

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 1 Friday Track

Day 1 - Friday 21/01/2022 - Starts at 02:29 PM

Event	Round
5:45 PM #1 Men 400 Meter Hurdles 91.4cm Open	Finals
5:45 PM #2 Men 400 Meter Hurdles 91.4cm U20	Finals
5:45 PM #3 Men 400 Meter Hurdles 91.4cm 40-49	Finals
5:58 PM #4 Men 400 Meter Hurdles 84cm U18	Finals
5:58 PM #5 Men 400 Meter Hurdles 84cm 50-59	Finals
6:11 PM #6 Women 400 Meter Hurdles 76.2cm Open	Finals
6:11 PM #7 Women 400 Meter Hurdles 76.2cm 30-39	Finals
6:11 PM #8 Women 400 Meter Hurdles 76.2cm U20	Finals
6:16 PM #9 Women 400 Meter Hurdles 76.2cm U18	Finals
6:16 PM #10 Women 400 Meter Hurdles 76.2cm U17	Finals
6:31 PM #11 Boys 1500 Meter Race Walk U16	Finals
6:31 PM #12 Girls 1500 Meter Race Walk U16	Finals
6:31 PM #13 Boys 1500 Meter Race Walk U15	Finals
6:31 PM #14 Girls 1500 Meter Race Walk U15	Finals
6:31 PM #15 Boys 1500 Meter Race Walk U14	Finals
6:31 PM #16 Girls 1500 Meter Race Walk U14	Finals
6:56 PM #17 Girls 200 Meter Hurdles 76.2cm U14	Finals
6:56 PM #18 Girls 200 Meter Hurdles 76.2cm U15	Finals
7:01 PM #19 Girls 200 Meter Hurdles 76.2cm U16	Finals
7:06 PM #20 Boys 200 Meter Hurdles 76.2cm U15	Finals
7:06 PM #21 Boys 200 Meter Hurdles 76.2cm U14	Finals
7:06 PM #22 Boys 200 Meter Hurdles 76.2cm U16	Finals
7:21 PM #23 Men 3000 Meter Race Walk U17	Finals
7:21 PM #24 Men 3000 Meter Race Walk U20	Finals
7:21 PM #25 Men 3000 Meter Race Walk 70-79	Finals
7:21 PM #26 Men 3000 Meter Race Walk Open	Finals
7:21 PM #27 Women 3000 Meter Race Walk U17	Finals
7:21 PM #28 Women 3000 Meter Race Walk U20	Finals
7:21 PM #29 Women 3000 Meter Race Walk 70-79	Finals
7:21 PM #30 Women 3000 Meter Race Walk 60-69	Finals
7:21 PM #31 Women 3000 Meter Race Walk Open	Finals
7:51 PM #32 Women 5000 Meter Run Open	Finals
7:51 PM #33 Women 5000 Meter Run U20	Finals
7:51 PM #34 Women 5000 Meter Run 30-39	Finals
7:51 PM #35 Women 5000 Meter Run 40-49	Finals
7:51 PM #36 Men 5000 Meter Run 60-69	Finals
7:51 PM #37 Men 5000 Meter Run 70-79	Finals
8:16 PM #38 Men 5000 Meter Run Open	Finals
8:16 PM #39 Men 5000 Meter Run U20	Finals
8:16 PM #40 Men 5000 Meter Run 30-39	Finals
8:16 PM #41 Men 5000 Meter Run 40-49	Finals
8:16 PM #42 Men 5000 Meter Run 50-59	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 2 Friday Field

Day 1 - Friday 21/01/2022 - Starts at 02:30 PM

Event	Round
2:30 PM #43 Girls Hammer Throw U14	Finals
2:30 PM #44 Girls Hammer Throw U15	Finals
2:30 PM #45 Girls Hammer Throw U16	Finals
2:30 PM #46 Women Hammer Throw U17	Finals
2:30 PM #47 Women Hammer Throw U18	Finals
2:30 PM #48 Boys Hammer Throw U16	Finals
2:30 PM #49 Girls Pole Vault U14	Finals
2:30 PM #50 Women Pole Vault U20	Finals
2:30 PM #51 Women Pole Vault Open	Finals
2:30 PM #52 Women Pole Vault 40-49	Finals
2:30 PM #53 Women Pole Vault 60-69	Finals
2:30 PM #54 Boys Pole Vault U16	Finals
2:30 PM #55 Men Pole Vault U17	Finals
2:30 PM #56 Men Pole Vault Open	Finals
2:30 PM #57 Men Pole Vault 60-69	Finals
3:30 PM #58 Men Discus Throw Open	Finals
3:30 PM #59 Men Discus Throw U20	Finals
4:00 PM #60 Women Shot Put 30-39	Finals
4:00 PM #61 Women Shot Put 40-49	Finals
5:00 PM #62 Women Discus Throw Open	Finals
5:00 PM #63 Women Discus Throw U20	Finals
5:00 PM #64 Men Shot Put 30-39	Finals
5:00 PM #65 Men Shot Put 40-49	Finals
5:00 PM #66 Boys Triple Jump U16	Finals
5:00 PM #67 Men Triple Jump U17	Finals
5:00 PM #68 Men Triple Jump U18	Finals
6:00 PM #69 Women Shot Put 50-59	Finals
6:00 PM #70 Women Shot Put 60-69	Finals
6:00 PM #71 Women Shot Put 70-79	Finals
6:10 PM #72 Girls Triple Jump U16	Finals
6:10 PM #73 Women Triple Jump U17	Finals
6:10 PM #74 Women Triple Jump U18	Finals
6:20 PM #75 Girls Discus Throw U13	Finals
6:20 PM #76 Girls Discus Throw U14	Finals
7:15 PM #77 Men Shot Put 50-59	Finals
7:15 PM #78 Men Shot Put 60-69	Finals
7:15 PM #79 Men Shot Put 70-79	Finals
7:15 PM #80 Men Triple Jump U20	Finals
7:30 PM #81 Boys Discus Throw U13	Finals
7:30 PM #82 Boys Discus Throw U14	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 3 Saturday Track

Day 2 - Saturday 22/01/2022 - Starts at 09:00 AM

Event	Round
9:00 AM #83 Girls 2000 Meter Steeplechase 76.2cm U16	Finals
9:00 AM #84 Women 2000 Meter Steeplechase 76.2cm U18	Finals
9:00 AM #85 Women 2000 Meter Steeplechase 76.2cm 40-49	Finals
9:00 AM #86 Women 2000 Meter Steeplechase 76.2cm 50-59	Finals
9:00 AM #87 Women 2000 Meter Steeplechase 76.2cm 60-69	Finals
9:00 AM #88 Boys 2000 Meter Steeplechase 76.2cm U16	Finals
9:15 AM #89 Men 2000 Meter Steeplechase 84cm U17	Finals
9:15 AM #90 Men 2000 Meter Steeplechase 84cm U18	Finals
9:27 AM #91 Men 3000 Meter Steeplechase 91.4cm U20	Finals
9:27 AM #92 Men 3000 Meter Steeplechase 91.4cm 30-39	Finals
9:27 AM #93 Men 3000 Meter Steeplechase 91.4cm 40-49	Finals
9:27 AM #94 Men 3000 Meter Steeplechase 91.4cm 50-59	Finals
9:55 AM #95 Boys 400 Meter Sprint U14	Finals
9:59 AM #96 Boys 400 Meter Sprint U15	Finals
10:03 AM #97 Boys 400 Meter Sprint U16	Finals
10:11 AM #98 Men 400 Meter Sprint U17	Finals
10:15 AM #99 Men 400 Meter Sprint U18	Finals
10:23 AM #100 Men 400 Meter Sprint U20	Finals
10:27 AM #101 Girls 400 Meter Sprint U14	Finals
10:35 AM #102 Girls 400 Meter Sprint U15	Finals
10:39 AM #103 Girls 400 Meter Sprint U16	Finals
10:43 AM #104 Women 400 Meter Sprint U17	Finals
10:51 AM #105 Women 400 Meter Sprint U18	Finals
10:55 AM #106 Women 400 Meter Sprint U20	Finals
11:03 AM #107 Men 400 Meter Sprint Open	Finals
11:07 AM #108 Men 400 Meter Sprint 40-49	Finals
11:11 AM #109 Men 400 Meter Sprint 50-59	Finals
11:19 AM #110 Men 400 Meter Sprint 60-69	Finals
11:19 AM #111 Men 400 Meter Sprint 70-79	Finals
11:23 AM #112 Women 400 Meter Sprint Open	Finals
11:31 AM #113 Women 400 Meter Sprint 30-39	Finals
11:35 AM #114 Women 400 Meter Sprint 40-49	Finals
11:43 AM #115 Women 400 Meter Sprint 50-59	Finals
11:43 AM #116 Women 400 Meter Sprint 60-69	Finals
11:47 AM #117 Women 400 Meter Sprint Para	Finals
11:51 AM #118 Men 400 Meter Sprint Para	Finals
12:00 PM #119 Boys 1500 Meter Run U13	Finals
12:00 PM #120 Boys 1500 Meter Run U14	Finals
12:08 PM #121 Girls 1500 Meter Run U13	Finals
12:08 PM #122 Girls 1500 Meter Run U14	Finals
12:18 PM #123 Boys 1500 Meter Run U16	Finals
12:26 PM #124 Boys 1500 Meter Run U15	Finals
12:26 PM #125 Men 1500 Meter Run U17	Finals
12:34 PM #126 Girls 1500 Meter Run U15	Finals
12:34 PM #127 Girls 1500 Meter Run U16	Finals
12:42 PM #128 Men 1500 Meter Run U18	Finals
12:42 PM #129 Men 1500 Meter Run U20	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 3 Saturday Track

Day 2 - Saturday 22/01/2022 - Starts at 09:00 AM

Event	Round
12:49 PM #130 Men 1500 Meter Run Open	Finals
12:55 PM #131 Women 1500 Meter Run U17	Finals
12:55 PM #132 Women 1500 Meter Run U18	Finals
12:55 PM #133 Women 1500 Meter Run U20	Finals
1:03 PM #134 Women 1500 Meter Run Open	Finals
1:03 PM #135 Women 1500 Meter Run 30-39	Finals
1:13 PM #136 Men 1500 Meter Run 40-49	Finals
1:13 PM #137 Men 1500 Meter Run 50-59	Finals
1:13 PM #138 Men 1500 Meter Run 60-69	Finals
1:13 PM #139 Men 1500 Meter Run 80-89	Finals
1:23 PM #140 Women 1500 Meter Run 40-49	Finals
1:23 PM #141 Women 1500 Meter Run 50-59	Finals
1:23 PM #142 Women 1500 Meter Run 60-69	Finals
1:23 PM #143 Women 1500 Meter Run 70-79	Finals
2:00 PM #144 Boys 100 Meter Sprint U9 LA	Finals
2:03 PM #145 Boys 100 Meter Sprint U10 LA	Prelims
2:09 PM #146 Boys 100 Meter Sprint U11 LA	Finals
2:12 PM #147 Girls 100 Meter Sprint U9 LA	Finals
2:15 PM #148 Girls 100 Meter Sprint U10 LA	Prelims
2:21 PM #149 Girls 100 Meter Sprint U11 LA	Finals
2:24 PM #150 Boys 100 Meter Sprint U13	Finals
2:27 PM #151 Boys 100 Meter Sprint U14	Finals
2:30 PM #152 Boys 100 Meter Sprint U15	Prelims
2:36 PM #153 Boys 100 Meter Sprint U16	Prelims
2:42 PM #154 Girls 100 Meter Sprint U13	Prelims
2:48 PM #155 Girls 100 Meter Sprint U14	Prelims
2:54 PM #156 Girls 100 Meter Sprint U15	Prelims
3:00 PM #157 Girls 100 Meter Sprint U16	Prelims
3:06 PM #158 Men 100 Meter Sprint U17	Finals
3:09 PM #159 Men 100 Meter Sprint U18	Prelims
3:15 PM #160 Men 100 Meter Sprint U20	Prelims
3:24 PM #161 Women 100 Meter Sprint U17	Prelims
3:30 PM #162 Women 100 Meter Sprint U18	Prelims
3:36 PM #163 Women 100 Meter Sprint U20	Prelims
3:42 PM #164 Men 100 Meter Sprint Open	Prelims
3:51 PM #165 Women 100 Meter Sprint Open	Prelims
3:57 PM #166 Men 100 Meter Sprint 30-39	Finals
4:00 PM #167 Men 100 Meter Sprint 40-49	Finals
4:03 PM #168 Men 100 Meter Sprint 50-59	Prelims
4:09 PM #169 Men 100 Meter Sprint 60-69	Finals
4:09 PM #170 Men 100 Meter Sprint 70-79	Finals
4:12 PM #171 Women 100 Meter Sprint 30-39	Finals
4:12 PM #172 Women 100 Meter Sprint 40-49	Finals
4:15 PM #173 Women 100 Meter Sprint 50-59	Finals
4:18 PM #174 Women 100 Meter Sprint 60-69	Finals
4:18 PM #175 Women 100 Meter Sprint 70-79	Finals
4:21 PM #176 Women 100 Meter Sprint Para	Finals

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Session: 3 Saturday Track

Day 2 - Saturday 22/01/2022 - Starts at 09:00 AM

Event	Round
4:24 PM #177 Men 100 Meter Sprint Para	Finals
4:27 PM #178 Boys 100 Meter Sprint U10 LA	Finals
4:30 PM #179 Girls 100 Meter Sprint U10 LA	Finals
4:33 PM #180 Boys 100 Meter Sprint U15	Finals
4:36 PM #181 Boys 100 Meter Sprint U16	Finals
4:39 PM #182 Girls 100 Meter Sprint U13	Finals
4:42 PM #183 Girls 100 Meter Sprint U14	Finals
4:45 PM #184 Girls 100 Meter Sprint U15	Finals
4:48 PM #185 Girls 100 Meter Sprint U16	Finals
4:51 PM #186 Men 100 Meter Sprint U18	Finals
4:54 PM #187 Men 100 Meter Sprint U20	Finals
4:57 PM #188 Women 100 Meter Sprint U17	Finals
5:00 PM #189 Women 100 Meter Sprint U18	Finals
5:03 PM #190 Women 100 Meter Sprint U20	Finals
5:06 PM #191 Men 100 Meter Sprint Open	Finals
5:09 PM #192 Women 100 Meter Sprint Open	Finals
5:12 PM #193 Men 100 Meter Sprint 50-59	Finals
5:30 PM #194 Men 4x100 Meter Relay 15 yrs & under	Finals
5:35 PM #195 Women 4x100 Meter Relay 15 yrs & under	Finals
5:40 PM #196 Men 4x100 Meter Relay Open	Finals
5:45 PM #197 Women 4x100 Meter Relay Open	Finals
5:50 PM #198 Men 4x100 Meter Relay 30+ yrs	Finals
5:55 PM #199 Women 4x100 Meter Relay 30+ yrs	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 4 Saturday Field

Day 2 - Saturday 22/01/2022 - Starts at 09:00 AM

Event	Round
9:00 AM #200 Women Discus Throw 70-79	Finals
9:00 AM #201 Women Discus Throw 60-69	Finals
9:00 AM #202 Women Discus Throw 50-59	Finals
9:00 AM #203 Boys Javelin Throw U16	Finals
9:00 AM #204 Boys Javelin Throw U15	Finals
9:00 AM #205 Men Shot Put Open	Finals
9:00 AM #206 Men Shot Put U20	Finals
9:00 AM #207 Girls Triple Jump U14	Finals
9:00 AM #208 Girls Triple Jump U15	Finals
9:45 AM #209 Women High Jump U18	Finals
9:45 AM #210 Women High Jump U17	Finals
9:45 AM #211 Boys Long Jump U14	Finals
9:45 AM #212 Boys Long Jump U13	Finals
10:30 AM #213 Men Long Jump 70-79	Finals
10:30 AM #214 Men Long Jump 60-69	Finals
10:30 AM #215 Men Long Jump 50-59	Finals
10:20 AM #216 Women Discus Throw 40-49	Finals
10:20 AM #217 Women Discus Throw 30-39	Finals
10:30 AM #218 Boys Shot Put U11 LA	Finals
10:30 AM #219 Boys Shot Put U10 LA	Finals
10:30 AM #220 Women Triple Jump Open	Finals
10:30 AM #221 Women Triple Jump U20	Finals
10:50 AM #222 Men Javelin Throw U18	Finals
10:50 AM #223 Men Javelin Throw U17	Finals
11:10 AM #224 Women High Jump 60-69	Finals
11:10 AM #225 Women High Jump 40-49	Finals
11:20 AM #226 Boys Shot Put U14	Finals
11:20 AM #227 Boys Shot Put U13	Finals
11:20 AM #228 Boys Long Jump U16	Finals
11:20 AM #229 Boys Long Jump U15	Finals
12:00 PM #230 Men Javelin Throw Open	Finals
12:00 PM #231 Men Javelin Throw U20	Finals
12:00 PM #232 Women Triple Jump 60-69	Finals
12:00 PM #233 Women Triple Jump 50-59	Finals
12:00 PM #234 Women Discus Throw U18	Finals
12:00 PM #235 Women Discus Throw U17	Finals
12:40 PM #236 Boys Shot Put U16	Finals
12:40 PM #237 Boys Shot Put U15	Finals
12:40 PM #238 Men Long Jump U18	Finals
12:40 PM #239 Men Long Jump U17	Finals
1:10 PM #240 Girls High Jump U15	Finals
1:10 PM #241 Girls High Jump U16	Finals
1:20 PM #242 Men Javelin Throw 40-49	Finals
1:20 PM #243 Men Javelin Throw 30-39	Finals
1:40 PM #244 Women Triple Jump 40-49	Finals
1:40 PM #245 Women Triple Jump 30-39	Finals
1:50 PM #246 Men Long Jump Open	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 4 Saturday Field

Day 2 - Saturday 22/01/2022 - Starts at 09:00 AM

Event	Round
1:50 PM #247 Men Long Jump U20	Finals
2:00 PM #248 Men Discus Throw Wheelchair Para	Finals
2:00 PM #249 Women Discus Throw Ambulatory Para	Finals
2:00 PM #250 Men Discus Throw Ambulatory Para	Finals
2:00 PM #251 Girls High Jump U14	Finals
2:00 PM #252 Girls High Jump U13	Finals
2:30 PM #253 Men Javelin Throw 70-79	Finals
2:30 PM #254 Men Javelin Throw 60-69	Finals
2:30 PM #255 Men Javelin Throw 50-59	Finals
2:35 PM #256 Men Shot Put U18	Finals
2:35 PM #257 Men Shot Put U17	Finals
3:00 PM #258 Girls Long Jump U11 LA	Finals
3:00 PM #259 Girls Long Jump U10 LA	Finals
3:30 PM #260 Men Long Jump 30-39	Finals
3:30 PM #261 Men Long Jump 40-49	Finals
3:45 PM #262 Girls Discus Throw U16	Finals
3:45 PM #263 Girls Discus Throw U15	Finals
4:00 PM #264 Women High Jump Open	Finals
4:00 PM #265 Women High Jump U20	Finals
4:00 PM #266 Boys Long Jump U9 LA	Finals
4:00 PM #267 Girls Long Jump U9 LA	Finals
4:15 PM #268 Girls Javelin Throw U13	Finals
4:15 PM #269 Girls Javelin Throw U14	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 5 Sunday Track

Day 3 - Sunday 23/01/2022 - Starts at 08:00 AM

Event	Round
8:00 AM #270 Boys 3000 Meter Run U16	Finals
8:00 AM #271 Men 3000 Meter Run U17	Finals
8:00 AM #272 Men 3000 Meter Run U18	Finals
8:12 AM #273 Girls 3000 Meter Run U16	Finals
8:12 AM #274 Women 3000 Meter Run U17	Finals
8:12 AM #275 Women 3000 Meter Run U18	Finals
8:24 AM #276 Women 3000 Meter Run 50-59	Finals
8:24 AM #277 Women 3000 Meter Run 60-69	Finals
8:24 AM #278 Women 3000 Meter Run 70-79	Finals
8:42 AM #279 Men 110 Meter Hurdles 106.7cm Open	Finals
8:48 AM #280 Men 110 Meter Hurdles 99.1cm U20	Finals
8:54 AM #281 Men 110 Meter Hurdles 91.4cm U17	Finals
8:54 AM #282 Men 110 Meter Hurdles 91.4cm U18	Finals
9:01 AM #283 Men 100 Meter Hurdles 91.4cm 50-59	Finals
9:01 AM #284 Men 100 Meter Hurdles 84cm 60-69	Finals
9:07 AM #285 Boys 100 Meter Hurdles 84cm U16	Finals
9:07 AM #286 Boys 100 Meter Hurdles 84cm U15	Finals
9:10 AM #287 Women 100 Meter Hurdles 84cm Open	Finals
9:10 AM #288 Women 100 Meter Hurdles 84cm U20	Finals
9:16 AM #289 Women 100 Meter Hurdles 76.2cm U17	Finals
9:16 AM #290 Women 100 Meter Hurdles 76.2cm U18	Finals
9:23 AM #291 Girls 90 Meter Hurdles 76.2cm U16	Finals
9:23 AM #292 Girls 90 Meter Hurdles 76.2cm U15	Finals
9:26 AM #293 Boys 90 Meter Hurdles 76.2cm U14	Finals
9:26 AM #294 Boys 90 Meter Hurdles 76.2cm U13	Finals
9:29 AM #295 Girls 80 Meter Hurdles 76.2cm U14	Finals
9:32 AM #296 Girls 80 Meter Hurdles 76.2cm U13	Finals
9:45 AM #297 Women 80 Meter Hurdles 76.2cm 40-49	Finals
9:45 AM #298 Women 80 Meter Hurdles 60-69	Finals
9:54 AM #299 Girls 200 Meter Sprint U9 LA	Finals
9:58 AM #300 Girls 200 Meter Sprint U10 LA	Prelims
10:05 AM #301 Girls 200 Meter Sprint U11 LA	Prelims
10:12 AM #302 Boys 200 Meter Sprint U9 LA	Finals
10:16 AM #303 Boys 200 Meter Sprint U10 LA	Finals
10:20 AM #304 Boys 200 Meter Sprint U11 LA	Prelims
10:27 AM #305 Girls 200 Meter Sprint U13	Prelims
10:34 AM #306 Girls 200 Meter Sprint U14	Prelims
10:41 AM #307 Girls 200 Meter Sprint U15	Prelims
10:48 AM #308 Girls 200 Meter Sprint U16	Prelims
10:55 AM #309 Boys 200 Meter Sprint U13	Finals
10:59 AM #310 Boys 200 Meter Sprint U14	Finals
11:04 AM #311 Boys 200 Meter Sprint U15	Prelims
11:11 AM #312 Boys 200 Meter Sprint U16	Prelims
11:18 AM #313 Women 200 Meter Sprint U17	Prelims
11:25 AM #314 Women 200 Meter Sprint U18	Prelims
11:32 AM #315 Women 200 Meter Sprint U20	Prelims
11:39 AM #316 Men 200 Meter Sprint U17	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 5 Sunday Track

Day 3 - Sunday 23/01/2022 - Starts at 08:00 AM

Event	Round
11:43 AM #317 Men 200 Meter Sprint U18	Prelims
11:50 AM #318 Men 200 Meter Sprint U20	Prelims
12:01 PM #319 Women 200 Meter Sprint Open	Prelims
12:12 PM #320 Men 200 Meter Sprint Open	Prelims
12:16 PM #321 Women 200 Meter Sprint 40-49	Finals
12:20 PM #322 Women 200 Meter Sprint 30-39	Finals
12:20 PM #323 Women 200 Meter Sprint 50-59	Finals
12:24 PM #324 Women 200 Meter Sprint 60-69	Finals
12:24 PM #325 Women 200 Meter Sprint 70-79	Finals
12:28 PM #326 Men 200 Meter Sprint 30-39	Finals
12:32 PM #327 Men 200 Meter Sprint 40-49	Finals
12:39 PM #328 Men 200 Meter Sprint 50-59	Prelims
1:13 PM #329 Men 200 Meter Sprint 60-69	Finals
1:13 PM #330 Men 200 Meter Sprint 70-79	Finals
1:13 PM #331 Men 200 Meter Sprint 80-89	Finals
1:17 PM #332 Girls 200 Meter Sprint U10 LA	Finals
1:20 PM #333 Girls 200 Meter Sprint U11 LA	Finals
1:23 PM #334 Boys 200 Meter Sprint U11 LA	Finals
1:26 PM #335 Girls 200 Meter Sprint U13	Finals
1:29 PM #336 Girls 200 Meter Sprint U14	Finals
1:32 PM #337 Girls 200 Meter Sprint U15	Finals
1:35 PM #338 Girls 200 Meter Sprint U16	Finals
1:38 PM #339 Boys 200 Meter Sprint U15	Finals
1:41 PM #340 Boys 200 Meter Sprint U16	Finals
1:44 PM #341 Women 200 Meter Sprint U17	Finals
1:47 PM #342 Women 200 Meter Sprint U18	Finals
1:50 PM #343 Women 200 Meter Sprint U20	Finals
1:53 PM #344 Men 200 Meter Sprint U18	Finals
1:56 PM #345 Men 200 Meter Sprint U20	Finals
1:59 PM #346 Women 200 Meter Sprint Open	Finals
2:02 PM #347 Men 200 Meter Sprint Open	Finals
2:05 PM #348 Men 200 Meter Sprint 50-59	Finals
2:18 PM #349 Girls 800 Meter Run U9 LA	Finals
2:18 PM #350 Boys 800 Meter Run U9 LA	Finals
2:24 PM #351 Girls 800 Meter Run U10 LA	Finals
2:30 PM #352 Girls 800 Meter Run U11 LA	Finals
2:36 PM #353 Boys 800 Meter Run U10 LA	Finals
2:42 PM #354 Boys 800 Meter Run U11 LA	Finals
2:48 PM #355 Girls 800 Meter Run U13	Finals
2:54 PM #356 Girls 800 Meter Run U14	Finals
2:54 PM #357 Girls 800 Meter Run U15	Finals
2:59 PM #358 Girls 800 Meter Run U16	Finals
3:04 PM #359 Boys 800 Meter Run U13	Finals
3:09 PM #360 Boys 800 Meter Run U14	Finals
3:14 PM #361 Boys 800 Meter Run U15	Finals
3:19 PM #362 Boys 800 Meter Run U16	Finals
3:28 PM #363 Women 800 Meter Run U17	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 5 Sunday Track

Day 3 - Sunday 23/01/2022 - Starts at 08:00 AM

Event	Round
3:28 PM #364 Women 800 Meter Run U18	Finals
3:33 PM #365 Women 800 Meter Run U20	Finals
3:37 PM #366 Men 800 Meter Run U17	Finals
3:41 PM #367 Men 800 Meter Run U18	Finals
3:45 PM #368 Men 800 Meter Run U20	Finals
3:45 PM #369 Men 800 Meter Run Open	Finals
3:49 PM #370 Women 800 Meter Run Open	Finals
3:54 PM #371 Women 800 Meter Run 30-39	Finals
3:54 PM #372 Women 800 Meter Run 40-49	Finals
3:59 PM #373 Women 800 Meter Run 50-59	Finals
3:59 PM #374 Women 800 Meter Run 60-69	Finals
3:59 PM #375 Women 800 Meter Run 70-79	Finals
4:04 PM #376 Men 800 Meter Run 50-59	Finals
4:10 PM #377 Men 800 Meter Run 40-49	Finals
4:10 PM #378 Men 800 Meter Run 70-79	Finals
4:10 PM #379 Men 800 Meter Run 80-89	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 6 Sunday Field

Day 3 - Sunday 23/01/2022 - Starts at 08:00 AM

Event	Round
8:00 AM #380 Men Hammer Throw 50-59	Finals
8:00 AM #381 Men Hammer Throw 60-69	Finals
8:00 AM #382 Men Hammer Throw 70+	Finals
8:00 AM #383 Women Hammer Throw 50-59	Finals
8:00 AM #384 Women Hammer Throw 60-69	Finals
8:00 AM #385 Women Hammer Throw 70+	Finals
8:00 AM #386 Boys Long Jump U11 LA	Finals
8:00 AM #387 Boys Long Jump U10 LA	Finals
8:00 AM #388 Women Shot Put Open	Finals
8:00 AM #389 Women Shot Put U20	Finals
8:00 AM #390 Girls Javelin Throw U16	Finals
8:00 AM #391 Girls Javelin Throw U15	Finals
8:35 AM #392 Boys Triple Jump U15	Finals
8:35 AM #393 Boys Triple Jump U14	Finals
9:05 AM #394 Men High Jump 40-49	Finals
9:05 AM #395 Men High Jump 50-59	Finals
9:05 AM #396 Men High Jump 60-69	Finals
9:05 AM #397 Men High Jump 70-79	Finals
9:00 AM #398 Girls Long Jump U13	Finals
9:00 AM #399 Girls Long Jump U14	Finals
9:00 AM #400 Men Hammer Throw Open	Finals
9:00 AM #401 Men Hammer Throw U20	Finals
9:00 AM #402 Women Hammer Throw Open	Finals
9:00 AM #403 Women Hammer Throw U20	Finals
10:10 AM #404 Women Shot Put Wheelchair Para	Finals
10:10 AM #405 Men Shot Put Wheelchair Para	Finals
10:10 AM #406 Women Shot Put Ambulatory Para	Finals
10:10 AM #407 Men Shot Put Ambulatory Para	Finals
10:10 AM #408 Women Javelin Throw U18	Finals
10:10 AM #409 Women Javelin Throw U17	Finals
10:10 AM #410 Boys Javelin Throw U14	Finals
10:10 AM #411 Women Long Jump 40-49	Finals
10:10 AM #412 Women Long Jump 30-39	Finals
10:10 AM #413 Men Hammer Throw 30-39	Finals
10:10 AM #414 Men Hammer Throw 40-49	Finals
10:10 AM #415 Women Hammer Throw 30-39	Finals
10:10 AM #416 Women Hammer Throw 40-49	Finals
10:40 AM #417 Men High Jump Open	Finals
10:40 AM #418 Men High Jump U20	Finals
10:45 AM #419 Girls Shot Put U10 LA	Finals
10:45 AM #420 Girls Shot Put U11 LA	Finals
10:45 AM #421 Women Long Jump 60-69	Finals
10:45 AM #422 Women Long Jump 50-59	Finals
10:45 AM #423 Women Javelin Throw Open	Finals
10:45 AM #424 Women Javelin Throw U20	Finals
11:10 AM #425 Boys Shot Put U9 LA	Finals
11:10 AM #426 Girls Shot Put U9 LA	Finals

2022 NSW Country Championships - 21/01/2022 to 23/01/2022**Maitland Regional Athletics Centre****Session Report**

Session: 6 Sunday Field

Day 3 - Sunday 23/01/2022 - Starts at 08:00 AM

Event	Round
11:15 AM #427 Girls Long Jump U16	Finals
11:15 AM #428 Girls Long Jump U15	Finals
11:15 AM #429 Girls Shot Put U14	Finals
11:15 AM #430 Girls Shot Put U13	Finals
11:30 AM #431 Men Discus Throw 80-89	Finals
11:30 AM #432 Men Discus Throw 70-79	Finals
11:30 AM #433 Men Discus Throw 60-69	Finals
11:30 AM #434 Men Discus Throw 50-59	Finals
11:55 AM #435 Boys High Jump U13	Finals
11:55 AM #436 Boys High Jump U14	Finals
12:10 PM #437 Women Javelin Throw 40-49	Finals
12:10 PM #438 Women Javelin Throw 30-39	Finals
12:20 PM #439 Men Discus Throw U18	Finals
12:20 PM #440 Men Discus Throw U17	Finals
12:30 PM #441 Men Triple Jump 40-49	Finals
12:30 PM #442 Men Triple Jump 60-69	Finals
12:30 PM #443 Men Triple Jump 50-59	Finals
12:45 PM #444 Women Long Jump U18	Finals
12:45 PM #445 Women Long Jump U17	Finals
12:50 PM #446 Girls Shot Put U15	Finals
12:50 PM #447 Girls Shot Put U16	Finals
12:55 PM #448 Boys High Jump U16	Finals
12:55 PM #449 Boys High Jump U15	Finals
1:15 PM #450 Women Javelin Throw 70-79	Finals
1:15 PM #451 Women Javelin Throw 60-69	Finals
1:15 PM #452 Women Javelin Throw 50-59	Finals
1:30 PM #453 Men Discus Throw 40-49	Finals
1:30 PM #454 Men Discus Throw 30-39	Finals
1:55 PM #455 Women Long Jump Open	Finals
1:55 PM #456 Women Long Jump U20	Finals
2:00 PM #457 Women Shot Put U18	Finals
2:00 PM #458 Women Shot Put U17	Finals
2:05 PM #459 Men High Jump U18	Finals
2:05 PM #460 Men High Jump U17	Finals
2:40 PM #461 Men Long Jump Para	Finals
2:40 PM #462 Women Long Jump Para	Finals
2:40 PM #463 Boys Discus Throw U16	Finals
2:40 PM #464 Boys Discus Throw U15	Finals