

# HOCKEY QUEENSLAND CONCUSSION ACTION PLAN DURING HQ STATE CHAMPIONSHIPS AND EVENTS:

#### Head contact with:

- Player/Person
- Hockey or venue equipment or structures
- Ground whilst on the field of play



## Play is stopped immediately:

- Umpires and Tech Official remove player from the field/court
- Look for signs and symptoms of Potential Concussion carried out



### No signs/symptoms:

 Player can return to play in line with the Injured player regulation (2mins outdoor and 1min indoor)



#### **Initial Assessment:**

- Carried out by Team Medical Staff and/or Event First Aid
- In accordance with HA Concussion
  Policy and Toolkit documents



## Report form:

- Team Medical Staff and/or Event First Aid complete
- TD obtains Report
- HQ keeps on record



#### Player suffers any of the signs/symptoms:

- Refer to HA Concussions Policy and Toolkit
- Must obtain a Medical Clearance before returning to play
- Written Clearance from the Medical Professional provided to the TD and Team Manager.

REMEMBER IF IN DOUBT, SIT IT OUT!