

NSW ALL SCHOOLS CHAMPIONSHIPS RULES

1. ENTRIES

- 1.1 NSW athletes must attend a NSW Secondary School and be between the ages of 12 and 19 years inclusive. Interstate athletes must attend a Secondary School in their state and be between the ages of 12 and 19 years inclusive. Age is determined as at 31 December 2021.
- 1.2 Primary school athletes who meet the age criteria in Rule 1.1 are invited to submit an [Expression of Interest](#) to compete in the 'Primary School Invitational'. Please note, this does not guarantee your entry. Successful athletes will be contacted directly, no later than Wednesday, 1st December to confirm their entry. Entries in the Primary School Invitational are at the discretion of the Competition Manager and subject to event capacity.
- 1.3 Entries must be submitted via the online entry portal. The portal can be accessed [here](#). Entries close on Monday 29th November 2021 at 10am.
- 1.4 Events will be conducted in age groups 12, 13, 14, 15, 16, 17 & 19 years of age for able bodied athletes, and 12-14, 15-16 and 17-19 years of age for para athletes.

| | 2009 | 2008 | 2007 | 2006 | 2005 | 2004 | 2003 | 2002 |
|----------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Able bodied athletes | 12 | 13 | 14 | 15 | 16 | 17 | 19 | 19 |
| Para athletes | 12-14 | 12-14 | 12-14 | 15-16 | 15-16 | 17-19 | 17-19 | 17-19 |

- 1.5 The following events are offered for nationally classified para athletes; 100m, 200, 800m, Shot Put, Discus Throw & Long Jump. Para events will be full multi-disability medal events. Medals will be awarded based on each athlete's performance using the Athletics Australia baseline performance tables; the athlete with the greatest percentage will be the winner. Para athletes will throw their weight for their age group and classification.
- 1.6 Athletes in the 12 & 13 year age groups must not compete in the following events: 5000m, 200m hurdles (13yrs exempt), 400m hurdles, steeplechase, 5000m walk.
- 1.7 Athletes are not permitted to compete in more than one age group in the same event. Athletes who wish to compete up an age group may do so (providing they are eligible, see rule 1.4) but are not permitted to also compete in their own age group. Athletes may only compete 'up' one age group. Example: a 17 year boy may compete in the 19 years shot put but cannot also compete in the 17 years shot put. For the purpose of this rule the following events are considered to be the same event: 3000m & 5000m; straight hurdles; 200m H & 400m H; 3000m Walk & 5000m Walk.
- 1.8 Entry fee is \$25.00 per event for ANSW Club Members and \$30 per event for non-members. The final timetable and entry lists will be published on the Athletics NSW website. All athletes must check the [final timetable](#) after close of entries to confirm the start times of their events. Please note, the draft timetable is subject to change.
- 1.8 Entry fees and merchandise payments are non-refundable. In the event attendance is affected by a change to the Public Health Order, refunds will be considered on a case by case basis.
- 1.9 Late entries will be considered on a case by case basis and at the discretion of the Competition Manager. Late entries will attract a fee of \$35 per event for ANSW Club Members and \$40 per event for non-members.

- 1.10 This event will be ticketed. All athletes and officials will receive free entry. Spectators will be required purchase a ticket online, in advance (subject to availability). Stadium capacity will be determined in line with the Public Health Order current at the time of the event.

2. RULES AND PROCEDURES

- 2.1 The Championships will be conducted in accordance with the World Athletics and World Para Athletics Rules subject to minor modifications approved by Athletics Australia and Athletics NSW, and as modified below.
- 2.2 Athletes are to wear their school athletics uniform, school PE uniform or their Senior Athletics Club uniform (Little Athletics uniforms and regional uniforms may not be worn). Athletes not wearing their correct uniform WILL NOT be allowed to compete.
- 2.3 Athletes must check-In at least 60 minutes before the start of each of their events to confirm their entry. Failure to check in may result in the athlete being scratched from the event. Athletes are encouraged to check-in upon arrival for all of their events for that day.
- 2.4 Athletes will receive their competition number when they check-in for their first event, on their first day of competition. Athletes not wearing an official competition number WILL NOT be allowed to compete.
- 2.5 If an athlete checks in but does not participate or does not compete in all rounds of an event for which they have qualified, the athlete may not be permitted to compete further in the competition. When participating, athletes must compete honestly with a bona fide effort. The decision on this ruling will be to the discretion of the Competition Manager and Technical Delegate. Withdrawals from events must be made at Competition Management.
- 2.6 Athletes must report to the competition area at least 10 minutes prior to the starting time for track events and 20 minutes for all field events (except pole vault which is 45 minutes).
- 2.7 Starting blocks must be used for all events up to and including 400m, for athletes in the 14 years age group and older. Block usage for para athletes will be as per the relevant WPA rule for the athletes' classification. Only blocks provided by the venue may be used.
- 2.8 Spikes must be no longer than 9mm for High Jump and Javelin, or 7mm for other events. Athletes are reminded of World Athletics Technical Rule 5 in relation to approved competition shoes. The World Athletics Shoe Compliance List can be found [here](#). It is the athletes responsibility to ensure their shoes are compliant. Athletes competing in illegal shoes may be disqualified.
- 2.9 Athletes who wish to include their own throwing implements in the Championship equipment pool MUST lodge them with the Technical Manager at the Technical Room no later than 90 minutes before the scheduled starting time of the particular event. Athletes must collect their implement/s from the Technical Room after the event. Athletes are expected to provide their own vaulting poles. Athletics NSW will not provide vaulting poles.
- 2.10 Where heats are scheduled, if there are insufficient entries at the close of entries the final will be run at FINAL time. If on the day of competition, a heat is no longer required due to athlete(s) failing to check in the final will be run at HEAT time.
- 2.11 In all FIELD events (except for the high jump and pole vault), each athlete will be allowed three attempts. The top 8 ranked eight athletes will receive a fourth attempt (where the order will be

reversed). Competition management may reduce the number of attempts if circumstances require.

2.12 The increments for both High Jump and Pole Vault to be determined by the referee and communicated online in advance of the event.

2.13 The progression from heats to finals for events up to and including 800m (including hurdles) is as follows:

- i. If there are two (2) heats, 1st, 2nd, & 3rd from each heat and fastest others qualify.
- ii. If there are three (3) heats, 1st & 2nd from each heat and fastest others qualify.
- iii. If there are four (4) or more heats, winners from each heat and fastest others qualify.
- iv. In events up to 110m where heats are held, ten (10) athletes will advance to the final.
- v. For events between 200m to 800m inclusive, nine (9) athletes will advance to the final.

2.14 Lanes will be drawn as follows for events up to and including 800m (including hurdles):

- i. In the first round, athletes will be allocated to heats based on advice of best times since October 1st, 2020. A draw by lot will be made for the order of heats and the lane of each athlete.
- ii. For the final, athletes will be ranked according to their positions and times

Then three draws will be made:

- i. One for the four highest ranked athletes or teams to determine placings in lanes 4, 5, 6 and 7 another for the fifth & sixth ranked athletes or teams to determine placings in lane 8 and 9, and another for the three lowest ranked athletes or teams to determine placings in lanes 1, 2, 3.

NB: When 10 lanes are used for finals, fifth, sixth & seventh ranked athletes will be drawn in lanes 8-10, with the three lowest-ranked athletes drawn in lanes 1-3.

2.15 For 1500m events, the progression from heats to finals and lane draw is as follows:

- i. If there are two (2) or three (3) heats, 1st, 2nd, 3rd & 4th from each heat and fastest others qualify.
- ii. Twelve (12) athletes will advance to the final if there are less than 30 athletes in the heats; fifteen (15) athletes will advance to the final if there are 30 or more athletes in the heats.
- iii. In the first round, athletes will be allocated to heats based on advice of best times since October 1st 2020. A draw by lot will be made for the order of heats and the starting position of each athlete.
- iv. For the final, a draw by lot will be made for the starting position of each athlete.

- 2.16 In track events that become timed finals, athletes will be allocated to finals based on advice of best times since October 1st 2020. Heats will be ordered slowest to fastest.
- 2.17 **If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events. An athlete may be allowed to take a trial in field events in a different order in all except the final round of competition. If an athlete misses an attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt. Please note, the Little Athletics rule of track taking precedence over field does not apply to this competition. Athletes will need to manage their own events and liaise with relevant event officials.**
- 2.18 The Competition will be conducted under the World Athletics false start rule for athletes in the 19, 17, 16, 15, and 14 year age groups. A dispensation has been granted for athletes in the 12 and 13 year age groups. **To dispel confusion, the false start rule will be as follows;**
- i. **12, 13 age groups**: any athlete responsible for a false start shall be warned. Only one false start per race shall be allowed. Any athlete who causes a second false start in the race will be disqualified.
 - ii. **14, 15, 16, 17, 19 age groups**: immediate disqualification of any athlete causing a false start (one false start incurs disqualification).
- NB**: athletes competing up an age group will compete under the rule for the particular age group of competition.
- 2.19 Protests
- i. Any enquiries regarding entries will be handled firstly by the Administration Delegate, then the Jury of Appeal if required.
 - ii. Any protest regarding competition must be made orally to the Referee by the athlete or by a person acting on his/her behalf within 30 minutes of the official announcement of the result. The Referee may decide on the issue or refer the matter to the Jury of Appeal. The athlete has the right to appeal to the Jury, but this must be in writing and submitted to the Administration Manager in the administration area within 30 minutes of the announcement of the referee's decision. This appeal must be accompanied by a deposit of \$50 which will be forfeited should the protest not be upheld. Copies of the Appeal Form are available from Administration.
 - iii. In a field event if an athlete makes an immediate oral protest against having an attempt judged as a foul, the Referee may, at their discretion, order that the trial be measured and the result recorded, in order to preserve the rights of all concerned. The attempt will be recorded as a fail.