



Performance Sailing News







Emerging Nations scholarship for Performance Youth Squad Sailors in the Laser Radial Class.



Congratulations to the sailors and coaches who were successful in securing a spot on the World Sailing Emerging nations training squad. These sailors are also now in line for the World Sailing Youth Worlds Scholarship Bursary and will be working together with sailors from 15 other emerging countries.

The selected participants are:

Sailors

-  Rebecca Hall
-  Helen Jansen van Vuuren
-  Keegan Nel
-  Thomas Raynham

Coaches

-  Tammy Holden
-  Sibusiso Sizatu

This group will be receiving training and coaching support directly from the World Sailing coaches as they work through their programme towards the Youth Sailing World Championships and we wish them well in their preparations.

Read the press release from the Association of Summer Olympics about this training group [here](#)

Call for Expression of Interest: Olympic Games Paris 2024

This year marks the start of the next quadrennial towards the next Olympic Games. SA Sailing has now registered the SAST (Pty) Ltd NPC company as an independent entity from the federation to provide support and structure around the sailors working towards selection at key international events. To that end we would like to invite any sailors (in any of the medal categories applicable for these Games) who are considering campaigning towards the 2024 Games to note their Expression of Interest with SA Sailing to help ensure that the necessary communications, support and mentoring can effectively reach the interested parties. The Expression of Interest form is available on the SA Sailing Performance website or can be accessed by click here (<https://www.sailing.org.za/surveys/2099/>)

Reminder Expression of interest 2020-2021 Youth Worlds Selection

Just a reminder to all youth sailors that the expression of interest for Youth Worlds selection is still open to interested parties. Full details of the selection requirements can be found on the SA Sailing Performance website page or by [clicking here](#). The Link to the expression of interest form (<https://www.sailing.org.za/events/66093/>) is contained within the selection document.

Calling all instructors and coaches to sign up for SASCA Coaching Membership

The South African Sports Coaching Association (SASCA) was established on 8 June 2019 by SASCOC (South African Sports Confederation and Olympic Committee) as an independent NPC (Non-Profit Company) as the only multi-coded sports coaching professional body of South Africa.



SASCA was formed to enhance the integrity, relevance and standing of the profession of sport coaching that will benefit athletes, participants, and society by providing performance development services to the membership registered with SASCA.

SASCA launched and began advertising their membership offering at the end of 2019 and are now again inviting all persons who act as coaches at all levels to consider membership. As a SASCA member you will represent a prestigious and diverse sports coaching community where you will enjoy a unique opportunity of networking, growing your personal and professional development. A full breakdown of the various membership options and the benefits associated with each can be found here: <https://sasca.cdpsports.co.za/>. Full details on the coaching pathway and the criteria for all levels can also be found on their website.

The above has all been put in place by SASCOC to help ensure that all the necessary eligibility requirements for persons acting as coaches for any national team representing South Africa at international competitions are provided for and are suitably accredited to meet these eligibility requirements.