



PSC Charity Regatta



Sailing Instructions

Saturday 23rd and Sunday 24th April 2022

1. All races will be sailed under the 2021/2024 World Sailing Racing Rules of Sailing (RRS), the SAS prescriptions thereto, the rules of the classes concerned and these Sailing Instructions.
2. The Notice of Race and Course Cards will form part of these instructions. At all times a course as prescribed by the Race Officer may be set. The Race Committee will consist of the bridge and rescue personnel.
3. Notices to competitors and signals made ashore. Notices to competitors will be posted on the window of the Committee Room. Signals made ashore will be on the flagpoles above the Committee Room.
4. Change of Sailing Instructions: These instructions may be varied by notices placed on the official notice board by order of the Race Committee not later than half an hour before the scheduled start of the race affected, except that any changes to the first race on Sunday will be posted by 19:00 on Saturday.
5. Starting times: The time of the Warning Signal of the first race will be in accordance with the Regatta Notice (not before 10:30 on Saturday 23rd April). Thereafter races will be back to back. The start time of the first race on Sunday will be displayed in the Committee Room on Saturday evening by the Race Officer, but will NOT be before 09:00.
6. Flag L displayed on the shore shall indicate that a notice is displayed on the Regatta Notice Board.
7. Liability: Competitors sail entirely at their own risk. None of the organisations or persons concerned in the running of the Regatta accepts any liability for damage or injury suffered at any time.
8. Courses: The number of the course to be sailed will be displayed on the stern of the Committee Boat.
9. For an Olympic or Windward/Leeward type course, the marks used will be the fixed marks at Rietvlei dam, the mark numbers will be displayed at the stern of the committee boat in the order which marks are to be rounded. Should the Race officer decide the use of a Pretoria Sailing Club course would better suit the racing, the course number will be displayed at the stern of committee boat.
10. Starting: All races will be started in accordance with RRS26 as altered below - (please note that numeral pennants will be used instead of class flags).

SIGNAL	FLAG AND SOUND	MIN. BEFORE STARTING SIGNAL
Warning	Numeral Pennant - 1 sound	3 minutes
Preparatory	"P" or "I" Flag - 1 sound	2 minutes
One Minute	"P" Flag removed - 1 long sound	1 minutes
Start	Numeral Pennant removed - 1 sound	0 minutes

11. The Warning signal for each subsequent group will be one minute after the starting signal of the preceding group (i.e. 4 minutes between starts). Any boat which has not started within 8 minutes of her class shall be deemed DNS except the classes in the last start which must start within 4 minutes of their start.

12. The starting order will be displayed on the Regatta Notice Board by 10:00 on Saturday 23rd January, showing each class and its assigned numeral pennant.

13. The “start” and ,”finishing” committee boats are marks of the course only for starts and finishes.

14. Starting line: This shall be between a pole flying a PSC burgee and the orange flag on the Start Boat and an outer limit (pin) buoy nearby. The line is to be crossed in the direction of the first mark. Boats whose warning signal has not been made must keep well clear of the starting area.

15. Individual recall: RRS 29.1 will apply.

16. General recalls: RRS29.2 and RRS30.1 will apply. Any subsequent starts shall be adjusted accordingly.

17. Time limit: There shall be no race time limit but boats which have not finished within 20 minutes of the finish of the first boat in their class shall be regarded as DNF.

18. Mark room zone: Three boat lengths.

19. Two Turns penalty: The Two Turns penalty, RRS 44.1 and RRS 44.2 will apply.

20. One Turn Penalty: The One Turn Penalty for making contact with the mark of the course, RRS31, RRS 44.1 and 44.2 will apply.

21. Shortening course: The course may be shortened in terms of RRS 32 for any reason.

22. Abandonment for electric storms: A race may be abandoned if an electric storm is approaching. The onus still rests with each skipper and crew to decide whether to continue or retire from a race that is not abandoned.

23. Finishing Boat: A boat nearby a mark of the course with a blue shape flying.

24. Finishing Line: Shall be a line between a black and white striped pole on the ,”finishing boat” which boat will be flying a blue shape, and the nearby mark of the course.

25. Safety Regulations: Yachts shall comply with their class buoyancy and safety requirements. Every boat afloat, regardless of its own buoyancy, shall carry at all times a suitable buoyancy aid for each member of its crew. ALL PERSONS UNDER 16 YEARS OF AGE SHALL WEAR A BUOYANCY AID AT ALL TIMES REGARDLESS OF WIND STRENGTH. Should the Race Committee consider the WEARING of buoyancy aids mandatory, such instruction will be indicated by the display of the “Y” flag on the Bridge. Sailors requiring general assistance, or in the event of an injury or equipment failure, should wave both arms in the air to attract the attention of the Rescue Officers. The Organising Committee reserves the right to disqualify from further races in the Regatta any boat which it considers having inadequate buoyancy.

26. Protests: As per Part 5 of the RRS, Protests must be lodged with the Regatta Secretary by completing the valid Protest Form, within 60 minutes of the finish of the last boat in her class. (When back to back races are held the 60 minute period will apply to the finish of the last race prior to returning to shore). The Organising Committee will have the right to extend this time. The helmsman of the boat/s protested against must have been informed of the protest within the 60 minute period for lodging of the protest.

27. Scoring: The Low Point Scoring System as provided in the RRS A4.1 will apply. The number of races as per the Notice of Regatta. Should there be a query with the scoring, the appropriate form must be completed, which forms are available in the committee room.

28. Prohibited areas: Prohibited areas are clearly marked on the map displayed in the Clubhouse and any boat sailing into these areas may be disqualified. It is emphasised that the fishermen's shore area (approximately 70 meters from the shore) is a prohibited area and any boat sailing into this area during a race may be protested. No person shall land on any shore of the dam, other than at the Club site, except in cases of emergency. Persons may not abandon their boat when beached, but should await assistance from the Rescue Officers. No paddling or swimming is allowed in the dam except as is necessary for launching, righting or beaching boats. Boats may only be afloat between 06:00 and 19:00.

29. Retirees. Any boat which retires from a race must inform the bridge, duty officer or rescue boat as soon as possible. The rescue boat or duty officer will inform the bridge.