2020/21 ACT Under 14-18 Junior Championships: Event Times

Day 1: Friday 26 February

|  | Check in closes at | Track - Male and Female | Field - Male | Field - Female |
| :---: | :---: | :---: | :---: | :---: |
| Track entry 4:45pm for Officials Track entry 5:00pm for Athletes/Coaches/Spectators |  |  |  |  |
| 6:15pm | 5:30pm | $3 \mathrm{k} / 5 \mathrm{k}$ walk (8 in total) Individual $3 \mathrm{k} / 5 \mathrm{k}$ walk | High Jump U14 (5) | ```Discus U14 \& all F Para \((7+1=8)\) Shot Put U15 (6)``` |
| 7:00pm | 6:15pm | 200 m Hurdles Finals all at 76.0 cm <br> 7:00pm U14 G (5) <br> 7:03pm U15 G \& U14 B $(2+2=4)$ <br> 7:06pm U15 B (6) <br> 7:09pm U16 G \& U16 B $(2+1=3)$ | Long Jump U18 (3) | Long Jump U18 (1) |
| 7:15pm | 6:30pm |  | Discus U16 (3) <br> Shot Put U15 (6) | $\begin{aligned} & \text { High Jump } \\ & \text { U14 (6) } \end{aligned}$ |
| 7:25pm | 6:40pm | 400m Hurdles Finals <br> $7: 25 \mathrm{pm}$ U17 G \& U18 G @ $76.2 \mathrm{~cm}(2+1=3)$ <br> 7:28pm Individual 76.2 cm Hurdles <br> $7: 35 \mathrm{pm}$ U17 B \& U18 B @ $84.0 \mathrm{~cm}(4+2=2)$ <br> 7:40pm Individual 91.4 cm |  |  |
| 7:50pm | 7:05pm | ```800m Timed Finals 7:50pm U14 G (9) 7:54pm U14 B (10) 7:58pm U15 G \& F Para \((8+1=9)\) 8:02pm U15 B \& U16 B \((5+4=9)\) 8:06pm U16 G \& U17 G \& U18 G \((7+2+2=12)\) \(8: 10 \mathrm{pm}\) U17 B \& U18 B \((2+5=7)\) 8:14pm Individual 800 m``` |  |  |

Day 2: Saturday 27 February

## 45 MIN CHECK IN FOR ALL EVENTS ON Day 2 unless otherwise noted

|  | Check in closes at | Track - Male and Female | Field - Male | Field - Female |
| :---: | :---: | :---: | :---: | :---: |
| Track entry 11:00am for Officials Track entry 11:15am for Athletes/Coaches/Spectators |  |  |  |  |
| $\begin{aligned} & 12: 00 \mathrm{pm} \\ & (30 \mathrm{~min} \\ & \text { check in }) \end{aligned}$ | 11:30am | 100m Heats 12:00pm U14 G Heat 1 ( 62 in total) 12:03pm U14 G Heat 2 12:06pm U15 B Heat 1 (16 in total) 12:09pm U15 B Heat 2 12:12pm U16 G Heat 1 ( 12 in total) 12:15pm U16 G Heat 2 12:18pm U17 B Heat 1 (13 in total) 12:21pm U17 B Heat 2 | ```Long Jump U15 (Pit 2) (13) Shot Put U14 \& M Para \((4+1=5)\) Javelin U17 \& U18 (4 + \(4=8)\)``` | ```Long Jump U14 (Pit 1) (9) Shot Put U16 \& F Para \((8+1=9)\)``` |
| 1:00pm | 12:15pm |  | High Jump U15 (6) | High Jump <br> U15 \& U17 \& U18 $(2+2+1=5)$ |
| 1:30pm | 12:45pm (no sign in for age groups that had Heats earlier in day) | $\begin{aligned} & \text { 100m Finals } \\ & \text { 1:30pm Para G \& B (3) } \\ & \text { 1:33pm U14 G (8) } \\ & \text { 1:36pm U14 B (9) } \\ & \text { 1:39pm U15 G (10) } \\ & \text { 1:42pm U15 B (8) } \\ & 1: 45 \mathrm{pm} \text { U16 G (8) } \end{aligned}$ | ```Long Jump U16 & U17 (Pit 2) (6 + 5 = 11) Javelin U14 (4)``` | ```Long Jump U15 \& all F Para (Pit 1\()(8+1=9)\) Shot Put U14 (8)``` |
|  | 1:03pm | $\begin{aligned} & \text { 1:48pm U16 B (10) } \\ & \text { 1:51pm U17 G (9) } \\ & \text { 1:54pm U17 B (8) } \\ & \text { 1:57pm U18 G (4) } \\ & \text { 2:00pm U18 B (10) } \\ & \text { 2:03pm Individual } 100 \mathrm{~m} \\ & \hline \end{aligned}$ |  |  |
| 2:30pm | 1:45pm |  |  | Javelin $\mathrm{U} 17 \& \mathrm{U} 18(7+3=10)$ |
| 2:45pm | 2:00pm | Sprint Hurdles Timed Finals <br> 2:40pm Individual 110m Hurdles 106.7/99.1 <br> 2:45pm U18 B 110m @ 91cm (2) <br> 2:48pm U17 B 110m @ 91cm (6) <br> 2:55pm U16 B \& U15 B 100m @ $84 \mathrm{~cm}(1+4=6)$ <br> 2:58pm Individual 100 m Hurdles @ 84.0 cm | ```High Jump U16 & U17 & U18 (4 + 1 + 4 = 9) Shot Put U17 & U18 (6 + 5 = 11)``` |  |
|  | 2:25pm | 3:05pm U18 G \& U17 G 100m @ 76.2cm (1+4=5) <br> 3:08pm U16 G 90m @ 76cm (6) <br> 3:11pm U15 G 90m @ 76cm (6) <br> 3:14pm U14 B 90m @ 76cm (3) <br> 3:19pm U14 G 80m @ 76cm A Timed Final (7 in total) <br> 3:22pm U14 G 80m @ 76cm B Timed Final |  |  |
| 3:00pm | 2:15pm |  | Long Jump U14 M \& M Para Pit 2) $(8+1=9)$ | Long Jump U16 \& U17 (Pit 1) $(8+7=15)$ |


| 4:00pm Break: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 4:45pm | 4:00pm |  | Javelin $\text { U15 \& U16 }(4+2=6)$ |  |
| 5:00pm | 4:15pm |  |  | ```Shot Put U17 \& U18 (7 + \(5=12)\) Triple Jump U15 (4)``` |
| 5:30pm | 4:45pm |  |  | High Jump U16 (7) <br> Javelin <br> U14 \& all F Para $(8+1=9)$ |
| 6:00pm | 5:15pm | 400m Timed Finals 6:00pm U14 G \& Para G $(6+1=7)$ 6:03pm U14 B (6) 6:06pm U15 G (3) 6:09pm U15 B (7) 6:12pm U16 G A Timed Final ( 10 in total $)$ 6:15pm U16 G B Timed Final 6:18p | Triple Jump U17 \& U18 \& M Para $(1+2=3)$ | Triple Jump U17 (4) |
|  | 5:33pm | $\begin{aligned} & \text { 6:18pm U16 B \& U17 B }(3+4=7) \\ & \text { 6:21pm U17 G (6) } \\ & \text { 6:24pm U18 G (3) } \\ & \text { 6:27pm U18 B (7) } \\ & \text { 6:30pm Individual } 400 \mathrm{~m} \\ & \hline \end{aligned}$ |  |  |
| 6:30pm | 5:45pm |  | $\begin{aligned} & \text { Shot Put } \\ & \text { U16 (4) } \end{aligned}$ | Javelin $\mathrm{U} 15 \& \mathrm{U} 16(8+9=17)$ |
| 7:00pm | 6:15pm | $\begin{aligned} & \text { 1500m Timed Finals } \\ & \text { 7:00pm U14 G \& U15 G }(6+10=16) \\ & \text { 7:07pm U14 B \& U15 B }(8+3=11) \\ & \text { 7:14pm U16 G \& U17 G \& U18 G }(5+4+2=11) \end{aligned}$ |  |  |
|  | 6:36pm | 7:21pm U16 B \& U17 B \& U18 B ( $4+1+6=11$ ) <br> 7:28pm Individual 1500 m |  |  |

If Heats are scheduled and are subsequently cancelled due to insufficient athletes not checking in, Finals will be run at the Heat time

## Sunset 7:43pm

## Day 3: Sunday 28 February

45 MIN CHECK IN FOR ALL EVENTS ON Day 3 unless otherwise noted

|  | Check in closes at | Track - Male and Female | Field - Male | Field - Female |
| :---: | :---: | :---: | :---: | :---: |
| Track entry at 7:15am for Officials Track entry 7:30am for Female Hammer throwers and Hammer Coaches Track entry 8:00am for all other Athletes/Coaches/Spectators |  |  |  |  |
| $\begin{aligned} & 8: 15 \mathrm{am} \\ & (30 \mathrm{~min} \text { check in) } \end{aligned}$ | 7:45am |  |  | Hammer <br> All ages (15 in total) |
| $\begin{aligned} & 9: 00 \mathrm{am} \\ & (30 \mathrm{~min} \text { check in) } \end{aligned}$ | 8:30am |  |  | Triple Jump $\mathrm{U} 14 \& \mathrm{U} 16(5+7=12)$ |
| 9:30am | 8:45am |  | Pole Vault <br> All ages (7 in total) | Pole Vault <br> All ages (4 in total) |
| 9:35am | 8:50am |  | Hammer <br> All ages (9 in total) |  |
| 10:30am | 9:45am | 1500m Walk (7 in total) | Triple Jump $\mathrm{U} 14 \& \mathrm{U} 16(5+2=7)$ |  |
| 10:40am | 9:55am |  |  | Discus $\mathrm{U} 16 \& \mathrm{U} 18(10+5=15)$ |
| 11:00am | 10:15am | 200m Heats if necessary <br> 11:00am U14 G Heat 1 (15 in total) <br> 11:03am U14 G Heat 2 <br> 11:06am U14 B Heat 1 (10 in total) <br> 11:09am U14 B Heat 2 <br> 11:12am U15 G Heat 1 (10 in total) <br> 11:15am U15 G Heat 2 <br> 11:18am U15 B Heat 1 ( 12 in total) <br> 11:21am U15 B Heat 2 |  |  |
|  | 10:39am | 11:24am U16 G Heat 1 (12 in total) 11:27am U16 G Heat 2 <br> 11:30am U17 G Heat 1 (9 in total) 11:33am U17 G Heat 2 <br> 11:36am U18 B Heat 1 (9 in total) <br> 11:39am U18 B Heat 2 <br> 11:42am Individual 200 m |  |  |
| 11:20am | 10:35am |  | $\begin{aligned} & \text { Triple Jump } \\ & \text { U15 (13) } \\ & \hline \end{aligned}$ |  |
| 11:55am | 11:10am |  |  | Discus $\mathrm{U} 15 \& \mathrm{U} 17(9+7=16)$ |
| 12:10pm | 11:25am | 12:00pm <br> $1500 \mathrm{~m} / 2 \mathrm{~km}$ Low Steeplechase ( 9 in total) <br> Individual 3k 76.2 cm Low Steeple |  |  |
| 12:25pm | 11:40am | $\begin{aligned} & \text { 12:30pm } \\ & 2 \mathrm{~km} 84 \mathrm{~cm} \text { Steeplechase (U18 M) (4 in total) } \end{aligned}$ |  |  |


| 12:40pm | 11:55am | $\begin{aligned} & \text { 12:40pm } \\ & \text { Individual } 3 \mathrm{k} 91.4 \mathrm{~cm} \text { Steeplechase } \end{aligned}$ |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 1:10pm | 12:25pm |  | Discus $\text { U14 \& U15 \& U18 }(5+5+6=16)$ |  |
| 1:30pm | 12:45pm (no sign in for age groups that had Heats earlier in day) | $\begin{aligned} & \text { 200m Finals } \\ & \text { 1:30pm Para G \& B (2) } \\ & \text { 1:33pm U14 G (8) } \\ & \text { 1:36pm U14 B (8) } \\ & \text { 1:39pm U15 G (8) } \\ & \text { 1:42pm U15 B (8) } \\ & \text { 1:45pm U16 G (8) } \end{aligned}$ |  |  |
|  | 1:03pm (no sign in for age groups that had Heats earlier in day) | 1:48pm U16 B (8) <br> $1: 51 \mathrm{pm}$ U17 G (8) <br> $1: 54 \mathrm{pm}$ U17 B (5) <br> 1:57pm U18 G (4) <br> 2:00pm U18 B (8) |  |  |
| 2:15pm | 1:30pm |  | Discus $\text { U17 \& M Para }(8+1=9)$ |  |

