



3 December 2020

## **RESTRICTIONS EASED FOR COMMUNITY SPORT AND RECREATION IN NSW**

The NSW Premier, Gladys Berejiklian, yesterday announced the further easing of COVID-19 restrictions, including updated advice for community sport and recreation activities. To read the full release, please [click here](#).

From **Monday, 7 December**, the NSW Government will ease the following restrictions:

### *Square metre rule:*

- 1 person per 2 square metres (in place of the previous 1 person per 4 square metres), with the exception being gyms;
- Gyms must maintain 1 person per 4 square metres and a maximum of 50 people at any one time.

### *Gatherings in outdoor public spaces:*

- Up to 100 people for outdoor gatherings (up from 50);
- Up to 5,000 people for outdoor events that are fenced, ticketed and seated (subject to the 2sqm rule);
- Up to 3,000 people for other organised outdoor events (subject to 2sqm rule) – ie. community sport activities.

### *Stadiums and theatres:*

- Outdoor stadiums can fill up to 100% of seated capacity, and 1 person per 2 square metres for unstructured seating areas;
- Indoor stadiums can fill up to 75% of seated capacity.

**At this point in time, the Public Health Order and COVID-19 Safety Plans relating to this announcement are yet to be updated. All organisations are reminded that they will need to review these documents once published in the coming days.**

Thank you for your support in helping to keep community sport COVID-19 safe.

**Sport NSW**