



LEVEL 2 COACH COMPETENCIES

Evidence of competencies can be shown at full field matches including lower levels of club/ school hockey in Australia, **not including Hookin2Hockey and modified versions of the game.**

MANAGE SELF

23. Identify communication methods applicable to coaching
24. Identify match playing styles and structures
25. Display an understanding of sports science theory/ practices and principles of training
26. Plan and prepare progressive training sessions to achieve identified objectives
27. Plan and prepare to achieve identified match objectives
28. Review training sessions and match coaching performance

MANAGE ATHLETES

29. Conduct a training session and perform role of match day coach
30. Devise training sessions that are designed to meet identified objectives
31. Coach technical hockey skills and tactics (including goal keeping)
32. Instruct players in the requirements of playing positions
33. Modify training program to suit the needs & development of players
34. Promote enjoyment and satisfaction amongst players in an inclusive manner
35. Provide constructive feedback to individual players and team

MANAGE OTHERS

36. Apply a positive and cooperative attitude towards coaches, team management, officials, parents and spectators
37. Organise support personnel/ activities appropriate to the needs of training and competition
38. Identify and apply appropriate conflict resolution strategies

MANAGE ENVIRONMENT

39. Identify risk management strategies
40. Identify legal responsibilities
41. Detail the ethical responsibilities of coaches and demonstrate compliance