

WA STATE ALL SCHOOLS CHAMPIONSHIPS POWERED BY GO FOR 2&5

CONTESTED EVENTS – WOMEN

Age Group	U14 Born 2010/2011	U15 Born 2009	U16 Born 2008	U17 Born 2007	U18 Born 2006	U19 Born 2005
100m	✓	✓	✓	✓	✓	✓
200m	✓	✓	✓	✓	✓	✓
400m	✓	✓	✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓
1500m	✓	✓	✓	✓	✓	✓
3000m		✓	✓	✓	✓	✓
Sprint Hurdles	80m (76cm)	90m (76cm)	90m (76cm)	100m (76cm)	100m (76cm)	100m (84cm)
Long Hurdles		200m (76cm) 10 flights	200m (76cm) 10 flights	400m (76cm)	400m (76cm)	400m (76cm)
Steeplechase*		2000m (76cm)	2000m (76cm)	2000m (76cm)	2000m (76cm)	3000m (76cm)
Race Walk	3000m	3000m	3000m	5000m	5000m	5000m
High Jump Starting Height	✓ 1.15m	✓ 1.20m	✓ 1.25m	✓ 1.30m	✓ 1.35m	✓ 1.35m
Pole Vault*	✓	✓	✓	✓	✓	✓
Long Jump	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓
Shot Put	3kg	3kg	3kg	3kg	3kg	4kg
Discus	1kg	1kg	1kg	1kg	1kg	1kg
Javelin	400g	500g	500g	500g	500g	600g
Hammer Throw*	3kg	3kg	3kg	3kg	3kg	4kg

*See entry restrictions & minimum ages on Page 3

WA STATE ALL SCHOOLS CHAMPIONSHIPS POWERED BY GO FOR 2&5

CONTESTED EVENTS – MEN

Age Group	U14 Born 2010/2011	U15 Born 2009	U16 Born 2008	U17 Born 2007	U18 Born 2006	U19 Born 2005
100m	✓	✓	✓	✓	✓	✓
200m	✓	✓	✓	✓	✓	✓
400m	✓	✓	✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓
1500m	✓	✓	✓	✓	✓	✓
3000m		✓	✓	✓	✓	✓
Sprint Hurdles	90m (76cm)	100m (84cm)	100m (84cm)	110m (91cm)	110m (91cm)	110m (99cm)
Long Hurdles		200m (76cm) 10 flights	200m (76cm) 10 flights	400m (84cm)	400m (84cm)	400m (91cm)
Steeplechase*		2000m (76cm)	2000m (76cm)	2000m (84cm)	2000m (84cm)	3000m (91cm)
Race Walk	3000m	3000m	3000m	5000m	5000m	5000m
High Jump	✓	✓	✓	✓	✓	✓
Starting Height	1.20m	1.25m	1.30m	1.35m	1.40m	1.45m
Pole Vault*	✓	✓	✓	✓	✓	✓
Long Jump	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓
Shot Put	3kg	4kg	4kg	5kg	5kg	6kg
Discus	1kg	1kg	1kg	1.5kg	1.5kg	1.75kg
Javelin	600g	700g	700g	700g	700g	800g
Hammer Throw*	3kg	4kg	4kg	5kg	5kg	6kg

*See entry restrictions & minimum ages on Page 3

ENTRY RESTRICTIONS & AGE MINIMUMS

- Athletes are unable to contest Pole Vault, Hammer Throw or Steeplechase unless they have trained and competed in the event at Strive
- Athletes must be 14 years of age in the year of competition to compete in Steeplechase
- Athletes must be 16 years of age in the year of competition to compete in any event in excess of 5000m
- High Jump and Pole Vault starting heights and Triple Jump board minimums will apply and will be finalised in the release of the Championships Rules & Regulations.