



## Seattle SAKE Safety Brief

*Each time. Every time.*

**Purpose:** Everyone should understand safety on the water and their role in maintaining it. Anyone with concerns about safety, including weather / water conditions, is encouraged and supported to raise them.

### AT DOCK

ACTION	DETAIL
COUNT OFF	EVERYONE ON BOAT
INSPECT	<b>PDFS PROPERLY SECURED</b> <ul style="list-style-type: none"><li>Benchmates inspect each other</li><li>Steers / drummer / workout lead inspect each other</li><li>Pay attention to PFDs worn under jackets</li></ul>
CONFIRM	<b>BUCKETS ATTACHED TO BOAT (2 LARGE BLUE, 1 SMALL GREEN)</b> <ul style="list-style-type: none"><li><i>BUKs</i> – Clipped to yellow cord on top of bow</li><li><i>Champions</i> – Clipped into eyelet bolts (when no drummer seat attached)</li></ul>
LOCATE	<b>3 ADDITIONAL BAILERS POSITIONED NEAR MID-BOAT</b>
CONFIRM	<b>SAFETY KIT ONBOARD</b>
IDENTIFY	<b>NON-SWIMMERS &amp; ASSIGN BUDDIES</b>
INSTRUCT	<b>IN CASE OF INCIDENT, STAY WITH THE BOAT. STEERS IN CHARGE.</b>
DELEGATE	<b>BACKUP SAFETY LEAD</b> <ul style="list-style-type: none"><li>They will take command if something happens to primary steersperson<ul style="list-style-type: none"><li><i>e.g. – falls out of boat or cannot take command</i></li></ul></li><li><i>Preferred:</i> Backup is also an approved steersperson</li></ul>
SHOW	<b>SPARE PADDLE</b> <ul style="list-style-type: none"><li>Can replace oar if steering mechanism fails</li><li>A paddle breaks or is lost when 100% paddling power required<ul style="list-style-type: none"><li><i>e.g. low turnout / rough conditions</i></li></ul></li></ul>
CHECK	<b>WHISTLE ATTACHED TO STEERSPERSON PFD</b>
CONFIRM	<b>2+ CELL PHONES ON BOARD IN WATERPROOF CASES</b>
CHECK	<b>ALL ON BOARD COMFORTABLE WITH WEATHER CONDITIONS</b> <ul style="list-style-type: none"><li>In less than ideal weather, paddlers uncomfortable going out can request to be returned to the dock</li><li><i>Re-check once in open water</i></li></ul>

### ON WATER

ACTION	DETAIL
BALANCE	<b>BOAT (FRONT TO BACK, SIDE TO SIDE)</b> <ul style="list-style-type: none"><li>Adjust paddlers as needed</li></ul>
PRACTICE	<b>PADDLING SAFETY ACTIONS</b> <ul style="list-style-type: none"><li>If going out with new paddlers (&lt;6 times on water), practice bracing the boat and performing a hard (emergency) stop</li></ul>
CHECK	<b>ALL ON BOARD COMFORTABLE WITH WEATHER CONDITIONS</b> <ul style="list-style-type: none"><li>In less than ideal weather, paddlers uncomfortable with conditions can request to be returned to the dock</li><li><i>If anyone is uncomfortable, be prepared to return to the dock</i></li></ul>