

Rowing Victoria

Coxswain Weighing Policy

December 2023

To be read in conjunction with Rule 28 and 29 of the RV Rules.

As of December 2023, Coxswains will no longer be weighed for all School Events, Under 15, Under 17 and Under 19 events.

To ensure fair competition and to protect the physical wellbeing of school age coxswains, it is the responsibility of the coxswains School or Club to ensure that the following rules are upheld at all regattas.

- 28.3 The minimum weight for a Coxswain (wearing racing uniform) is 55.0kg for all RV events including all School events.
- 28.4 To make up this weight, a coxswain may carry deadweight in a sealed bag which shall be placed in the boat as close as possible to their person. No article of racing equipment shall be considered as part of this deadweight.

As a result, objections (Rule 82) regarding a Coxswains weight in a School event, U15, U17 & U19 events will no longer be received by regatta Umpires.

Concerns regarding underweight coxswains may be raised with the Rowing Victoria CEO, who if deems appropriate, may take up the concern with the alleged School or Club.