



WPA National Technical Rules Overview – 2022/23 Season

Australian Youth Water Polo Championships						
Rule	12&U Girls & Boys	14&U Girls & Boys	16&U Girls	16&U Boys	18&U Girls	18&U Boys
Age Rule	Born 2011, 2012, 2013 and 2014	Born 2009, 2010, 2011 and 2012	Born 2007, 2008, 2009 and 2010		Born 2005, 2006, 2007 and 2008	
Team Rosters	*Minimum 10 – Maximum 15 players. Teams with less than ten (10) players are required to enter the draft. Only 14 players are allowed to participate in each match, number of goalkeepers is under the discretion of the club.					
Game Duration	Four (4) periods of five (5) minutes actual playing time 1-minute break between periods and 2-minute break at half-time.		Four (4) periods of six (6) minutes actual playing time. 1-minute break between periods and 2-minute break at half-time.		Four (4) periods of seven (7) minutes actual playing time. 1-minute break between periods and 2-minute break at half-time.	
Timeouts	Two (2) timeouts per team during final stages only (semi-finals onwards)					
Pool Dimensions	Min: L 20-25m, W 10-20m (as per FINA rules)		Min: L 20-30m, W 10-20m (as per FINA Rules)		Min: L 20-25m, W 10-20m (as per FINA Rules)	Min: L 20-30m, W 10-20m (as per FINA Rules)
Pool Depth	Minimum 1.8m (preferably 2.2m)					
Goal Size	W 2.5m, H 0.75m	W 3.0m, H 0.9m (inside measurements, as per FINA Rules)				
Ball Size	Size 3	Size 4		Size 5	Size 4	Size 5
Other Rules	As per Sport Rules found on the WPA Website or event specific alternations as per Event Competitions Manuals.					

**To be confirmed*

WPA National Technical Rules Overview – 2022/23 Season



WPA National Championships						
Rule	15&U Girls	15&U Boys	17&U Girls	17&U Boys	19&U Girls	19&U Boys
Age Rule	Born 2007, 2008, 2009 and 2010		Born 2005, 2006, 2007 and 2008		Born 2003, 2004, 2005 and 2006	
Team Rosters	All teams must have 13 players with two dedicated goalkeepers. If a team does not have 13 players, then they must enter the Draft. If there are no available players in the draft, special exemptions may be provided by WPA.					
Game Duration	Four (4) periods of seven (7) minutes actual playing time. 1-minute break between periods and 2-minute break at half-time.		Four (4) periods of eight (8) minutes actual playing time. 2-minute break between periods and 3-minute break at half-time. (FINA Rules apply)			
Timeouts	Each team is permitted two (2) Time Outs at any time during the match. (FINA Rules Apply)					
Pool Dimensions	Min: L 20-25m, W 10-20m (as per FINA Rules)		Min: L 20-25m, W 10-20m (as per FINA Rules)	Min: L 20-30m, W 10-20m (as per FINA Rules)	Min: L 20-25m, W 10-20m (as per FINA Rules)	Min: L 20-30m, W 10-20m (as per FINA Rules)
Pool Depth	Minimum 1.8m (preferably 2.2m)					
Goal Size	W 3.0m, H 0.9m (inside measurements, as per FINA Rules)					
Ball Size	Size 4	Size 5	Size 4	Size 5	Size 4	Size 5
Other Rules	As per Sport Rules found on the WPA Website or event specific alternations as per Event Competitions Manuals.					

WPA National Technical Rules Overview – 2022/23 Season



Australian Waterpolo League & Open Championships				
Rule	AWL Women	AWL Men	Country & Masters Women	Country & Masters Men
Age Rule	Open to all ages		Open to all ages, with a Risk Acknowledgement form required for U18 participants	
Team Rosters	*22 Players are permitted on the Team Roster through the MemberPool, however only 13 players, including two (2) goalkeepers are allowed to participate in each match.		15 Players are permitted on the Team Roster through The MemberPool, however only 13 players are allowed to participate in each match.	
Game Duration	Four (4) periods of eight (8) minutes actual playing time. 2-minute break between periods and 3-minute break at half-time. (FINA Rules Apply)		Four (4) periods of six (6) minutes actual playing time. 1-minute break between periods and 2-minute break at half-time.	
Timeouts	Each team is permitted two (2) Time Outs at any time during the match. (FINA Rules Apply)		Each team is permitted two (2) Time Outs during the Final Stages of the competition only.	
Pool Dimensions	Min: L 20-25m, W 10-20m (as per FINA Rules)	Min: L 20-30m, W 10-20m (as per FINA Rules)	Min: L 20-25m, W 10-20m (as per FINA Rules)	
Pool Depth	Minimum 1.8m (preferably 2.2m)			
Goal Size	W 3.0m, H 0.9m (inside measurements, as per FINA Rules)			
Ball Size	Size 4	Size 5	Size 4	Size 5
Other Rules	As per Sport Rules found on the WPA Website or event specific alternations as per Event Competitions Manuals.			

**To be confirmed*