



HOCKEY VICTORIA

ACADEMY PROGRAM INFORMATION

Excellence. Respect. Teamwork. Humility

THE HOCKEY VICTORIA ACADEMY

Excellence. Respect. Teamwork. Humility.

The Hockey Victoria Academy Program aims to transform talented young hockey players into top hockey players. Our Academy takes great pride in the development of young players who aspire to play for Victoria, HC Melbourne and beyond.

We operate age-appropriate programs that provide players with a supportive environment which promotes growth and success in life and hockey. We aim to expose young talented hockey players to a brand of hockey that is offensive-minded, creative, fast and one that embraces individual flare whilst adhering to our four core values, Excellence, Respect, Teamwork and Humility.

The Hockey Victoria Academy involves intensive skill based training, modified games, full field match play, fitness testing and a range of educational videos for online learning.

Approximately 50 athletes per age-group can gain selection into the Academy Program, which can be made up of up to 44 field players and 6 goalkeepers, this is all dependant on how many athletes try-out for the Academy Program. The timing of the Academy Programs are structured so they lead into the Australian National Championships, which means we can best prepare the athletes for competition. There will be various check points along the way that athletes will need to progress through via assessment from our Athlete Identification Officers i.e. Final Player Assessment 1 and 2.

Athletes and Coaches involved in the Academy program will be overseen by the High Performance Athlete and Coaching Manager.

OUR CORE VALUES

ALL PLAYERS, COACHES, FAMILY MEMBERS AND SUPPORTERS ARE TO ADHERE TO THESE VALUES



EXCELLENCE

We hold ourselves to the highest standards in every aspect and strive to always do better to exceed expectations.



RESPECT

We are respectful, friendly, helpful, and compassionate to our teammates and coaches, and treat one another the way we want to be treated. Respect is earned, not given.



TEAMWORK

We work together because we know a strong team will always outperform strong individuals. No one is bigger than the team.



HUMILITY

We are humble when we have success and gracious when we don't. We understand that each person is unique and has their own skills and talents.

What the Academy Program Involves



- Physical Testing to expose athletes to high performance testing components that will help prepare them for the next level and beyond.
- Intensive skills sessions and match play days, set up so athletes can compete against the best hockey players in the state.
- Athlete workshops covering various high performance sport aspects, such as physical preparation, recovery protocols, leadership, nutrition etc.
- Access to our online learning platform with regular updates on skills and techniques of the modern game.
- Ongoing on-pitch feedback, plus athletes will receive video feedback following the session that they can access and view online.
- A final video summary from the Academy Program sent out prior to Final Player Assessment 1 highlighting key performance indicators.
- All Academy Members are guaranteed a spot at Final Player Assessment 1 which is the first phase of the state team selection process.



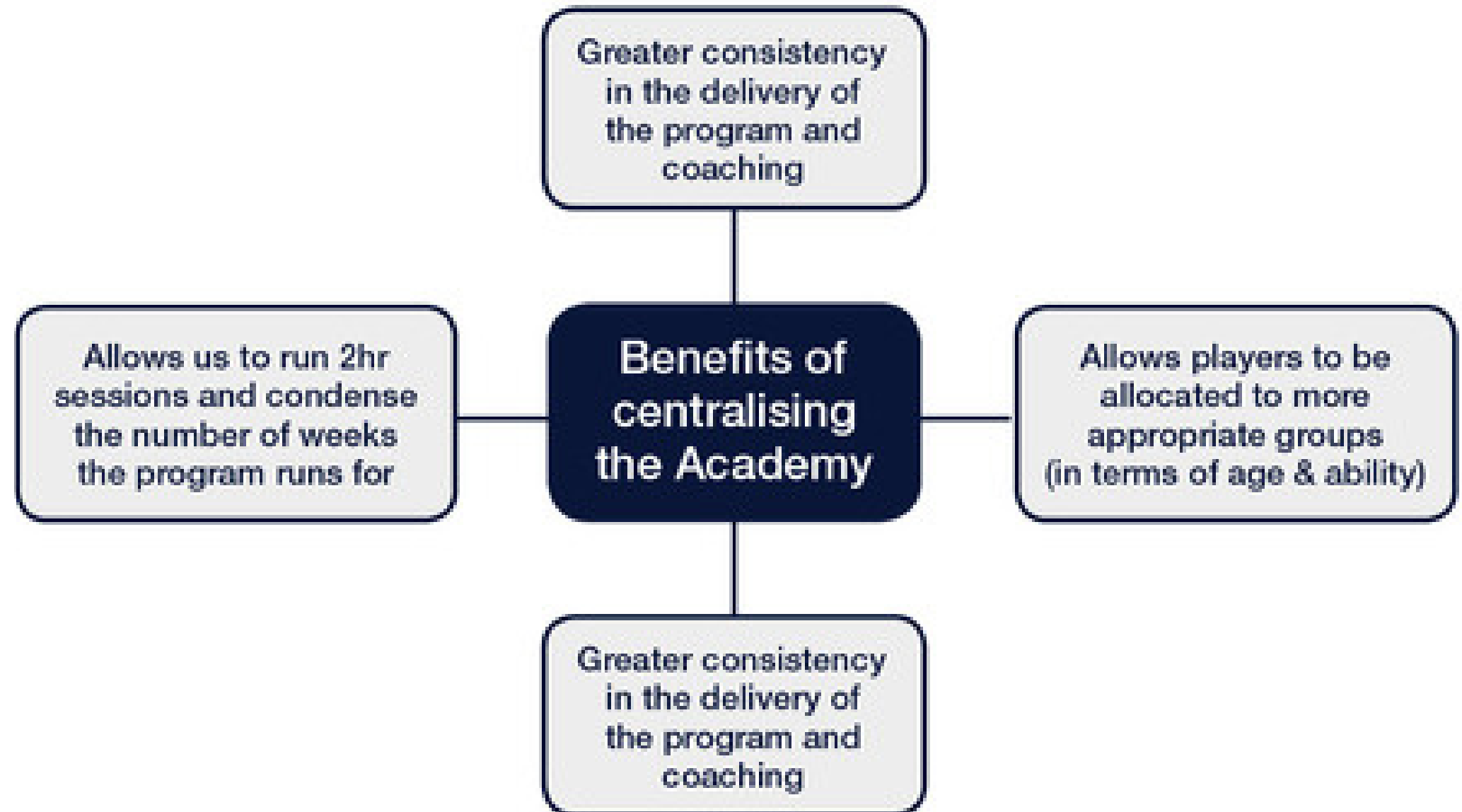
Connor Holland, Emerging Squad - More than just a hockey player.

*Reminder that all athletes, including Academy athletes, must nominate to be considered for our state teams. Please head to our Registrations & Nominations page to nominate.

Benefits of our Centralised Academy Program



Josh Henderson, Emerging Squad - More than just a hockey player.



Academy and Beyond



Current Hockeyroo Amy Lawton & Kookaburra Nathan Ephraums are two international stars who have achieved great success through their involvement with the Hockey Victoria Academy Program.

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Amy Lawton, Hockeyroo - More than just a hockey player.



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