

## Individual Meet Results

Meet 7 Competition Day 22 August 2020 22-Aug-20 [Ageup: 31/12/2020]

Location: MARC

Mackay Athletics Club [MKY]

Result	Round	Event	PB Points	Total Points	Improv
<b>Ava Barron (12) F 8657</b>					
13.69 JUNR	F	# 22 Girls 12-13 100m Sprint	---	1	.04
2:53.78 JUNR	F	# 58 Girls 12-13 800m Run	1	2	-4.92
18.66m JUNR	F	# 227 Girls 12-13 Discus	1	2	-1.10
9.51m JUNR	F	# 271 Girls 12-13 Triple Jump	---	1	---
<b>Elias Boatman (07) M 4841</b>					
15.39	F	# 9 Mixed 06-07 80m Sprint	---	1	.11
3.47m	F	# 202 Mixed 06-07 Shot Put	1	2	-0.18
2.33m	F	# 256 Mixed 06-07 Long Jump	1	2	-0.10
26.24	F	# 309 Mixed 06-07 120m Sprint 2x60 Relay	---	1	---
<b>Treasure Boatman (08) F 4889</b>					
20.07	F	# 14 Mixed 08-08 100m Sprint	1	2	-4.48
4:16.01	F	# 54 Mixed 08-08 800m Run	1	2	-3.30
2.93m	F	# 203 Mixed 08-08 Shot Put	---	1	0.09
6.63m	F	# 235 Mixed 08-08 Javelin Turbo	---	1	0.59
<b>Ava Bryant (05) F 4118</b>					
21.57	F	# 7 Mixed 04-05 80m Sprint	---	1	1.14
2.10m	F	# 200 Mixed 04-05 Shot Put	---	1	0.60
1.56m	F	# 254 Mixed 04-05 Long Jump	1	2	-0.32
37.33	F	# 308 Mixed 04-05 120m Sprint 2x60 Relay	---	1	---
<b>Logan Bryant (09) M 3339</b>					
NT	F	# 15 Boys 09-09 100m Sprint	---	1	---
4:19.36	F	# 51 Boys 09-09 800m Run	---	1	9.50
14.52m	F	# 220 Boys 09-09 Discus	1	2	-1.09
2.67m	F	# 258 Boys 09-09 Long Jump	---	1	0.42
<b>Daniel Conroy (72) M 4843</b>					
6.14m	F	# 213 Male 20-Ov Shot Put	1	2	-0.20
18.13m	F	# 245 Male 20-Ov Javelin	1	2	-4.23
<b>Zaide Cornell (09) M 4065</b>					
NT	F	# 15 Boys 09-09 100m Sprint	---	1	---
3:06.54	F	# 51 Boys 09-09 800m Run	1	2	-9.43
13.35m	F	# 220 Boys 09-09 Discus	---	1	---
3.14m	F	# 258 Boys 09-09 Long Jump	1	2	-0.40
<b>Jayda Earl (12) F 4068</b>					
14.82	F	# 22 Girls 12-13 100m Sprint	---	1	.17
5:29.60 JUNR	F	# 68 Girls 12-13 1500m Run	---	1	---
14.29m	F	# 227 Girls 12-13 Discus	---	1	0.26
8.64m JUNR	F	# 271 Girls 12-13 Triple Jump	---	1	---
<b>Grisel Fernandez (12) F 3599</b>					
15.28	F	# 22 Girls 12-13 100m Sprint	---	1	.09
3:39.65	F	# 58 Girls 12-13 800m Run	---	1	---
8.08m	F	# 227 Girls 12-13 Discus	---	1	1.36
3.51m	F	# 265 Girls 12-13 Long Jump	---	1	0.05
<b>Abigail Forster (09) F 4848</b>					
NT	F	# 16 Girls 09-09 100m Sprint	---	1	---
3:47.20	F	# 52 Girls 09-09 800m Run	1	2	-6.7
8.55m	F	# 221 Girls 09-09 Discus	1	2	-0.25
2.24m	F	# 259 Girls 09-09 Long Jump	---	1	0.27
<b>Cooper Forster (11) M 4887</b>					
16.21	F	# 19 Mixed 11-11 100m Sprint	---	1	.42
3:18.89	F	# 55 Mixed 11-11 800m Run	1	2	-11.51
13.90m	F	# 224 Mixed 11-11 Discus	---	1	0.39
3.04m	F	# 262 Mixed 11-11 Long Jump	1	2	-0.01

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Result	Round	Event	PB Points	Total Points	Improv
<b>James Galea (14) M 1811</b>					
18.41	F	# 23 Mixed 14-19 100m Sprint	---	1	.93
25.01m	F	# 244 Mixed 14-19 Javelin	1	2	-2.04
3.00m	F	# 266 Mixed 14-19 Long Jump	---	1	0.55
7.53m	F	# 272 Mixed 14-19 Triple Jump	---	1	0.23
<b>Kevin Galea (52) M 1819</b>					
12.42m	F	# 213 Male 20-Ov Shot Put	1	2	-0.19
38.48m	F	# 245 Male 20-Ov Javelin	---	1	1.97
<b>Charley Greskie (08) M 1818</b>					
22.41	F	# 14 Mixed 08-08 100m Sprint	1	2	-.12
4:56.71	F	# 54 Mixed 08-08 800m Run	1	2	-12.33
3.98m	F	# 203 Mixed 08-08 Shot Put	1	2	-0.05
5.93m	F	# 235 Mixed 08-08 Javelin Turbo	1	2	-0.25
<b>Lucy Hannan (06) F 4871</b>					
22.21	F	# 9 Mixed 06-07 80m Sprint	---	1	---
2.25m	F	# 202 Mixed 06-07 Shot Put	---	1	---
1.38m	F	# 256 Mixed 06-07 Long Jump	---	1	---
30.71	F	# 309 Mixed 06-07 120m Sprint 2x60 Relay	---	1	---
<b>Lacey Howarth (12) F 4100</b>					
16.03	F	# 22 Girls 12-13 100m Sprint	---	1	.30
3:01.96 JUNR	F	# 58 Girls 12-13 800m Run	1	2	-.09
9.37m	F	# 227 Girls 12-13 Discus	---	1	0.24
3.33m	F	# 265 Girls 12-13 Long Jump	---	1	0.07
<b>Skye Howarth (10) F 4149</b>					
16.54	F	# 17 Mixed 10-10 100m Sprint	---	1	.00
3:22.75	F	# 53 Mixed 10-10 800m Run	---	1	5.28
10.21m	F	# 222 Mixed 10-10 Discus	1	2	-0.11
3.18m	F	# 260 Mixed 10-10 Long Jump	---	1	0.05
<b>Haylee Kenworthy (10) F 4141</b>					
18.50	F	# 17 Mixed 10-10 100m Sprint	1	2	-.47
3:51.90	F	# 53 Mixed 10-10 800m Run	---	1	2.68
7.28m	F	# 222 Mixed 10-10 Discus	1	2	-0.18
2.18m	F	# 260 Mixed 10-10 Long Jump	---	1	0.12
<b>Lizanne Kenworthy (43) F 4064</b>					
14.40	F	# 25 Female 20-44 100m Sprint	1	2	-.15
4:28.86	F	# 61 Female 20-44 800m Run	---	1	47.52
7.67m	F	# 214 Female 20-44 Shot Put	---	1	0.33
16.77m	F	# 246 Female 20-44 Javelin	---	1	3.52
<b>Luke Kenworthy (08) M 4108</b>					
19.53	F	# 14 Mixed 08-08 100m Sprint	---	1	.83
4:05.16	F	# 54 Mixed 08-08 800m Run	1	2	-5.18
2.93m	F	# 203 Mixed 08-08 Shot Put	1	2	-0.07
4.17m	F	# 235 Mixed 08-08 Javelin Turbo	---	1	3.00
<b>Ashlee Lamb (11) F 4125</b>					
15.83	F	# 19 Mixed 11-11 100m Sprint	1	2	-.08
4:11.69	F	# 55 Mixed 11-11 800m Run	---	1	9.79
9.44m	F	# 224 Mixed 11-11 Discus	---	1	0.28
3.19m	F	# 262 Mixed 11-11 Long Jump	1	2	-0.10
<b>Brodie Lamb (05) M 4855</b>					
17.46	F	# 7 Mixed 04-05 80m Sprint	1	2	-.96
2.60m	F	# 200 Mixed 04-05 Shot Put	---	1	0.33
1.73m	F	# 254 Mixed 04-05 Long Jump	1	2	-0.10
30.77	F	# 308 Mixed 04-05 120m Sprint 2x60 Relay	---	1	---

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Location: MARC

Mackay Athletics Club [MKY]

Result	Round	Event	PB Points	Total Points	Improv
<b>Taylah Lamb (09) F 4127</b>					
NT	F	# 16 Girls 09-09 100m Sprint	---	1	---
3:50.05	F	# 52 Girls 09-09 800m Run	---	1	.69
7.34m	F	# 221 Girls 09-09 Discus	1	2	-1.07
2.89m	F	# 259 Girls 09-09 Long Jump	1	2	-0.42
<b>Lola Lancaster (07) F 4856</b>					
16.53	F	# 9 Mixed 06-07 80m Sprint	---	1	---
1.89m	F	# 202 Mixed 06-07 Shot Put	---	1	0.41
2.04m	F	# 256 Mixed 06-07 Long Jump	---	1	0.15
26.72	F	# 309 Mixed 06-07 120m Sprint 2x60 Relay	---	1	---
<b>Matilda Lancaster (05) F 4886</b>					
21.06	F	# 7 Mixed 04-05 80m Sprint	1	2	-.24
1.63m	F	# 200 Mixed 04-05 Shot Put	1	2	-0.16
.77m	F	# 254 Mixed 04-05 Long Jump	---	1	0.01
30.77	F	# 308 Mixed 04-05 120m Sprint 2x60 Relay	---	1	---
<b>Georgia Leggett (08) F 4072</b>					
17.66	F	# 14 Mixed 08-08 100m Sprint	1	2	-.71
3:44.49	F	# 54 Mixed 08-08 800m Run	1	2	-1:30.37
3.86m	F	# 203 Mixed 08-08 Shot Put	---	1	0.18
6.13m	F	# 235 Mixed 08-08 Javelin Turbo	1	2	-1.13
<b>Natalie Lorroway (49) F 5986</b>					
6.05m	F	# 215 Female 45-Ov Shot Put	1	2	-0.11
15.20m	F	# 247 Female 45-Ov Javelin	1	2	-1.00
<b>Tahlia McGilvray (08) F 3597</b>					
16.80	F	# 14 Mixed 08-08 100m Sprint	1	2	-.01
3:10.85	F	# 54 Mixed 08-08 800m Run	1	2	-2.72
2.85m	F	# 203 Mixed 08-08 Shot Put	---	1	0.27
6.48m	F	# 235 Mixed 08-08 Javelin Turbo	---	1	1.03
<b>Claire Merrick (09) F 4104</b>					
NT	F	# 16 Girls 09-09 100m Sprint	---	1	---
4:06.59	F	# 52 Girls 09-09 800m Run	---	1	2.46
8.36m	F	# 221 Girls 09-09 Discus	---	1	0.10
2.11m	F	# 259 Girls 09-09 Long Jump	1	2	-0.01
<b>Emily Merrick (06) F 4105</b>					
20.21	F	# 9 Mixed 06-07 80m Sprint	---	1	.12
2.90m	F	# 202 Mixed 06-07 Shot Put	1	2	-0.17
1.34m	F	# 256 Mixed 06-07 Long Jump	---	1	0.24
30.71	F	# 309 Mixed 06-07 120m Sprint 2x60 Relay	---	1	---
<b>Benjamin Minchianski (12) M 3594</b>					
15.43	F	# 21 Boys 12-13 100m Sprint	1	2	-.02
2:57.71	F	# 57 Boys 12-13 800m Run	1	2	-9.99
13.72m	F	# 226 Boys 12-13 Discus	1	2	-1.05
3.38m	F	# 264 Boys 12-13 Long Jump	---	1	0.29
<b>Matthew Minchianski (10) M 3598</b>					
16.06	F	# 17 Mixed 10-10 100m Sprint	1	2	-.37
3:11.98	F	# 53 Mixed 10-10 800m Run	1	2	-11.25
17.07m	F	# 222 Mixed 10-10 Discus	1	2	-0.68
3.36m	F	# 260 Mixed 10-10 Long Jump	---	1	0.32
<b>Maddy Moller (38) F 4859</b>					
6.78m	F	# 214 Female 20-44 Shot Put	---	1	0.02
10.34m	F	# 246 Female 20-44 Javelin	---	1	9.60
<b>Alanna Oliver (05) F 4860</b>					
16.77	F	# 7 Mixed 04-05 80m Sprint	1	2	-.57
1.47m	F	# 200 Mixed 04-05 Shot Put	---	1	0.19

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1.03m	F	# 254 Mixed 04-05 Long Jump	---	1	0.19
27.36	F	# 308 Mixed 04-05 120m Sprint 2x60 Relay	---	1	---
<b>Gemma Richards (11) F 4121</b>					
16.87	F	# 19 Mixed 11-11 100m Sprint	---	1	.16
4:34.39	F	# 55 Mixed 11-11 800m Run	---	1	9.24
11.88m	F	# 224 Mixed 11-11 Discus	1	2	-1.78
3.03m	F	# 262 Mixed 11-11 Long Jump	1	2	-0.05
<b>Imogen Robinson (05) F 4863</b>					
18.03	F	# 7 Mixed 04-05 80m Sprint	1	2	-.81
1.82m	F	# 200 Mixed 04-05 Shot Put	---	1	0.06
1.14m	F	# 254 Mixed 04-05 Long Jump	1	2	-0.03
27.36	F	# 308 Mixed 04-05 120m Sprint 2x60 Relay	---	1	---
<b>Logan Robinson (07) M 4884</b>					
16.92	F	# 9 Mixed 06-07 80m Sprint	1	2	-.35
3.09m	F	# 202 Mixed 06-07 Shot Put	1	2	-0.06
1.97m	F	# 256 Mixed 06-07 Long Jump	1	2	-0.16
26.24	F	# 309 Mixed 06-07 120m Sprint 2x60 Relay	---	1	---
<b>Nomar Romero (39) M 4079</b>					
13.05	F	# 24 Male 20-Ov 100m Sprint	---	1	.18
2:55.80	F	# 60 Male 20-Ov 800m Run	1	2	-3.69
5.69m	F	# 213 Male 20-Ov Shot Put	1	2	-0.26
20.62m	F	# 245 Male 20-Ov Javelin	1	2	-0.05
<b>Addison Ross (09) F 3321</b>					
NT	F	# 16 Girls 09-09 100m Sprint	---	1	---
4:20.04	F	# 52 Girls 09-09 800m Run	---	1	29.52
9.52m	F	# 221 Girls 09-09 Discus	---	1	0.09
2.72m	F	# 259 Girls 09-09 Long Jump	1	2	-0.01
<b>Jaxon Ross (07) M 3330</b>					
17.42	F	# 9 Mixed 06-07 80m Sprint	1	2	-1.75
3.93m	F	# 202 Mixed 06-07 Shot Put	1	2	-0.25
2.03m	F	# 256 Mixed 06-07 Long Jump	---	1	0.34
26.91	F	# 309 Mixed 06-07 120m Sprint 2x60 Relay	---	1	---
<b>Justin Rule (45) M 4137</b>					
16.09	F	# 24 Male 20-Ov 100m Sprint	---	1	2.50
6:17.60	F	# 70 Male 20-Ov 1500m Run	---	1	---
6.92m	F	# 213 Male 20-Ov Shot Put	---	1	0.18
15.36m	F	# 245 Male 20-Ov Javelin	---	1	3.64
<b>Oliver Rule (15) M 4883</b>					
13.30	F	# 23 Mixed 14-19 100m Sprint	---	1	.17
4:46.50	F	# 69 Mixed 14-19 1500m Run	1	2	-3.80
12.14m	F	# 244 Mixed 14-19 Javelin	---	1	4.69
8.81m	F	# 272 Mixed 14-19 Triple Jump	---	1	---
<b>Toby Rule (13) M 4882</b>					
14.67	F	# 21 Boys 12-13 100m Sprint	1	2	-.35
5:12.40 JUNR	F	# 67 Boys 12-13 1500m Run	---	1	---
15.28m	F	# 226 Boys 12-13 Discus	1	2	-4.10
7.63m	F	# 270 Boys 12-13 Triple Jump	---	1	---
<b>Damian Rutland (16) M 4864</b>					
12.56	F	# 23 Mixed 14-19 100m Sprint	1	2	-.11
4:51.90	F	# 69 Mixed 14-19 1500m Run	1	2	-8.00
15.93m	F	# 244 Mixed 14-19 Javelin	---	1	1.37
9.25m	F	# 272 Mixed 14-19 Triple Jump	---	1	---
<b>Lorraine Rutland (49) F 4111</b>					
15.05	F	# 26 Female 45-Ov 100m Sprint	1	2	-.23

**Individual Meet Results**

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Mackay Athletics Club [MKY]

Result	Round	Event	PB Points	Total Points	Improv
3:39.04	F	# 62 Female 45-Ov 800m Run	---	1	---
<b>Terry Ryan (66) M 4865</b>					
16.69	F	# 24 Male 20-Ov 100m Sprint	---	1	.07
5.72m	F	# 213 Male 20-Ov Shot Put	---	1	1.41
17.25m	F	# 245 Male 20-Ov Javelin	1	2	-1.02
<b>Hayden Simpson (12) M 2892</b>					
15.26	F	# 21 Boys 12-13 100m Sprint	1	2	-1.10
3:19.76	F	# 57 Boys 12-13 800m Run	---	1	---
15.97m	F	# 226 Boys 12-13 Discus	1	2	-0.31
2.86m	F	# 264 Boys 12-13 Long Jump	---	1	0.24
<b>Christine Smith (60) F 4142</b>					
20.06	F	# 26 Female 45-Ov 100m Sprint	---	1	.93
4:00.73	F	# 62 Female 45-Ov 800m Run	---	1	---
6.10m	F	# 215 Female 45-Ov Shot Put	1	2	-0.45
11.65m	F	# 247 Female 45-Ov Javelin	1	2	-0.36
<b>Marley Smith (09) F 4106</b>					
NT	F	# 16 Girls 09-09 100m Sprint	---	1	---
5:59.38	F	# 52 Girls 09-09 800m Run	---	1	58.51
10.83m	F	# 221 Girls 09-09 Discus	---	1	1.11
2.18m	F	# 259 Girls 09-09 Long Jump	---	1	0.13
<b>Olivia Smith (07) F 4107</b>					
19.02	F	# 9 Mixed 06-07 80m Sprint	---	1	---
2.75m	F	# 202 Mixed 06-07 Shot Put	---	1	0.48
1.82m	F	# 256 Mixed 06-07 Long Jump	1	2	-0.02
26.91	F	# 309 Mixed 06-07 120m Sprint 2x60 Relay	---	1	---
<b>Marik Srsen (11) M 4866</b>					
14.71 JUNR	F	# 19 Mixed 11-11 100m Sprint	1	2	-0.02
3:31.21	F	# 55 Mixed 11-11 800m Run	---	1	---
19.76m	F	# 224 Mixed 11-11 Discus	1	2	-0.23
3.38m	F	# 262 Mixed 11-11 Long Jump	---	1	0.24
<b>Isabella Webb (11) F 3326</b>					
15.21	F	# 19 Mixed 11-11 100m Sprint	---	1	.08
3:05.26 JUNR	F	# 55 Mixed 11-11 800m Run	1	2	-9.64
14.14m	F	# 224 Mixed 11-11 Discus	---	1	0.56
3.32m	F	# 262 Mixed 11-11 Long Jump	---	1	0.01
<b>Mikayla Webb (13) F 1826</b>					
13.17 JUNR	F	# 22 Girls 12-13 100m Sprint	---	1	.02
2:55.45 JUNR	F	# 58 Girls 12-13 800m Run	1	2	-.53
18.18m	F	# 227 Girls 12-13 Discus	---	1	1.22
4.21m JUNR	F	# 265 Girls 12-13 Long Jump	1	2	-0.16
<b>Ellie White (09) F 8186</b>					
NT	F	# 16 Girls 09-09 100m Sprint	---	1	---
4:00.46	F	# 52 Girls 09-09 800m Run	---	1	10.50
5.84m	F	# 221 Girls 09-09 Discus	1	2	-0.10
2.16m	F	# 259 Girls 09-09 Long Jump	---	1	0.12
<b>Emily White (13) F 1828</b>					
14.74	F	# 22 Girls 12-13 100m Sprint	1	2	-.49
2:58.85 JUNR	F	# 58 Girls 12-13 800m Run	1	2	-1.33
10.72m	F	# 227 Girls 12-13 Discus	1	2	-0.53
3.69m	F	# 265 Girls 12-13 Long Jump	---	1	0.10
<b>Bianca Williams (05) F 4870</b>					
27.31	F	# 7 Mixed 04-05 80m Sprint	---	1	1.85
1.38m	F	# 200 Mixed 04-05 Shot Put	---	1	0.07
.72m	F	# 254 Mixed 04-05 Long Jump	---	1	0.58

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37.33	F	# 308 Mixed 04-05 120m Sprint 2x60 Relay	---	1	---
<b>Hannah Williams (09) F 4099</b>					
NT	F	# 16 Girls 09-09 100m Sprint	---	1	---
4:55.84	F	# 52 Girls 09-09 800m Run	---	1	32.61
6.71m	F	# 221 Girls 09-09 Discus	1	2	-0.71
2.41m	F	# 259 Girls 09-09 Long Jump	1	2	-0.12