Information & ENTRY FORM (Sports Clubs)

2019 Rainbow Region Dragon Boat Club Regatta
Saturday 24th & Sunday 25th August 2019

Saturday Program

10:00 – 11:30am  Anni Yaringa will be running a SWEEP WORKSHOP – LIMITED NUMBERS
All registered club sweeps are invited to apply – please register your interest by emailing: j_sizer@yahoo.com.au (Juliette Sizer @ Rainbows)

11:30am  Teams arrive / Registration (all crew lists to be submitted by 12:30pm)
12:00pm  Sweeps & Managers Briefing
12:15pm  Marshalling

12:30pm  1km Chase Race (20’s crews, up to 10 male paddlers per boat)
- staggered start, twice around 2 buoys set 250m apart (turn race rules apply)

1:30pm  100m Round Robin (20’s crews, up to 10 male paddlers per boat)
- 4 crews per round, last boat to finish drops out, until 1 crew left
- winners of each round battle it out in the final round

2:30pm  State of Origin – NSW v QLD
- names drawn to fill 4 boats (2 x DBNSW crews; 2 x QDBF crews), paddlers’ names will be drawn during Chase Race and displayed on notice board (10 men & 10 women per boat, plus steerer)
- paddlers to marshalling as soon as Round Robin is concluded
- 1 race of 100m (note change of distance from previous years, for ease of course set-up)

3:00pm  Trophy Presentation.
- Teams may leave marquees in their allocated tent site if they wish, in readiness for the Sunday’s events.

Sunday Program

7:00am  Teams arrive / Registration (all crew lists to be submitted by 7:30am)
7:30am  Sweeps & Managers Briefing
7:45am  Marshalling

8:00am  Racing commences – 200m sprints
- Sports Mixed
- Sports Women
- Men’s 10
- Community Teams

12:30pm (approx.)  Community Teams Trophy Presentation
4:00pm (approx.)  Sports Teams Trophy Presentation

We are aiming to be an ENVIRONMENTALLY FRIENDLY REGATTA – please bring your own water bottle and reusable coffee cup, thank you!
**Venue**

Shaws Bay, Compton Drive East Ballina

**Parking**

There will be NO parking on the regatta site during the day. Vehicles carrying heavy equipment (boats, marquees, etc) will be permitted to enter through Ballina Discovery Park, but will be required to leave once their load has been dropped off / picked up. For those staying at the Ballina Discovery Park, there is limited parking available with your accommodation. All other cars will need to drive in via Pop Denison Park (where parking will be available) and walk through to the regatta site.

**Tent Set Up**

Each club will be allocated a 6m x 3m tent space – please look for your team name on the signage.

**Food & Drink**

There will be coffee vans, food and drink vendors, as well as a water station. This is an ENVIRONMENTALLY FRIENDLY REGATTA, so please bring your own water bottles and reusable coffee cups. *Please be sure to share this information with your club members, thank you!*

**Contact Person**

Juliette Sizer  – Ph 0421 550 335  – Email j.sizer@yahoo.com.au

**Entry fees**

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<tr>
<th>Day</th>
<th>Adults</th>
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<td>Saturday</td>
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<td>Sunday</td>
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Note 1: all paddlers including drummer and steerer required to pay entry fee
Note 2: one entry fee per person per day, even if competing in multiple categories

**Deadline for entries**

Friday 9th August 2019

**Membership cards**

It is compulsory for all team members to wear their current DBNSW or State equivalent membership cards (2019/2020 season). If you do not have a current membership card, you will not be allowed to compete. Wristbands will only be issued in special circumstances, by prior arrangement. ID tags WILL be checked in marshalling.

**Race Categories**

<table>
<thead>
<tr>
<th>Distance</th>
<th>Saturday 1km ‘Chase Race’ (Sports teams)</th>
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<tr>
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<td>Saturday 100m Round Robin (Sports teams)</td>
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<td>Saturday 100m ‘State of Origin’ (Sports teams)</td>
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<td>Sunday 200m sprints (Sports and Community teams)</td>
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**Category Definitions**

- **20’s crews** – minimum of 16 paddlers to a maximum of 20 paddlers + 4 reserves plus drummer and steerer
- **Men’s 10 crews** – minimum of 8 paddlers to a maximum of 10 paddlers + 2 reserves plus drummer and steerer

**Sports Mixed Crews**

Standard boat – 20s crew
Minimum of 2 male paddlers to a maximum of 10 male paddlers (as per NSW North Coast rulings)
Drummer and steerer can be either gender

**Sports Women Crews**

Standard boat – 20s crew
All female paddlers (including drummer and steerer)

**Men’s 10 Crews**

Standard boat – 10s crew
All male paddlers (drummer and steerer can be either gender)

**Notes**

Preference will be given to full club teams with entry granted to composite teams only if numbers permit.
See ‘Team Composition & Rules of Racing’ in Briefing Notes.
Clubs with 2 crews in the same category can interchange a maximum of 4 paddlers (including drummer and steerer) between the 2 crews, however they must be the same 4 people.
All paddlers including drummer and steerer required to pay entry fee.
ENTRY FORM

2019 Rainbow Region Dragon Boat Club Regatta
Saturday 24th & Sunday 25th August 2019

Please tick which categories you will be entering:
If you are entering more than one team per category, please complete a separate entry form for each team
Please provide a unique name for each team so they can be identified on the race draw

Saturday 24th August 2019
☐ Sport Mixed 1km Turn Race ☐ Sport Mixed 100m Round Robin
N.B. Entry in the ‘State of Origin’ will be a mix of clubs (NSW vs QLD) – club entry not required

Sunday 25th August 2019 (200m sprints)
☐ Sport Mixed ☐ Sport Women ☐ Men’s (10’s)

Team Details:

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<tr>
<th>Club Name:</th>
<th>Team Manager:</th>
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Mobile contact:  

Email address:  

Entries close:  
Friday 9th August 2019

Registration:  
Please submit completed entry form (this page) to Rainbow Region Dragon Boat Club – PO Box 6 Lennox Head NSW 2478 or email to j_sizer@yahoo.com.au

Payment:  
Cheques to be made payable to ‘Rainbow Region Dragon Boat Club Inc’. Payment can also be made using EFT prior to regatta (copy of transaction or receipt must be provided to Registration Officer). BSB 722 744 / Acc no: 100077136 – please provide your team name as the lodgement reference. Payment may be made on race day to Registration Officer, but must be received no later than 7:30am. Clubs who do not bring payment or proof of payment will not be allowed to race.

Contact:  
Juliette Sizer  Ph: 0421 550 335  Email: j_sizer@yahoo.com.au

Conditions of entry:

- Abide by the AusDBF Race Rules and Regulations, DBNSW and NSW Northern Region By-Laws and requirements of the event organisers whose decision in all matters relating thereto and to the suitability and eligibility of applicants is final and binding
- Every crewmember is to be covered by personal accident insurance offered by DBNSW Inc or its equivalent.
- Waive any claim on the event organisers which may otherwise arise from personal injury or death and damage arising from or caused by participation in the competition
- Reimburse the event organisers for any damages or losses caused by the entrant to equipment provided by the event organisers
- Utilise only equipment and fittings provided or required by the event organisers
- Every member of the paddling team must be able to swim 50 metres or otherwise they will be required to wear a PFD
- Every member of the paddling team will wear closed-in footwear to and from the boat
- Any protests must be lodged in writing and accompanied by $50 cash protest fee within 15 minutes of completion of the protested race. The protest fee is only refundable if the protest is successful.

I certify that each member of the team understands and undertakes to be bound by the conditions of entry,

Signed: ___________________________________ Date: ______________________

[Team Manager]
CREW LIST

*Please submit a separate crew list for each team entered*

2019 Rainbow Region Dragon Boat Club Regatta
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<tr>
<th>Club Name</th>
<th>Category entered (eg Sport Mixed)</th>
<th>Team Manager’s name</th>
<th>Team Manager’s signature</th>
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1. I certify that all the information provided on this team roster is correct
2. I understand and have read and agree to abide by the AusDBF Race Rules

Crew List (maximum of 26 paddlers including drummer and steerer)

Note: if you are entering a combined team, place the initial of the club in the box highlighted in blue. (for example Red club is combing with the Blue club so please type ‘B’ besides all the paddlers names who are members of the Blue club)

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<th>Name (please write names in alphabetical order of surname)</th>
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<th>Indicate if drummer or sweep (D or S)</th>
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Notes: Fully completed crew lists must be handed to the Registration Officer prior to the first race
If combined team, please enter both teams on one sheet
A separate crew list must be submitted for each team entered
All information must be provided, or crew lists will NOT be accepted
Please indicate ‘L2’ beside each person completing races as part of their steerer accreditation
Briefing notes

2019 Rainbow Region Dragon Boat Club Regatta
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Team Managers and Sweeps Briefing will be held: Saturday 12:30pm
Sunday 7:30am

Site Facilities
- Food stalls, toilets and other facilities available on site
- Clubs to bring their own marquees and chairs

Race Schedule
Will be distributed on Monday 19th August 2019

Boats
4 x Champion Boats

Paddles
Only IDBF spec paddles (202a) will be accepted

Team Composition & Rules of Racing
Refer to the DBNSW website for AusDBF Race Rules and Regulations in conjunction with NSW and NSW Northern Region By-laws [www.dbnsw.org.au/policies-documents/](http://www.dbnsw.org.au/policies-documents/)

Combined teams [maximum of two (2) clubs] need to stick to the 50/50 rule for paddlers (steerer and drummer may be from either club). Please indicate on your crew list which club each paddler comes from.

Mens 10s teams may consist of up to three (3) different clubs (any combination), minimum of eight (8) paddlers (steerer and drummer may be female).

Paddlers in composite teams are to wear their own club uniform.

Up to four (4) paddlers may be borrowed from another club to make up the minimum required number of sixteen (16) paddlers.

Safety

1) This regatta is a DBNSW accredited event and the club will appoint a Regatta Safety Officer to advise the Chief Race Official on all matters relating to the safety of participants, officials, spectators and others present at the venue. The name of the Regatta Safety Officer will be advised at the Team Captains’ briefing at the commencement of racing. Adherence to safety-related instructions from either the Regatta Safety Officer or the Chief Race Official is mandatory.

2) Nothing in (1) above:
   a) removes the responsibility for Clubs to do all in their power to ensure the safety of participants, officials, spectators and others present at the venue - safety is everyone's responsibility; and
   b) affects the right of Clubs and Steerers to adopt a more risk averse approach to specific situations, nor does it affect the responsibilities of the steerer for the safety of his or her crew.

Qualifying for Finals
Points are allocated on placings in heat results and added together to form finals qualifications. If more than 4 teams qualify, the times of teams on equal points will be added to identify the 4 fastest qualifying teams.
Steerers

All teams must use AusDBF accredited steerers. All steerers must have their names recorded by the Chief Marshall for every race. ‘Level 2’ steerers must wear orange safety vests (which can be collected from and returned to marshalling). Clubs must provide their own steerers for the 200m sprints. If for some reason a club can’t provide their own steerer, they may borrow a Level 2 steerer from another club.

Footwear

All paddlers MUST wear shoes that cover the toes (NO thongs) in marshalling, and to walk to and from the boat.

Clean Up

All teams are requested to clean up their area at the end of the day.

Security

Teams are responsible for the security of their valuables.

First Aid

St John Ambulance personnel will provide First Aid and Surf Life Saving Australia will provide on-water rescue craft.

Weather Conditions

Rainbow Region Dragon Boat Club in conjunction with DBNSW reserve the right to postpone or cancel the event due to what they consider to be unsafe or detrimental weather conditions. Depending upon weather forecast, a decision will be made on the morning of the event. For events cancelled less than 24 hours prior to planned schedule, no payments will be refunded.

Closest Hospital

Ballina District Hospital, distance from venue - 5km. Ph: 02 6686 2111

ACCOMMODATION

Teams wishing to book accommodation at the Ballina Discovery Park (adjacent to the regatta site) may receive a discount on stays of two or more nights when they mention the dragon boat regatta at the time of booking. Please phone Ballina Discovery Park on 02 6686 3953 for more information.