# Bankstown Interclub + 10,000m Championships - 24-Oct-20 **The Crest**

## Results

Women	10000	Metre	A	Race

	Name	Age	Team	Finals			
Finals							
1	Reid, Lauren	35	Delta Running Project	33:52.45			
2	Ponton, Marnie		Bankstown Sports Senior	34:40.16			
3	Van Graan, Aynslee		RunCrew	35:41.28			
4	Weber, Rosie		RunCrew	35:53.77			
5	Simon, Laura		Newcastle Flyers	37:18.93			
	Blay, Karen		Kembla Joggers Inc.	DNF			
	Hall, Audrey		Sydney University	DNF			
	-	20	Sydney Chryelony	DI.II			
Men 1	0000 Metre A Race		m	771 ·			
	Name	Age	Team	Finals			
Finals							
1	Goddard, Edward (Ed)	_	U.T.S. Northern Suburbs Athlet	28:45.84			
2	Tall, Kieren		RunCrew	28:47.92			
3	St Lawrence, Ben		RunCrew	28:50.80			
4	Nipperess, James		Sydney University	29:24.04			
5	Batt, Kevin		Sutherland District Athletics	29:27.87			
6	Phillips, Joshua		Sydney Striders Road Runners C	29:42.50			
7	Hudson, Matthew		RunCrew	29:47.89			
8	Threlfall, Brady		Victoria Athletics	30:14.91			
9	Spiessberger-Parker, Arron		Bankstown Sports Senior	30:23.41			
10	Reid, Archie		Tas Athletics	30:26.35			
11	Wallis, Daniel		Act Athletics	30:27.45			
12	Doherty, Charlie		U.T.S. Northern Suburbs Athlet	30:36.67			
13	Fryer, Drew		Randwick Botany Harriers Athle	30:39.58			
14	Peterson, Leo		U.T.S. Northern Suburbs Athlet	30:50.96			
15	cox, matthew		Bankstown Sports Senior	30:55.44			
	Liddy, Ben		Sydney University	30:57.86			
17	Gough, Myles		Kembla Joggers Inc.	31:00.99			
18	Middleton, Tom		RunCrew Renlestavan Sports Social	31:03.47			
19	Wallace, Hamish		Bankstown Sports Senior	31:05.87			
20 21	Green, Jack		RunCrew Delta Running Project	31:08.24			
22	Ho, Matthew Hopper, Sam		RunCrew	31:35.65 31:37.37			
23	Fryer, Kurt		Randwick Botany Harriers Athle	31:42.61			
24	Cashman, Oliver		Delta Running Project	31:47.38			
25	Francken, Daniel		Bankstown Sports Senior	31:52.64			
26	Maxwell, Jack		Delta Running Project	31:55.66			
27	Toomey, Benjamin		St. George District Athletic C	32:43.12			
	Foster, Jacob		Sutherland District Athletics	32:46.16			
29	Shiell, Samuel		RunCrew	32:55.10			
	Shaw, Jake		RunCrew	DNF			
M 1			Tturie Te vi	21.1			
wien I	0000 Metre B Race	<b>A</b> = -	Toom	Finals			
	Name	Age	Team	Finals			
Finals	W: '4 D 1	2.1	D to D	22.40.24			
1	King-smith, Declan		Delta Running Project	32:49.24			
2	Stewart, Kobe		Bankstown Sports Senior	33:08.94			
3	Kennett, Dave		Delta Running Project	33:24.51			
4	MacDonell, Ryan		Sydney University	33:30.67			
5	Bowes, Sean		Randwick Botany Harriers Athle	34:07.71			
6	Peeters, Daniel		Campbelltown Collegians Athlet	34:08.75			
7	Cass, Jesse		Nepean District Athletic Club	34:12.57			
8	Phillips, Cooper		U.T.S. Northern Suburbs Athlet	34:13.21			
9	Walker, Nick		U.T.S. Northern Suburbs Athlet	34:22.42			
10	Sweeny, Peter		Athletics East	34:42.60 34:44.52			
11	McPhee, Jack	24	Sydney Athletics Academy	34:44.52			

### Bankstown Interclub + 10,000m Championships - 24-Oct-20

### **The Crest**

#### Results

12	simpson, damien	43	RunCrew	34:48.78
13	Baddeley, Karl	31	Athletics East	34:54.98
14	Brien, Keelan	15	Independent Athlete	35:34.92
15	Bulloch, Wayne	53	Bankstown Sports Senior	36:06.68
16	McEwan, David	65	Hills District Amateur Athleti	39:36.00
17	Byrne, Peter	61	Hills District Amateur Athleti	41:28.97
18	Distefano, Michael	24	Sutherland District Athletics	41:50.65
19	Schwebel, Ron	69	Sydney Striders Road Runners C	44:05.81
20	Rose, Ian	62	Hills District Amateur Athleti	47:12.61
21	Cooper, Wayne	63	Athletics East	48:16.74

**DNF** 

--- McQueen, Rodney

#### Bankstown Interclub + 10,000m Championships - 24-Oct-20 **The Crest** Results

#### Finals ... (Men 10000 Metre B Race)

Finais	s (Men 10000 Metre B Race)				
	Name	Age	Team	Finals	
22	Davie, EJ	49	Sydney Striders Road Runners C	50:06.25	
	Bullock, Dominic	26	Rejoov Runners	DNF	
	Costello, David	40	Delta Running Project	DNF	
	Christian, Theo	16	Trinity Athletics Club	DNF	
	Gregory, Mark	48	Athletics East	DNF	
Mixed	l 10000 Metre Community 10k				
	Name	Age	Team	Finals	
Finals					
1	Jones, Samuel	M	Community Athlete	33:27.77	
2	Ottesen, Dane		Community Athlete	33:35.55	
3	Holland, Matthew		Community Athlete	34:39.55	
4	Strom, Christopher		Community Athlete	35:05.72	
5	Jansen van Rensburg, Charl		Community Athlete	35:10.06	
6	Keys, Josh	M	Community Athlete	35:20.29	
7	Vu, Martin		Community Athlete	35:28.85	
8	Reville, Eoin		Community Athlete	35:32.05	
9	Fukushima, Hiroshi		Community Athlete	36:03.27	
10	Santos, Nelson	M	Community Athlete	36:53.02	
11	Wilson, Brandon	M	Community Athlete	37:22.65	
12	Denmeade, Grant	M	Community Athlete	37:24.03	
13	Neylan, Tim	M	Community Athlete	38:00.66	
14	Hewitt, Angus	M	Community Athlete	38:26.01	
15	Davenport, Aimee	W34	Athletics East	38:39.00	
16	Cordwell, Chris	M	Community Athlete	42:06.95	
17	Sinibaldi, Tony	M50	Bankstown Sports Senior	42:11.73	
18	Suzuki, Akira	M	Community Athlete	42:30.19	
19	Vella, Joseph	M35	RunCrew	42:46.06	
20	kennedy, sean	M	Community Athlete	43:36.62	
21	Leighton, Kelly	W	Community Athlete	44:04.67	
22	Clubb, Shane	M34	Girraween	47:47.26	
23	Boyle, Brad	M59	Bankstown Sports Senior	48:31.33	
24	Jagger, David	M	Community Athlete	50:00.16	
25	Riding, Melanie	W	Community Athlete	54:39.91	
26	Merrilees, Karen	W	Community Athlete	1:06:04.0h	
	M O D 1	3.4	C '4 A/11 4	DME	

M Community Athlete