





2021 Optimist and Dabchick Dinghy Western Cape Championships presented by Ullman Sails

Dates: Friday 02 April 2021 to Monday 05 April 2021

Venue: Zeekoe Vlei Yacht Club

Organising Authority: Western Cape Optimist and Dabchick Class Associations in

conjunction with the Zeekoe Vlei Yacht Club under the auspices of SA Sailing.

SAILING INSTRUCTIONS

1 COMMUNICATIONS WITH COMPETITORS

- 1.1 Notices to competitors will be posted on the official WhatsApp Notice Board. Each notice will read "NB:[Notice posted]".
- 1.2 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

3 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the ZVYC flagpole.
- 4.2 When Flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals AP.
- 4.2 Flag D with one sound means "The warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not launch until this signal is made."

5 CLASS FLAGS

- 5.1 Class flags will be the Optimist Class Flag (for A and B fleets combined) and the Dabchick Class Flag.
- 5.2 [DP] Optimist B fleet boats shall fly a ribbon (supplied by the Regatta Secretary) from the top of their sprits.

6 COURSES

- 6.1 The diagrams in Addendum 1 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 6.2 No later than the warning signal, the race committee will indicate the course to be sailed by displaying the course number on a whiteboard at the back of the committee boat and flying the corresponding numeral pennant.

7 MARKS

- 7.1 Rounding marks will be the large yellow inflatable buoys.
- 7.2 The starting marks will be the race committee boat and an orange buoy. The finishing marks will be the race committee boat and a red mark (can).

8 THE START

- 8.1 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the course side of the port-end starting mark.
- 8.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 8.3 Optimist A and B fleets will start together.
- A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2
- 8.5 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

9 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

10 THE FINISH

- 10.1 The finishing line will be between a staff displaying a blue flag on the race committee boat and the course side of the red finishing mark (can) laid as indicated in the course diagrams.
- 10.2 [DP] After finishing, boats shall keep well clear of the starting and finishing lines.

11 PENALTY SYSTEM

The penalty for breaches of SI 17 (Safety Regulations) and certain Optimist Class Rules will be Standard Penalties [SP] as set out in Addendum 2. These will be applied by the Race Committee without a hearing. This changes RRS 63.1, A5.1 and A5.2. The penalty for breaches of other Optimist Class Rules and Dabchick Class Rules may be less than disqualification.

12 TIME LIMITS

Boats failing to finish within 20 minutes after the first boat in her class sails the course and finishes, and not subsequently retiring, penalised or given redress, will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

13 HEARING REQUESTS

- 13.1 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This time will be posted on the WhatsApp Notice Board.
- 13.2 Hearing requests may be lodged online via the Google Hearing Request form. A link to this form will be posted on the WhatsApp Notice Board. Once the hearing request form has been completed and submitted, the submitting party shall notify the Regatta Secretary of the request.
- 13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held virtually using Zoom.

14 SCORING

4 races are required to be completed to constitute a series.

- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- (b) When from 5 to 8 races have been completed, a boat's series score will be the total her race scores excluding her worst score.
- (c) When 9 or more races have been completed, a boats' series score will be the total her race scores excluding her worst 2 scores.

15 SAFETY REGULATIONS

- 15.1 [DP] All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 15.2 [DP] A boat that retires from a race shall notify the race committee as soon as reasonably possible.
- 15.3 [DP] Check-Out and Check-In requirements are as follows: Each day prior to launching competitors will be required to tally out on a tally board at Zeekoe Vlei Yacht Club. Within 5 minutes of removing their boat from the water competitors will be required to tally in on the tally board.

16 REPLACEMENT OF EQUIPMENT

[DP] Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

17 EQUIPMENT AND MEASUREMENT CHECKS

- 17.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.
- 17.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection

18 SUPPORT VESSELS

[DP] Support vessels shall remain outside the course (as shown on the course diagram), and at least 100m from boats racing.

19 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

ADDENDUM 1

COURSE 1 - NUMERAL PENNANT 1 / NUMBER 1

"P" Course

Dabchick:

Start

RND1: 1(S) - 2(S) - 3(P) - 4(P)

RND2: 1(S) - 4(P)

RND3: 1(S) - 2(S) - 3(P) - 4(P)

Finish

Optimist A Fleet:

Start

RND1: 1(S) - 2(S) - 3(P) - 4(P)

RND2: 1(S) - 4(P)

Finish

Optimist B Fleet:

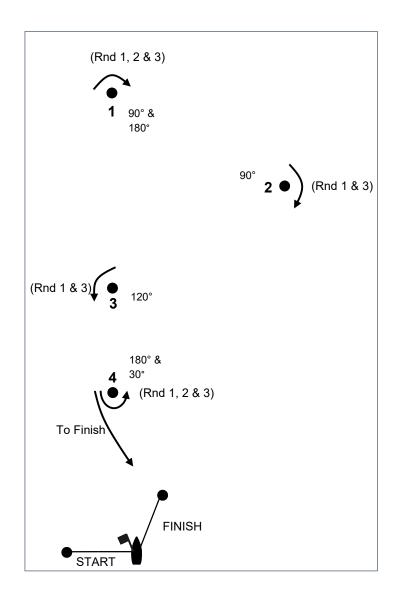
Start

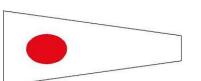
RND1: 1(S) - 2(S) - 3(P) - 4(P)

Finish

(S) = Leave mark to Starboard

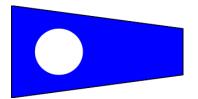
(P) = Leave mark to Port





COURSE 2 - NUMERAL PENNANT 2 / NUMBER 2

Windward-Leeward Course



Dabchick:

Start

RND1: 1(P) - 2(P) RND2: 1(P) - 2(P) RND3: 1(P) - 2(P)

Finish

A Fleet:

Start

RND1: 1(P) - 2(P) RND2: 1(P) - 2(P)

Finish

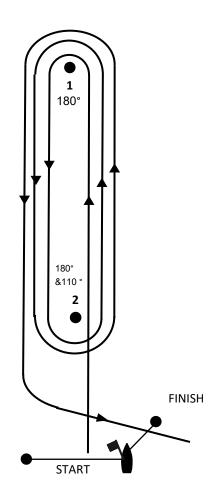
B Fleet:

Start

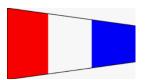
RND1: 1(P) - 2(P)

Finish

(P) = Leave mark to Port



COURSE 3 - NUMERAL PENNANT 3 / NUMBER 3



Triangle-Sausage Course

Dabchick:

Start

RND1: 1(P) - 2(P) - 3(P)

RND2: 1(P) - 3(P)

RND3: 1(P) - 2(P) - 3(P)

Finish

A Fleet:

Start

RND1: 1(P) - 2(P) - 3(P)

RND2: 1(P) - 3(P)

Finish

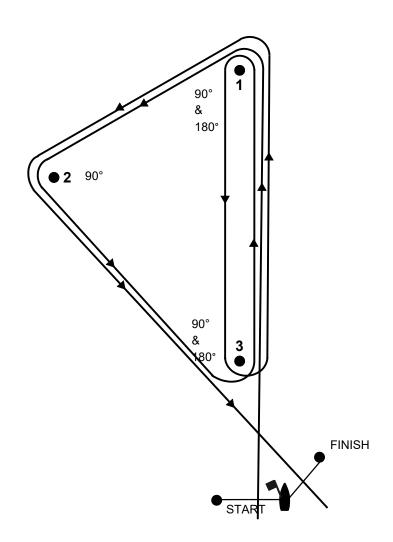
B Fleet:

Start

RND1: 1(P) - 2(P) - 3(P)

Finish

(P) = Leave mark to Port



ADDENDUM 2

Standard Penalties

The Standard Penalties below will be applied by the Race Committee without a hearing. These penalties apply to each race in which the rule was breached.

1. Breaches of SI 17 Safety Regulations if no danger was involved.

Penalty equivalent to approx. 5% of fleet

2. Minor Optimist Class Rule penalties (CR - Class Rule)

Penalty equivalent to approx. 10% of fleet

- Bailer not attached to the hull (CR 4.3)
- Paddle not attached to the hull (CR 4.3)
- Daggerboard not attached to the hull (CR 3.3.4)
- Painter not attached to mast step (CR 4.3)
- Whistle not attached to personal flotation device (CR 4.2)
- One sail tie 5 mm or more loose (CR 6.6.3.4)
- Two sail ties 3 mm or more loose (CR 6.6.3.4)
- Accidental loss of sail tie (CR 6.6.3.4)

3. Intermediate Optimist Class Rule penalties

Penalty equivalent to approx. 30% of fleet

- No bailer, paddle or painter in boat (CR 4.3)
- No whistle (CR 4.2)
- No lanyard, locking device or other arrangement to attach mast to the hull (CR 3.5.2.11)
- Sail outside limits of bands (CR 3.5.2.7)
- Two ties 5 mm or more loose (CR 6.6.3.4)
- Three or more ties 3 mm or more loose (CR 6.6.3.4)
- Throat, tack or clew eyelet 3 mm or more loose (CR 6.6.3.4)