



RULES OF RACING

March 2019

Approved by the RWA Board on 5 March 2019

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A. DEFINITIONS

“Associate Club” means any School affiliated with RWA, or any Affiliated Club which has been so classified in accordance with Article 6.4(d) of the RWA Constitution.

“Board” means the Board of Management of RWA.

“CEO” means the Chief Executive Officer of RWA.

“Club” means any Club affiliated with RWA and, except where otherwise indicated, also includes Associate Club.

“Competitions Committee” means a Standing Committee of RWA as defined under the RWA By-Laws.

“FISA” means the International Rowing Federation.

“General Meeting” means a General Meeting of RWA

“Head Race” means a Time Trial Event for specified Crews, which is rowed over a distance of three kilometres or more.

“Host Club” means the Club appointed by RWA to host an RWA Schools or Pennant Event.

“IGSSA” means the Independent Girls Schools Sports Association of WA.

“Jury” means the panel of Boat Race Officials appointed by the Umpires Panel to officiate at a Rowing Event.

“Masters Regatta” means a Rowing Event which is exclusively for Masters Rowers.

“National Regatta” includes the Australian Rowing Championships, the National Rowing Championships, the Australian Masters Championships, and other endorsed RA events.

“Organising Committee” means the committee appointed by the Host Club to fulfil such Club’s obligations in that capacity.

“Pennant Event” means any Rowing Event for which Pennant Points are awarded.

“Pennant Regatta” means any Rowing Regatta during which Pennant Events are conducted.

“PSA” means the Public Schools Association of Western Australia.

“RA” means Rowing Australia Ltd.

“Ranked Event” means a multi Grade Pennant Event in which:- a. rowers/crews are allocated to races in the Pennant Event on the basis of previous performance/RS; b. there are no heats; c. the placings in the Pennant Event will be determined on the speed of each rower/crew in the races in the Pennant Event; and d. Pennant Points will be awarded to crews/rowers in accordance with Rule 8.1.3 on the basis of their Grade and respective speeds in the races in the Pennant Event.

“Regatta Secretary” means the person appointed by the Board to that position.

“Revolutionise Sport” means the membership database management portal utilised by RWA

“Rowing Manager” means the Online Regatta Management and Entry System utilised by RWA

“Rower” means sweep-oar Rower or Sculler, but does not include Coxswain.

“Rowing Event” means a race or series of races among competing Crews, and includes Pennant Events and Schools Events.

“RS” means a Rower’s or a Crew’s Rowing Score as described in Rules 11 and 12.

“Rule” or “Rules” means a Rule of Racing or of a related matter as contained herein.

“RWA” means the Rowing Association of Western Australia Inc, trading as Rowing WA.

“RWA Event” means a Rowing Event conducted under the auspices of RWA under these Rules.

“RWA Schools Event” means a Rowing Event exclusively for Rowers attending Secondary Schools as full-time students. It does not include Rowing Events conducted by the PSA or IGSSA. RWA Schools Events are Pennant Events.

“RWA Schools Regatta” means a Regatta consisting exclusively of RWA Schools Events.

“Safety Officer” means a person appointed by the Board to discharge those responsibilities specified in Rules 26 and 27.

“Secondary School” means any Secondary School.

“Sprint Regatta” means any Pennant Regatta in which all races are conducted over a distance of 1000 metres or less.

“Umpires Convenor” Is the person responsible for nominating the members of the Jury for each RWA Event.

“Umpires Panel” means the panel of umpires responsible for education, training and appointment of boat race officials as defined in the RWA By-Laws

“WA” means Western Australia.

B. SCOPE

1 ROWING, BOATS, REGATTAS, ROWERS

- 1.1 Rowing is the propulsion of a displacement Boat, with or without Coxswain, by the muscular force of one or more` rowers, using oars as simple levers of the second order and sitting with their backs to the direction of movement of the Boat. Rowing on a machine or in a tank which simulates the action of rowing in a boat is also considered as rowing.
- 1.2 In a Rowing Boat, all load-bearing parts including the axes of moving parts, must be firmly fixed to the body of the Boat, but the Rower's seat may move along the axis of the Boat.
- 1.3 A Rowing Regatta is a sporting competition consisting of one or more Events divided, if necessary, into a number of Races, into one or more classes of Boats for Rowers divided, as a general rule, into different categories of Gender, RS, Age or Weight.

2 APPLICATION

- 2.1 RWA is empowered under its Constitution to govern the conduct and control of Regattas and competitions at selected and approved venues in WA. These Rules are created to ensure the orderly conduct of such Events.
- 2.2 Unless otherwise authorised by the Board, these Rules shall apply to the conduct of all Regattas` conducted under the auspices of RWA and shall provide direction for the administration of competition within the sport.
- 2.3 Any Club or Individual who participates in any capacity in a rowing competition governed by these Rules is deemed to accept without exception or reservation the application of these Rules, particularly those relating to the authority and jurisdiction of RWA, of RA and of the Australian Court of Arbitration for Sport.
- 2.4 Any Club or Individual who is found to have infringed one or more of these Rules shall be assigned the penalty or penalties specified herein or elsewhere for such infringement.
- 2.5 In cases where these Rules specify the imposition of a fine for an infringement, the Board shall, before the commencement of each Regatta Season, and after consultation with the CEO (advised by the Competitions Committee), set the amount of such fines.
- 2.6 The Board may, on the recommendation of the CEO rescind any such penalty imposed upon a Club or an Individual.

3 RIGHT TO PARTICIPATE IN PENNANT EVENTS AND SCHOOLS EVENTS

- 3.1 Clubs must be registered with RWA or with a Rowing Association recognised by RWA, in order to be eligible to participate in RWA Pennant Events or RWA Schools Events.
- 3.2 Transfers between Clubs
 - (i) If a Rower wishes to compete for a Club other than the Club they last competed for or were registered with, the proposed Destination Club must apply for and be granted a transfer for such Rower prior to being eligible to enter them for a Pennant Event.
 - (ii) Such transfer shall be processed by the Registrar and must be approved by the Source Club.
 - (iii) A Club wishing to register a Rower who is (or was last) registered with another Club shall adopt the following procedure:
 - a. The Applicant Club shall complete a transfer request through Revolutionise Sport which will require approval from the previous club captain and the RWA Registrar
 - b. Transfer of registration shall be approved (or rejected with justification) by the previous clubOR
In default of a reply from the previous Club after a period of 14 days from the date of notice given by the Registrar, the Registrar may direct such transfer.
 - c. Thereupon the Registrar shall have the relevant authority to edit the member's profile within Revolutionise Sport.
- (iv) No person currently registered with a Club may be transferred to another Club unless their registration with the former Club is of at least 60 days'` duration.

- (v) A Club shall be entitled to refuse a transfer if the person concerned:
 - a. Owes money to it
 - OR
 - b. Has not fulfilled the terms of any disciplinary action taken against them by the Club.

3.3 Exceptions

- (i) A full-time student attending any school which is affiliated as an Associate Club may compete in RWA Pennant Events for which they are eligible, as a member of a crew entered by the Associate Club, notwithstanding that they are also a member of a Club other than an Associate Club, but may not compete in RWA Pennant Events and RWA Schools Events at the same Regatta. Any such Rower shall be liable only for one Registration Fee in any Rowing Season, payable on account of the Club for which they are first registered in that Season.
- (ii) Composite Crews preparing for National, Intervarsity, Interstate or International Championships or similar Events may be invited by the CEO to compete in Pennant Events other than Championship Events. Such Crews shall not pay entry fees or be eligible to win prizes.

C. COMPETITION

4 GENERAL CONDITIONS

4.1 Rowing Events

- (i) Any Club, School or Association of Schools or any person desiring to conduct a Rowing Event other than an RWA Pennant Event or an RWA Schools Event shall make written application to the CEO specifying the date, time and place of the proposed Rowing Event and the conditions and rules under which it is to be rowed.
- (ii) The CEO may reject or approve such application (subject to the endorsement of the approval by the Aquatic Council or other such regulatory body) and impose such terms and conditions as it sees fit.
- (iii) No Club shall hold any Rowing Event in WA without the sanction of RWA and the Aquatic Council of WA or any other regulatory body. Penalties shall be as determined by the regulatory body and shall also include a fine, the amount of which shall be determined by the Board.

4.2 RWA Pennant and RWA Schools Events

- (i) The conduct of all RWA Pennant and RWA Schools Events is under the overriding authority of RWA.
- (ii) No later than 30 April each year, the CEO (advised by the Competitions Committee) shall, subject to the sanction of the VenuesWest, Aquatic Council or any other regulatory body, determine the dates of the next season's RWA Schools and Pennant Regattas and the course over which each such Regatta shall be rowed. The final RWA calendar of events will require RWA Board endorsement.
- (iii) No later than 60 days before the first RWA Pennant Regatta or RWA Schools Regatta of the Rowing Season, the CEO (advised by the Competitions Committee) and approved by the RWA Board shall:
 - a. Settle the list of Rowing Events to be included in each Program;
 - b. Determine the order and distance over which such Events shall be conducted; and
 - c. Appoint a Host Club
 - d. Make any adjustments to the RWA Rules of Racing
 - e. Make any adjustments to the rower grading system
 - f. Make any adjustments to the Pennant scoring system

4.3 Duties and Privileges of the Host Club's Organising Committee

- (i) The Organising Committee shall, in particular:
 - a. Assist the Jury in the laying-out and retrieval of buoys and other equipment necessary for the proper conduct of the Event.
 - b. Arrange the provision of the necessary launches as requested by RWA and the attendance of competent licensed drivers to drive them.
 - c. Provide any assistance requested by RWA to help ensure the success of the Event.
 - d. Ensure that the venue is left in a tidy state after the conclusion of the Event.
 - e. Take all other steps which may be required by RWA to ensure the proper organisation of the Event.
- (ii) Unless the RWA CEO determines otherwise, the Organising Committee shall have exclusive rights at the Event's venue to
 - a. Sell food and drink,
 - b. Sell programs; and
 - c. Conduct raffles.

NOTE: The sale of food and beverages may fall under the jurisdiction of the Venue Operator in some locations or for Events of certain scale.
- (iii) If the Host Club wish to sub-contract any of their Regatta hosting duties they must first discuss this with the RWA CEO.

- 4.4 Preparation and Publication of the Program.
- (i) The preparation and publication of the Program shall be at the direction of RWA.
- 4.5 Merchandising Rights.
- (i) All goods of whatever kind and description for distribution or sale or ordering for later delivery at an RWA Regatta at which there are Competition Events or any company, agent or affiliate of RWA shall be under the direction, authority and control of the Board at all times.
- 4.6 Prizes, Payments and Publicity
- (i) There shall be no restriction imposed on payments made to a competitor from any source.
 - (ii) The Board may impose additional requirements concerning commercial publicity, sponsorship or Advertising on Organising Committees beyond these Rules in accordance with the RA Rules of Racing.

5 ENTRIES

- 5.1 Entries for all Regattas shall be made through Rowing Manager by Club Captains or their authorised deputies. Entries will close at the time and date outlined on the RWA website for such Events.
- 5.2 Entries that are not validated by a Club shall not be accepted.
- 5.3 No entry shall be accepted if all Rowers and the Club which they represent have not been named on the Entry Form.
- 5.4 No Entry shall be accepted after the closing date and time. Unless otherwise stated in the entry information for that regatta.
- 5.5 The list of Entries shall be posted on the RWA website after the closing date and time.
- 5.6 The regatta draw and starting times of Races shall be determined by RWA prior to the Regatta.
- 5.7 The resultant Draft Program, including such other information as RWA wishes to include, shall be posted on the RWA website prior to the Regatta.

6 SCRATCHINGS AND SUBSTITUTIONS

- 6.1 Scratchings shall be notified through Rowing Manager until 18:00 the day before the event or in writing to the Regatta Secretary on the prescribed form at least 30 minutes before the time fixed for the Race.
- 6.2 A Club may substitute up to one-half of the number of Rowers plus the Coxswain if applicable, in any Crew originally entered by it.
- 6.3 Such substitutions shall be notified through Rowing Manager until 18:00 the day before the event or in writing to the Regatta Secretary on the prescribed form at least 30 minutes before the time fixed for the Race.
- 6.4 No substitution shall be permitted for a Single Sculler.
- 6.5 No change other than a change of Coxswain may be made in a Crew which has already raced in a Heat of its Event except in the case of serious illness or injury.
- 6.6 In such cases, the change must be approved by the Medical Officer appointed for the Regatta in question.
- 6.7 A Rower replaced on such grounds may not compete again at the Regatta in question without the approval of the Medical Officer.

7 OAR FEES AND PENALTIES

- 7.1 In the event of a Crew being disqualified or excluded, its Oar Fees shall be forfeited.
- 7.2 In the event of the cancellation or abandonment of a Regatta, the Oar Fees shall be refunded as follows:
- (i) If the decision to cancel a regatta more than 4 full days prior to the proposed start time of the regatta (e.g. for a regatta starting at 9am on a Saturday, the cut-off time would be 9am on the Tuesday prior) will see 100% of seat fees refunded to participants. If the decision to cancel the regatta is made after this time, then

only 50% of seat fees will be refunded to cover the costs incurred by the event organisers. Part of this would be passed on to the host club.

- (ii) In the case of the abandonment of a regatta, or the cancellation of events due to the suspension of racing for any reason, then 50% of entry fees for events not conducted shall be forfeited unless otherwise determined by the RWA Board.

- 7.3 Non-starters who notify the Regatta Secretary of their scratching at least 30 minutes before the time fixed for Race shall forfeit their Oar Fees.
- 7.4 Except in the case of a genuine emergency as approved by the Regatta Secretary, non-starters who notify the Regatta Secretary in writing of their scratching less than 30 minutes before the time fixed for their Race shall forfeit their Oar Fees and shall be fined an amount determined in accordance with Rule 2.5.
- 7.5 Non-starters who fail to notify the Regatta Secretary of their scratching shall forfeit their Oar Fees and shall be fined an amount determined in accordance with Rule 2.5.
- 7.6 Except in the case of a genuine emergency as approved by the Regatta Secretary, any Crew scratching or failing to arrive at the start of a Race for which it has previously qualified in an Elimination Race shall forfeit its Oar Fees and shall be fined an amount in accordance with Rule 2.5.
- 7.7 Crews which fail to notify the Regatta Secretary in writing or through Rowing Manager where applicable before their Race, of any substitutions, including the substitution of a Coxswain, shall forfeit their Oar Fees and shall be removed from the Race.
- 7.8 Crews which notify the Regatta Secretary in writing or through Rowing Manager where applicable of any substitutions, including the substitution of a Coxswain less than 30 minutes before the time fixed for the start of their Race, shall be fined an amount in accordance with Rule 2.5.
- 7.9 Any such Crews which make such notification less than 5 minutes before the time fixed for their Race shall also not feature in the Results and shall forfeit their Oar Fees.
- 7.10 If, while a Race is in progress, a non-participating Crew rows down the course even if outside the marked areas, without the permission of a member of the Jury, such Crew shall be fined an amount determined in accordance with Rule 2.5.

8 PENNANT POINTS

- 8.1 Pennant Points shall be allotted to Clubs other than Associate Clubs according to the following schedule:

PENNANT EVENTS OTHER THAN CHAMPIONSHIP EVENTS AND HEAD RACES

BOAT	FIRST PLACE	SECOND PLACE	THIRD PLACE
1X	7	5	3
2X, 2-	9	7	5
4X+, 4X-, 4+, 4-	12	9	6
8+	16	12	8

ALL CHAMPIONSHIP PENNANT EVENTS

BOAT	FIRST PLACE	SECOND PLACE	THIRD PLACE
1X	11	8	5
2X, 2-	13	10	7
4X+, 4X-, 4+, 4-	16	12	8
8+	20	16	12

PERTH-TO-FREMANTLE SINGLE SCULL

WINNING WOMAN	THIRD-LAST WOMAN	FASTEST WOMAN	WINNING MAN	THIRD-LAST MAN	FASTEST MAN
20	1	8	20	1	8

PERTH-TO-FREMANTLE EIGHT

WINNING WOMEN	THIRD-LAST WOMEN	FASTEST WOMEN	WINNING MEN	THIRD-LAST MEN	FASTEST MEN
30	4	16	30	4	16

GUILDFORD-TO-GARRATT ROAD HEAD RACE

BOAT	FASTEST WOMEN	THIRD-SLOWEST WOMEN	FASTEST MEN	THIRD-SLOWEST MEN
4X+	15	1	15	1
4+	15	1	15	1
8+	20	4	20	4

METTAMS HEAD RACE – SMALL BOATS

BOAT	FASTEST WOMEN	THIRD-SLOWEST WOMEN	FASTEST MEN	THIRD-SLOWEST MEN
1X	10	1	10	1
2X	12	1	12	1

METTAMS HEAD RACE – BIG BOATS

BOAT	FASTEST WOMEN	THIRD-SLOWEST WOMEN	FASTEST MEN	THIRD-SLOWEST MEN
4X+	15	1	15	1
8+	20	4	20	4

- (i) In any of the above Head Races, points are pro-rated between the first and third last positions in accordance with the number of entries in a particular boat class. When fewer than four Crews compete in a particular Boat Class, all such Crews shall be awarded Pennant Points.
- (ii) Mixed-gender Crews, in which Rowers of each gender shall be equally represented in each Crew, may compete where such Boats are specified in a Head Race. Winning Mixed-gender Crews are eligible for trophies but shall not be awarded Pennant Points.
- (iii) In a “Ranked Event” Pennant Points will be allocated according to the speed of each rower/crew according to their Grade (so long as there are 3 or more competitors from that Grade in the Ranked Event) and irrespective of in which race of the Ranked Event they raced, for example in an A/B grade sculling ladder fastest A grade wins 7 points, second fastest A grade wins 5 points and third fastest A grade wins 3 points fastest B grade wins 7 points, second fastest B grade wins 5 points and third fastest B grade wins 3 points

8.2 Clubs other than Associate Clubs shall compete each Regatta Season for the following Pennants:

- (i) The A Grade Pennant, which shall be awarded to the Club with the highest Pennant Point Score in A Grade Events in Pennant Regattas and Open Championship Events at State Championships;
- (ii) The B Grade Pennant, which shall be awarded to the Club with the highest Pennant Point Score in B Grade Events
- (iii) The C Grade Pennant, which shall be awarded to the Club with the highest Pennant Point Score in C Grade Events;
- (iv) The Novice Pennant, which shall be awarded to the Club with the highest Pennant Point Score in Novice Events
- (v) The Masters Pennant, which shall be awarded to the Club with the highest Pennant Point Score in Masters Events
- (vi) The Para Pennant, which shall be awarded to the Club with the highest Pennant Point Score in Para rowing Events
- (vii) The Head Race Pennant, which shall be awarded to the Club with the highest Total Pennant Point Score from all Head Races

- (viii) The Premiership Pennant, which shall be awarded to the Club with the highest aggregate percentage of Pennant Point Scores in each of the A, B, C, Novice, RWA Schools, Masters and Para Pennant Competitions and Head Races, with:
- a. Head Race percentages having one-half the value of each of the other percentages.
 - b. Para event percentages having one-twentieth the value of each of the other percentages.

D. ROWERS AND COXSWAINS

9 ELIGIBILITY AND INSURANCE

- 9.1 Pennant Events and RWA Schools Events shall be open to all Competitors who are authorised to compete by their Affiliated Club and who are eligible under these Rules.
- 9.2 A Rower shall not be eligible to represent RWA at the Interstate Championships or their Club in an RWA Event or at any other National Regatta unless their name is registered with Rowing Manager in that Club's list of Competitive Members
- 9.3 Any intending Rower who is not so registered shall, at least one week before being entered for a Pennant Event or an RWA Schools Event or an Event at any National Regatta, submit to their Club an application to be registered in Rowing Manager as a Competitive Member.
- 9.4 The application, which shall be made in writing on the prescribed form and signed by the applicant, shall contain the applicant's full name, gender, date of birth, postal and email addresses, previous rowing history and such other information as RWA might from time to time require.
- 9.5 Once entered into Revolutionise Sport by the Club, the Registrar confirms their registration, allots them an Initial RS in terms of Rule 12, and has the applicant's name and associated details moved in to the Club's Rowing Manager list of Competitive Members.
- 9.6 Each Club shall ensure that its Competitors have a state of health and fitness which allows them to compete at a level commensurate with the competition level of any Event for which they are nominated, and ensure that each Competitor, Team, Official and the Club carries appropriate health, accident and property insurance covering its persons, property and equipment.
- 9.7 No Competitor other than a Coxswain may race for two different Clubs at the same Pennant Regatta unless one Club is an Associate Club
- 9.8 Any false declaration regarding the name, classification or Club Membership of a Rower shall result in the disqualification of every member of the Crew concerned from any Pennant Event for which it is entered.

10 CATEGORIES

- 10.1 A Rower may be classed as a **Schools Rower** if they are attending a Secondary School as a full-time student or registered as a home-schooled student.
- (i) A Schools Rower who will be in Year 9 or lower in the year of competition is eligible to compete in all Schools Events
 - (ii) A Schools Rower who will be in Year 10 in the year of competition is eligible to compete in Year 10 and Open Schools Events only.
 - (iii) A Schools Rower who will be in Year 11 or 12 in the year of competition is eligible to compete in Open Schools Events only.
- 10.2 A Rower shall be classified as a **Masters Rower** from the beginning of the year in which they turn 27.
- 10.3 All other Rowers shall be classified as **Other Rowers**.
- 10.4 Rowers may also be classified as a **Lightweight Rower** provided they meet the weight requirements as specified at the time by RA.
- 10.5 Rowers may also be classified as a **Para Rower** provided they meet the criteria set out in RA's Adaptive Rowing Classification By-Laws.

11 COMPETITION STATUS AND ROWING SCORES

- 11.1 RWA shall use a Rowing Score (RS) to determine Rower's Competition Status
- 11.2 A single RS shall be calculated for performances in all relevant rowing Events (including both Sweep-oar and Sculling Events).
- 11.3 An opening RS of 4.00 is applicable for all Rowers, other than newcomers and those who have rowed elsewhere (see Section 12, below).

- 11.4 There is no change to a Rower's RS as a result of racing in a RWA Schools event.
- 11.5 There is no change to a Rower's RS as a result of racing in a Masters event.
- 11.6 There is no change to a Rower's RS as a result of racing in a Head Race.
- 11.7 There is no change to a Rower's RS as a result of racing in an event with less than 3 starters (not entrants).
- 11.8 After a Rower has won a Pennant Event with 3 or more starters, their new RS shall be recalculated thus:

$$\text{New RS} = \text{Current RS} \text{ minus } 0.15.$$
- 11.9 After a Rower has taken second place in a Pennant Event with 3 or more starters, their new RS shall be calculated thus:

$$\text{New RS} = \text{Current RS} \text{ minus } 0.05.$$
- 11.10 After a Rower has taken third or lower place in a Pennant Event with 3 or more starters, their new RS shall be calculated thus:

$$\text{New RS} = \text{current RS} \text{ plus } 0.05.$$
- 11.11 In a "Ranked Event" or "Sculling Ladder", RS will be allotted according to the speed of each rower/crew according to their grade and irrespective of which "division" they row in (subject to there being 3 or more starters in that grade). if an entered rower's grade is lower than the events lowest grade, the rower is considered to be the lowest event grade for that event. i.e. a C grade rower will be considered to be entered as a B grade rower in a combined A/B ladder
- 11.12 Each Open Championship win at the State Championships will attract an additional deduction of 0.15 points from a rower's score. Each representation in a state team at the Interstate Championships or an Australian Team at a World Championships will also attract a deduction of 0.15 points from a rower's score. These additional deductions are in addition to the standard score change outlined above.
- 11.13 From the beginning of a Rower's third calendar year following their initial RWA competitive rower registration, their RS will be capped to a maximum of 3.80.
- 11.14 Once a Rower's RS has reduced to 3.80 or less, it will be permanently capped to a maximum of 3.80.
- 11.15 A Rower's Competition Status Grade shall be determined by their RS as follows

STATUS GRADE	RS RANGE
A	0.00000 TO 2.30000
B	2.30001 TO 3.20000
C	3.20001 TO 3.80000
Novice	3.80001 TO 4.00000

- 11.16 A crew RS is calculated by Rowing Manager on the average RS of the crew members, with the exception of Novice category which is only open to individuals with a RS greater than 3.80. Pennant Events may be entered at either the calculated grade or higher, i.e.

EVENT STATUS GRADE	ELIGIBILITY
A	open to all competitors
B	open to single scullers or crews with a RS greater than 2.30
C	open to single scullers or crews with a RS greater than 3.20
Novice	open to single scullers or crews with a RS greater than 3.80 In addition, each Rower must have a RS greater than 3.80 <i>(there are no points or experience restrictions on coxswain of a Novice crew)</i>

- 11.17 Eligibility for State Championships
 No special additional requirements.
- 11.18 Eligibility for RWA Schools Championships
 No special additional requirements
- 11.19 A Coxswain or Rower shall be awarded Elite Status after being a member of:
- (i) a winning Crew in an Open Interstate Race OR an Open Race at the National Championships OR the Oxford and Cambridge Cup Race OR the Professor Godfrey Tanner Cup Race OR the Under 23 World Championships OR the Junior World Championships;

OR

- (ii) six winning A Grade Championship Crews, either in this State or in another Australian State or Territory
OR
- (iii) a Crew which gained First, Second or Third Place at the Olympic Games.

12 ALLOCATION OF ROWING SCORES TO NEWCOMERS AND THOSE WHO HAVE ROWED ELSEWHERE

- 12.1 In the instance where a Rower is selected for an Open or Underage National Representative Crew or senior State Representative Team, their RS will be adjusted to 1.00 (where their existing score was greater than 1.00).
- 12.2 Rowers who have competed in PSA or IGSSA Regattas will have a grade score applied as follows:

Level of Competition	Rowing Score
PSA/IGSSA 2 nd 8 or 3 rd 8 events	3.21
PSA/IGSSA 1 st 8 events	2.95
Any other PSA/IGSSA events, if Rowers has 2 or more seasons' or part seasons' experience	3.60
Any other PSA/IGSSA events, if Rowers has less than 2 seasons' or part seasons' experience	3.90

- 12.3 Rowers who have previously competed outside of Western Australia, shall have their RS set with regard to his/her ability as determined by the Regatta Secretary on application of their Club.

13 COXSWAINS

- 13.1 Coxswains shall not be allocated a RS.
- 13.2 The Coxswain shall nevertheless be deemed to be a member of the Crew.
- 13.3 A Women's Crew may be steered by a man and a Men's Crew may be steered by a woman.
- 13.4 The minimum weight for a Coxswain wearing Racing Uniform is 55kg for all coxswains.
- 13.5 There is no weight restriction for Coxswains competing in RWA Schools Events or at PSA or IGSSA Regattas.
- 13.6 To make up the weight, a Coxswain may carry deadweight in a sealed bag which shall be placed in the Boat as close as possible to their person. No article of racing equipment shall be considered as deadweight.
- 13.7 Coxswains of Eight-oared Crews in Pennant Events other than Head Races are required to weigh-in before their first such Event at each Pennant Regatta. The President of the Jury may also require a Coxswain and their deadweight to be weighed immediately after the conclusion of any Eight-oared Event.
- 13.8 A Coxswain may steer for any number of Clubs at a Pennant Regatta.

14 AGE-BASED ADJUSTMENT OF RS

- 14.1 From the beginning of the year in which a rower attains the age of 30 years, their RS will be reset to a specified limit once - and no more than once - each year if their score is lower than the applicable limit.

15 That limit is set to 0.70000 from the beginning of the year in which a rower attains the age of 30 years and shall increase by 0.40000 at five-yearly intervals thereafter. RS REVIEW

- 15.1 A review of the RS of any Rower may be jointly requested by three or more Captains of Clubs other than Associate Clubs.
- 15.2 The request shall be made in writing (including by email) to the Registrar and shall be signed by those Captains who support it.
- 15.3 The sole ground for a request shall be that the level of performance of the Rower is out of keeping with their RS.
- 15.4 The RWA CEO in conjunction with the Registrar may in their absolute discretion allocate a new RS to such Rower.

16 MASTERS EVENTS

- 16.1 The CEO (advised by the Competitions Committee) shall determine each year the nature of those Events for Masters Rowers which shall be included in Pennant Regatta Programs or stand-alone Masters Regattas. This program of Events will ultimately be approved by the RWA Board
- 16.2 Such Events will be based upon the Age Categories adopted by FISA and/or Rowing Australia
- 16.3 Masters events shall utilise the handicapped Starting system outlined in the Rowing Australia Rules of Racing
- 16.4 Each Masters Rower shall be responsible for their own health and fitness.
- 16.5 If Handicaps are to apply, they shall be based upon the Rowing Australia model.
- 16.6 Crews in Masters Events may include Rowers from more than one Club.
- 16.7 Mixed-gender Events, in which Rowers of each gender shall be equally represented in each Crew.

17 RWA SCHOOLS EVENTS

- 17.1 A Rower may not represent both a School and a Club at the same RWA Schools Event. The Rower may compete for a different entity (Club or School) at subsequent RWA Schools Events in the same season.
 - 17.2 A Schools Rower (sculler) may only represent a single Club or School at a RWA Schools Event.
 - 17.3 Crews (i.e. with more than one Rower) in RWA Schools Events may comprise:
 - (i) a School,
 - (ii) more than one School,
 - (iii) a Club,
 - (iv) a Club and a School, or
 - (v) a Club and more than one School
- Crews (i.e. with more than one Rower) in RWA Schools Events may not represent more than one Club.
- 17.4 Mixed-gender Events, in which Rowers of each gender shall be equally represented in each Crew, may be held for RWA Schools Events.
 - 17.5 Rowers wishing to represent their school in the RWA Schools Regattas and/or Championship will need their school to become an associate member of Rowing WA. There is no fee attached with this membership and it ensures rowers are covered by RWA insurance whilst competing.
 - 17.6 In the event of unforeseen circumstances, late entries may be accepted at the discretion of the Rowing WA Regatta Secretary. If late entries are accepted they will be charged at twice the regular seat fee.
 - 17.7 The Schools Championship Trophy will be awarded to the School (not club) with the highest total points received at the Schools Championship. Rowers competing for a club will not be eligible for Championship Trophy points for their club or school.

E. BOATS

18 CLASSES OF BOAT

18.1 The following Classes of Boat are recognised by RWA:

Single Scull	(1X)
Double Scull	(2X)
Pair	(2-)
Quadruple Scull	(4X-)
Coxed Quadruple Scull	(4X+)
Four	(4-)
Coxed Four	(4+)
Coxed Eight	(8+)

19 BOATS AND CONSTRUCTION

19.1 In a Rowing Boat all load-bearing parts, including the axes of moving parts, shall be firmly fixed to the body of the Boat but a Rower's seat may move along the axis of the Boat.

19.2 The conduction, design and dimensions of Boats shall, in principle, be unrestricted subject to the limits laid down in these Rules.

19.3 Requirements for all Rowing Boats

- (i) The bows of such Boats shall be fitted with a white ball of minimum diameter 4cm in solid rubber or similar material fitted in a safe manner, unless the bow of the Boat is so constructed as to afford equal protection and visibility.
- (ii) When on the water after dusk, all such Boats shall carry a white light visible from all points of the compass.
- (iii) To avoid accidents arising from capsizing, all Boats shall be equipped with stretchers or shoes that allow Rowers to get clear of the Boat without using their hands and with least possible delay. Where shoes are used, heel restraints must be used which shall not allow the heel to lift more than 7cm.
- (iv) The opening of the Coxswain's seat shall be at least 70cm across and the seat shall be as wide as the Boat for at least 50cm. The inner surface of the enclosed part must be smooth and no structure of any sort may restrict the inner width of the coxswain's section.

19.4 Requirements for Racing Boats

- (i) No Boat other than a Single Scull or Double Scull may start in a Coxless Race unless it is equipped with a rudder capable of being controlled by a member of the Crew.
- (ii) During racing no wireless transmission equipment shall be used, whether for transmitting or receiving.
- (iii) No substance or structures such as riblets capable of modifying the natural properties of water or the surface layer of the water shall be applied to the hull.
- (iv) The edges of Oar Blades shall have a minimum thickness throughout as follows:
Sweep Oars 5mm
Sculls 3mm
The thickness shall be measured 3mm from the edge of the Blade for Sweep Oars and 2mm from the edge of the Blade for Sculls.
- (v) All Boats constructed after 1 January 2000 and used in Eight-oared Races at RWA Events shall be in a minimum of two sections, with no section longer than 11.9 metres.
- (vi) In Pennant Events the Board may require Crews to carry on their Boats equipment such as mini-Cameras which it considers desirable for the better promotion of the Sport of Rowing, provided such equipment is identical for all Boats in a Race.
- (vii) Boats produced or delivered after 1 January 2007 shall have a production plaque or equivalent, visible and permanently affixed inside the Boat, up to 50 sq.cm in area, on which is written the name and address of the boat-builder, its mark or logo, the year in which the Boat was constructed, the average weight of the Crew for which the Boat was designed, and the weight of the Boat upon construction or upon delivery.

- (viii) Such Boats shall also show on the production plaque whether the Boat meets the FISA guideline for minimum flotation:
- (ix) "A Boat full of water with a Crew of average weight equal to the design weight stated on the Boat's production plaque, seated in the rowing position, should float such that the top of the seat is a maximum of 5 cm below the static waterline."
- (x) The minimum overall length of a Racing Boat constructed after 1 January 2006 shall be 7.20 metres. The length shall be measured from the front the Bow Ball to the furthest aft extent of the Boat, which may include an extension beyond the hull. If an extension is used, it shall terminate with a 4-cm ball as described In Rule 20.3.1 above.
- (xi) If a Boat cannot be correctly aligned because it is less than the minimum overall length, the Starter may exclude the Crew from the Race.

20 BOAT WEIGHTS

20.1 All Boats used in RWA Events shall be of defined minimum weight.

20.2 Minimum Boat weights are as follows:

1X	14kg
2X	27kg
2-	27kg
4X-	52kg
4X+	54kg
4-	50kg
4+	51kg
8+	96kg

20.3 The minimum weight of the boat shall include only the fittings essential to their use, in particular: riggers, stretchers, shoes, slides, seats and hull extensions. The minimum boat weight shall not include the oars or sculls, the bow number or any other item not essential to its use and not firmly fastened to the boat. Additional weight carried in the boat to achieve the required weight shall be firmly fastened to the boat or to the essential fittings described above. The minimum weight shall also include:

- (i) Loud speakers if they are firmly fastened to the boat and associated wiring for such speakers;
- (ii) Any housings or fixings that are firmly fastened to the boat for the purposes of holding electronic or other equipment;
- (iii) Cables and wires required to connect electronic equipment to provide 'allowable data' (Refer to Rowing Australia Rules of Racing), and
- (iv) Seat pads that are attached to the seat.

20.4 If the CEO (advised by the Competitions Committee) requires Boats to be weighed, the by-laws to the appropriate Rule in the current edition of RA's Rule Book shall apply.

F. COURSES AND COLOURS

21 CLASSIFICATION OF COURSES

Rowing Courses in WA are classified as Standard or Non-Standard.

- 21.1 A Standard Course has at least 6 lanes over 2000 metres straight.
- 21.2 A Non-Standard Course is any other Course approved by the CEO (advised by the Competitions Committee) for the conduct of RWA Events.
- 21.3 Championship Events shall be conducted on a Standard Course.
- 21.4 Non-Championship Events may be conducted on a Standard or Non-Standard Course

22 LENGTH OF THE COURSE

22.1 The following distances define the Standard Distance.

Masters	1000m
Schools (Open)	1000m
Schools (Yr 10)	1000m
Schools (Yr 9)	500m
Novice	1000m
C Grade	1000m
B Grade	2000m
A Grade	2000m

- 22.2 Non-Standard Distances may be longer or shorter than the Standard Distance.
- 22.3 Championship Events shall conducted over the Standard Distance.
- 22.4 Non-Championship Events may be conducted over a Standard or Non-Standard Distance.
- 22.5 For Events conducted over a Non-Standard Distance, the CEO (advised by the Competitions Committee) shall advise the length of each Race.

23 NUMBER OF LANES

- 23.1 Races at the State Championships shall normally be held over eight Lanes.
- 23.2 For a Regatta on a Non-Standard Course, the Regatta Secretary shall determine the number of Lanes for each Event.
- 23.3 Where Heats have been drawn for an Event and subsequent withdrawals leave fewer Crews than the number of Lanes previously determined for the Final, the President of the Jury may eliminate the slowest qualifier from that Race.

24 COLOURS AND RACING UNIFORMS

- 24.1 The Registrar shall keep a Register listing the Racing Colours of each Club.
- 24.2 The design and colours of each Club's Oar Blades shall also be included in the Register.
- 24.3 Any proposed change in the design or colours of a Racing Uniform or Oar Blade registered with RWA shall be submitted for approval by the CEO at least two months before its proposed introduction.
- 24.4 Each member of a Club or school competing in an RWA Event shall wear the racing uniform of their Club or school. Except as provided for composite crews, members of the same crew shall compete in identical racing uniform.
- 24.5 If any member of a crew wears visible garments under their racing uniform, then the garment worn by those crew members must be identical in colour except for permitted sponsor identifications which shall nonetheless be identical within each crew. Where an athlete chooses to wear a garment, the remainder of the crew will have to option on whether to wear that garment. The sleeve or leg length of the garment may vary between crew members.
- 24.6 If any members of a Crew wear headgear, such headgear shall be of the same colour.

24.7 Each Crew's Oar Blades shall be of uniform colours and design.

24.8 A Jury may impose fines of an amount determined in accordance with Rule 2.5 for any infringement of this Rule.

G. SAFETY AND FAIRNESS

25 GUIDING PRINCIPLES

- 25.1 At all RWA Events the principles guiding the CEO, the Competitions Committee, the Umpires Panel, the Organising Committee and the Jury shall be:
- (i) The safety of all Competitors
 - AND
 - (ii) Fairness for all Competitors.
- 25.2 Each Competitor, Crew and Boat Race Official shall act at all times in accordance with these principles.

26 SAFETY – GENERAL PRINCIPLES

- 26.1 RWA shall publish on the Rowing WA website each year the Guidelines for Minimum Safety Standards.
- 26.2 During an RWA Event a medical and rescue service shall be ready to act both on the land and on the water.
- 26.3 The Board may remove a Club's right to host any Regatta if the President of the Jury is not satisfied that the Rules concerning Safety will be observed.
- 26.4 All Rowers shall compete in their Races in accordance with the Rules in force relating to the safety of their Boats, oars and other items of equipment.
- 26.5 Clubs, Schools, Rowers and Coaches shall ensure that their equipment is in suitable condition for the water conditions prevailing during their Event and shall comply with the instructions of the President of the Jury on any matter relating to Safety.
- 26.6 At RWA Events care shall be taken to provide safe conditions.
- 26.7 Nevertheless, the ultimate responsibility for safety lies with the Club or School for which the Rower is competing and with the individual. In this respect RWA accepts no legal liability.

27 TRAFFIC RULES ON THE COURSE

- 27.1 For all RWA Events the President of the Jury shall ensure that Traffic Rules to be followed to control the movement of Boats on the water are published and clearly displayed in the boatshed(s) or embarkation area.
- 27.2 Such Rules shall cover, where appropriate, the warm-up area and the cool-down area and shall take into consideration the safe movement of any Boat taking part in any victory ceremony and of other legitimate users of the waterway.
- 27.3 Crews while warming up, cooling down or proceeding to the Start of their Race shall:
- (i) Not cross the Finish Line in any direction while Boats from another Race are in the process of finishing;
 - (ii) Stop rowing when a Race approaches their position;
 - (iii) Not accompany a Race over all or part of the Course even outside the marked area.
- 27.4 Any Crew which is excluded from the Start of its Race shall obey the Starter's instructions concerning its return to the embarkation area.
- 27.5 Any Crew removed from a Race in progress shall obey the Umpire's instructions concerning its return to the embarkation area.
- 27.6 It shall be the responsibility of every Rower, Coxswain and Coach to read, to understand and to obey all the Traffic Rules.

28 OTHER BOATS ON THE WATER

- 28.1 During a RWA Event no Boat (other than a Boat under the control of another legitimate user of the waterway) shall be allowed on the Course without the specific authority of the President of the Jury.

- 28.2 The President of the Jury shall determine the position and the movement of all approved vessels and shall control and approve the personnel and equipment carried on such vessels.

29 LOCAL RULES

- 29.1 Where the Traffic Rules require an amendment on account of the nature of an RWA Event, Local Rules shall apply.
- 29.2 Such Rules require the approval of the CEO (advised by the Competitions Committee) and shall be published in the Regatta Program or the online documents pertaining to the regatta.

30 FAIRNESS – GENERAL PRINCIPLES

- 30.1 Boat Race Officials shall ensure that the Rules of Racing are applied fairly to all Competitors.
- 30.2 All Rowers and Coxswains shall compete fairly, showing respect for their opponents and for the Boat Race Officials.
- 30.3 In particular they shall be at the Start at their allocated time, stay in their assigned lanes throughout the duration of the Race and follow the instructions of the Boat Race Officials at all times.
- 30.4 Failure to comply with such requirements may result in a penalty being imposed on a Crew.

31 ADVERSE WEATHER CONDITIONS

- 31.1 In the absence of extraordinary situations, regattas will proceed. Rowing is an outdoor sport which requires tolerance of, and allow for, most environmental factors. RWA has existing safety precautions and policies which operate on regatta days to ensure the ongoing safety of participants, volunteer and supporters. However, in the event of severe weather conditions the following will apply.

31.1.1 Prior to the Day of the Regatta

When, prior to the conduct of a regatta, weather conditions are deemed to create an unfair, dangerous or unrowable situation, the President of the Jury may, in consultation with the Regatta Secretary, RWA CEO and RWA Director Regattas, may choose to implement one of the following options:

- (i) To start racing earlier than previously announced, provided that the announcement of the new times is made by announcement widely on the previous day;
- (ii) Amend the regatta program to facilitate a shortened program that will be less affected by the impending weather conditions
- (iii) To postpone the entire regatta to another available date and allow clubs to remove or replace crews (but not add);
- (iv) If a suitable substitute date cannot be identified for regatta postponement, cancel the entire regatta;
- (v) Any other action deemed necessary.

31.1.2 On the Day of the Regatta

When, during the conduct of a regatta, weather conditions create an unfair, dangerous or unrowable situation, the President of the Jury may, after consultation with other appropriate members of the Jury and/or RWA CEO, make changes to the Program utilising the following options (not in any specific order):

- (i) To only use the lanes offering the most equal conditions.
- (ii) To reduce the length of the race to no less than 1,000 m where conditions are so adverse that no other alternative is possible.
- (iii) To omit a round (e.g. semi-finals), or part of a round, or particular events where adverse conditions have stopped racing for a significant period of time or where the weather forecast indicates that racing will not be possible for a period of time during the regatta that will result in the full program of events not being able to be contested. In such a case, if rounds re to be removed, the composition of the next rounds will be determined on the basis of the results of those rounds that have been completed. Wherever possible the rankings of the crews in the previous rounds will be used as the basis for the composition of the next rounds.
- (iv) To suspend racing for a period of time and resume at a later time when conditions have improved;

(v) Any other action deemed necessary

H. REGATTA PROGRAM

32 HANDICAPPING AND PROGRESSION SYSTEMS

- 32.1 In the case of Masters Events at Masters Regattas:
- (i) Where such Events are specified for Crews from more than one age group, crews shall be handicapped accordingly.
 - (ii) Where such Events specify Crews from one age group only, no handicap advantage shall be given to Crews from older age groups which nominate for such Events.
- 32.2 In the case of Masters Events in Regattas other than Masters Regattas, all Crews shall start on "GO".
- 32.3 Should the number of Crews taking part in a Pennant Event other than a Head Race exceed that of the available starting positions, the following progression or other systems shall apply for Courses with four or more starting positions:
- 32.3.1 In the case of C Grade and Novice Events:
- (i) Such Events shall be rowed in two or more Divisions, with the Crews in each Division determined by random draw;
 - (ii) Full Pennant Points shall be awarded to each Division.
- 32.3.2 In the case of Masters Events in Masters Regattas other than the Masters Championships:
- (i) Where such Events are specified for Crews from more than one age group, they shall be rowed in two or more Divisions, with the Crews seeded and handicapped according to age group.
 - (ii) Where such Events specify Crews from one age group only, no handicap advantage shall be given to Crews from older age groups which nominate for such Events and the Events shall be rowed in two or more Divisions.
- 32.3.3 In the case of Schools Events other than the RWA Schools Championships:
- (i) Such Events shall be rowed in two or more Divisions, with the Crews in each Division determined by random draw.
- 32.3.4 In all other Events, including State Championships, Masters Championships and RWA Schools Championships:
- (i) There shall be Heats, with the Crews in each Heat selected by random draw;
 - (ii) Heat winners shall occupy the centre lanes in the next round of Races with the remaining lanes being filled by those other Crews which recorded the fastest times in the Heats.
 - (iii) Each round of such Event shall, as far as possible, finish at least one hour before the Start of the following round of the same Event.
 - (iv) Pennant Points shall be awarded only to the Final of the Event.
- 32.4 In the case of a Course with fewer than four starting positions the progression system shall be determined by RWA in consultation with the Umpires Panel.
- 32.5 In all cases the progression from Heats to Finals shall be published in the printed program.

33 THE DRAW

- 33.1 The Draw for Lanes in Pennant Events other than Head Races shall be conducted according to the provisions of Rule 5 above.
- 33.2 If, after the Draw for Lanes in any Event:
- A Crew subsequently withdraws or is excluded or disqualified;
- AND
- The number of Crews remaining in the Event involves another variant in the progression or other system;
- AND
- The President of the Jury considers that there is time for such variant to be applied;

The President of the Jury shall instruct the Regatta Secretary to carry out a Re-Draw of that Event, the details of which shall be immediately conveyed to the Clubs involved and to members of the Jury.

34 WITHDRAWALS AND DISQUALIFICATIONS BETWEEN ROUNDS

- 34.1 If the withdrawal, exclusion or disqualification of a Crew takes place between the rounds of an Event, the President of the Jury may instruct the Regatta Secretary to take the appropriate steps to modify the Draw for the next round.
- 34.2 The Result of the Race in which the withdrawal, exclusion or disqualification of a crew occurred shall show such Crew as DNS (did not start) EXC (excluded) or DSQ (disqualified).
- 34.3 Such Crews shall not be placed in the overall ranking of such Event and shall not race again in a later round of such Event.
- 34.4 If a Crew stops rowing and does not finish a Race, the Result of such Race shall show the Crew as DNF (did not finish).
- 34.5 Such Crew shall not be placed in the overall ranking of such Event and shall not race again in a later round of such Event unless the President of the Jury considers that a problem outside the control of such Crew prevented it from finishing.
- 34.6 In such circumstances, if such Crew drew the attention of the Umpire to such problem when it occurred, the President of the Jury shall order a Re-Row of such Race.
- 34.7 If such Crew failed to draw the attention of the Umpire to such problem when it occurred, the President of the Jury shall place such Crew last in such Race.
- 34.8 In any Final, a Crew shown as DNS, EXC, DNF or DSQ shall not be placed in the overall ranking.

I. THE RACE

35 AT THE START

- 35.1 The first 100 metres of a Regatta Course shall constitute the Start Zone.
- 35.2 The Starter shall consider whether the wind is likely to cause unequal conditions and, after consultation with the President of the Jury, shall take whatever steps may be necessary in accordance with these Rules to ensure a fair Race.
- 35.3 In the case of a Held Start:
- (i) A Crew may enter the Start Zone if permitted to do so by the Starter but shall not enter the Racing Lanes until all the Crews from the preceding Race have left the Start Zone and the Starter has attributed a Lane to such Crew.
 - (ii) Crews shall be attached to their Starting Positions at least two minutes before the designated Start Time.
- 35.4 In the case of a Running Start:
- (i) Crews shall be behind and in close proximity to the Start Line at least five minutes before the designated Start Time.
 - (ii) The Umpire shall marshal the Crews behind the Start Line and shall hand them over to the Starter by waving a White Flag.
- 35.5 In the case of either a Held Start or a Running Start the Starter may start the Race without reference to absentees.
- 35.6 A Crew arriving late at the Starting Position may be awarded a Yellow Card by the Starter.
- 35.7 The Starter may exclude a Crew arriving after the Start Time.
- 35.8 A Crew excluded from the Start may make an Objection to the Umpire or the Starter at the time.
- 35.9 The Umpire or Starter shall decide immediately on the Objection and shall communicate the decision to the Crews in the Race and to the other members of the Jury.
- 35.10 Should it be necessary to postpone a Race, the Starter shall consult with the Umpire and the President of the Jury then inform the Crews of a new Starting Time or announce that the postponement will be of indefinite duration.

36 THE STARTING PROCEDURE

- 36.1 The Held Start with Flags.
- (i) The Starter shall inform the Crews of the time remaining before the Start.
 - (ii) The Starter shall inform the Crews of their Starting Positions as soon as they enter the Start Zone.
 - (iii) The Starter shall inform the Crews when there are five minutes, four minutes and three minutes remaining before Start Time and shall check that the Competitors' equipment and clothing are in order.
 - (iv) Two minutes before the designated Start Time the Starter shall announce "TWO MINUTES" which shall also signify that the Crews are formally under the Starter's orders and that they must be prepared to race.
 - (v) The Judge at the Start shall direct the aligning of Bows.
 - (vi) When the Judge at the Start is satisfied that the Crews are correctly aligned they shall raise a White Flag.
 - (vii) Before giving the Start Commands the Starter shall, in the case of a Heat or Semi-Final, inform the Crews of the Progression Details.
 - (viii) The Starter shall then ensure that the Crews are ready, that the White Flag of the Judge at the Start is raised, and that the Umpire is ready.
 - (ix) The Starter shall then make a Roll-Call by announcing in Lane Order the name of each Crew in the Race.
 - (x) Each Crew shall be responsible for being both straight and ready at the end of the Roll-Call.
 - (xi) Once the Roll-Call begins, the Starter shall take no further notice of any Crew which then indicates that it is not ready or not straight.

- (xii) At the conclusion of the Roll-Call the Starter, after checking that the Flag of the Judge at the Start is still raised, shall say "ATTENTION".
- (xiii) The Starter shall then raise a Red Flag.
- (xiv) After a clear and variable pause the Starter shall give the Start by dropping the Red Flag to one side while simultaneously saying "GO".
- (xv) If the Starting Procedure is interrupted for any reason external to the Crews or by a False Start the Starter shall begin the Procedure again, starting with the Roll-Call

36.2 In exceptional circumstances the Starter may decide to dispense with the Roll-Call and shall inform the Crews that the Quick Start will be used.

- (i) The Starter shall then ensure that the Crews are ready, that the White Flag of the Judge at the Start is raised and that the Umpire is ready.
- (ii) The Starter shall then say "QUICK START – ATTENTION".
- (iii) The Starter shall then raise a Red Flag.
- (iv) After a clear and variable pause the Starter shall give the Start by dropping the Red Flag to one side while simultaneously saying "GO".
- (v) If the Starting Procedure is interrupted for any reason external to the Crews or by a False Start the Starter shall begin the Procedure again, starting with the command "QUICK START – ATTENTION".

36.3 Starting Procedure with Traffic Lights

If the Starting Procedure with Traffic Lights is adopted, the current relevant RA Rules and By-Laws shall apply.

36.4 In the case of a Running Start:

- (i) A Coxswain or other Crew Member whose Boat is not straight shall raise a hand and the Crew shall take immediate steps to correct the problem.
- (ii) Before giving the Start Commands the Starter shall, in the case of a Heat or Semi-Final, inform the Crews of the Progression Details
- (iii) The Starter shall make every effort to start the Crews by the Bows.
- (iv) After ensuring that the Crews are as correctly aligned as the conditions permit and that they are ready the Starter shall say "ATTENTION".
- (v) Once the Starter says "ATTENTION" no further notice shall be taken of any Crew which then indicates that it is not straight.
- (vi) After a clear and variable pause the Starter shall say "GO" while simultaneously firing a Gun.
- (vii) If the Starter for any reason considers the Start to have been irregular, they shall recall the Crews for a Restart by again firing the Gun and with the assistance of the Umpire.
- (viii) If for any reason the Starter cannot use a Gun they shall inform the Crews that the Start will be by word of mouth only and, in the case of an Irregular Start, shall recall the Crews by word of mouth and with the assistance of the Umpire.

37 FALSE STARTS

37.1 The Held Start

- (i) A Crew crossing the Start Line after the Starter raises the Red Flag and before the Start Command is given has committed a False Start.
- (ii) If more than one Crew crosses the Start Line before the Start Command is given, the Crew or Crews that the Judge at the Start decides actually caused the False Start shall be awarded a Yellow Card.
- (iii) After the Start Command has been given, the Starter shall look towards the Judge at the Start for confirmation that the Start was regular.
- (iv) Should the Judge at the Start raise a Red Flag to indicate that the Start was irregular; the Starter shall stop the Race by waving the Red Flag and ringing a Bell.

- (v) In the case of a False Start the Judge at the Start shall inform the Starter of the name of the Crew or Crews to be penalised.
- (vi) The Starter shall award the offending Crew or Crews a Yellow Card when all Crews have returned to the Starting Position by announcing: “(Name of Crew) - FALSE START – YELLOW CARD”.
- (vii) The Yellow Card shall remain in effect until the Race has been completed and shall therefore apply in the case of Postponement or a Re-Row.
- (viii) A Crew receiving two Yellow Cards which apply to the same Race for any infringement whatsoever shall be excluded from the Race.
- (ix) If the Umpire, for any other reason than a Crew starting too soon, considers the Start to have been irregular, they shall instruct the Starter to stop the Race and to recall the Crews for a Re-Start.

37.2 The Running Start

- (i) A Crew crossing the Start Line between the Start Commands “ATTENTION” and “GO” has committed a False Start.
- (ii) If more than one Crew crosses the Start Line before the Start Command is given, the Crew or Crews that the Judge at the Start decides actually cause the False Start shall be awarded a Yellow Card.
- (iii) The Starter shall award the offending Crew or Crews a Yellow Card when all Crews have returned to the Starting Position by announcing: “(Name of Crew) - FALSE START – YELLOW CARD”.
- (iv) The Yellow Card shall remain in effect until the Race has been completed and shall therefore apply in the case of Postponement or a Re-Row.
- (v) A Crew receiving two Yellow Cards which apply to the same Race for any infringement whatsoever shall be excluded from the Race.
- (vi) If the Umpire, for any other reason than a Crew starting too soon, considers the Start to have been irregular, they shall instruct the Starter to stop the Race and to recall the Crews for a Re-Start.

38 THE UMPIRE

- 38.1 Except for the duties specifically attributed to them, the Starter and the Judge at the Start are subordinate to the Umpire.
- 38.2 The Umpire shall ensure the proper conduct of the Race and the safety of the Rowers.
- 38.3 In particular the Umpire shall endeavour to ensure that no Crew gains any advantage or suffers any disadvantage from its opponents or from outside Interference.
- 38.4 During a Race the Umpire shall stand upright in their launch which shall be placed so as to enable them to take action as effectively as possible.
- 38.5 The Umpire may also be required to take the Race Time.
- 38.6 In the case of squalls or sudden deterioration of the weather, it is the responsibility of the Umpire to decide whether a Race may be started, is to continue or is to be stopped. The safety of competitors is more important than any of the other provisions of the Rules of Racing.

39 DURING THE RACE - RESPONSIBILITY OF THE ROWERS

- 39.1 This Rule applies to buoyed and non-buoyed Courses.
- 39.2 All Rowers shall compete in their Races in accordance with these Rules.
- 39.3 Each Crew shall, have a Lane reserved for its own use and shall remain completely within such Lane throughout the Race.
- 39.4 Each Crew shall display on the Bow of its Boat a rectangular disc of specified colour and dimensions, which indicates the Lane Number of such Crew.
- 39.5 If a Crew leaves its Lane it does so at its own risk.
- 39.6 If a Crew impedes or interferes with any of its opponents or gains any advantage thereby, it may be penalised.

40 INTERFERENCE DURING THE RACE

- 40.1 A Crew causes interference to an opponent if its Oars or Boat encroaches into such opponent's Lane and causes disadvantage by contact, by its wash or by any other distraction or in any other way.
- 40.2 The Umpire alone shall decide if a Crew is in its own Lane or if it is interfering with another Crew and causing such Crew a disadvantage.
- 40.3 If a Crew is about to interfere with another Crew the Umpire shall raise a White Flag, shall call to the Crew at fault by stating the name of the Crew and shall indicate the required change of direction by lowering the Flag to the appropriate side.
- 40.4 In principle, an Umpire may not steer a Crew unless there is an obstruction in its Lane.
- 40.5 To ensure the safety of Competitors and to prevent damage to Boats and Equipment an Umpire may intervene by raising a White Flag, naming the Crew at fault and giving the command "STOP".
- 40.6 Once the Umpire considers that the risk of such damage has passed they shall instruct such Crew to recommence rowing.
- 40.7 If a Crew has caused interference to another Crew and has, in the Umpire's opinion, affected the finishing position of such Crew, it shall be excluded by the Umpire but, in principle, only after it has been warned.
- 40.8 In a situation where a collision between Boats or Oars has occurred the Umpire may exclude the Crew causing the collision even if no prior warning was given to such Crew.
- 40.9 Under no circumstances may an Umpire alter a placing.
- 40.10 If a Crew's chances of winning are put at risk the Umpire shall take the most appropriate course of action. The Umpire may:
- (i) Stop the Race, impose the appropriate penalty and order the Race to be re-rowed by such Crews as they may designate;
 - OR
 - (ii) Allow the Race to continue and announce their decision after the Race is over;
 - BUT
 - (iii) Not simply penalise the Crew at fault without ensuring that the Crew that has suffered has also had its chances of winning restored to it.
- 40.11 The Umpire's decision may be influenced by the type of Race (Heat, Repechage Semi-Final or Final). They shall therefore take this factor into account in considering any action which they may take.

41 COACHING DURING RACING

- 41.1 During racing it is prohibited to give any instructions, advice or direction to Rowers or Crews with any electric or other technical device, either directly or indirectly.

42 FINISH OF THE RACE

- 42.1 The Judges at the Finish shall:
- (i) Determine, if necessary with the assistance of photo-finish equipment, the order in which the Bows of the Boats cross the Finish Line;
 - (ii) Satisfy themselves that the Race was in order and indicate to the Umpire that they have noted the raised White Flag;
 - (iii) List the Crews in their correct order of finish.
 - (iv) If necessary, record the Race time and the intermediate times.
- 42.2 The Finish shall be signalled by sound as each Crew crosses the Finish Line.
- 42.3 A Crew shall have finished the Race when the Bow of its Boat has crossed the Finish Line.
- 42.4 The Race shall be valid even if the Crew is incomplete.

- 42.5 Nevertheless the Crew of a Coxed Boat which has crossed the Finish Line without its Coxswain shall not be placed.
- 42.6 A Race shall be over when the last Crew has crossed the Finish Line.
- 42.7 Even if satisfied that the Race was in order, the Umpire shall check that no Crew is raising an Objection before indicating to the Judges at the Finish, by raising a White Flag that the Race was in order.
- 42.8 Before leaving the Finish Area the Umpire shall make sure that the Judges at the Finish have acknowledged the raising of the White Flag.
- 42.9 If the Umpire considers that the Race was not in order, they shall raise a Red Flag and take such further action as these Rules may require.

43 DEAD HEATS

- 43.1 If a dead-heat occurs between two or more Crews in a Heat or Semi-Final, they shall be given equal placing in the finish order of the Race and the next placing(s) shall be left vacant.
- 43.2 If all Crews involved in the dead-heat qualify for progression to the next round, their starting positions shall be determined by lot.
- 43.3 If insufficient Lanes exist in such round the President of the Jury shall determine the method of progression and the starting positions.
- 43.4 If a dead-heat occurs between Crews in a Final, they shall be given equal placing in the finish order and the next placing(s) shall be left vacant, Pennant Points shall be allocated accordingly and all members of the Crews involved shall be awarded the appropriate trophies.

J. OBJECTIONS, PROTESTS AND APPEALS

44 OBJECTIONS

- 44.1 A Crew claiming that the Race was not in order or was improperly judged may make an objection to the Umpire immediately after the Finish of the Race and before leaving the Finish Area, by raising an arm.
- 44.2 The Umpire shall not raise any Flag but shall consult with the objecting Crew and consider the objection.
- 44.3 The Umpire may then:
- (i) Override the Crew's objection and raise the White Flag to indicate that the Race was in order;
 - OR
 - (ii) Accept the Crew's objection, raise a Red Flag to indicate that the Race was not in order, then decide on what action shall be taken and communicate the decision to the Crews and to the other members of the Jury.
 - OR
 - (iii) Decide to seek further information concerning the objection, raise a Red Flag and communicate the decision to the Crews in the Race then consult with the President of the Jury and other officials concerning the objection before coming to a decision.
- 44.4 If no Umpire was following the Race in question, the objection shall be directed to and decided upon by the Judges at the Finish.
- 44.5 If there is likely to be a long delay in resolving an objection the Judges at the Finish may announce an unofficial result of the Race but with the clear statement that such result is subject to an objection.

45 PROTESTS

- 45.1 A Crew whose objection has been rejected or Crews which have been affected by the acceptance of such objection or Crews which wish to dispute a published result may lodge a protest in writing with the President of the Jury not later than 30 minutes after the Umpire has communicated his decision regarding such objection or, in the case of disputing a published result, not later than 30 minutes after such result has been published.
- 45.2 The protest shall be accompanied by a deposit the amount of which shall be determined by the Board before the commencement of the Rowing Season and which shall be refunded if the protest is upheld.
- 45.3 After consulting with other Jury members, the President of the Jury shall decide whether to uphold or reject the protest.
- 45.4 In the case of a Heat or a Semi-Final such decision shall be made before the next round of Races and, in any case not later than one hour before the last Race of the day.

46 THE OUTCOME OF THE PROTEST

- 46.1 The President of the Jury shall decide on the protest and on the measures resulting from the decision, which may include:
- (i) A reprimand;
 - (ii) A yellow card (applying to the next round in which the Crew is involved);
 - (iii) Relegation (in minimum boat weight violations);
 - (iv) Exclusion (from all rounds of the Event in question);
 - (v) Disqualification (from all Events at the Regatta); A Re-Row for a specified number of Crews.

47 APPEALS

- 47.1 An appeal against a decision of the President of the Jury over a protest can only be made to the RWA Board on the same day.
- 47.2 A decision on the appeal shall be given before the next round of the Event in question.

47.3 Decisions of the Board under this Rule are final.

K. UMPIRES AND JURIES

48 RWA UMPIRES

- 48.1 Any person may become an RWA Umpire provided such person:
- (i) Has normal sight and hearing;
 - (ii) Passes the theoretical examination set, conducted and assessed by at least two members of the Umpires Panel;
 - (iii) Demonstrates an adequate level of competence during a subsequent period of supervised practical experience.
 - (iv) Signs the RA Code of Ethics and RWA Code of Behaviour
- 48.2 The CEO shall issue an RWA Umpires Licence to any person who has passed such examination and demonstrated such competence.
- 48.3 Such licence shall be for a period of four years.
- 48.4 The CEO shall renew a licence upon receipt of advice that the licence-holder seeking renewal:
- (i) Has been an active member of the Jury at RWA Events;
 - (ii) Has participated in a satisfactory manner as determined by the Competitions Committee;
 - (iii) Has met any continuing education and active participation requirement set by RA.
- 48.5 The Umpires Panel may at any time review the performance or the eligibility of a Rowing WA Umpire to retain their licence and may submit a report to the CEO with such recommendations as it deems appropriate.

49 COMPOSITION OF THE JURY

- 49.1 For each session of racing at an RWA Event the Umpires Panel shall appoint a Jury which shall consist of persons carrying out the following duties:
- (i) President of the Jury, who shall supervise the activities of the other Jury members and shall take the chair at Jury meetings;
 - (ii) Starter(s)
 - (iii) Judge at the Start (if required)
 - (iv) Umpire(s)
 - (v) Chief Judge at the Finish;
 - (vi) Judge(s) at the Finish.
- 49.2 Members of the Jury shall be either:
- (i) Holders of an RWA, RA or FISA Umpires Licence;
 - OR
 - (ii) Candidates for the RWA Umpires Licence who are undertaking supervised practical experience.
 - (iii) Other RWA Members as deemed appropriate (in extraordinary circumstances)

50 ROLE OF THE JURY

- 50.1 The Jury shall ensure that:
- (i) the RWA Event is conducted in accordance with these Rules;
 - (ii) suitable care is taken to provide safe conditions.
- 50.2 At all RWA Events there shall be Jury meetings no later than one hour before the commencement and no later than one hour after the conclusion of each day's racing.

51 COORDINATION WITH THE ORGANISING COMMITTEE

- 51.1 To ensure the proper conduct of an RWA Event there shall be close cooperation between its Organising Committee and the Jury.
- 51.2 Members of the Jury shall, within the scope of their duties, maintain a constant check on the various items of technical equipment on the Course.
- 51.3 The President of the Jury shall ensure proper coordination between the Jury and the Organising Committee particularly with reference to medical and rescue services.

52 PENALTIES

- 52.1 The Jury, or as appropriate its individual members, shall impose penalties in all cases of breach of these Rules.
- 52.2 The available penalties are those specified in Rule 7.
- 52.3 The Umpire may also order a Race to be rowed with all the Crews or with a limited number of Crews should such action be considered necessary to ensure the fairness of the competition.

L. REPORTING AND SECRETARIAL

53 REGATTA REPORTS – RWA EVENTS

- 53.1 At its meeting following the conclusion of a day's racing at an RWA Event, the Jury shall issue two reports on the standard RWA forms.
- 53.2 The first report shall, inter alia, contain comments on the conduct of the Regatta and on any incidents or disputes arising from it and shall be signed by all members of the Jury present at the meeting.
- 53.3 The second report shall be an official assessment of the performance of the Host Club and its Organising Committee, and shall be signed by the President of the Jury.
- 53.4 Copies of both reports shall be forwarded to the CEO and to Clubs no later than seven days after the Regatta.
- 53.5 The Regatta Secretary shall ensure that the complete results of each RWA Event are available no later than two days after the completion of such Event.

54 THE REGATTA SECRETARY

- 54.1 The Regatta Secretary shall for all RWA Events:
 - (i) Produce a copy of the Regatta Program, to be reviewed and, if necessary, amended by the Registrar or the CEO before publication;
 - (ii) Provide a copy of the draw for all members of the Competitions Committee;
 - (iii) Provide the Chief Judge at the Finish with the necessary documents upon which to record the official result of each Race;
 - (iv) Record and verify the validity of substitutions;
 - (v) Record scratchings;
 - (vi) Weigh Coxswains if required to do so by the President of the Jury;
 - (vii) Determine the starting positions of Crews in Repechages, Semi-Finals and Finals, convey such information to Jury members and display a copy of such information in a prominent place;
- 54.2 For each Pennant Event the Umpires Convenor may appoint an assistant to the Regatta Secretary.
- 54.3 The Organising Committee for an RWA Event shall also provide such assistance as the Regatta Secretary or the CEO may request, to help discharge their responsibilities.

M. ANTI-DOPING PROVISIONS

55 ANTI-DOPING

- 55.1 RWA has formally adopted the anti-doping provisions of the relevant Rule and its associated By-Laws contained in RA's current Rule Book.
- 55.2 For any Competitor who infringes such provisions a General Meeting may, on the recommendation of the Board, impose a penalty extending, in extreme circumstances, to a life ban from competition.

N. CONCLUDING PROVISION

These Rules were formally adopted at a Board Meeting, effective immediately, on 5 March 2019