

# 2024 EVENT REQUIREMENTS AND ADDITIONAL INFORMATION

## 2024 MEN'S AND WOMEN'S JUNIOR PATHWAY STATE TEAM

DATE: 30 January 2024  
REFERENCE: Event Requirements – Junior Pathway Interstate Crews  
EVENT: 2024 Junior Pathway Interstate Regatta (14-16 April 2024)

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### 1. INTRODUCTION

The Junior Pathway program is an opportunity for young rowers to gain valuable experience, both racing and performing at a state level against some of the best young rowers in Australia. A NSW Junior Pathway Team will be selected to represent NSW at the Junior Pathway regatta held annually at the Australian underage selection trials. The Junior selection trials will be held at the Sydney International Regatta Centre (SIRC) from 14-21 April 2024, with the pathways regatta being held from 14-16 April 2024. Being part of the program will give young rowers the experience of future rowing opportunities post school including Club rowing, State and Australian representation.

### 2. ELIGIBILITY

To be considered for selection in the Junior Pathway Program, athletes must:

- a. Be a current junior member of Rowing NSW;
- b. Be attending a NSW secondary school, or be in a homeschooling program registered by the NSW Education Standards Authority (NESA);
- c. be 18 or younger as of 31 December 2024, being born in 2006 or later;
- d. Not have nominated for selection in the Australia U19 team.

### 3. CREWS TO BE SELECTED

The following crews will be selected to be part of the NSW Junior Pathway Team:

- 1 x NSW combined schools Eight -men
- 1 x NSW AAGPS schools Eight – men
- 2 x NSW combined schools Eight – women

These crews will form combinations of coxed quads and fours and may be eligible for small boat crews at the junior selection trials.

Final crews will be dependent on the Rowing Australia regatta events and formats.

### 4. NOMINATIONS

- a. Schools must nominate participants for selection – rank up to 4 rowers per gender in order of 1-4 (1 being their top ranked rower (in the school's reasonable opinion) and 4 being the 4<sup>th</sup> best rower). More than 4 nominations per gender from one school may be accepted at the discretion on the Junior State Selection Panel (JSSP).
- b. Where an eligible athlete is not part of a school program, their club may submit a nomination of behalf of an athlete in with the assumption that the club has received the consent of the Athlete to submit of their behalf.
- c. Schools and clubs can nominate 1 coxswain.

- d. Nominated athletes are to participate in the Trial Day.
- e. Nominations are to be received by **5:00 PM AEDT on Monday 4 March 2023**, through the RNSW online nomination form which can be completed via [Nomination forms](#).
- f. The nomination must include a raw 2km ergometer time of the athlete. The results will be strictly confidential and will not be published.
  - 2000 metre ergometer test – may be conducted at a location of the athletes' choice between 1 January and 3 March 2024. All 2000 metre ergometer testing will be in accordance with the National Ergometer Testing Protocols. Erg times to be submitted through the nomination form.
- g. Late nominations may be accepted at the discretion of the Junior State Selection Panel.

## 5. ROLE OF JUNIOR STATE SELECTION PANEL

- a. A Junior State Selection Panel (JSSP) will be established as a sub-committee to the State Selection Panel.
- b. The JSSP shall be responsible for the assessment and nomination to the Board, of the Junior Pathway Interstate Regatta teams to represent NSW in national competitions. Should a unanimous decision not be achievable by the selection panel, the matter will be referred to the Competition Commission for final adjudication.
- c. The JSSP shall be responsible for conducting Trials including;
  - All logistical aspects of the trials;
  - Communication with all Participants throughout the course of the trial;
  - Collection and assessment of all trial data;
  - These roles may be delegated to competent persons at the Selectors discretion.

## 6. SELECTION ACTIVITIES AND FINAL TEAM SELECTIONS

- a. Selections trials will be held in Sydney on Saturday 9 March 2024. All athletes nominated for selection must be available for this event. Trial format will be determined by the JSSP but will include a 1500m single scull time trial.
- b. Eligible athletes will be invited to the trial day.
- c. Athletes not nominated may be invited to attend the trial day, at the absolute discretion of the JSSP.
- d. Final crews will be determined by the JSSP, with input from the crew coaches, based on the outcomes of the Selection Activities of the Event Requirements and section 8 of the Selection Policy.
- e. If for any reason outside the control of Rowing NSW, the Selection Activities cannot be conducted, sole discretion of final selections will be with the JSSP, with input from the crew coaches.
- f. Should a unanimous decision not be achievable, the decision shall be via majority.
- g. Selections will not be subject to appeal.
- h. The NSW Junior Pathway team will be announced on 15 March 2024.

## 7. EXEMPTIONS

- a. Athletes seeking exemption from Selection Activities must do so in writing to the Chair of the JSSP at [state.team@rowingsw.asn.au](mailto:state.team@rowingsw.asn.au)
  - at least 48 hours prior to the affected Selection Activity stating the reasons why exemption is sought,
  - or by lodging a medical certificate within 48 hours following the Selection Activity. All exemptions must be signed (or endorsed) by the affected athlete and their school/club coach or an officer of the school/club that the athlete is representing. Selectors may request athletes who receive an exemption to undertake other Selection Activities at a later date and/or provide additional performance data or race results.
- b. If an Athlete is unable to complete sufficient Selection Activities selectors, at their sole discretion, may exclude them from consideration for selection in the team.

## 8. TEAM TRAINING

Once the team has been selected, training will take place on 6 and 13 April 2024. Additional sessions may be included at the discretion of the crew coach.

## 9. COST

### a. Seat Fee

- The NSW Junior Pathway State Team is self-funded by participants.
- A seat fee will apply to all successful team athletes.
- The seat fee will be confirmed ASAP.

### b. Uniform

- The Rowing NSW State Team Junior Pathway uniform is to be purchased through the online store from the official uniform supplier.

## 10. CODE OF CONDUCT

All selected participants are required to sign and adhere to the [Rowing NSW 2024 State Team Participant Agreement](#).

## 11. KEY DATES

DATE	ACTIVITY
5 Feb 2024	Nominations open
1 Jan to 3 Mar 2024	2000m Ergometer Test window
4 Mar 2024	Athlete Nominations close
9 Mar 2024	Trial day – nominated athletes to attend
15 Mar 2024	Team announced
19 Mar 2024	Senior state team dinner – junior team to attend
23 Mar 2024	Senior Interstate Regatta – junior team to attend
6 Apr 2024	Junior team training
13 Apr 2024	Junior team training
14 -16 Apr 2024	Junior Pathway Interstate Regatta

**Notes:** Rowing NSW sets out dates for testing and trials for various boat selections. These may be subject to change where Rowing NSW accommodates aspects of the national training and selection system. If changes are required, they will be prominently featured on the Rowing NSW website.