



**LEVEL 1 COACH
COMPETENCIES**

Evidence of competencies can be shown at modified versions of hockey or lower levels of club/ school hockey in Australia.

Level 1 Coaching Competencies	
Manage Self	<ul style="list-style-type: none"> 9. Develop a coaching philosophy 10. Display proficiency of basic hockey skills 11. Plan and prepare for training sessions and matches 12. Display an enthusiastic and organised approach to coaching
Manage Athletes	<ul style="list-style-type: none"> 13. Teach basic hockey rules 14. Coach basic technical hockey skills 15. Instruct players in the basic requirements of playing positions 16. Conduct a training session and perform role of match day coach 17. Demonstrate positive and clear communication skills 18. Identify the needs and development of junior players as per the Junior Hockey Policy
Manage Others	<ul style="list-style-type: none"> 19. Communicate and work cooperatively with officials, parents, volunteers and administrators
Manage Environment	<ul style="list-style-type: none"> 20. Undertake measures to ensure a safe training session 21. Cooperate with other users of training/ competition facilities 22. Abide by the Coaches Code of Behaviour