	2024 Albie Tl	homas Mile - Start Lists
Hip/Lane	Name	Club/State
6:00pm	Men's 400m Hurdles - B Race	
	Adam Almoail	Nepean District Athletic Club
	Julian Lee	U.T.S. Northern Suburbs Athletic Club Inc.
	Kobe Payne	Cherrybrook Senior & Little Athletics Centre Inc.
	Cedric Wei	Hills District Amateur Athletics Club
6:04pm	Men's 400m Hurdles - A Race	
	Conor Fry	Victoria
	Thomas Hunt	U.T.S. Northern Suburbs Athletic Club Inc.
	Bryce Collins	University of New South Wales Athletics Club
	Matt Crowe	U.T.S. Northern Suburbs Athletic Club Inc.
	Rohan Laurendet	Illawarra Blue Stars Athletics Club
	Jack McFadden	U.T.S. Northern Suburbs Athletic Club Inc.
	Matthew Hunt	U.T.S. Northern Suburbs Athletic Club Inc.
	Callum Rorison	Queensland
6:12pm	Women's 400m Hurdles - B Race	
	Susie Douglas	
	Isabel Nystrom	Randwick Botany Harriers Athletics Club
	Keeli Brown	Blue Mountains Athletics Club / Springwood
	Indyanna Pye	Wests Track & Field Club Inc
	Claudia Hughes	Maitland Senior and Little Athletic Club Inc.
	Caitlin Brennan	Cherrybrook Senior & Little Athletics Centre Inc.
6:16pm	Women's 400m Hurdles - A Race	
	Sarah Carli	Kembla Joggers Inc.
	Marli Wilkinson	
	Genevieve Cowie	Sydney University Athletics Club
	Isabella Guthrie	U.T.S. Northern Suburbs Athletic Club Inc.
	Brodee Mate	Kembla Joggers Inc.
	Siena Farrell	
	Scarlett Pye	Wests Track & Field Club Inc
	Emily Smith	U.T.S. Northern Suburbs Athletic Club Inc.
6:25pm	Men's 5,000m	
	Joshua Phillips	Sydney Striders Road Runners Club Inc.
	Liam Boudin	
	Luke Hince	Kembla Joggers Inc.
	Hamish Longworth	Bankstown Sports Athletics Club
	Kaleb Laker	
	Simon Magner	Run Crew
	Jack Maxwell	Delta Running Project
	Oliver Ham	Gosford Allstars Athletics
	Ethan McKenzie	U.T.S. Northern Suburbs Athletic Club Inc.
	Maximilian Boomkamp	Hornsby District Athletics Club Inc
	Timothy Barnett	
	Timothy Broxup	Delta Running Project
	Harrison Baxter	Nowra Athletics Club
	Brendan Fink	Balmain Athletics Club
	Oliver Baxter	Nowra Athletics Club
	Lachlan Oakes	Delta Running Project

	Jack Sanderson	
	Josh Reed	Run Crew
	Earl O'Brien	Run Crew
6:50pm	Women 3000m Steeplechase	itali ciew
оюорш	Georgia Winkcup	U.T.S. Northern Suburbs Athletic Club Inc.
	Mia Toohey	Sutherland District Athletics Club
	Lucie Francis	Hills District Amateur Athletics Club
	Allegra McGivern	Sydney University Athletics Club
	Ruby McPhillips	Kembla Joggers Inc.
	Ashleigh Gardner	Kembla Joggers Inc.
7:10pm	Men's Mile - G Race	00
	Archie Herb	Illawong Revesby Workers Athletics
	Richard Sarkies	Hooked on Running Athletics Inc
	Felix Mcgivern	The Scots College
	David Costello	Delta Running Project
	Russell Taylor	Kembla Joggers Inc.
	Jason Hosking	Blue Mountains Athletics Club / Springwood
	Darren Purcell	Athletics East
	Lachlan Arentz	Campbelltown Collegians Athletics Club Inc
	Rajitha De Silva	Wests Track & Field Club Inc
	Lachlan Townsend	Sydney University Athletics Club
7:18pm	Men's Mile - F Race	
	Cameron Baxter	Nowra Athletics Club
	Andrew Cross	Sutherland District Athletics Club
	Anthony Downs	Sutherland District Athletics Club
	Lucas Grima	Camden Athletics Club
	Chris Gatt	Delta Running Project
	Matthew Westwood	Camden Athletics Club
	Eoin Richards	Run Crew
	Ethan Tierney	Kembla Joggers Inc.
	Xavier Zahra	Hills District Amateur Athletics Club
	Toby Ward	U.T.S. Northern Suburbs Athletic Club Inc.
	Billy Herb	Illawong Revesby Workers Athletics
	Josiah Walters	Hooked on Running Athletics Inc
	Satyendra Kam Yogeswaran	Kembla Joggers Inc.
	Nicholas Remedios	Sydney University Athletics Club
7:26pm	Men's Mile - E Race	
	Logan Hosking	Blue Mountains Athletics Club / Springwood
	Theejutha Oumalee	Sydney University Athletics Club
	Cameron Bloem	Hills District Amateur Athletics Club
	Jake Evans	Randwick Botany Harriers Athletics Club
	Henry Roberts	Randwick Botany Harriers Athletics Club
	Brynn Darby	Sutherland District Athletics Club
	Cameron Dodds	Bankstown Sports Athletics Club
	Aston Lake	Run Crew
	Zachary Thomson	Maitland Senior and Little Athletic Club Inc. Westfields Athletics Club Inc.
	Phillip Botonis	
	Ellis Haydon Brody Elbourne	The Scots College Randwick Botany Harriers Athletics Club
	William Durer	Wests Track & Field Club Inc
	I vi mani Dui Ei	TWESTS TRACK & FIEID CIDD IIIC

	Daniel Watchorn	Sutherland District Athletics Club
7:34pm	Men's Mile - D Race	Kamble Lagger Inc
	Moses Fowler	Kembla Joggers Inc.
	Alexander Skeffington	Masman Athlatics Club
	Thomas Giles	Mosman Athletics Club Nowra Athletics Club
	Harrison Baxter	Maitland Senior and Little Athletic Club Inc.
	Coen Morgan Rohan Nairn	
		Manly Warringah Athletics (Sydney Pacific)
	Lincoln Judge	Run Crew
	Alessio Parisi	U.T.S. Northern Suburbs Athletic Club Inc.
	Huon Groves	Randwick Botany Harriers Athletics Club
	Angus Thompson	
	Zach Roome	U.T.S. Northern Suburbs Athletic Club Inc.
	Oliver Baxter	Nowra Athletics Club
	Nathan Smith	Run Crew
- 40	William Litchfield	Sydney Athletics Academy
7:42pm	Women's Mile - C Race	Kanahir Ianana ia
	Mikayla McLean	Kembla Joggers Inc.
	Elena Koudasheva	
	Shayne Hargraves	Bankstown Sports Athletics Club
	Alice Lyng	Hornsby District Athletics Club Inc
	Taylor Traecey	Bankstown Sports Athletics Club
	Sophie Gocher	Sydney University Athletics Club
	Matilda Richards	Run Crew
	Cate Giason	Kembla Joggers Inc.
	Brooke Carson	Sutherland District Athletics Club
	Darcy Costello	Run Crew
	Jenna Haydon	Sutherland District Athletics Club
	Angela Jebb	Run Crew
	Gypsy Waterson	Bankstown Sports Athletics Club
	Kirsty Beattie	
7:50pm	Men's Mile - C Race	
	Ben Graham	Sydney University Athletics Club
	Hamish Hunter	Randwick Botany Harriers Athletics Club
	Will Haydon	The Scots College
	Macleay Kesby	Kembla Joggers Inc.
	Miles Carson	The Scots College
	Nicholas McGill	Nowra Athletics Club
	Brett Halls	Run Crew
	Julian Wylie	Randwick Botany Harriers Athletics Club
	Ryan Cuzner	
	Samuel Oliver	Trinity Athletics Club
	Charles Bennett	University of New South Wales Athletics Club
	Joel Harlor	Bankstown Sports Athletics Club
7:58pm	Women's Mile - B Race	
	Aspen Lambert	Sydney University Athletics Club
	Erin Blundell	Sydney University Athletics Club
	Lily Winward	Bankstown Sports Athletics Club
	Annabelle Miller	Kotara South Athletics Club
	Matilda Cole	Kooringal -Wagga Athletics Club Inc.

	Tia Brady	Newcastle Runners Inc.
	Ruth Costello	Run Crew
	Olivia Galang	Bankstown Sports Athletics Club
	Amy Bennett	Sutherland District Athletics Club
	Sienna Colosi	Run Crew
	Jessica Kann	Bankstown Sports Athletics Club
	Lucinda Alder	Sydney University Athletics Club
	Maia Abell	Mingara Regional Athletics Club Inc.
8:06pm	Men's Mile - B Race	
	Harm Schaap	Bankstown Sports Athletics Club
	Brayden Everett	Newcastle Flyers Runners Club
	Riley Bryce	
	Daniel Dreher	
	Ben Bishop	Sydney University Athletics Club
	Max Russell	Randwick Botany Harriers Athletics Club
	Harry Halleen	Run Crew
	Joshua OConnell	Trinity Athletics Club
	Adam Bruntsch	Ryde Athletics Centre Inc
	Matthew McLachlan	Trinity Athletics Club
	Isaac Holberton	
	Luca Gillard	Trinity Athletics Club
	Jasper Scamps-Magro	U.T.S. Northern Suburbs Athletic Club Inc.
	Matt Dawson	Delta Running Project
8:14pm	Men's 800m - I Race	
	Lewis Sinclair	Bankstown Sports Athletics Club
	Xavier Bates	Bankstown Sports Athletics Club
	Harlem Floyd-Kerr	Illawong Revesby Workers Athletics
	Benjamin Westwood	Westfields Athletics Club Inc.
	Benjamin Westwood Xavier Wilson	Westfields Athletics Club Inc. Athletics Wollongong Inc.
	Benjamin Westwood Xavier Wilson Tony Sinibaldi	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club
	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham	Westfields Athletics Club Inc. Athletics Wollongong Inc.
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc.
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club
8:20pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East
	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club
8:20pm 8:26pm	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree Men's 800m - G Race	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East Maitland Senior and Little Athletic Club Inc.
	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree Men's 800m - G Race Isaac Robinson	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East
	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree Men's 800m - G Race Isaac Robinson Zachary Barwell	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East Maitland Senior and Little Athletic Club Inc. Sydney Athletics Academy
	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree Men's 800m - G Race Isaac Robinson Zachary Barwell Rohan Nairn	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East Maitland Senior and Little Athletic Club Inc. Sydney Athletics Academy Manly Warringah Athletics (Sydney Pacific)
	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree Men's 800m - G Race Isaac Robinson Zachary Barwell Rohan Nairn Hamilton van As	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East Maitland Senior and Little Athletic Club Inc. Sydney Athletics Academy Manly Warringah Athletics (Sydney Pacific) Randwick Botany Harriers Athletics Club
	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree Men's 800m - G Race Isaac Robinson Zachary Barwell Rohan Nairn Hamilton van As Alton Freeman	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East Maitland Senior and Little Athletic Club Inc. Sydney Athletics Academy Manly Warringah Athletics (Sydney Pacific) Randwick Botany Harriers Athletics Club Blue Mountains Athletics Club / Springwood
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	Benjamin Westwood Xavier Wilson Tony Sinibaldi Evan Rowbotham Men's 800m - H Race Hugh Thirlwall Surendra Kam Yogeswaran Srihari Kannan Jayaraman Matthew Reid Miles Elliott Isaac Zreika Ruari Mercer Darren Purcell Lincoln Greentree Men's 800m - G Race Isaac Robinson Zachary Barwell Rohan Nairn Hamilton van As Alton Freeman	Westfields Athletics Club Inc. Athletics Wollongong Inc. Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Nowra Athletics Club Kembla Joggers Inc. University of New South Wales Athletics Club Nowra Athletics Club Run Crew Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Athletics East Maitland Senior and Little Athletic Club Inc. Sydney Athletics Academy Manly Warringah Athletics (Sydney Pacific) Randwick Botany Harriers Athletics Club Blue Mountains Athletics Club / Springwood

	Lorenzo Paonessa	Randwick Botany Harriers Athletics Club
	Simon Hosking	
8:32pm	Men's 800m - F Race	
	Jake Astill	Hills District Amateur Athletics Club
	Brendan Armstrong	Cherrybrook Senior & Little Athletics Centre Inc.
	Paul Raptis	Sydney University Athletics Club
	Zane Krayem	Run Crew
	Jude Hamilton	Camden Athletics Club
	Dominic Panozzo	U.T.S. Northern Suburbs Athletic Club Inc.
	Cameron Poole	Illawong Revesby Workers Athletics
	Zac Tydeman	Katoomba District Athletics Club
	Harley Grace	Cherrybrook Senior & Little Athletics Centre Inc.
	Archie Daley	Randwick Botany Harriers Athletics Club
8:38pm	Women's 800m E Race	
	Rosalee Floyd-Kerr	Illawong Revesby Workers Athletics
	Claudia White	Bankstown Sports Athletics Club
	Amelia Behringer	Illawong Revesby Workers Athletics
	Alannah Roberts	Trinity Athletics Club
	Emma Lubke	Trinity Athletics Club
	Charlotte Bates	Bankstown Sports Athletics Club
	Casey Bugeja	Bankstown Sports Athletics Club
8:44pm	Men's 800m - E Race	
	Marco de Paulis	Sydney University Athletics Club
	Jack Muller	The Scots College
	Chester Swaffer	Knox Grammar School
	Riley Gould	Independent Athlete
	Toby Dyball	Nowra Athletics Club
	Cooper Clugston Leon McWilliam	Camden Athletics Club
		Hooked on Running Athletics Inc Cherrybrook Senior & Little Athletics Centre Inc.
	Matthew Joyce	Cherrybrook Senior & Little Athletics Centre Inc.
	Lachlan French Nicholas McNally	Hills District Amateur Athletics Club
8:50pm	Women's 800m D Race	Hills District Affiateur Athletics Club
8.30pm	Lucy Hincksman	Randwick Botany Harriers Athletics Club
	Grace Pomery	Kembla Joggers Inc.
	Paige Murray	Athletics Wollongong Inc.
	Chelsea Nicol	Athletics Wollongong Inc.
	Julia Meaker	Balmain Athletics Club
	Ella Plummer	Sutherland District Athletics Club
	Amber Kusano	Mosman Athletics Club
	Alisha Mustapic	Nowra Athletics Club
8:56pm	Men's 800m - D Race	
	Asher Thomasyu	Randwick Botany Harriers Athletics Club
	Brody Elbourne	Randwick Botany Harriers Athletics Club
	Jacob Todd	
	Jack Richardson	Randwick Botany Harriers Athletics Club
	Jake Hardiman	Sydney University Athletics Club
	Danny Kearney	Sutherland District Athletics Club
	Brett Halls	Run Crew
	Matt North	U.T.S. Northern Suburbs Athletic Club Inc.
		The state of the s

I	Ethan Littlewood	Campbelltown Collegians Athletics Club Inc
	Charlie Bowtell	U.T.S. Northern Suburbs Athletic Club Inc.
9:02pm	Women's 800m C Race	5.1.5. Northern Suburbs / Ametic club me.
510 2 p	Harriet Greentree	Maitland Senior and Little Athletic Club Inc.
	Keira Toohey	Sutherland District Athletics Club
	Claire Solomon	
	Aiva Pinches	Adamstown New Lambton Athletics Club
	Mabel Dukes	Run Crew
	Siena Novak	Randwick Botany Harriers Athletics Club
	Audrey Sakora	Bankstown Sports Athletics Club
	Bronwyn Poole	Newcastle Flyers Runners Club
	Charlotte Smyth	
9:08pm	Men's 800m - C Race	
	Jack Gould	Independent Athlete
	Corey Furminger	U.T.S. Northern Suburbs Athletic Club Inc.
	Cameron Burnett	Run Crew
	Edward Purbrick	U.T.S. Northern Suburbs Athletic Club Inc.
	Travis Fairweather	Bankstown Sports Athletics Club
	Bradley Chan	Randwick Botany Harriers Athletics Club
	William Polinelli	
	Taylor John	
	Tom Partland	The King's School Athletics Club
	Kobe Drummond	
9:14pm	Women's 800m B Race	
	Sarah Baker	Wests Track & Field Club Inc
	Matilda Emanuel	Randwick Botany Harriers Athletics Club
	Ava Honore	Sydney University Athletics Club
	Bethany Halmy	Manly Warringah Athletics (Sydney Pacific)
	Amalia May	
	Amelia May	Nowra Athletics Club
	Cheyenne Murray	Athletics Wollongong Inc.
	·	
	Cheyenne Murray Ella Colusso Jaime Brennan	Athletics Wollongong Inc. Bankstown Sports Athletics Club
	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell	Athletics Wollongong Inc.
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc.
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc.
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc.
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc. Trinity Athletics Club
9:20pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney Liam Golledge	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletics Club Trinity Athletics Club Gosford Allstars Athletics
	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney Liam Golledge lan Halpin	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc. Trinity Athletics Club
9:20pm 9:30pm	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney Liam Golledge lan Halpin Women's Mile - A Race	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc. Trinity Athletics Club Gosford Allstars Athletics Blue Mountains Athletics Club / Springwood
	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney Liam Golledge Ian Halpin Women's Mile - A Race Abbey Caldwell	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc. Trinity Athletics Club Gosford Allstars Athletics
	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney Liam Golledge Ian Halpin Women's Mile - A Race Abbey Caldwell Maudie Skyring	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc. Trinity Athletics Club Gosford Allstars Athletics Blue Mountains Athletics Club / Springwood Victoria
	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney Liam Golledge Ian Halpin Women's Mile - A Race Abbey Caldwell Maudie Skyring Jodie McCann	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc. Trinity Athletics Club Gosford Allstars Athletics Blue Mountains Athletics Club / Springwood Victoria Ireland
	Cheyenne Murray Ella Colusso Jaime Brennan Erin Blundell Men's 800m - B Race William Dyball Alex Talbot David Windybank Max Hooper Oliver Neate Luke Murphy James Healey Ben Moloney Liam Golledge Ian Halpin Women's Mile - A Race Abbey Caldwell Maudie Skyring	Athletics Wollongong Inc. Bankstown Sports Athletics Club Sydney University Athletics Club Nowra Athletics Club Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Randwick Botany Harriers Athletics Club U.T.S. Northern Suburbs Athletic Club Inc. Kembla Joggers Inc. Trinity Athletics Club Gosford Allstars Athletics Blue Mountains Athletics Club / Springwood Victoria

	Jaylah Hancock-Cameron	Bankstown Sports Athletics Club
	Zoe Buckman	
	Piper Simpson	Randwick Botany Harriers Athletics Club
	Olga Firsova	,
	Eliza Lawton	Manly Warringah Athletics (Sydney Pacific)
	Zoe Honeybrook	, , , , ,
	Claudia Meaker	Balmain Athletics Club
	Ronia Warszawska	Sutherland District Athletics Club
9:40pm	Men's 800m - A Race	
	Peter Bol	Victoria
	Luke Boyes	U.T.S. Northern Suburbs Athletic Club Inc.
	Jared Micallef	
	Cameron Myers	Bankstown Sports Athletics Club
	Jye Perrott	U.T.S. Northern Suburbs Athletic Club Inc.
	Hayden Todd	
	DeGras Amekata	
	Jade Kitching	Coffs Coast Athletics
9:50	Women's 800m A Race	
	Bendere Oboya	U.T.S. Northern Suburbs Athletic Club Inc.
	Imogen Barrett	
	Jessica Hull	Bankstown Sports Athletics Club
	Lora Roff	Randwick Botany Harriers Athletics Club
	Fleur Cooper	U.T.S. Northern Suburbs Athletic Club Inc.
	Ella Penman	Dubbo Athletics Club
I	Davina Smith	Sutherland District Athletics Club
	Shanie Landen	Sutherland District Athletics Club Israel
	Shanie Landen	Israel
10:00pm	Shanie Landen Brittany Kaan	Israel Byron Bay Runners
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura	Israel Byron Bay Runners
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile	Israel Byron Bay Runners
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt	Israel Byron Bay Runners Japan
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley	Israel Byron Bay Runners Japan
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey	Israel Byron Bay Runners Japan
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis	Israel Byron Bay Runners Japan Sydney University Athletics Club
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March Archie Ridgway	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners
10:00pm	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners Kembla Joggers Inc.
	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March Archie Ridgway	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners Kembla Joggers Inc. Bankstown Sports Athletics Club
10:00pm Field Events	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March Archie Ridgway Jayden Gill Shaun Harris	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners Kembla Joggers Inc. Bankstown Sports Athletics Club
	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March Archie Ridgway Jayden Gill	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners Kembla Joggers Inc. Bankstown Sports Athletics Club
Field Events	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March Archie Ridgway Jayden Gill Shaun Harris	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners Kembla Joggers Inc. Bankstown Sports Athletics Club Run Crew Cherrybrook Senior & Little Athletics Centre Inc.
Field Events	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March Archie Ridgway Jayden Gill Shaun Harris	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners Kembla Joggers Inc. Bankstown Sports Athletics Club Run Crew
Field Events	Shanie Landen Brittany Kaan Yume Kitamura Albie Thomas Mile Jesse Hunt Connor Whiteley Jack Anstey William Lewis Ethan Wyatt-Smith Stefan Music Tom Davies Daniel Williams Tom March Archie Ridgway Jayden Gill Shaun Harris Mixed Pole Vault - Pool B Nisini Rajapaksha Mudiyanselage	Israel Byron Bay Runners Japan Sydney University Athletics Club Bankstown Sports Athletics Club Randwick Botany Harriers Athletics Club Sydney University Athletics Club Byron Bay Runners Kembla Joggers Inc. Bankstown Sports Athletics Club Run Crew Cherrybrook Senior & Little Athletics Centre Inc. Hills District Amateur Athletics Club Bankstown Sports Athletics Club Bankstown Sports Athletics Club
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	Benjamin Pittman	Illawong Revesby Workers Athletics
	Remy Mitchell	St. George District Athletic Club Inc.
	Oliver Watson	Balmain Athletics Club
	Nimrod Zsolt Zsombor	Bankstown Sports Athletics Club
	Angus Clues	Blue Mountains Athletics Club / Springwood
	Robbie Cullen	Cherrybrook Senior & Little Athletics Centre Inc.
8:30pm	Mixed Pole Vault - Pool A	
	Csenge Zsuzsanna Zsombor	Bankstown Sports Athletics Club
	Dash Newington	Dubbo Athletics Club
	Elizabeth Baral	Wests Track & Field Club Inc
	Elyssia Kenshole	
	Joey Ryu	U.T.S. Northern Suburbs Athletic Club Inc.
	Anthony Valenta	Illawong Revesby Workers Athletics
	Ethan Princena-White	Bankstown Sports Athletics Club
	Misha Van Scheppingen	
	Alex Arbuthnot	
	Triston Vincent	
	Aiden Princena-White	Bankstown Sports Athletics Club