



RPAYC Junior Green Fleet

2021-22

Program Overview



Overview

The RPAYC Discover Sailing Centre and Training Academy is pleased to welcome you to our Junior 'Green Fleet' training program for the 2021-22 sailing season.

The RPAYC Junior Green Fleet training program is an opportunity for club youth members to continue sailing, following their completion of the 'Tackers' learn to sail courses.

The 'Green Fleet' sailing level is focused on improving a sailor's boat handling techniques, building confidence and independence on the water, and introducing basic racing knowledge for taking part in further club sailing activities.

Eligibility

To be eligible for the RPAYC Junior Green Fleet program, participating sailors must be a financial 'Youth Member' for the 2021/22 Membership Season (through to 30th April 2022).

RPAYC Membership Information: rpayc.com.au/membership/

Sailors should have the pre-existing sailing skill and knowledge practiced in the Australian Sailing 'Tackers' or Start Sailing programs, or equivalent, before commencing in Green Fleet.

Schedule

The schedule consists of approximately 15 x training sessions throughout the 2021/22 sailing season, and will be divided into two periods:

October to December 2021

6 x Sunday Mornings (08:30 AM to 11:30 AM). Commencing on Sunday 31 October 2021 and concluding on Sunday 12 December 2021.

January to April 2022

9 x Sunday Mornings (08:30 AM to 11:30 AM). Commencing on Sunday 30 January 2022 and concluding on Sunday 10 April 2022.



Calendar

Revised 28 Sept 2021. Subject to the commencement of community sport in October.

2021	Schedule	Information
Sun 31 Oct	08:30 – 11:30	On water session #01
Sun 07 Nov	08:30 – 11:30	On water session #02
Sun 14 Nov	08:30 – 11:30	On water session #03
Sun 21 Nov	No Sailing	HARKEN Youth Match Racing Regatta (RPAYC)
Sun 28 Nov	08:30 – 11:30	On water session #04
Sun 05 Dec	08:30 – 11:30	On water session #05
Sun 12 Dec	08:30 – 11:30	On water session #06
Fri 10 – Sun 12 Dec		Summer Optimist Regatta (Georges River Sailing Club)*

2022	Schedule	Information
Sun 30 Jan	08:30 – 11:30	On water session #7
Sun 06 Feb	08:30 – 11:30	On water session #8
Sun 13 Feb	08:30 – 11:30	On water session #9
Sun 20 Feb	08:30 – 11:30	On water session #10
Sun 20 Feb		Optimist Traveller Trophy Round 3 (Hunters Hill SC)*
Sun 27 Feb	08:30 – 11:30	On water session #11
Sun 06 Mar	No Sailing	Laser Metros Regatta (RPAYC)
Sun 13 Mar	08:30 – 11:30	On water session #12
Sun 20 Mar	08:30 – 11:30	On water session #13
Sat 26 – Sun 27 Mar		NSW Optimist State Titles (Hosted by RPAYC)*
Sun 03 Apr	12:00 – 16:00	On water session #14
Sun 10 Apr	12:00 – 16:00	On water session #15
April TBC	18:00 – 20:00	Annual Centreboard Prizegiving

Regattas are optional for Junior Green Fleet program participants to attend.

NSW Optimist State Titles (Green Fleet Carnival) is being hosted by RPAYC on Sat 26 & Sun 27 March 2022. This is a fantastic event and we encourage all participants to take part. There will be support from RPAYC coaches on the Green Fleet course area.

*Regattas are organised by the Australian and NSW Optimist Associations, and fees are not included in the RPAYC program cost.



Competency

There is no defined amount of time a sailor should spend at the 'Green Fleet' level. The training is structured for sailors to learn and develop the new sailing techniques required for moving to the 'Open' fleet level of sailing.

Training sessions are conducted by RPAYC instructors, who will continually assess the progress of participants.

Preparation & Rigging

- Rig a boat independently
- Basic care of boats and equipment
- Set up a boat according to the weather conditions

Boat Handling Techniques

- Correct body positioning & tiller grip
- Sailing close-hauled with accurate sail trim and steering
- Slow boat speed control, and approaching support boats
- Tacking and gybing techniques
- Accurate trim of sails according to the wind direction
- Rounding course marks

Launching & Rescue Procedures

- Safe launching and retrieving practices
- Prepare and setup for a tow, steering under tow
- Right a capsized boat in strong wind

Sailing & Race Theory

- Identify wind direction and relative strength
- Sail according to gusts and lulls, lifts and knocks
- Understand 'power control'
- Sail a marked course
- Accurately identify laylines to a mark
- Understand correct race starting procedures

Basic Rules Theory

- Avoiding collisions
 - Port & starboard right of way
 - Windward & leeward boats
 - Mark rounding rules
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Training Boats

The RPAYC Junior Green Fleet is available to sailors with an 'Optimist' dinghy, and also selected double-handed classes. Speak to the sailing office about other classes of boat. To participate in this program you will need to have your own boat. If you don't have a boat, you can lease an RPAYC training boat for a short basis through our Halvorsen Lease Scheme.

Halvorsen Lease Scheme

Through the generosity of Carl Halvorsen, and donations from members, the RPAYC has been able to acquire a number of club owned boats that can be leased to youth members for the purpose of training and racing.

The *Halvorsen Lease Scheme* provides an opportunity for youth members to lease a boat and trial sailing further, before purchasing your own boat.

RPAYC has 7 x fibreglass optimists available for lease. Leasing of club equipment includes insurance and racking storage. Allocation is done on a first come, first served basis once completed application forms are returned to the sailing office.

Halvorsen Lease Information: rpayc.com.au/lease-a-boat-to-train-or-race-in/

Registration

Registration for the 2021-22 season is divided into the two training periods, as listed in the schedule (October to December & January to April). Participating members will need to register for each period of training prior to joining the sessions.

Participating members can register via the RPAYC revSPORT website, using an existing Australian Sailing number.

Link to register: revolutionise.com.au/trpayachtclub/events/107459/

Please note, the registration fees for the Junior Green Fleet do not cover fees for the Halvorsen scheme, boat storage, club membership, or entry to any Optimist events (including NSW Optimist State Titles).



Parental & Volunteer Support

For parents, watching your child learn and enjoy a sport is a very enjoyable experience! We always encourage parents to get involved and support participants of the Green Fleet.

As this program is all about skill development and growing independence on the water, it is important to find a balance so that your child feels supported, while also feeling a sense of freedom and excitement to progress their sailing further!

There are many things you can do to help your child in the Green Fleet, from being present in the rigging area to help get the boat ready, to supporting the fleet on the water from a support boat!

There are many opportunities for parents to learn the volunteer roles within a sailing club, as well as learning sailing skills for yourself. Please contact the Sailing Office, or a Centreboard Division representative, to learn more (rpayc.com.au/sailing/volunteering/).

Contact

The RPAYC Sail Training Department is here to help if you have any questions!

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