



SAILING INSTRUCTIONS

Optimist Summer Series Regattas MAC & ZVYC 2021

- Dates:** Milnerton Aquatic Club - Saturday 6 and Sunday 7 March 2021
Zeekoe Vlei Yacht Club – Saturday 27 and Sunday 28 March 2021
- Venue:** Milnerton Aquatic Club and Zeekoe Vlei Yacht Club
- Organisers:** Milnerton Aquatic Club (MAC) and Zeekoe Vlei Yacht Club (ZVYC)

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing**.
- 1.2 And by the Optimist Class rules.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on a WhatsApp notice board.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the WhatsApp Notice Board before 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.2 Signals made ashore will be displayed on the flagpole at MAC / ZVYC.
- 4.3 Flag D with one sound means "The warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not launch until this signal is made."

5 SCHEDULE OF RACES

- 5.1 Saturday 6 & 27 March 2021 First warning signal at 10h00
Sunday 7 & 28 March 2021 First warning signal at 09h00
A maximum of 20 races are scheduled.
- 5.2 5 or more races are scheduled per day.
- 5.3 To alert boats that a race or sequence of races will begin soon, an orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4 On Sunday's no warning signal will be made after 15h00.



6 CLASS FLAGS

- 6.1 The Optimist Class flag will be raised at the warning signal to designate a combined A and B fleet start.
- 6.2 A separate start will be held for beginners to which the start signal for the A and B fleet shall be warning signal for the beginner fleet. Beginners class flag will be a white flag.
- 6.3 B fleet competitors will be required to fly a red ribbon from the top of their sprits.
- 6.4 Beginner fleet will be required to fly and white ribbon from the top of their sprits.

7 RACING AREAS

- 7.1 Racing will take place at Milnerton Aquatic Club and Zeekoe Vlei Yacht Club

8 THE COURSES

- 8.1 The courses will be communicated via the WhatsApp Notice board by the race committee no later than 1 hour before the first start signal for each days racing.

9 MARKS

- 9.1 Rounding marks will be the laid marks placed in position by the race committee and / or permanent marks on the respective bodies of water. Details will be supplied with the posting of the course as noted in 8 above.
- 9.2 The starting and finishing marks will be the race committee signal boat or bridge hut and an inflatable buoy.

10 THE START

- 10.1 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the course side of the port-end starting mark.
- 10.2 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. *[DP]*

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 11.2 This change of course will be communicated to all competitors as they round the preceding mark.



12 THE FINISH

- 12.1 The finishing line will be between a staff displaying a blue flag on the race committee boat or bridge hut and the laid small round finishing mark

13 PENALTY SYSTEM

- 13.1 RRS Appendix P, rules P1-P4 will apply. For convenience these are contained in Addendum 2 to the sailing instructions.
- 13.2 Addendum 3 of these sailing instructions contains a list of Graded Penalties which can be applied by the Race Committee without a hearing. This changes RRS 63.1 and Appendix A5.

14 TIME LIMITS

- 14.1 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protests to be lodged on forms available at the race office, downloaded from the SA Sailing website or lodged on WhatsApp. Protests and requests for redress or reopening shall be delivered within the appropriate time limit.
- 15.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings may be held virtually using Zoom.
- 15.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5 A list of boats that, under SI 13.1, have been penalised by the protest committee for breaking RRS 42 will be posted.
- 15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16 SCORING

- 16.1 High-Point Scoring System will apply.
- 16.2 5 races are required to be completed to constitute a regatta series.
- 16.3 There will be no discards
- 16.4 The last race on each Sunday will count for double points
- 16.5 Scoring Explanation
- 16.5.1 Each sailor will receive point(s) equal to the number of competitors they beat in their class, plus one point. At the end of the series, the sailor with the most points will be awarded first place, etc.



16.5.2 DNS – DID NOT START

Sailors that did not start will receive 0 points.

16.5.3 OCS – ON THE COURSE SIDE OF THE START LINE

Sailors that were on the course side of the starting line will receive 1 point.

16.5.4 DNF – DID NOT FINISH

Sailors that did not finish will receive 1 point.

16.5.5 DSQ – DISQUALIFICATION

Sailors that are disqualified will receive 0 points. DSQ sailors will be counted as racing or raced.

17 SAFETY REGULATIONS

17.1 All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. *[DP]*

17.2 A boat that retires from a race shall notify the race committee as soon as possible. *[DP]*

18 SUPPORT BOATS

On the water coaching is permitted for the B fleet and Beginner classes but prohibited for the A fleet. Coaching boats are to create no wake for other competitors.

19 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither SA Sailing, the Club, the organising authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

21 INSURANCE

Each participating boat shall be insured with valid and adequate third-party liability insurance.