



LEVEL 1 COACH COMPETENCIES

Evidence of competencies can be shown at modified versions of hockey or lower levels of club/ school hockey in Australia.

MANAGE SELF

9. Develop a coaching philosophy
10. Display proficiency of basic hockey skills
11. Plan and prepare for training sessions and matches
12. Display an enthusiastic and organised approach to coaching

MANAGE ATHLETES

13. Teach basic hockey rules
14. Coach basic technical hockey skills
15. Instruct players in the basic requirements of playing positions
16. Conduct a training session and perform role of match day coach
17. Demonstrate positive and clear communication skills
18. Identify the needs and development of junior players as per the Junior Hockey Policy

MANAGE OTHERS

19. Communicate and work cooperatively with officials, parents, volunteers and administrators

MANAGE ENVIRONMENT

20. Undertake measures to ensure a safe training session
21. Cooperate with other users of training/ competition facilities
22. Abide by the Coaches Code of Behaviour