Overview

The Premier and Sports Minister announced on 24 June that Tasmania will move to Stage 3 restrictions from 12pm on Friday 26 June 2020.

Stage 3 brings with it the following easing of restrictions for sporting facilities:

Full sporting activity that can be conducted in groups of any size including full contact (competition/matches).

Social distancing rules have been amended to 1 person per 2 square meters both inside and out.

Competitive sport can now commence (as guided by the AIS framework for rebooting community sport - Level C) with the following numbers: 500 people for outdoor activities in an undivided space outdoors (includes players, coaches, support staff and officials). Guidelines for spectators on matchday will be released closer to competition commencement.

Our sport may recommence to Stage 3/AIS level C, provided that the following requirements and recommendations are observed and followed.

- Minimise use of shared equipment and facilities
- Minimise unnecessary co-mingling
- Encourage good hygiene, offer hand sanitiser at entrance and exit
- Ensure frequent environmental disinfection cleaning of the premises
- Implement signage/markings to support compliance with current restrictions and advice

The Board and Management of Hockey Tasmania (HT) are committed to delivering a safe, enjoyable and successful Hockey season in 2020. To help us get back on the hockey pitch in accordance with the State Government direction, we have been liaising with the Communities Sport & Recreation and utilising The AIS Framework for Rebooting Sport in a Covid-19 Environment principles to develop the Return to Hockey Guidelines (the Guidelines). As the Guidelines will continue to evolve relying on updated direction by relevant authorities, HT will state the date of when the document was last updated and version number in the footer of the document.

In the event there are changes which will have a material impact on our affiliates’ guidelines or operations, HT will highlight these changes in a summary document and distribute to the members via our social media platforms, email and by updating the relevant information on the HT website.

The Guidelines, in addition to general hygiene advice, will cover advice on movement of people in and out of hockey facilities, hockey activities, use of equipment and communication as they relate to the current restriction level. A new set of guidelines will be issued once we enter another restrictions stage.
General Information

Additional Information
- AIS Framework for rebooting sport
- National Principles for the Resumption of Sport and Recreation Activities

Tasmanian Government
- Roadmap to Recovery timeline
- Plan For Returning to Sport and Recreation
- Hand Washing Procedure - COVID-19 Fact Sheet
- Protect Yourself Protect Others
- Stop the Spread of Germs

Federal Government
- Environmental cleaning and disinfection principles for COVID-19

COVIDSafe App
We encourage the Hockey Community to download the COVID-19 app. The COVIDSafe app helps find close contacts of COVID-19 cases. The app helps state and territory health officials to quickly contact people who may have been exposed to COVID-19.

The COVIDSafe app speeds up the current manual process of finding people who have been in close contact with someone with COVID-19. This means you’ll be contacted more quickly if you are at risk. This reduces the chances of you passing on the virus to your family, friends and other people in the community.

State and territory health officials can only access app information if someone tests positive and agrees to the information in their phone being uploaded. The health officials can only use the app information to help alert those who may need to quarantine or get tested.

The COVIDSafe app is the only contact trace app approved by the Australian Government.

Resumption of Hockey Activities
In preparing the Return to Hockey Guidelines, the safety and protection of the health of individuals and communities has been the primary focus and will remain the focus while the risk of COVID-19 transmission remains.

COVID-19 Symptoms
The Coronavirus can affect individuals in different ways, most infected people will develop mild to moderate symptoms of the virus which may include

- Fever
- Dry Cough
- Tiredness
- Flu like Aches & Pains

Some people may experience the following symptoms

- Nasal Congestion
- Sore Throat
• Runny Nose
• Diarrhea

If you are experiencing any of the above symptoms or have been in contact with someone who has tested positive to COVID-19 or has the above symptoms within the last 14 days, please do not present at a Hockey venue and follow appropriate quarantine and testing requirements.

If you suspect you may have the coronavirus disease (COVID-19) call the dedicated Public Health hotline – 1800 671 738.

Please keep Triple Zero (000) for emergencies only.

Introduction of AIS Framework Level C Activities for Hockey

Communication of Level C Guidelines
AIS Guidelines have been emailed directly to Club Presidents in the first instance. A link to the plans will be placed on the HT website and notification posted on social media sites with regular updates to ensure members are reading most recent versions.

General hygiene measures
• Sharing of equipment is now permitted (Note; HT would prefer individuals to have their own PPE)
  o Hockey sticks, training equipment, hockey balls etc
  o Coaches must wipe down all equipment with sanitiser at the end of each training session
  o Players continue to bring light and dark tops – bibs may be used
• Personal hygiene
  o Shower at home prior to training/ matches and wear clean clothing
  o Shower at home after training and wash clothing to reduce transmission risks
  o Wash your hands before and after training/ matches.
  o Take care to store your mouthguard appropriately when not in use; do not share drink bottles, clothing, towels etc
  o Bring your full water bottle to training with your name clearly visible on the bottle. Participants must not share water bottles.
  o Use hand sanitiser when entering the pitch and as required during your training session and on match days.

Hockey Activities
• Level C Step – Full sporting activity that can be conducted in groups of any size including full contact (competition/ matches).
• Stagger start times to avoid congestion.
• No high fives, handshakes, spitting or contact.

Equipment
• While hockey equipment such as hockey sticks, bibs and goalkeeper gear can now be shared, hockey balls and cones/markers must continue to be cleaned and disinfected following use and prior to being used again.
• Use products that are antiviral, meaning it can kill the virus, such as chlorine-based disinfectants or freshly made diluted bleach solution in accordance with Department of Health guidelines available on the link provided on page 2 of the document.
• Always follow the manufacturers guidelines for the correct mixture when working with chemicals.
• Wash equipment (such as balls, markers etc) in the cleaning mixture, leaving it on for at least ten minutes, before rinsing and drying.

Movement in and out of Venues for training will continue (refer templates for marshalling areas and entry exit points pages 7&8)

Upon arrival at a hockey venue for training all entrants must sign in and out with a club/team official before entering/exiting the venue. HT will provide a template. If an outbreak does occur at your club or within our facilities, the sign in data will need to be provided to HT and relevant authorities in a timely fashion. Minimum details to be collected include:
- Date of entry
- First name and surname
- Time in
- Time out
- Club & team

Hockey Tasmania will also require attendance sheets on match days to ensure we adhere to the limit of 500 spectators (including players, coaches, support staff and officials), HT will be providing further detail prior to competitions commencing.

Please ensure social distancing measures are maintained at sign in/sign out desk by marking spots on the ground and putting up signage where possible and hand sanitiser is available before reaching the sign in/sign out sheets at hockey venues.

The eliminate manual data entry and information gathering Clubs can also access rosterfy, a simple online attendance tracking and reporting platform (Hockey Australia are using this to manage the national teams and has been able to get access at no cost to the clubs (clubs interested please contact HT).

Pitch and Facility Guidelines

• If you are unwell please do not attend training or Hockey Tasmania facilities.
• Spitting is NOT permitted. Any person seen spitting will be asked to leave the facility immediately. Further suspensions may apply.
• Staggered training/ match times for each pitch to limit groups in walk-way/communal areas at once.
• No individual should arrive more than 15 minutes prior to their designated training start time (further detail for match days will be provided separately and prior to competitions commencing).
• Each pitch where possible will have entry and exit points. Participants are to only access the fields and leave the fields via these points. This is to avoid participants from different groups congregating in high traffic areas.
• To avoid groups mingling with other groups, Hockey Tasmania will continue to have marshalling points for each group where they can meet prior to training commencing. We ask that players adhere to these marshalling zones within these guidelines, refer to pages 7 & 8.
• Groups should be prepared for the end of their session and be vacating the field when their session ends, not packing down.
• Groups must vacate the facilities within 5 minutes if their training session finishing.
• Groups are not permitted to enter the field of play prior to their training start time.
• Hockey Tasmania requests that no one enters tech bench areas for any reason during trainings, we also encourage groups to limit use of team bench areas if it can be avoided (on match days these will be accessible).

**Changerooms and Toilets**

The following facilities will remain open:
• Public toilets will remain open with additional cleaning scheduled for these areas.
• Vending machines can be used and will be wiped down regularly.

The following facilities are now open:
• All change rooms (Note: only on match days).
• All café, canteen and bar facilities.

The following facilities remain closed:
• All Hockey Tasmania meeting rooms (this position will be reviewed in the coming weeks)

**Outbreak & Reporting**

If an outbreak of COVID-19 does occur among the Hockey Community, HT and its members must work with the relevant local authorities. Should an outbreak occur, we must be ready to act quickly following instructions which may include restriction of activity, quarantine of teams and close contacts for a specified period.

If a member of your Club tests positive for COVID-19, this should immediately be reported to a Club President or Committee member who will report to HT, providing full name and venue sign in sheets for dates the individual has been on-site. This information will be provided to the relevant authority who will advise of actions to be taken.

**Parent, Guardian, & Spectator Guidelines**

When our competitions commence gatherings are limited to 500 people (including athletes, support staff and officials) in an undivided space outdoors for community sport or a maximum of one person per 2 square meters under the density limit, whichever is less (further details regarding requirements on match days will be provided).

At training a spectator free environment remains the preferred option however for transport and the safety of minors, Juniors (individuals under the age of 18) will be permitted the accompaniment of one adult parent and/or guardian, noting the following:
• Only ONE parent and/or guardian will be allowed entry to a Hockey Tasmania facility with each junior participant.
• Parents and/or Guardians must exercise appropriate social distancing at all times whilst within Hockey Tasmania facilities. Government social distancing and hygiene practices must be observed, including any guidelines that may be specific to your club.
• Major walkways and thoroughfares must be kept clear at all times. It is recommended parents and/or guardians utilise grandstand/seating areas when inside the facility.
• Parents/guardians/spectators are asked to remain well clear of group marshalling points.
Junior participant collection areas will be in operation near the entry to Hockey Tasmania run facilities. These areas will be available for small numbers waiting on collection. Parents/guardians need to be aware that we are aiming to have all participants cleared from the facility within 5 minutes of the scheduled end of each session and plan collection accordingly. Under no circumstances are cars to park in the collection zones the THC.
Tasmanian Hockey Centre
2020 Training Restrictions

*All teams are to remove themselves completely from the training area strictly 10 minutes before the end of their session for cleaning to take place before the following training session. Coach/Manager/Team Official responsible for enforcing this and taking attendance.

Any confusion or questions call THC Groundsperson phone number: 0407 589 480

T1N THC1 Southern Side Marshalling Area
T2N THC2 Northern Side Marshalling Area
T2S THC2 Southern Side Marshalling Area
T3N THC3 Northern Side Marshalling Area
T3S THC3 Southern Side Marshalling Area
T1S THC1 Northern Side Marshalling Area

1 THC2 Exit Point Only
2 THC1 & THC3 Exit Point Only
3 Entry Point Only & Sanitiser Station
4 T3S Exit Point Only
5 T3N Exit Point Only
6 THC1 Entry & Exit Point
7 THC2 Entry & Exit Point

Sanitiser Station
GKP Pre-and-post-training Goalkeeper Preparation Area
Northern Hockey Centre
St. Leonards
2020 Training Restrictions

NHC1 Western Side Marshalling Area
NHC1 Eastern Side Marshalling Area
NHC2 Western Side Marshalling Area
NHC2 Eastern Side Marshalling Area

1. NHC Entry Point Only
2. NHC Exit Point Only
3. NHC1 Entry Point Only
4. NHC1 Exit Point Only
5. NHC2 Entry Point Only
6. NHC2 Exit Point Only

Sanitiser Station

Physical Distancing rules of 1.5m apply at all times.
Please wait before exiting or entering pitches for way to be cleared.
Use hand sanitisers provided around the grounds.
Arrive no earlier than 15 minutes before session, leave immediately after.
Wait only in designated marshalling area before session.