

TWRC Results for Club Event and End of Season Awards Saturday 11 September 2021 – Domain Athletics Centre

For our last event of the season and our Presentation Day we headed to the Athletics Centre.

A small field turned out for a 5km Handicap, with a few laps to go Walkers and Race Officials received a drenching as the heavens opened. A reasonably tight finish as each Walker was well within each other's sights over the last 30 metres. **Wayne Fletcher** took out the honours, with **Ron Foster** next across the line, followed in by the rapidly closing backmarker, **Sam Lindsay.**

| | | Elapsed time | | Actual |
|-------------------|-----|--------------|-------|--------|
| 1. Wayne Fletcher | NS | 5k | 41:55 | 41:55 |
| 2. Ron Foster | TMA | 5k | 42:04 | 38:04 |
| 3. Sam Lindsay | New | 5k | 42:11 | 26:41 |
| Will Bottle | New | 5k | DNF | |

End of season awards - Presented to Athletes by Rosemary Coleman

TRWC Medallion - Most Consistent and Improved

Sam Lindsay – Sam surprised at the 2021 Australian Track and Field titles in April coming home with a silver medal in his 3000m event. Sam did not rest on his laurels he regularly competed at our winter walks and improved PBs over 1500m, 3km and 5km.

TRWC Medallion - Encouragement award – Most Promising 1st Year Walker

Lani Broad - Lani is one of our newcomers from Little Athletics who has made the transition from racing on the track to racing on the road over much longer distances. After an ill-timed asthma attack in the All Schools Championships, Lani bounced back with wins in both handicap events at Perth, determinedly chasing down those in front of her.



ABOVE: Lani Broad and James Anderson.

ABOVE: Sam Lindsay and Rosemary Coleman.

Special mention

Will Bottle – Will struggled with injury during his 5000m race at the Australian Track and Field Championships in April and took a fair while to recover. After a somewhat up and down winter, Will saved his best for last when he stormed home for a great PB over 5km at Wentworth Park in the final road walk for the season

Each of the above walkers takes good form into the upcoming track season.