2020/21 ACT Under 14-18 Junior Championships: Event Times

Day 1: Friday 26 February

| | Check in closes at | Track - Male and Female | Field - Male | Field - Female | | |
|--------|---|---|--|--|--|--|
| | Track entry 4:45pm for Officials Track entry 5:00pm for Athletes/Coaches/Spectators | | | | | |
| 6:15pm | 5:30pm | 3k/5k walk (8 in total) Individual 3k/5k walk | High Jump U14 (5) | Discus U14 & all F Para (7 + 1 = 8) Shot Put U15 (6) | | |
| 7:00pm | 6:15pm | 200m Hurdles Finals all at 76.0cm 7:00pm U14 G (5) 7:03pm U15 G & U14 B (2 + 2 = 4) 7:06pm U15 B (6) 7:09pm U16 G & U16 B (2 + 1 = 3) | Long Jump U18 (3) | Long Jump U18 (1) | | |
| 7:15pm | 6:30pm | | Discus U16 (3) Shot Put U15 (6) | High Jump U14 (6) | | |
| 7:25pm | 6:40pm | 400m Hurdles Finals 7:25pm U17 G & U18 G @76.2cm (2 + 1 = 3) 7:28pm Individual 76.2cm Hurdles 7:35pm U17 B & U18 B @84.0cm (4 + 2 = 2) 7:40pm Individual 91.4cm | · · · | | | |
| 7:50pm | 7:05pm | 800m Timed Finals 7:50pm U14 G (9) 7:54pm U14 B (10) 7:58pm U15 G & F Para (8 + 1 = 9) 8:02pm U15 B & U16 B (5 + 4 = 9) 8:06pm U16 G & U17 G & U18 G (7 + 2 + 2 = 12) 8:10pm U17 B & U18 B (2 + 5 = 7) 8:14pm Individual 800m | | | | |

Day 2: Saturday 27 February
45 MIN CHECK IN FOR ALL EVENTS ON Day 2 unless otherwise noted

| | Check in closes at | Track - Male and Female | Field - Male | Field - Female | | |
|---------------------------------|---|--|---|--|--|--|
| | Track entry 11:00am for Officials | | | | | |
| | Track entry 11:15am for Athletes/Coaches/Spectators | | | | | |
| 12:00pm (30 min check in) | 11:30am | 100m Heats 12:00pm U14 G Heat 1 (62 in total) 12:03pm U14 G Heat 2 12:06pm U15 B Heat 1 (16 in total) 12:09pm U15 B Heat 2 12:12pm U16 G Heat 1 (12 in total) 12:15pm U16 G Heat 2 12:18pm U17 B Heat 1 (13 in total) 12:21pm U17 B Heat 2 | Long Jump U15 (Pit 2) (13) Shot Put U14 & M Para (4 + 1 = 5) Javelin U17 & U18 (4 + 4 = 8) | Long Jump | | |
| 1:00pm | 12:15pm | | High Jump U15 (6) | High Jump U15 & U17 & U18 (2 + 2 + 1 = 5) | | |
| 1:30pm | 12:45pm (no sign in for age groups that had Heats earlier in day) | 100m Finals 1:30pm Para G & B (3) 1:33pm U14 G (8) 1:36pm U14 B (9) 1:39pm U15 G (10) 1:42pm U15 B (8) 1:45pm U16 G (8) | Long Jump U16 & U17 (Pit 2) (6 + 5 = 11) Javelin U14 (4) | Long Jump U15 & all F Para (Pit 1) (8 + 1 = 9) Shot Put U14 (8) | | |
| | 1:03pm | 1:48pm U16 B (10) 1:51pm U17 G (9) 1:54pm U17 B (8) 1:57pm U18 G (4) 2:00pm U18 B (10) 2:03pm Individual 100m | | | | |
| 2:30pm | 1:45pm | | | Javelin U17 & U18 (7 + 3 = 10) | | |
| 2:45pm | 2:00pm | Sprint Hurdles Timed Finals 2:40pm Individual 110m Hurdles 106.7/99.1 2:45pm U18 B 110m @ 91cm (2) 2:48pm U17 B 110m @ 91cm (6) 2:55pm U16 B & U15 B 100m @ 84cm (1 + 4 = 6) 2:58pm Individual 100m Hurdles @84.0cm | High Jump U16 & U17 & U18 (4 + 1 + 4 = 9) Shot Put U17 & U18 (6 + 5 = 11) | | | |
| | 2:25pm | 3:05pm U18 G & U17 G 100m @ 76.2cm (1 + 4 = 5) 3:08pm U16 G 90m @ 76cm (6) 3:11pm U15 G 90m @ 76cm (6) 3:14pm U14 B 90m @ 76cm (3) 3:19pm U14 G 80m @ 76cm A Timed Final (7 in total) 3:22pm U14 G 80m @ 76cm B Timed Final | | | | |
| 3:00pm | 2:15pm | | Long Jump U14 M & M Para Pit 2) (8 + 1 = 9) | Long Jump U16 & U17 (Pit 1) (8 + 7 = 15) | | |

| 4:00pm Break: | | | | |
|---------------|--------|--|---|---|
| 4:45pm | 4:00pm | | Javelin U15 & U16 (4 + 2 = 6) | |
| 5:00pm | 4:15pm | | | Shot Put U17 & U18 (7 + 5 = 12) Triple Jump U15 (4) |
| 5:30pm | 4:45pm | | | High Jump |
| 6:00pm | 5:15pm | 400m Timed Finals 6:00pm U14 G & Para G (6 + 1 = 7) 6:03pm U14 B (6) 6:06pm U15 G (3) 6:09pm U15 B (7) 6:12pm U16 G A Timed Final (10 in total) 6:15pm U16 G B Timed Final | Triple Jump U17 & U18 & M Para (1 + 2 = 3) | Triple Jump U17 (4) |
| | 5:33pm | 6:18pm U16 B & U17 B (3 + 4 = 7) 6:21pm U17 G (6) 6:24pm U18 G (3) 6:27pm U18 B (7) 6:30pm Individual 400m | | |
| 6:30pm | 5:45pm | | Shot Put U16 (4) | Javelin U15 & U16 (8 + 9 = 17) |
| 7:00pm | 6:15pm | 1500m Timed Finals 7:00pm U14 G & U15 G (6 + 10 = 16) 7:07pm U14 B & U15 B (8 + 3 = 11) 7:14pm U16 G & U17 G & U18 G (5 + 4 + 2 = 11) | | |
| | 6:36pm | 7:21pm U16 B & U17 B & U18 B (4 + 1 + 6 = 11) 7:28pm Individual 1500m | | |

If Heats are scheduled and are subsequently cancelled due to insufficient athletes not checking in, Finals will be run at the Heat time

Sunset 7:43pm

Day 3: Sunday 28 February

45 MIN CHECK IN FOR ALL EVENTS ON Day 3 unless otherwise noted

| | Check in | Track - Male and Female | Field - Male | Field - Female |
|--------------------------|----------------|---|--------------------------------------|---------------------------------------|
| | closes at | | | |
| | m for Female H | s ammer throwers and Hammer Coaches Athletes/Coaches/Spectators | | |
| 8:15am (30 min check in) | 7:45am | | | Hammer All ages (15 in total) |
| 9:00am (30 min check in) | 8:30am | | | Triple Jump U14 & U16 (5 + 7 = 12) |
| 9:30am | 8:45am | | Pole Vault All ages (7 in total) | Pole Vault All ages (4 in total) |
| 9:35am | 8:50am | | Hammer All ages (9 in total) | |
| 10:30am | 9:45am | 1500m Walk (7 in total) | Triple Jump U14 & U16 (5 + 2 = 7) | |
| 10:40am | 9:55am | | | Discus U16 & U18 (10 + 5 = 15) |
| 11:00am | 10:15am | 200m Heats if necessary 11:00am U14 G Heat 1 (15 in total) 11:03am U14 G Heat 2 11:06am U14 B Heat 1 (10 in total) 11:09am U14 B Heat 2 11:12am U15 G Heat 1 (10 in total) 11:15am U15 G Heat 2 11:18am U15 B Heat 1 (12 in total) 11:21am U15 B Heat 2 | | |
| | 10:39am | 11:24am U16 G Heat 1 (12 in total) 11:27am U16 G Heat 2 11:30am U17 G Heat 1 (9 in total) 11:33am U17 G Heat 2 11:36am U18 B Heat 1 (9 in total) 11:39am U18 B Heat 2 11:42am Individual 200m | | |
| 11:20am | 10:35am | | Triple Jump U15 (13) | |
| 11:55am | 11:10am | | | Discus U15 & U17 (9 + 7 = 16) |
| 12:10pm | 11:25am | 12:00pm 1500m/2km Low Steeplechase (9 in total) Individual 3k 76.2cm Low Steeple | | |
| 12:25pm | 11:40am | 12:30pm 2km 84cm Steeplechase (U18 M) (4 in total) | | |

| 12:40pm | 11:55am | 12:40pm Individual 3k 91.4cm Steeplechase | | |
|---------|---|--|--|--|
| 1:10pm | 12:25pm | | Discus U14 & U15 & U18 (5 + 5 + 6 = 16) | |
| 1:30pm | 12:45pm (no sign in for age groups that had Heats earlier in day) | 200m Finals 1:30pm Para G & B (2) 1:33pm U14 G (8) 1:36pm U14 B (8) 1:39pm U15 G (8) 1:42pm U15 B (8) 1:45pm U16 G (8) | | |
| | 1:03pm (no sign in for age groups that had Heats earlier in day) | 1:48pm U16 B (8) 1:51pm U17 G (8) 1:54pm U17 B (5) 1:57pm U18 G (4) 2:00pm U18 B (8) | | |
| 2:15pm | 1:30pm | | Discus U17 & M Para (8 + 1 = 9) | |