# 2022 NSW All SCHOOLS CHAMPIONSHIPS Entry \& Technical Rules 

## 1. ENTRIES

1.1 NSW athletes must attend a NSW Secondary School and be between the ages of 12 and 19 years inclusive. Interstate athletes must attend a Secondary School in their state and be between the ages of 12 and 19 years inclusive. Age is determined as at 31 December 2022.
1.2 Events will be conducted in age groups 12, 13, 14, 15, 16, 17 \& 19 years of age for able bodied athletes, and 12-14, 15-16 and 17-19 years of age for para athletes.

|  | $\mathbf{2 0 1 0}$ | $\mathbf{2 0 0 9}$ | $\mathbf{2 0 0 8}$ | $\mathbf{2 0 0 7}$ | $\mathbf{2 0 0 6}$ | $\mathbf{2 0 0 5}$ | $\mathbf{2 0 0 4}$ | $\mathbf{2 0 0 3}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Able bodied athletes | 12 | 13 | 14 | 15 | 16 | 17 | 19 | 19 |
| Para athletes | $12-14$ | $12-14$ | $12-14$ | $15-16$ | $15-16$ | $17-19$ | $17-19$ | $17-19$ |

1.3 The following events are offered for nationally classified para athletes; $100 \mathrm{~m}, 200 \mathrm{~m}, 800 \mathrm{~m}$, Shot Put, Discus Throw \& Long Jump. Para events will be full multi-disability medal events. Medals will be awarded based on each athlete's performance using the Athletics Australia baseline performance tables; the athlete with the highest percentage will be the winner. Para athletes will throw the weight for their age group within their classification, as set out in the Athletics Australia para Athletics Implement Weights U13, U15, U17, U19 and U20 Age Groups. This document is available on the Athletics Australia website.
1.4 Athletes in the 12 and13 year age groups cannot compete in the following events: $5000 \mathrm{~m}, 200 \mathrm{~m}$ hurdles (applies only to 12 years age group), 400 hurdles, steeplechase, 5000 m walk.
1.5 Athletes are not permitted to compete in more than one age group in the same event. Athletes may compete up one age group fproviding they are eligible under Rule 1.4. If they do so they are not permitted to also compete in their own age. Example: a 17 year old boy may compete in the 19 years shot put but cannot also compete in the 17 years shot put. For the purpose of this rule the following events are considered to be the same event: $3000 \mathrm{~m} \& 5000 \mathrm{~m}$; straight hurdles; 200m hurdles and 400 m hurdles; 3000 m Walk \& 5000 m Walk.
1.6 The final timetable and entry lists will be published on the Athletics NSW website. All athletes must check the final timetable after close of entries to confirm the start times of their events. Please note, draft timetables are subject to change.
1.7 Entries close at midday Friday 9 September. Late entries submitted via the online entry portal by 23:59 Sunday 11 September 2022 will be guaranteed entry (but will incur a late entry fee). Late entries submitted after this time will be subject to Athletics NSW late entry policy.

## 2. RULES AND PROCEDURES


2.1 The Championships will be conducted in accordance with the World Athletics and World Para Athletics Rules subject to modifications under Athletics Australia and Athletics NSW Rules.
2.2 Athletes must wear their school athletics uniform, school PE uniform or their Senior Athletics Club uniform. Little Athletics uniforms and regional uniforms may not be worn. Athletes not wearing their correct uniform will not be allowed to compete.
2.3 TRACK athletes must check-in at least 60 minutes before the start of each of their events to confirm their entry. Failure to check in may result in the athlete being scratched from the event. Upon arrival, athletes are encouraged to check-in for all their events for that day.
2.4 Athletes competition bibs along with entry passes are to be collected from the ANSW table set up outside the front gate. Athletes not wearing an official competition number WILL NOT be allowed to compete.
2.5 Withdrawals from events must be made through Competition Management.
2.6 An athlete may be excluded by the Administration Delegate from participating in all further events (including other events in which they are simultaneously participating) in the competition, including relays, in cases where:

### 2.6.1 an athlete checks in but then failed to participate;

2.6.2 an athlete qualified in any Qualification Round of an event for further participation in that event but then failed to participate further;
2.6.3 an athlete failed to compete honestly with a bona fide effort. The relevant Referee will decide on this and the corresponding reference must be made in the official results.
2.7 Once checked in, TRACK athletes must report to the start area of their event at least 10 minutes prior to the scheduled start time.
2.8 FIELD athletes are NOT required to check in. They must report to the event site 20 minutes prior to the scheduled event start time (except Pole Vault which is 45 minutes) to allow warm ups to be completed. Athletes who report late may get fewer warm up attempts.
2.9 Starting blocks must be used for all events up to and including 400 m , for athletes in the 14 years age group and older. Block usage for para athletes will be as per the relevant WPA rule for the athletes' classification. Only blocks provided by the venue may be used.
2.10 Spikes projecting from the sole or the heel of a shoe shall not exceed 9mm except for High Jump and Javelin where they shall not exceed 12 mm . The spike must be so constructed that it will, at least for half its length closest to the tip, fit through a square sided 4 mm gauge. Up to 11 spikes may be used on each shoe.
2.11 The World Athletics Shoe Rule (TR5) will not be applied to the NSW All Schools Championships. If an athlete breaks a NSW or Australian record or records a qualifier for international competition, they must report to the appropriate Referee immediately to have their shoes checked for compliance.

2.12 Athletes who wish to include their own throwing implements in the Championship equipment pool must lodge them with the Technical Manager at the Technical Room no later than 90 minutes before the scheduled starting time of the particular event. A maximum of two implements are allowed. Athletes must collect their implement/s from the Technical Room after the event. Athletes must provide their own vaulting poles. Athletics NSW will not provide vaulting poles.
2.13 Where heats are scheduled, if there are insufficient entries at the close of entries the final will be run at FINAL time. If on the day of competition, a heat is no longer required due to athlete(s) failing to check in the final will be run at HEAT time.
2.14 In Field events (except for the high jump and pole vault), where there are more than eight athletes, each athlete will be allowed three trials. The eight athletes with the best valid performances will be allowed one additional trial which will be taken in reverse competing order to the first three trials. Where there are eight athletes or fewer, each athlete shall be allowed 4 trials. The Referee may reduce the number of trials if circumstances require.
2.15 Indicative starting heights and progressions for both High Jump and Pole Vault will be determined by the Technical Delegate prior to competition. These may be varied if circumstances require.
2.16 Except for 200 m hurdles and 400 m hurdles the progression from heats to finals in track events up to and including 800 m is as follows:
2.16.1 If there are two heats, $1 \mathrm{st}, 2 \mathrm{nd}$, \& 3rd from each heat plus fastest others qualify.
2.16.2 If there are three heats, 1 st \& 2nd from each heat plus fastest others qualify.
2.16.3 If there are four or more heats, winners from each heat plus fastest others qualify.
2.16.4 In events up to 110 m where heats are held, ten athletes will advance to the final.
2.16.5 For events between 200 m to 800 m inclusive, nine athletes will advance to the final
2.17 Lanes will be drawn as follows:
2.17.1 For the first round, athletes will be allocated to heats based on advice of best times since October $1^{\text {st }}, 2021$. A draw by lot will be made for the order of heats and the lane of each athlete.
2.17.2 For the final, athletes will be ranked according to their positions and times.

Three draws for lanes will then be made:
(a) one for the four highest ranked athletes or teams to determine placings in lanes 4, 5, 6 and 7;
(b) another for the fifth \& sixth ranked athletes or teams to determine placings In lanes 8 and 9 and
( c ) another for the three lowest ranked athletes or teams to determine placings In lanes 1,2 and 3.

(d) When ten lanes are used for finals, the fifth, sixth and seventh ranked athletes will be drawn in lanes 8 to 10, with the three lowest-ranked athletes drawn in lanes 1 to 3 .
2.18200 m hurdles, 400 m hurdles and track events of 1500 m and longer (except walks) will be timed finals.
2.19 Athletes in timed finals (including track events that become timed finals) will be allocated to finals based on advice of best times since 1 October 2021 and ordered slowest to fastest. Then a draw by lot will be made for the starting position of each athlete.
2.20 If an athlete is entered in both a track and field event or two field events held at the same time, the athlete may move between the two events. An athlete may be allowed to take a trial in field events in a different order in all except the final round of competition. If an athlete is absent for a trial and the competition continues into the next round, the athlete will be deemed to have passed that trial. The Little Athletics rule of track taking precedence over field does not apply to this competition. Athletes will need to manage their own events and liaise with relevant event officials.
2.21 The World Athletics false start rule will be applied to athletes in the 19, 17, 16, 15, and 14 year age groups. A dispensation has been granted for athletes in the 12 and 13 year age groups. The false start rule will operate as follows:
2.21.1 For events in the 12 and 13 year age groups any athlete responsible for a false start shall be warned. Only one false start per race shall be allowed. Any athlete who causes a second false start in the race will be disqualified.
2.21.2 For events in the 14, 15, 16,17 and 19 year age groups immediate disqualification of any athlete causing a false start.

### 2.22 Protests

2.22.1 Any protests regarding entries must be made to the Administration Delegate, then the Jury of Appeal if required.
2.22.2 Any protest regarding competition must be made orally to the Referee by the athlete or by a person acting on his/her behalf within 30 minutes of the official announcement of the result. The Referee may decide on the issue or refer the matter to the Jury of Appeal. The athlete has the right to appeal the Referee's decision to the Jury. Appeals to the Jury must be in writing and submitted to Administration within 30 minutes of the announcement of the Referee's decision. This appeal must be accompanied by a deposit of $\$ 50$ which will be forfeited should the protest not be upheld. Copies of the Appeal Form are available from Administration.
2.22.3 In a field event if an athlete makes an immediate oral protest against having an attempt judged as a foul, the Referee may, at their discretion, order that the trial be measured

and the result recorded, in order to preserve the rights of all concerned. The attempt will be recorded as a failure.

