



Kogarah RSL sub-Branch Youth Club Timetable

MONDAY

4.00pm – 5.00pm	Recreational Gymnastics 5-7 Years
5.00pm – 6.00pm	Recreational Gymnastics 8-10 Years
5.30pm – 8.30pm	Levels Gymnastics

TUESDAY

4.00pm – 5.00pm	Jellybeans – Special Needs Gymnastics
5.00pm – 7.00pm	Junior Development 5-10 years

WEDNESDAY

4.00pm – 5.00pm	Preschool Gymnastics 3-6 Years
5.00pm – 6.00pm	Recreational Gymnastics 7-10 Years
6.00pm – 8.30pm	Levels Gymnastics
6.00pm – 8.00pm	Advanced Senior Gymnastics
6.00pm – 7.00pm	Acrobatics / Tumbling
7.00pm – 8.00pm	Adult Flexibility and Fitness

SATURDAY DANCE

8.00am – 9.00am	Adults
9.00am – 10.00am	Juniors
10.00am – 11.00am	Intermediates