## Appendix F - Coaching Training Session Assessment Forms for Level 2 Accreditation

**Volleyball / Beach Volleyball Level 2 Coach Accreditation Program**

**Practical Assessment Activities: Training Session Coaching Assessment**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Postcode:\_\_\_\_\_\_\_\_\_\_\_**

**Assessment Checklist**

|  |  |  |
| --- | --- | --- |
| **Assessment Criteria** | **Comments** | **Assessment**  *(delete one)* |
| The coaching session was delivered in a manner compliant with the VA Coach’s Code of Behaviour |  | Competent  Not Yet Competent |
| The coaching session appeared to have been planned and was appropriately structured. |  | Competent  Not Yet Competent |
| Communication, including non-verbal communication, was appropriately delivered, and received in an effective manner. |  | Competent  Not Yet Competent |
| Technical drills followed the principles of training and appropriate to the development level of the team and/or athletes |  | Competent  Not Yet Competent |
| Tactical drills followed the principles of training and appropriate to the development level of the team and/or athletes |  | Competent  Not Yet Competent |
| Activities progressed with challenges, or regressed to adapt to need of the team or athletes |  | Competent  Not Yet Competent |
| Feedback is relevant and specific to team or athlete’s development and delivered appropriately |  | Competent  Not Yet Competent |
| Recognise the ‘coachable moment’ and use it appropriately when the skill is correctly or incorrectly performed. |  | Competent  Not Yet Competent |
| Resources including staff, athletes and training aids were used effectively |  | Competent  Not Yet Competent |
| The session was conducted with the physical well-being, health and safety of the athletes duly considered |  | Competent  Not Yet Competent |
| Seek feedback from players and others and use self-reflection techniques to evaluate the training session. |  | Competent  Not Yet Competent |

Result: (Must be assessed ‘Competent’ in all criteria to achieve ‘Competency’ for this Practical Assessment Activity):

|  |  |
| --- | --- |
|  | Candidate has achieved competency |
|  | Candidate is not yet competent: re-assessment required |

Reasons for an assessment of ‘Not Competent’ on any criteria must be written in the ‘Comments’ section beside the specific criteria.

Name of Assessor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Assessor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_