



## CONVENOR'S MESSAGE

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*Welcome Parents, Staff and Students to the 2019 CIS Primary Swimming Championships.*

*Congratulations students for making it through to this event. This achievement displays your commitment to the sport of swimming. The hard work, persistence and dedication demonstrated by both you and your family is a credit to you all. Today I know that you will all do your best and compete exhibiting sportsmanship. "Sportsmanship is the ability to win without bragging, lose without complaining, and play while respecting others." (faithgateway.com)*

*These Swimming Championships would not take place without the support of the sporting associations involved in CIS. I would like to thank the convenors of each of these associations as well as the CIS Swimming Committee members. A huge thankyou to Lyndall Jesse, the Executive Officer of NSW CIS Mary Webster and Jenny O'Keeffe the Assistant Executive Officers of NSW CIS for all they have done to organise this event. Thank you also to the staff who are officiating at this carnival.*

*NSWCIS aims to provide a pathway to state and national level competition. Many CIS swimmers have continued through this pathway leading to higher competitions some as the Commonwealth and Olympic Games. For those who are fortunate enough to make the CIS team for the PSSA Championships you will become a member of a very successful and elite team. If you miss out this year, remember that hard work and determination over the next year will not only make you a stronger swimmer but also a more resilient and ultimately successful person in life.*

*I would like to take this opportunity to congratulate Nicholas Macher (St Patrick's College, Strathfield) and Elli Beck (Pymble Ladies, College) on receiving the CIS Red Award for their performances in 2018. In an outstanding achievement, Hayden Hoang (Trinity Preparatory School) and Hannah Morton (Redlands – Murdoch Street Campus) were awarded a NSW CIS Red bar for achieving at this level for the second year in a row. I would also like to further congratulate Hayden Hoang (Trinity Preparatory School) for being awarded the Outstanding Primary Sportsboy of the Year.*

*For live event results don't forget to download the Meet Mobile app available in both the android and apple stores. For live results you will need to pay a small monthly or annual fee. A Flyer for Meet Mobile is loaded as a document on the website under Events and CIS Primary Swimming Championships. The Meet can be found on Meet Mobile as NSW CIS Primary Championships 2019.*

*Swim hard, swim fast and be proud of what you have achieved.*

**Lyndell Spackman**  
CIS Primary Swimming Convenor