



## Seattle SAKE Dragon Boat Steersperson Assessment Checklist

### APPLICANT

Name: \_\_\_\_\_

Mobile: \_\_\_\_\_

### PREREQUISITE

- ☐ Applicant has completed US Boating Course  
(<https://www.boatus.org/washington/>)

### ASSESSING STEERSPERSON #1

|                             |             |
|-----------------------------|-------------|
| Name:                       | Date:       |
| Boat Type:                  | # Paddlers: |
| Weather & Water Conditions: |             |

### ASSESSING STEERSPERSON #2

|                             |             |
|-----------------------------|-------------|
| Name:                       | Date:       |
| Boat Type:                  | # Paddlers: |
| Weather & Water Conditions: |             |

**Each assessment must be done using a different boat type (2 boat types required to pass)**

**INSTRUCTIONS:** Prior to beginning, review each competency to be tested. You must assess all items listed on BOTH PAGES with the exception of Knowledge & Theory (only assessed once). **PASS = ✓** **FAIL = ✗**

## ASSESSMENT

### KNOWLEDGE & THEORY

*On Shore*

| ASSESSOR #1 | ASSESSOR #2 | COMPETENCY   |
|-------------|-------------|--|
|             |             | 1. Describes steersperson's responsibilities       |
|             |             | 2. Verbally lists the contents of safety bag       |
|             |             | 3. Describes process of capsize recovery           |
|             |             | 4. Describes process to recover a person overboard |

*On Boat*

| ASSESSOR #1 | ASSESSOR #2 | COMPETENCY   |
|-------------|-------------|--|
|             |             | 5. Explains risk mitigation for large wakes & sudden rough water                                     |
|             |             | 6. Describes actions if a significant amount of water is taken on board due to a wake or rough water |

### BEST PRACTICES & TECHNIQUE

*On Water*

| ASSESSOR #1 | ASSESSOR #2 | COMPETENCY   |
|-------------|-------------|--|
|             |             | 1. Issues clear, consistent, and prompt commands throughout  |
|             |             | 2. Delivers accurate safety spiel before leaving dock  |
|             |             | 3. Balances the boat left/right & front/back   |
|             |             | 4. Leaves dock area in safe manner   |
|             |             | 5. Assesses conditions accurately  |
|             |             | 6. Chooses appropriate direction   |
|             |             | 7. Maintains good balance  |
|             |             | 8. Returns to regular dock by backing in 50ft (i.e., inside end of docking space where Champions are docked, at end near shed) |
|             |             | 9. If applicable, returns using appropriate techniques (e.g., may choose to paddle steer if water is shallow)                  |

**INSTRUCTIONS:** Prior to beginning, review each competency to be tested. You must assess all items listed on BOTH PAGES with the exception of Knowledge & Theory (only assessed once). **PASS** = ✓ **FAIL** = ✗

## ASSESSMENT (cont'd)

### TECHNICAL SKILLS

*On Water*

| ASSESSOR #1 | ASSESSOR #2 | COMPETENCY  |
|-------------|-------------|---|
|             |             | 1. Figure 8 (w/paddlers)  |
|             |             | 2. 90° Turn Left (w/o paddlers)   |
|             |             | 3. 90° Turn Right (w/o paddlers)  |
|             |             | 4. Quick Pivot: Each side paddles in opposite direction   |
|             |             | 5. Square: 10 strokes each draw left, forward, draw right, back   |
|             |             | 6. Object Retrieval: Execute steering and commands to retrieve an object (e.g., paddle, or drybag with flotation) thrown overboard ( <i>daylight hours only</i> ) |
|             |             | 7. Dock at 'foreign' dock   |