

2024 Albie Thomas Mile - Timetable

Time	Event
Track Events	
6:00pm	Men's 400m Hurdles - B Race
6:04pm	Men's 400m Hurdles - A Race
6:12pm	Women's 400m Hurdles - B Race
6:16pm	Women's 400m Hurdles - A Race
6:25pm	Men's 5,000m
6:50pm	Women 3000m Steeplechase
7:10pm	Men's Mile - G Race
7:18pm	Men's Mile - F Race
7:26pm	Men's Mile - E Race
7:34pm	Men's Mile - D Race
7:42pm	Women's Mile - C Race
7:50pm	Men's Mile - C Race
7:58pm	Women's Mile - B Race
8:06pm	Men's Mile - B Race
8:14pm	Men's 800m - I Race
8:20pm	Men's 800m - H Race
8:26pm	Men's 800m - G Race
8:32pm	Men's 800m - F Race
8:38pm	Women's 800m E Race
8:44pm	Men's 800m - E Race
8:50pm	Women's 800m D Race
8:56pm	Men's 800m - D Race
9:02pm	Women's 800m C Race
9:08pm	Men's 800m - C Race
9:14pm	Women's 800m B Race
9:20pm	Men's 800m - B Race
9:30pm	Women's Mile - A Race
9:40pm	Men's 800m - A Race
9:50pm	Women's 800m A Race
10:00pm	Albie Thomas Mile
Field Events	
6:30pm	Mixed Pole Vault - Pool B
8:30pm	Mixed Pole Vault - Pool A