## **TIMETABLE**

## **Rescheduled Treloar Shield 7**

## Treloar Shield TRACK

Time	Event
3:00pm	Women 100m
3:20pm	Men 100m
4:00pm	Sprint Hurdles
4:30pm	Women 200m
4:50pm	Men 200m



## Treloar Shield FIELD

Time	Event
2:30pm	Women Under 4.5m Long Jump
3:40pm	Men Over 5.5 Long Jump
4:10pm	Men 3kg + 4kg & Women 3kg Shot Put