

NSW All Schools Meet Records

@ 1 August 2021

Over many years the NSW All Schools age divisions and age determination have changed. In recent years new events and different event specifications have been introduced. **On-going research** is being undertaken to back date any relevant performances. Submissions of possible records to davidtarbotton@nswathletics.org.au or David.Tarbotton@gmail.com would be welcome. A guide to conversion between electronic (photo finish) and manually timed records: 100m/100H/110H = 0.24, 200m/400m/400H = 0.14. It is calculated like this: 11.3 (hand timed) = 11.54 (electronic timed)

* Event no longer contested at the NSW All Schools.

EVENT	NAME	PERF	SCHOOL	YEAR
19 years Girls				
100m	Michelle Dalrymple	11.85	Maclean H	1997
200m	Caitlyn Ferrier	24.05	Hawkesbury H	2020
400m	Caitlyn Ferrier	54.47	Hawkesbury H	2020
800m	Suzy Walsham	2:09.91	Ravenswood C	1991
1500m	Suzy Walsham	4:22.44	Ravenswood C	1991
3000m	Suzy Walsham	9:48.58	Ravenswood C	1991
5000m	Marjolaine Newbery	18:19.19	Caringbah H	2019
100 Hurdles (84cm)	Jacquie Munro	13.59	Irrawong H	1999
400 Hurdles (76cm)	Thalia Amanakis	61.35	Tangara Girls C	2004
2000 Steeple*	Hollie Emery	7:20.92	St Mary's Senior	2006
3000 Steeple	<i>New event</i>			
3000m Walk*	Natalie Saville	13:15.09	Randwick Girls H	1985
5000m Walk	Kirsty Klein	24:52.18	Hawkesbury H	2012
High Jump	Nicola McDermott	1.81	Green Point	2014
Pole Vault	Amanda Bartrim	3.40	Henry Kendall H	2009
Long Jump	Talissa Scott	6.02	Kiama H	2011
Triple Jump	Clare Maloney	12.40	Macksville H	2009
Shot Put (4kg)	Michelle Haage	14.59	South Strathfield H	1992
Discus (1kg)	Katrina Steele	54.07	Winmalee H	1999
Javelin (600g)	Laura Cornford	55.96	MLC Burwood	2007
Hammer (4kg)	Alex Hulley	61.85	OLMC Parramatta	2015
17 years Girls				
100m	Diane Holden	11.3	Peakhurst H	1980
200m	Diane Holden	23.4	Peakhurst H	1980
400m	Jana Pittman	53.87	Mt St Benedicts	1999
800m	Trychelle Kingdom	2:08.23	Moruya H	2007
1500m	Sarah McDermott	4:25.74	Abbotsleigh	2017
3000m	Tania Adams	9:39.00	Cumberland H	1984
100 Hurdles (76cm)	Katrina Hunt	13.68w	Roseville C	2013
100 Hurdles (84cm)*	Jacquie Munro	14.09	Irrawong H	1998
400 Hurdles (76cm)	Sarah Carli	60.50	Keira Technology H	2011
2000 Steeplechase	Kate Spencer	6:45.07	Turramurra H	2012
3000m Walk*	Natalie Saville	13:15.09	Randwick Girls H	1985
5000m Walk	Jayde Hill	24:31.25	Nambucca Heads H	2014
High Jump	Petrina Price	1.92	Woonona H	2003
Pole Vault	Amanda Bartrim	3.60	Henry Kendall H	2008
Long Jump	Tomysha Clark	6.17w	Endeavour Sports H	2019
Triple Jump	Alexandra York	12.62w	Redlands School	2020
Shot Put (3kg)	Taylah Sengul	15.99	Erskine Park H	2011
Shot Put (4kg)*	Katrina Steele	14.68	Winmalee H	1998
Discus (1Kg)	Dani Samuels	51.72	Westfield Sports H	2005
Javelin (500g)	Lianna Davidson	57.15	St Mary's Senior C	2019
Javelin (600g)*	Laura Cornford	48.43	MLC Burwood	2005
Hammer (3kg)	Alex Hulley	67.93	OLMC Parramatta	2014
Hammer (4kg)*	Bronwyn Eagles	54.88	Camden H	1997
Heptathlon	Cathy Jeon	4977	MLC Burwood	1987
16 years Girls				
100m	Sam Geddes	11.66w	Caringbah H	2013
	Diane Holden	11.6	Peakhurst H	1979
200m	Sue Clark	23.6	St George Girls H	1979
400m	Rosemary Haywood	53.84	Wyong H	1996
800m	Montana Monk	2:08.24	Bishop Tyrrell Anglican College	2020
1500m	Suzy Walsham	4:25.74	Ravenswood	1989
3000m	Eloise Poppett	9:29.95	Kirrawee H	1998
100 Hurdles (76cm)	Georgia Fichardt	13.86	Abbotsleigh College	2020
100 Hurdles (84cm)*	Tara Holt	14.17	Endeavour Sports H	2004
200 Hurdles (10f)*	Lisa Jenkinson	29.43	John Whycliff	1999
300 Hurdles*	Josephine Fowley	42.88	The Entrance H	1995
400 Hurdles (76cm)	Jana Pittman	60.96	Mt St Benedicts	1998
3000m Walk*	Michelle French	13.30.1	Cranebrook H	1998

NSW All Schools Meet Records

5000m Walk	Elizabeth McMillen	24:08.64	Killarney Heights H	2020
2000m Steeple	Rosie May Davidson	6:51.03	Nowra Anglican	2014
High Jump	Amy PejkoVIC	1.86	St Leos	2009
Pole Vault	Amanda Bartrim	3.50	Henry Kendall H	2007
Long Jump	Nicole Boegman	6.55	South Strathfield H	1983
Triple Jump	Tay Leiha Clark	12.44w	Endeavour Sports H	2014
Shot Put (4k)*	Dani Samuels	14.92	Westfields Sports H	2004
Shot Put (3kg)	Grace Robinson	16.22	Bethany C	2014
Discus (1kg)	Katrina Steele	47.96	Winmalee H	1997
Javelin (600g)*	Leanne Dennis	45.28	Pendle Hill H	1979
Javelin (500g)	Mackenzie Little	50.87	Pymble Ladies College	2012
Hammer (3kg)	Alex Hulley	65.40	OLMC Parramatta	2013
Hammer (4kg)*	Bronwyn Eagles	50.64	Camden High	1996

15 years Girls

100m	Aleksandra Stoilova	11.81w	Westfields Sports H	2020
200m	Ella Nelson	24.14w	Heathcote H	2009
400m	Caitlyn Ferrier	55.55	Hawkesbury H	2017
800m	Catherine Miller	2:07.63	Pymble Ladies College	2015
1500m	Imogen Stewart	4:17.70	PLC Sydney	2020
3000m	Imogen Stewart	9:23.26	PLC Sydney	2020
90 Hurdles (76cm)	Rachel Pace	12.55	Rouse Hill H	2013
200 Hurdles (76cm)	Abigail Stevanovic	27.46	PLC Croydon	2017
3000m Walk	Michelle French	13:36.70	Cranebrook H	1997
1500m Walk*	Michelle French	6:21.90	Cranebrook H	1997
2000m Steeple	Alexia Kalamvokis	7:00.10	PLC Sydney	2020
High Jump	Erin Shaw	1.77	Roseville C	2019
Pole Vault	Amanda Bartrim	3.32	Henry Kendall H	2006
Long Jump	Nicole Boegman	6.27	South Strathfield H	1982
Triple Jump	Olivia Dimech	12.46w	Bede Polding	2020
Shot Put (3kg)	Stephanie Scigala	15.31	Callaghan College	2015
Shot Put (4kg)*	Vika Lolo	13.58	Tempe H	2005
Discus (1kg)	Ashlyn Blackstock	46.46	Belmont H	2019
Javelin (600g)*	Lyndall Kennedy	45.24	Orana H	1982
Javelin (500g)	Mackenzie Little	46.40	Pymble Ladies College	2011
Hammer (4kg)*	Bronwyn Eagles	45.90	Camden High	1995
Hammer (3kg)	Alexandra Hulley	64.27	OLMC Parramatta	2012

14 years Girls

100m	Rebecca Vormister	11.98	Corrimal H	1988
200m	Torrie Lewis	24.01	St Marys Gateshead	2019
400m	Ruby Worrell	55.35	Monte Saint Angelo College	2020
800m	Jenny Blundell	2:09.06	Cherrybrook H	2008
1500m	Abbey Rockliff	4:27.48	Pymble Ladies College	2015
3000m	Imogen Stewart	9:26.93	PLC Sydney Croydon	2018
1500m Walk*	Michelle French	6:16.00	Cranebrook	1996
3000m Walk	Milly Broughton	14:03.71	Westfields Sports H	2020
90 Hurdles (76cm)	Delta Amidzovski	12.45w	Corpus Christi Catholic H	2020
200 Hurdles	Abigail Stevanovic	27.52	PLC Sydney Croydon	2016
2000 Steeplechase	Alexia Kalamvokis	7:05.62	Santa Sabina Strathfield	2019
High Jump	Sonya Wennekes	1.80	Engadine H	1993
	Amy PejkoVIC	1.80	St Leo's Wahroonga	2007
Pole Vault	Elizabeth Baral	3.00	SCEGGS Darlinghurst	2012
	Johanna Volos	3.00	Pymble Ladies College	2013
	Binta Salawu	3.00	Westfields Sports H	2014
Long Jump	Delta Amidzovski	6.02w	Corpus Christi Catholic H	2020
Triple Jump	Alyisha House	11.96	Mount Erin	2002
Shot Put (3kg)	Dani Samuels	14.74	Westfield Sports H	2002
Discus (1kg)	Kirsty Leigh Williams	44.82	Mt St Patricks	2011
Javelin (600g)	Taylah Sengul	42.53	Erskine Park H	2009
Javelin (500g)	Tali Baltineshter	42.77	Moriah College	2020
Hammer (3kg)	Unitty Ta'uo	51.82	Airds H	2019
Hammer (2.7kg)*	Felicity Entwistle	45.20	East Hills Girls H	1995

13 years Girls

100m	Mindy Slomka	12.20	Rutherford H	1993
200m	Torrie Lewis	24.60w	St Marys Gateshead	2018
400m	Chelsea Ezeoke	56.46	Lake Illawarra H	2019
800m	Ivy Boothroyd	2:09.38	Endeavour Sports H	2020
1500m	Imogen Stewart	4:28.69	PLC Sydney Croydon	2018
80 Hurdles (76cm)	Delta Amidzovski	11.67	Corpus Christi Catholic H	2019
1500 Walk	Shannon Jennings	6:54.96	Caroline Chisholm	2006
3000m Walk	Allanah Pitcher	14:44.99	Terrigal H	2016
High Jump	Delta Amidzovski	1.74	Corpus Christi Catholic H	2019
Long Jump	Delta Amidzovski	5.63	Corpus Christi Catholic H	2019

NSW All Schools Meet Records

Triple Jump	Raphaila Idris	11.54	Caroline Chisholm	2019
Pole Vault	Binta Salawu	3.10	Caroline Chisholm	2013
Shot Put (3kg)	Vika Lolo	14.15	Tempe H	2003
Discus (1kg)	Tai Denicaucau	43.54	Lithgow H	2009
Hammer (3kg)	Breanna Griffiths	45.82	Casula H	2017
Javelin (600g)*	Taylah Sengul	42.77	Erskine Park H	2008

12 years Girls

100m	Maricor Cuenca	12.20	Endeavour Sports H	2000
200m	Damita Betham	25.30	Ambarvale H	2018
400m	Damita Betham	58.20	Ambarvale H	2018
800m	Suzy Walsham	2:16.10	Ravenswood	1986
1500m	Susie Harrison	4:42.76	Hoxton Park H	1988
3000m Walk	Milly Boughton	15:19.00	Endeavour Sports H	2018
80 Hurdles	Nicola McGrady	12.44	Marist Sisters Woolwich	1998
High Jump	Kellie Mann	1.65	Port Macquarie H	1995
	Alexandra Church	1.65	Illawarra Grammar	1996
Pole Vault	Binta Salawu	2.90	Caroline Chisholm C	2012
Long Jump	Bronwyn Page	5.33	Henry Lawson H	1995
	Jacinta Doyle	5.33	Endeavour Sports H	2002
Triple Jump	Izobelle Louison-Roe	10.88	Kirrawee H	2019
Shot Put (2.7kg)	Vika Lolo	13.45	Tempe H	2002
Discus (1kg)	Imogen Petrie	42.85	Whitebridge H	2016
Hammer Throw (3kg)	Salote Wolfgramm	32.99	St Luke's Catholic College	2020
Javelin Throw (400g)	Rachel Bardney	35.60	St Mark's Catholic S	2018

19 years Boys

100m	Matt Shirvington	10.29	Marist North Shore	1997
200m	Matt Shirvington	20.97	Marist North Shore	1997
400m	Daniel Batman	47.31	Scots College	1999
800m	Ben Connor	1:51.76	Deniliquin H	2006
1500m	Luke Young	3:49.10	Toronto H	2019
3000m*	Danny Boltz	8:24.3	Marsden H	1980
5000m	Oli Raimond	14:52.07	Caringbah H	2019
110 Hurdles (99cm)	Mitchell Tysoe	14.08	Erina H	2010
400 Hurdles (91cm)	Bryce Collins	52.37	SCECGS Redlands	2014
2000 Steeple*	Martin Dent	5:50.59	Berkeley Vale H	1996
3000m Steeple	Bailey Crabtree	9:35.32	Lismore H	2020
3000m Walk*	Mathew Goleblowski	12:46.60	Westfields Sports H	1997
5000m Walk	Adam Rutter	21:53.18	Pennant Hills H	2003
High Jump	Lochsley Thompson	2.28	Colo H	1991
Pole Vault	Ethan Princena-White	4.75	William Clarke College	2020
Long Jump	Robert Hannah	7.54	Richmond H	1983
Triple Jump	Robert Falchi	15.45	St Columbus Springwood	2007
Shot Put (6kg)	Emanuele Fuamatu	18.31	Patrician Bros Fairfield	2008
Discus (1.75kg)	Ben Fitzgerald	53.70	Hunter Sports H	2013
Javelin (800g)	Matt Outzen	71.25	Westfield Sports H	2005
Hammer (6kg)	William Brown	58.54	The Forest H	2014
Decathlon	Tim Harwin	6615	Taree H	1997

17 years Boys

100m	Josh Clarke	10.59	The Kings School	2012
200m	Jacob Groth	21.28	MacKillop Senior	2002
	James Kermond	21.28	Bankstown Grammar	2013
400m	Miles Murphy	47.60	Evans H	1984
800m	Ben Liddy	1:52.00	Barker College	1998
1500m	Ryan Gregson	3:49.34	Illawarra Sports H	2007
3000m	Lawrie Whitty	8.12.7	Randwick Boys H	1977
3000m Walk*	Mathew Goleblowski	12:46.60	Westfields Sports H	1997
5000m walk	Tyler Jones	22:07.68	Hunter Sports H	2015
110 Hurdles (91cm)	Will Lloyd	13.74	Barker College	2016
400 Hurdles (84cm)	Dominic Panozzo	53.06	St Pius College	2020
2000 Steeple	Aaron Hunt	5:56.9	Sydney Boys H	1989
High Jump	James Gallimore	2.13	Gunnedah H	1994
Pole Vault	Blake Lucas	4.75	St Gregs Campbelltown	2007
Long Jump	Paul Henderson	7.29	St Francis Xavier	1988
Triple Jump	Ben Cox	15.05w	Holy Cross Ryde	2011
Shot Put (5kg)	Alex Kolesnikoff	20.69	Trinity Grammar	2017
Discus (1.5kg)	Ben Fitzgerald	65.94	Hunter Sports H	2012
Javelin (700g)	Cameron McEntyre	71.25	Knox Grammar	2016
Hammer (5kg)	Rohan Edwards	69.23	Elderslie H	2002
Hammer (5.4kg)*	Matt Dwight	65.90	Epping Boys H	1991

16 years Boys

100m	Jordan Shelley	10.61	The Hills Grammar	2014
------	----------------	-------	-------------------	------

NSW All Schools Meet Records

200m	Jordan Shelley	21.29	The Hills Grammar	2014
400m	Miles Murphy	47.5h	Evans H	1983
	Louis Stenmark	47.61	St Ignatius College	2014
800m	Charlie Jeffreson	1:52.38	The Kings School	2020
1500m	Luke Young	3:50.08	Toronto H	2017
3000m	Elliott McGaughran	8:26.68	Mt St Patricks	2017
110 Hurdles (91cm)	Will Lloyd	13.87w	Barker College	2015
200 Hurdles (10f)*	Fabrice Lapiere	25.27	Westfields Sports H	1999
400 Hurdles (84cm)	Bryce Collins	53.31	SCEGGS Redlands	2012
2000 Steeple	Aaron Hunt	6:00.99	Sydney Boys H	1988
3000m Walk*	Troy Sundstrom	11:59.90	Oxley	1997
5000m Walk	Oscar Tebbutt	22:51.52	Henry Kendal H	2017
High Jump	Keith Elliot	2.10	South Grafton H	1998
Pole Vault	Angus Armstrong	4.60	Homebush Boys H	2013
Long Jump	Lachlan Little	7.21w	Newington College	2011
Triple Jump	Emmanuel Fakiye	14.49	Marist College	2013
Shot Put (5kg)	Emanuele Fuamatu	19.65	Patrician Brother Fairfield	2005
Discus (1.5kg)	Ben Fitzgerald	57.78	Hunter Sports H	2011
Javelin (700g)	Simon Steyn	68.68	Lambton H	1985
Hammer (5kg)	Jonathon Wynn	66.37	Camden Haven H	2002

15 years Boys

100m	Jordan Shelley	10.75	The Hills Grammar	2013
200m	Jordan Shelley	21.64	The Hills Grammar	2013
400m	Luke Hamer	49.68	Marist Penshurst	2006
800m	Michael King	1:54.92	Trinity Grammar S	2020
1500m	Angus Beer	4:00.85	Newington C	2017
3000m	Lorcan Redmond	8:45.67	Newcastle Grammar	2015
100 Hurdles (84cm)	Paul Stickler	12.7	Westfields Sports H	2000
	Rashid Kabba	12.94	Westfields Sports H	2020
200 Hurdles (10f)	Paul Stickler	24.9	Westfields Sports H	2000
2000 Steeplechase	Travis Prigg	6:00.19	Robert Townson H	2001
1500m Walk*	Troy Sundstrom	5:54.87	Oxley	1996
3000m Walk	Brook Keys	13:45.18	Mitchell H	2005
High Jump	James Watson	2.08	Barker college	2000
Long Jump	John Thornell	6.90	Miller H	2000
Triple Jump	Eddie Van De Jagt	14.35	Fairvale H	1982
Pole Vault	Angus Armstrong	4.20	Homebush Boys H	2012
Shot Put (4kg)	Tepai Moeroa	19.79	Newington College	2010
Discus (1kg)	Peta Toamotu	66.93	Marist College	2014
Javelin (700g)	Rigby Vane-Wood	61.81	Dungog H	2011
Hammer (4kg)	Costa Kouparis	60.97	SPC	2011

14 years Boys

100m	Tim McRae	11.06	Kinross Wolaro	1993
200m	Donovan Bradshaw	22.49	Barker C	2018
400m	Liam Gordon	50.75	McCarthy Catholic Tamworth	2020
800m	Jordan Doris	1:59.09	Carmel H	2014
1500m	Luke Young	4:07.46	Toronto H	2015
3000m	Lorcan Redmond	9:00.65	St Phillips	2014
100 Hurd (84cm)	River-Deane Pentecost	13.25	Hunter Sports H	2015
200 Hurd (10f)	Sebastian Ghisso	26.32	Trinity Grammar	2019
2000 Steeplechase	Luca Gillard	6:16.35	Trinity Grammar	2020
1500m Walk *	Troy Sundstrom	6:05.2	Oxley College	1995
3000m Walk	Tyler Jones	13:24.96	Hunter Sports H	2012
High Jump	David Snowdon	1.93	St Dominics	2009
	Kobi Sharp	1.93	Port Hacking H	2016
Long Jump	Alex Willett	6.52	Killarney Heights H	2015
Triple Jump	David Geddes	13.86	Beacon Hill H	1996
Pole Vault	Brad McAllister	4.00	John Terry H	1994
Shot Put (4kg)	Emanuele Fuamatu	17.51	Patrician Brothers	2003
Discus (1kg)	B Hine	61.22	Armidale H	1989
Javelin (600g)	Aaron Cooke	59.57	Chevallier	1999
Hammer (4kg)	Chiron Weber	53.36	Mullumbimby H	2000

13 years Boys

100m	Phonthep Laosy	11.26	Cabramatta H	1988
200m	Paul Greene	23.09	Shoalhaven H	1986
400m	Todd Mulville	52.24	Lambton H	1997
800m	Jordan Doris	2:02.48	Mt Carmel H	2013
1500m	Angus Beer	4:17.81	Newington C	2015
90 Hurdles (76cm)	Billy Blair	12.08	St Josephs College	2020
1500 Walk*	Steven Frew	6:42.30	Mitchell H	1999
3000m Walk	Isaac Beacroft	14:00.47	Oakhill College	2020
High Jump	Kurt Michael	1.87	St George Christian School	2020

NSW All Schools Meet Records

Long jump	Laud Codjoe	6.40	Emmaus Catholic College	2016
Triple Jump	Martin Stonis	12.73	North Sydney Boys H	2005
Pole Vault	Scott Burriss	3.10	Westfields Sports H	1996
Shot Put (3kg)	Amosia Soatini	17.99	Emmaus Catholic	2019
Discus (1kg)	George Wells	52.17	Narara Valley H	2019
Hammer (3kg)	Thomas Shannon	51.81	Knox Grammar	2016
Javelin (600g)	Elliot Lang	53.75	The Kings School	2007

12 years Boys

100m	Scott Fraser	12.00	Davidson H	1993
200m	Bright Appiah	24.08	Kensington Public School	2008
400m	David Geddes	56.90	Beacon Hill H	1994
800m	Peter Stellino	2:09.00	Galston H	1983
1500m	Thomas Partland	4:34.16	The Kings School	2020
80 Hurdles	Greg Pill	12.42	Trinity	1991
3000m Walk	Hayden Blaskett	16:08.51	Killarney Heights H	2014
High Jump	John De La Mare	1.77	Elderslie H	1982
Pole Vault	new event			
Long Jump	S Brooker	5.57	Doonside H	1989
	A Abou-Mahmoud	5.57	Westfields Sports H	1996
Triple Jump	Rowan Tan	11.80w	Sydney Tech H	2016
Shot Put (3kg)	Keliti Vaingalo	16.09	Newington College	2004
Discus (?)	Ben Talakai	48.13	South Sydney H	2004
Discus (750g)	Lucas Rose	49.27	Emmaus College	2015
Hammer Throw (3kg)	Destiny Nuuasoa	32.15m	Westfields Sports H	2013
Javelin Throw (600g)	Cameron McEntyre	38.20	Knox Grammar	2011