 14/15 Yrs Male
- Diver of the Year 14/15 Yrs Female
- Diver of the Year 12/13 Yrs Male
- Diver of the Year 12/13 Yrs Female
- Diver of the Year 11 & Under Male
- Diver of the Year 11 & Under Female
- Coach of the Year Age Championships
- Junior Coach of the Year
- State of the Year
- Club of the Year

Charlie Dicello (QLD) Laura Fletcher (NSW) Johnathon Meagher (NSW) Olivia Wright (NSW) Lachlan Hopgood (SA) Jasmine Considine (NSW) Dylan Crowther (NSW) Amber Cameron (SA) Chava Sobrino (NSW) Sally Fairbairn (VIC) New South Wales Perfect 10 (NSW)

MASTERS AWARDS

- Masters Diver of the Year Male
- Masters Diver of the Year Female
- Coach of the Year Masters

Ken Grove (NSW) Tiffany Cripps (NSW) Eric Brooker (NSW)

Matthew Mitcham (QLD) Kathryn Blackshaw (NSW) Cody Caldwell (SA) Rachel Bugg (SA) Jesse Carver (QLD) Amana Rolland (QLD) Chava Sobrino (NSWIS) Queensland

Mathew Helm (NSW) Loudy Tourky (NSW)