



Safe Play Guidelines

December 2021 (Version 2)

THESE 'SAFE PLAY' GUIDELINES PROVIDE INFORMATION FOR MEMBERS, CLUBS, AND AFFILIATES ON SAFE TRAINING AND GAME PRACTICES FOR THE CONTINUATION OF ALL SOFTBALL ACTIVITIES AT ALL LEVELS ACROSS NEW SOUTH WALES. THESE GUIDELINES SUPERSEDE THE 'GUIDELINES FOR RETURN TO PLAY' (NOVEMBER 2021).

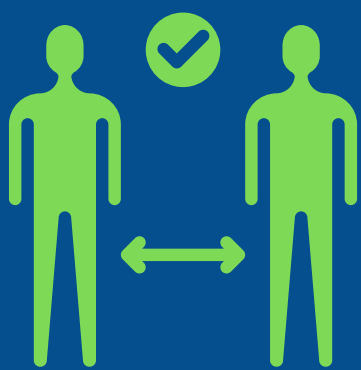
Be Prepared to Train/Play

- Encourage all members to arrive prepared for training/games - changing rooms will be minimally used.
- Tasks that can be completed at home should be (stretching/recovery).
- All individuals should bring their own clearly labelled drink bottles. No sharing of drink bottles is to be permitted.
- All individuals are encouraged to use their own equipment (avoid sharing bats, helmets, gloves, etc. where possible).



Social Distancing

- With team dugouts/benches and umpire changerooms we will ensure a minimum of 1.5 metres between each person.
- Social distancing of 1.5 metres between spectators (e.g. parents/carers).
- Stagger arrival and/or departure times when possible for different groups and teams.
- Do not congregate in large groups pre or post training/games.



Illness & Testing

- If you feel unwell, do not attend training/games and get tested as soon as possible.
- If you test positive to COVID-19, or are deemed a close/casual contact, you must follow the government self-isolation regulations set out by NSW Health: [NSW Health Self-Isolation and Testing Fact Sheets \(web link\)](#)
- All suspected and confirmed cases of COVID-19 must be reported.



Hygiene & Contact

- All persons must carry their own personal sanitiser. Practice good hand hygiene pre, during and post training/games.
- Wearing of face masks is recommended.
- Thorough, full body showers with soap at home before and after training or games.
- Hand hygiene at the entry and exits of the dugout and bullpens.
- Minimise sharing of equipment.
- Cleaning of personal equipment post training.



Check In & Records

- It is recommended that Softball NSW and Associations have a Service NSW QR code for member check in.
- Records of attendance at training are maintained and coordinated by a nominated member of each Team, Club or Association.
- Download the COVIDSafe App to check in and enable contact tracing.

